

PI	tno	Name	Time																									
				5.7 km 240 m			18 C																					
				1(110)	2(114)	3(115)	4(120)	5(153)	6(190)	7(191)	8(193)	9(194)	10(192)	11(195)	12(200)	13(206)	14(208)	15(129)	16(145)	17(144)	18(143)	Finish						
1	704	Conway, Adam GO	49:40	1:27	3:37	6:08	10:33	17:12	18:37	20:46	22:59	23:43	28:56	29:57	33:25	39:32	40:39	42:06	45:45	46:45	48:53	49:40						
2	136	Bailey, Jim BOK	51:52	1:50	3:59	6:19	11:03	18:14	20:09	22:26	24:35	25:23	28:04	29:13	36:58	42:07	43:38	45:03	48:32	49:25	51:07	51:52						
3	399	Hudd, Joe WCOG	52:03	1:42	3:49	6:36	11:00	16:33	18:17	20:41	23:01	23:49	26:14	27:21	33:31	41:52	43:24	44:59	48:24	49:13	51:15	52:03						
4	415	Musgrave, Ewan MAROC	56:56	1:48	3:52	5:47	10:23	22:02	23:55	26:43	29:06	30:13	33:03	34:32	38:17	45:22	46:47	48:36	52:55	53:55	56:00	56:56						
5	515	Sunley, Joe WCOG	1:00:15	1:34	3:55	6:50	11:55	18:26	20:26	23:01	27:32	30:06	32:49	34:12	45:01	50:17	51:42	53:14	56:41	57:37	59:26	1:00:15						
6	307	Rennie, Charlie WCOG	1:01:11	1:56	4:06	6:21	11:10	17:50	20:00	22:31	25:38	26:46	29:14	30:22	37:35	45:53	48:25	53:37	57:33	58:34	1:00:24	1:01:11						
7	558	Tryner, Euan SYO	1:04:35	1:59	4:40	9:29	14:58	21:12	24:18	27:26	30:40	31:46	35:57	37:14	41:53	49:51	51:59	54:50	1:00:03	1:01:16	1:03:30	1:04:35						
8	487	Barrie, Adam MAROC	1:07:43	2:06	4:44	7:10	13:12	21:12	23:06	26:30	29:14	30:16	33:18	35:00	40:15	52:06	54:34	58:35	1:03:24	1:04:21	1:06:49	1:07:43						
				2:06	2:38	2:26	6:02	8:00	1:54	3:24	2:44	1:02	3:02	1:42	5:15	11:51	2:28	4:01	4:49	0:57	2:28	0:54						
				56:04																								
				*128																								
9	592	Goddard, Jamie FVO	1:11:47	1:39	6:03	9:42	14:38	23:18	25:28	30:30	33:30	34:24	43:02	44:21	48:57	56:58	58:59	1:01:44	1:07:13	1:08:24	1:10:38	1:11:47						
10	77	Mather, Ben LOG	1:33:07	2:15	4:39	7:42	13:08	20:34	31:12	35:04	37:59	39:47	42:51	49:01	58:51	1:11:03	1:14:27	1:22:28	1:28:43	1:29:55	1:32:10	1:33:07						
11	820	McCartney, Alastair CLYDE	1:33:45	3:00	5:55	9:21	17:43	26:57	31:25	36:38	40:08	41:24	50:46	52:43	1:02:57	1:17:16	1:20:47	1:23:58	1:28:53	1:29:54	1:32:47	1:33:45						
12	494	Goodwin, Jonty WCOG	2:02:10	3:33	10:55	16:58	25:03	38:29	49:12	55:05	1:01:40	1:03:13	1:07:23	1:08:37	1:12:25	1:19:20	1:26:39	1:49:22	1:57:38	1:58:48	2:01:19	2:02:10						
	984	Ashworth, Herbie WCOG	mp	-----	5:04	-----	-----	-----	-----	-----	-----	27:39	-----	-----	33:37	-----	-----	-----	-----	51:09	54:32	55:46						
				5:04	-----																							
				10:51	19:39	22:06	44:47	-----															17:32	3:23	1:14			
				*197	*195	*192	*133	-----																				
101	Owens, Joe SYO	mp	3:06	7:16	14:22	23:41	35:23	40:51	46:17	53:35	56:34	1:01:41	1:04:05	-----	-----	-----	-----	1:36:48	1:38:54	1:42:59	1:44:03							
			3:06	4:10	7:06	9:19	11:42	5:28	5:26	7:18	2:59	5:07	2:24	-----														
				1:26:27	1:35:58	-----																						
				*128	*142	-----																						
406	Newey, Jonas MAROC	mp	3:37	7:12	11:29	18:53	28:07	30:17	33:25	38:49	40:17	44:46	46:24	53:23	-----	-----	1:31:32	1:38:29	1:40:31	1:44:30	1:45:25							
426	Bennett, Ewan MAROC	mp	10:40	13:34	25:05	33:35	45:19	48:59	54:50	1:01:53	1:03:38	1:09:55	1:12:51	1:26:36	1:49:01	2:00:00	2:05:12	-----	-----	2:20:58	2:21:58							
172	Townley, Frank SN	dnf	3:48	6:40	11:13	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	15:46	1:00						
			3:48	2:52	4:33	-----																						
				5.2 km 240 m			13 C																					
				1(112)	2(114)	3(117)	4(194)	5(195)	6(196)	7(211)	8(133)	9(132)	10(128)	11(127)	12(142)	13(213)	Finish											
	847	Macintyre, Neil EUOC	dnf	-----	5:51	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	13:35											
				5:51	-----																							
				*197																								
				7.5 km 275 m			15 C																					
				1(116)	2(115)	3(119)	4(121)	5(122)	6(151)	7(203)	8(211)	9(212)	10(210)	11(207)	12(129)	13(132)	14(144)	15(143)	Finish									
1	197	Gooch, Matthew MAROC	58:05	3:41	5:48	9:36	11:23	12:53	22:24	36:18	42:28	43:34	45:42	49:31	51:01	52:09	55:41	57:20	58:05									
			3:41	2:07	3:48	1:47	1:30	9:31	13:54	6:10	1:06	2:08	3:49	1:30	1:08	3:32	1:39	0:45										

PI	tno	Name	Time																			
M20L (9)				8.6 km 260 m			15 C			<i>(cont.)</i>												
				1(107)	2(115)	3(121)	4(123)	5(146)	6(152)	7(205)	8(209)	9(212)	10(210)	11(206)	12(126)	13(127)	14(144)	15(143)	Finish			
	664	Lines, Tom EUOC	mp	4:42 4:42	7:14 2:32	12:13 4:59	15:31 3:18	18:20 2:49	24:53 6:33	41:25 16:32	-----	-----	1:04:36 23:11	1:07:51 3:15	1:12:41 4:50	1:13:46 1:05	1:18:54 5:08	1:20:31 1:37	1:21:15 0:44			
M21L (19)				10.9 km 360 m			25 C															
				1(111) 20(211)	2(116) 21(124)	3(115) 22(125)	4(120) 23(133)	5(121) 24(144)	6(123) 25(213)	7(146) Finish	8(150)	9(149)	10(148)	11(147)	12(152)	13(202)	14(201)	15(194)	16(193)	17(191)	18(195)	19(207)
1	748	Gristwood, Graham FVO	1:10:16	1:51 1:51	4:04 2:13	5:50 1:46	9:13 3:23	10:08 0:55	12:06 1:58	14:15 2:09	19:10 4:55	20:29 1:19	21:20 0:51	22:37 1:17	28:33 5:56	36:50 8:17	37:42 0:52	46:14 8:32	46:47 0:33	48:54 2:07	51:23 2:29	56:31 5:08
2	327	Haines, Hector IND	1:15:20	2:11 2:11	4:47 2:36	6:32 1:45	10:39 4:07	11:24 0:45	14:05 2:41	17:06 3:01	21:51 4:45	23:12 1:21	24:04 0:52	25:25 1:21	31:52 6:27	40:45 8:53	41:43 0:58	50:05 8:22	50:43 0:38	53:12 2:29	55:38 2:26	1:01:02 5:24
3	638	Wilson, Thomas EUOC	1:20:10	2:13 1:07:49	4:54 1:10:39	7:57 1:11:55	12:02 1:15:13	13:01 1:17:36	15:20 1:18:45	17:54 1:20:10	23:30 5:36	25:09 1:39	26:07 0:58	28:00 1:53	34:52 6:52	43:01 8:09	43:51 0:50	52:24 8:33	53:02 0:38	55:08 2:06	57:47 2:39	1:04:15 6:28
4	718	Robinson, Richard NOC	1:27:38	2:12 1:13:16	4:59 1:16:14	7:15 1:17:36	11:35 1:21:05	12:29 1:24:20	15:32 1:25:46	18:37 1:27:38	24:58 6:21	26:24 1:26	27:20 0:56	28:45 1:25	35:56 7:11	45:54 9:58	46:57 1:03	57:29 10:32	58:09 0:40	1:00:39 2:30	1:03:28 2:49	1:09:45 6:17
5	167	Bray, Peter SN	1:29:43	2:12 1:14:58	4:39 1:18:58	7:17 1:20:04	11:12 1:23:35	11:59 1:26:58	14:22 1:28:14	17:02 1:29:43	22:40 5:38	24:22 1:42	25:33 1:11	28:24 2:51	36:40 8:16	46:20 9:40	47:24 1:04	56:44 9:20	57:24 0:40	1:00:04 2:40	1:04:19 4:15	1:11:45 7:26
6	252	Dudley, Joshua MAROC	1:30:33	1:54 1:16:43	4:15 1:18:56	6:32 1:19:51	10:31 1:24:30	11:18 1:27:58	13:35 1:29:06	16:02 1:30:33	21:29 5:27	24:21 2:52	28:15 3:54	29:42 1:27	36:51 7:09	45:22 8:31	46:16 0:54	58:31 12:15	59:13 0:42	1:01:40 2:27	1:04:43 3:03	1:13:10 8:27
7	55	Barrable, Nick SYO	1:33:00	2:20 1:19:16	4:59 1:22:04	7:17 1:23:24	11:32 1:26:58	12:31 1:29:55	15:03 1:31:15	17:18 1:33:00	22:25 5:07	23:47 1:22	24:44 0:57	28:15 3:31	36:02 7:47	47:02 11:00	51:27 4:25	1:01:34 10:07	1:02:15 0:41	1:05:33 3:18	1:09:02 3:29	1:15:37 6:35
8	628	Morgan, Tim EUOC	1:42:09	2:19 1:27:17	4:48 1:30:52	8:06 1:32:01	11:56 1:36:26	12:52 1:39:02	15:10 1:40:13	18:12 1:42:09	23:39 6:08	25:32 3:35	26:37 4:25	28:44 1:11	37:13 1:56	47:11 8:29	48:16 1:05	59:43 11:27	1:00:28 0:45	1:03:49 3:21	1:09:18 5:29	1:21:09 11:51
9	533	Llewellyn, Andrew FVO	1:42:49	2:35 1:26:48	5:52 1:29:46	8:50 1:31:08	13:37 1:36:10	14:46 1:39:24	18:25 1:41:00	21:30 1:42:49	28:42 7:12	31:18 2:36	32:55 1:37	34:57 2:02	43:35 8:38	55:15 11:40	56:34 1:19	1:08:36 12:02	1:09:24 0:48	1:12:36 3:12	1:15:41 3:05	1:22:44 7:03
10	641	Masson, Alistair EUOC	1:42:54	2:14 1:28:34	5:17 1:31:09	8:04 1:32:34	13:26 1:36:08	14:38 1:39:28	18:32 1:40:55	21:26 1:42:54	27:44 6:18	29:23 1:39	30:48 1:25	32:36 1:48	40:05 7:29	52:08 12:03	53:23 1:15	1:03:06 9:43	1:03:51 0:45	1:07:06 3:15	1:11:23 4:17	1:20:20 8:57
11	476	Chepelin, Oleg INT	1:44:35	2:10 1:27:21	5:06 1:30:19	8:54 1:31:52	13:05 1:36:50	14:00 1:40:32	16:18 1:42:14	18:43 1:44:35	24:16 5:33	25:56 1:40	26:59 1:03	28:52 1:53	37:05 8:13	46:58 9:53	48:15 1:17	1:04:59 16:44	1:05:48 0:49	1:08:43 2:55	1:13:32 4:49	1:20:02 6:30

PI	tno	Name	Time																			
M35L (3)				8.6 km 260 m					15 C													
				1(107)	2(115)	3(121)	4(123)	5(146)	6(152)	7(205)	8(209)	9(212)	10(210)	11(206)	12(126)	13(127)	14(144)	15(143)	Finish			
1	67	Grassie, Duncan	1:47:51	5:56	9:12	15:44	18:51	21:50	31:43	53:59	1:12:50	1:14:58	1:21:29	1:25:52	1:36:19	1:38:52	1:44:43	1:46:57	1:47:51			
		AROS		5:56	3:16	6:32	3:07	2:59	9:53	22:16	18:51	2:08	6:31	4:23	10:27	2:33	5:51	2:14	0:54			
2	905	Pitcher, Andrew	2:28:39	5:08	9:23	18:59	23:30	28:09	40:20	1:15:02	1:31:51	1:34:49	1:38:44	2:02:53	2:10:06	2:12:56	2:24:29	2:27:34	2:28:39			
		DFOK		5:08	4:15	9:36	4:31	4:39	12:11	34:42	16:49	2:58	3:55	24:09	7:13	2:50	11:33	3:05	1:05			
3	699	Campbell, Kari	2:53:46	5:45	10:49	18:17	24:43	28:52	1:03:17	1:53:23	2:11:11	2:14:46	2:19:08	2:28:06	2:36:25	2:39:09	2:47:54	2:52:03	2:53:46			
		AROS		5:45	5:04	7:28	6:26	4:09	34:25	50:06	17:48	3:35	4:22	8:58	8:19	2:44	8:45	4:09	1:43			
M40L (3)				8.6 km 260 m					15 C													
				1(107)	2(115)	3(121)	4(123)	5(146)	6(152)	7(205)	8(209)	9(212)	10(210)	11(206)	12(126)	13(127)	14(144)	15(143)	Finish			
1	256	Hensman, Will	1:29:35	4:15	7:05	12:23	16:26	19:53	28:52	53:06	1:02:33	1:04:50	1:07:45	1:13:00	1:18:19	1:20:36	1:26:34	1:28:47	1:29:35			
		FVO		4:15	2:50	5:18	4:03	3:27	8:59	24:14	9:27	2:17	2:55	5:15	5:19	2:17	5:58	2:13	0:48			
2	537	Mather, Paul	2:06:25	5:19	12:04	20:41	25:10	29:32	41:10	1:07:55	1:22:52	1:26:23	1:30:41	1:38:36	1:46:40	1:49:32	1:59:06	2:04:37	2:06:25			
		MAROC		5:19	6:45	8:37	4:29	4:22	11:38	26:45	14:57	3:31	4:18	7:55	8:04	2:52	9:34	5:31	1:48			
3	889	Urquhart, Gordon	2:17:02	8:37	15:39	23:03	31:57	36:27	54:22	1:22:44	1:38:24	1:42:24	1:46:41	1:56:55	2:02:05	2:03:19	2:13:04	2:15:39	2:17:02			
		GRAMP		8:37	7:02	7:24	8:54	4:30	17:55	28:22	15:40	4:00	4:17	10:14	5:10	1:14	9:45	2:35	1:23			
M40S (1)				5.7 km 240 m					18 C													
				1(110)	2(114)	3(115)	4(120)	5(153)	6(190)	7(191)	8(193)	9(194)	10(192)	11(195)	12(200)	13(206)	14(208)	15(129)	16(145)	17(144)	18(143)	Finish
1	6	Esson, David	1:36:54	2:53	6:36	10:52	18:43	30:04	33:24	38:16	44:35	48:46	54:11	56:43	1:02:54	1:14:51	1:17:48	1:21:45	1:29:01	1:31:06	1:35:17	1:36:54
		GRAMP		2:53	3:43	4:16	7:51	11:21	3:20	4:52	6:19	4:11	5:25	2:32	6:11	11:57	2:57	3:57	7:16	2:05	4:11	1:37
M45L (16)				7.3 km 275 m					15 C													
				1(112)	2(197)	3(194)	4(118)	5(119)	6(153)	7(204)	8(205)	9(210)	10(212)	11(209)	12(125)	13(127)	14(145)	15(143)	Finish			
1	594	Goddard, Roger	1:04:53	2:43	6:25	8:52	11:36	15:24	20:27	36:51	39:01	46:12	48:27	51:53	54:15	56:06	1:01:02	1:04:01	1:04:53			
		FVO		2:43	3:42	2:27	2:44	3:48	5:03	16:24	2:10	7:11	2:15	3:26	2:22	1:51	4:56	2:59	0:52			
2	545	Godfree, David	1:06:24	2:41	6:24	12:46	15:12	18:48	23:39	40:28	41:53	49:13	51:18	54:12	57:28	59:20	1:03:12	1:05:40	1:06:24			
		FVO		2:41	3:43	6:22	2:26	3:36	4:51	16:49	1:25	7:20	2:05	2:54	3:16	1:52	3:52	2:28	0:44			
3	560	Tryner, Peter	1:08:39	2:48	6:22	8:50	11:20	15:22	20:29	41:30	42:30	49:48	51:56	54:26	56:45	1:00:30	1:05:03	1:07:42	1:08:39			
		SYO		2:48	3:34	2:28	2:30	4:02	5:07	21:01	1:00	7:18	2:08	2:30	2:19	3:45	4:33	2:39	0:57			
4	36	Gooch, Daniel	1:13:36	3:05	6:44	9:13	12:17	16:11	20:54	40:15	41:35	53:34	55:45	57:51	1:00:19	1:03:41	1:08:17	1:12:25	1:13:36			
		MAROC		3:05	3:39	2:29	3:04	3:54	4:43	19:21	1:20	11:59	2:11	2:06	2:28	3:22	4:36	4:08	1:11			
5	150	Barrett, Richard	1:18:33	2:53	6:40	9:39	13:19	19:27	24:03	43:55	45:16	58:42	1:01:52	1:04:05	1:06:45	1:09:10	1:14:05	1:17:41	1:18:33			
		BAOC		2:53	3:47	2:59	3:40	6:08	4:36	19:52	1:21	13:26	3:10	2:13	2:40	2:25	4:55	3:36	0:52			
6	303	Purves, Fraser	1:28:13	3:00	8:25	12:04	14:58	19:36	26:30	46:50	49:01	1:04:39	1:09:51	1:12:14	1:17:01	1:18:44	1:24:16	1:27:21	1:28:13			
		FVO		3:00	5:25	3:39	2:54	4:38	6:54	20:20	2:11	15:38	5:12	2:23	4:47	1:43	5:32	3:05	0:52			
7	312	Rennie, Jamie	1:37:24	3:56	9:51	14:25	17:42	23:12	28:23	51:26	56:30	1:13:27	1:17:57	1:20:52	1:24:29	1:27:25	1:32:00	1:36:08	1:37:24			
		WCOG		3:56	5:55	4:34	3:17	5:30	5:11	23:03	5:04	16:57	4:30	2:55	3:37	2:56	4:35	4:08	1:16			
8	733	O'Hara, Peter	1:41:01	4:01	9:31	13:38	17:24	22:51	29:11	53:55	56:03	1:06:20	1:09:52	1:12:56	1:16:44	1:26:33	1:33:49	1:39:56	1:41:01			
		ESOC		4:01	5:30	4:07	3:46	5:27	6:20	24:44	2:08	10:17	3:32	3:04	3:48	9:49	7:16	6:07	1:05			
9	339	Dunlop, Alastair	1:41:40	3:45	9:05	13:07	16:54	28:15	33:50	59:35	1:01:03	1:13:26	1:21:46	1:25:13	1:28:41	1:30:54	1:36:42	1:40:39	1:41:40			
		CLYDE		3:45	5:20	4:02	3:47	11:21	5:35	25:45	1:28	12:23	8:20	3:27	3:28	2:13	5:48	3:57	1:01			
10	297	Heap, Will	1:42:58	3:22	12:22	23:14	27:28	31:54	37:17	1:02:43	1:04:00	1:16:53	1:19:26	1:27:09	1:31:10	1:33:21	1:38:56	1:42:01	1:42:58			
		SO		3:22	9:00	10:52	4:14	4:26	5:23	25:26	1:17	12:53	2:33	7:43	4:01	2:11	5:35	3:05	0:57			
11	23	Bailey, Scott	1:45:45	3:25	9:06	12:30	16:02	20:36	28:05	57:52	59:43	1:11:26	1:15:06	1:17:53	1:20:58	1:22:59	1:41:17	1:44:52	1:45:45			
		BOK		3:25	5:41	3:24	3:32	4:34	7:29	29:47	1:51	11:43	3:40	2:47	3:05	2:01	18:18	3:35	0:53			
12	79	Mather, John	1:47:45	3:42	9:22	13:25	16:45	23:03	34:29	1:01:23	1:05:09	1:16:06	1:21:24	1:24:54	1:28:57	1:35:46	1:41:52	1:46:44	1:47:45			
		LOG		3:42	5:40	4:03	3:20	6:18	11:26	26:54	3:46	10:57	5:18	3:30	4:03	6:49	6:06	4:52	1:01			
13	389	Richards, Caspian	1:47:58	3:08	7:44	11:21	17:23	25:23	31:10	59:03	1:00:57	1:14:24	1:18:07	1:27:02	1:30:24	1:34:19	1:43:01	1:46:54	1:47:58			
		INT		3:08	4:36	3:37	6:02	8:00	5:47	27:53	1:54	13:27	3:43	8:55	3:22	3:55	8:42	3:53	1:04			
14	450	Breeze, Steven	1:50:59	4:16	9:42	21:07	24:40	30:46	38:34	1:04:47	1:06:53	1:19:06	1:24:03	1:28:34	1:32:18	1:36:27	1:45:16	1:49:39	1:50:59			

1:16:34
*213

PI	tno	Name	Time																
M45L (16)				7.3 km 275 m 15 C (cont.)															
				1(112)	2(197)	3(194)	4(118)	5(119)	6(153)	7(204)	8(205)	9(210)	10(212)	11(209)	12(125)	13(127)	14(145)	15(143)	Finish
		WCOG		4:16	5:26	11:25	3:33	6:06	7:48	26:13	2:06	12:13	4:57	4:31	3:44	4:09	8:49	4:23	1:20
	165	Inman, Jason	dnf	3:02	6:50	10:18	18:09	23:03	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	50:06
		FVO		3:02	3:48	3:28	7:51	4:54											27:03
	837	Nicolson, William	dnf	3:08	13:33	20:45	23:21	36:26	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
		INVOC		3:08	10:25	7:12	2:36	13:05											
M45S (1)				5.2 km 240 m 13 C															
				1(112)	2(114)	3(117)	4(194)	5(195)	6(196)	7(211)	8(133)	9(132)	10(128)	11(127)	12(142)	13(213)		Finish	
	1	599 Chapman, Paul	1:15:16	4:11	6:55	11:04	16:48	22:50	25:24	39:16	49:08	52:23	56:13	57:56	1:07:47	1:12:12	1:15:16		
		MAROC		4:11	2:44	4:09	5:44	6:02	2:34	13:52	9:52	3:15	3:50	1:43	9:51	4:25	3:04		
M50L (19)				7.3 km 275 m 15 C															
				1(112)	2(197)	3(194)	4(118)	5(119)	6(153)	7(204)	8(205)	9(210)	10(212)	11(209)	12(125)	13(127)	14(145)	15(143)	Finish
	1	178 Stansfield, Ben	1:12:48	3:06	7:32	11:09	14:05	18:34	25:44	44:31	45:49	53:32	55:52	58:34	1:01:18	1:03:19	1:08:21	1:11:46	1:12:48
		FVO		3:06	4:26	3:37	2:56	4:29	7:10	18:47	1:18	7:43	2:20	2:42	2:44	2:01	5:02	3:25	1:02
	2	21 Ward, Martin	1:14:07	3:01	6:43	9:30	12:12	16:16	21:20	41:15	42:28	51:14	53:22	59:15	1:02:13	1:04:24	1:09:29	1:13:07	1:14:07
		SYO		3:01	3:42	2:47	2:42	4:04	5:04	19:55	1:13	8:46	2:08	5:53	2:58	2:11	5:05	3:38	1:00
	3	397 Harris, Duncan	1:15:50	3:11	7:56	11:08	14:16	19:42	26:27	45:24	46:40	55:38	58:26	1:01:04	1:03:54	1:06:08	1:11:08	1:14:58	1:15:50
		DEE		3:11	4:45	3:12	3:08	5:26	6:45	18:57	1:16	8:58	2:48	2:38	2:50	2:14	5:00	3:50	0:52
	4	26 Powell, Ifor	1:20:32	3:04	8:23	12:45	15:53	21:10	31:27	53:32	54:35	1:02:20	1:04:39	1:07:19	1:10:19	1:12:26	1:16:45	1:19:43	1:20:32
		BOK		3:04	5:19	4:22	3:08	5:17	10:17	22:05	1:03	7:45	2:19	2:40	3:00	2:07	4:19	2:58	0:49
	5	273 Irving, Alan	1:25:54	3:14	7:51	10:56	14:46	20:06	25:52	48:16	53:23	1:03:15	1:05:45	1:08:16	1:13:20	1:15:42	1:20:53	1:24:54	1:25:54
		WCOG		3:14	4:37	3:05	3:50	5:20	5:46	22:24	5:07	9:52	2:30	2:31	5:04	2:22	5:11	4:01	1:00
	6	157 Keith, Alec	1:26:07	2:49	8:50	12:34	15:45	20:10	25:27	48:32	54:45	1:04:55	1:08:36	1:12:26	1:15:16	1:18:09	1:22:30	1:25:19	1:26:07
		INVOC		2:49	6:01	3:44	3:11	4:25	5:17	23:05	6:13	10:10	3:41	3:50	2:50	2:53	4:21	2:49	0:48
	7	238 Cross, Jon	1:26:53	4:59	9:38	14:27	17:09	21:37	26:59	49:45	51:08	59:46	1:03:01	1:13:05	1:15:50	1:17:35	1:22:47	1:25:59	1:26:53
		FVO		4:59	4:39	4:49	2:42	4:28	5:22	22:46	1:23	8:38	3:15	10:04	2:45	1:45	5:12	3:12	0:54
	8	775 Lilley, Ross	1:31:58	3:26	8:44	12:40	15:00	22:58	28:27	53:49	54:57	1:03:39	1:10:16	1:13:55	1:16:58	1:22:17	1:27:39	1:30:50	1:31:58
		ECKO		3:26	5:18	3:56	2:20	7:58	5:29	25:22	1:08	8:42	6:37	3:39	3:03	5:19	5:22	3:11	1:08
	9	285 Wilson, Steve	1:32:48	3:17	9:11	13:29	15:57	21:32	36:02	58:19	1:02:47	1:12:02	1:15:02	1:17:44	1:20:45	1:22:52	1:28:20	1:31:37	1:32:48
		CLYDE		3:17	5:54	4:18	2:28	5:35	14:30	22:17	4:28	9:15	3:00	2:42	3:01	2:07	5:28	3:17	1:11
	10	8 Lines, Robert	1:37:09	3:46	8:39	12:18	16:39	21:42	27:25	57:35	58:55	1:11:20	1:17:04	1:20:28	1:23:55	1:26:22	1:32:10	1:36:08	1:37:09
		SO		3:46	4:53	3:39	4:21	5:03	5:43	30:10	1:20	12:25	5:44	3:24	3:27	2:27	5:48	3:58	1:01
	11	573 Eades, David	1:47:50	3:33	9:31	14:22	19:35	25:05	32:21	1:01:11	1:04:57	1:26:13	1:28:39	1:31:37	1:35:18	1:38:00	1:42:44	1:46:51	1:47:50
		INT		3:33	5:58	4:51	5:13	5:30	7:16	28:50	3:46	21:16	2:26	2:58	3:41	2:42	4:44	4:07	0:59
	12	429 Bennett, Alan	1:50:45	3:47	9:01	13:07	17:14	23:18	29:25	56:27	58:16	1:18:25	1:22:21	1:26:19	1:30:45	1:34:06	1:44:08	1:49:39	1:50:45
		MAROC		3:47	5:14	4:06	4:07	6:04	6:07	27:02	1:49	20:09	3:56	3:58	4:26	3:21	10:02	5:31	1:06
	13	104 Owens, Nigel	1:57:19	4:05	9:59	13:56	18:03	24:29	31:21	1:00:30	1:02:24	1:22:08	1:34:37	1:39:24	1:42:35	1:45:23	1:51:37	1:56:11	1:57:19
		SYO		4:05	5:54	3:57	4:07	6:26	6:52	29:09	1:54	19:44	12:29	4:47	3:11	2:48	6:14	4:34	1:08
	14	956 Graham, Stuart	2:09:09	4:18	10:00	14:33	18:56	24:53	37:14	1:14:49	1:17:33	1:31:51	1:35:50	1:40:04	1:45:11	1:48:11	1:59:11	2:07:55	2:09:09
		SOLWAY		4:18	5:42	4:33	4:23	5:57	12:21	37:35	2:44	14:18	3:59	4:14	5:07	3:00	11:00	8:44	1:14
	15	544 Emeleus, John	2:25:04	4:52	10:10	26:34	33:17	39:26	45:56	1:24:08	1:28:55	1:54:49	1:58:46	2:03:10	2:07:47	2:11:29	2:18:35	2:23:41	2:25:04
		KFO		4:52	5:18	16:24	6:43	6:09	6:30	38:12	4:47	25:54	3:57	4:24	4:37	3:42	7:06	5:06	1:23
	69	McRoyall, Andrew	mp	3:38	8:55	-----	35:55	42:54	52:39	1:24:09	1:27:31	1:40:02	1:47:15	1:51:46	1:56:53	1:59:39	2:06:20	2:15:46	2:16:57
		IND		3:38	5:17	-----	27:00	6:59	9:45	31:30	3:22	12:31	7:13	4:31	5:07	2:46	6:41	9:26	1:11
	923	Kirk, David	mp	4:15	12:07	42:33	47:02	53:37	1:02:29	1:35:29	1:38:12	1:54:02	2:03:52	2:09:20	2:14:48	2:19:36	-----	-----	
		GRAMP		4:15	7:52	30:26	4:29	6:35	8:52	33:00	2:43	15:50	9:50	5:28	5:28	4:48			
	15	Webster, Mark	dnf	5:11	13:33	25:07	33:37	40:40	49:47	-----	-----	-----	-----	-----	-----	-----	-----	-----	
		NOC		5:11	8:22	11:34	8:30	7:03	9:07										

1:49:31
*212
21:00
*200

PI	tno	Name	Time																
M50L (19)				7.3 km 275 m 15 C (cont.)															
				1(112)	2(197)	3(194)	4(118)	5(119)	6(153)	7(204)	8(205)	9(210)	10(212)	11(209)	12(125)	13(127)	14(145)	15(143)	Finish
	468	Laird, James INVOC	dnf	3:17 3:17	7:44 4:27	23:49 16:05	26:20 2:31	30:52 4:32	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
M50S (6)				5.2 km 240 m 13 C															
				1(112)	2(114)	3(117)	4(194)	5(195)	6(196)	7(211)	8(133)	9(132)	10(128)	11(127)	12(142)	13(213)	Finish		
1	826	McMurtrie, Andrew MAROC	1:12:15	4:14 4:14	6:16 2:02	9:57 3:41	13:44 3:47	17:10 3:26	19:01 1:51	32:51 13:50	53:49 20:58	56:25 2:36	58:57 2:32	1:00:14 1:17	1:06:44 6:30	1:10:16 3:32	1:12:15 1:59		
2	858	Hartman, Ben INT	1:15:14	3:52 3:52	6:14 2:22	9:45 3:31	24:13 14:28	30:56 6:43	33:08 2:12	44:50 11:42	53:54 9:04	56:57 3:03	1:00:16 3:19	1:02:03 1:47	1:07:42 5:39	1:12:32 4:50	1:15:14 2:42		
3	374	Wood, Mark ESOC	1:21:26	3:35 3:35	5:54 2:19	9:27 3:33	14:43 5:16	21:55 7:12	24:35 2:40	37:39 13:04	49:48 12:09	53:18 3:30	57:05 3:47	59:19 2:14	1:09:39 10:20	1:18:54 9:15	1:21:26 2:32	1:15:34 *143	
4	147	Huthwaite, Chris SARUM	1:24:04	4:33 4:33	7:05 2:32	11:09 4:04	15:47 4:38	20:45 4:58	23:15 2:30	38:45 15:30	53:24 14:39	56:42 3:18	1:04:58 8:16	1:07:15 2:17	1:16:49 9:34	1:21:38 4:49	1:24:04 2:26		
5	356	Carcas, Max INT	1:49:07	3:04 3:04	5:11 2:07	11:56 6:45	37:59 26:03	42:27 4:28	44:49 2:22	1:16:47 31:58	1:25:33 8:46	1:29:22 3:49	1:32:27 3:05	1:33:47 1:20	1:43:13 9:26	1:46:56 3:43	1:49:07 2:11	1:40:35 *145	
6	485	Barrie, Donald MAROC	2:18:14	9:51 9:51	12:52 3:01	17:21 4:29	45:28 28:07	49:46 4:18	54:55 5:09	1:12:13 17:18	1:28:48 16:35	1:31:46 2:58	2:02:30 30:44	2:05:00 2:30	2:11:41 6:41	2:15:55 4:14	2:18:14 2:19		
M55L (16)				5.6 km 235 m 15 C															
				1(111)	2(117)	3(118)	4(191)	5(195)	6(141)	7(124)	8(212)	9(206)	10(207)	11(208)	12(133)	13(145)	14(144)	15(213)	Finish
1	606	Robertson, David CLYDE	1:03:22	3:11 3:11	7:25 4:14	10:02 2:37	13:18 3:16	17:08 3:50	28:58 11:50	37:56 8:58	42:53 4:57	49:19 6:26	50:45 1:26	51:29 0:44	56:19 4:50	58:53 2:34	59:54 1:01	1:01:24 1:30	1:03:22 1:58
2	28	Adams, Charlie SYO	1:05:08	2:50 2:50	6:39 3:49	10:34 3:55	13:34 3:00	16:41 3:07	24:42 8:01	32:22 7:40	41:34 9:12	47:55 6:21	50:51 2:56	51:38 0:47	56:52 5:14	59:45 2:53	1:00:55 1:10	1:02:57 2:02	1:05:08 2:11
3	919	Parker, Dan BL	1:07:14	3:14 3:14	7:59 4:45	11:25 3:26	14:53 3:28	18:39 3:46	27:35 8:56	36:00 8:25	40:41 4:41	47:16 6:35	49:01 1:45	50:02 1:01	58:38 8:36	1:01:50 3:12	1:03:06 1:16	1:04:55 1:49	1:07:14 2:19
4	132	Gomersall, Sam GRAMP	1:08:14	3:27 3:27	8:07 4:40	11:07 3:00	14:38 3:31	18:17 3:39	30:48 12:31	38:37 7:49	43:08 4:31	50:06 6:58	51:47 1:41	53:11 1:24	58:59 5:48	1:02:17 3:18	1:03:36 1:19	1:06:01 2:25	1:08:14 2:13
5	391	Lightfoot, Nicholas SYO	1:10:55	3:10 3:10	7:43 4:33	11:09 3:26	14:59 3:50	22:41 7:42	33:27 10:46	42:01 8:34	46:49 4:48	54:07 7:18	55:55 1:48	56:45 0:50	1:01:46 5:01	1:05:05 3:19	1:06:27 1:22	1:08:33 2:06	1:10:55 2:22
6	608	Shepherd, Iain INVOC	1:13:19	3:26 3:26	9:10 5:44	12:44 3:34	16:26 3:42	20:45 4:19	36:58 16:13	46:00 9:02	51:58 5:58	58:09 6:11	59:48 1:39	1:00:37 0:49	1:05:01 4:24	1:07:45 2:44	1:09:03 1:18	1:11:02 1:59	1:13:19 2:17
7	268	Hamilton, Ian GRAMP	1:13:42	4:06 4:06	9:02 4:56	12:44 3:42	16:44 4:00	21:49 5:05	32:05 10:16	40:47 8:42	46:20 5:33	56:57 10:37	58:45 1:48	1:00:11 1:26	1:05:08 4:57	1:08:04 2:56	1:09:22 1:18	1:11:23 2:01	1:13:42 2:19
8	769	Keyes, Stephen SN	1:14:40	2:46 2:46	7:10 4:24	10:28 3:18	13:34 3:06	21:09 7:35	29:51 8:42	37:32 7:41	48:34 11:02	59:11 10:37	1:00:56 1:45	1:01:35 0:39	1:06:08 4:33	1:09:28 3:20	1:10:44 1:16	1:12:23 1:39	1:14:40 2:17
9	57	Martland, Timothy MDOC	1:17:12	4:37 4:37	6:33 11:10	3:51 15:01	4:56 19:57	6:44 26:41	11:03 37:44	9:38 47:22	5:51 53:13	6:27 59:40	1:43 1:01:23	1:21 1:02:44	5:21 1:08:05	3:17 1:11:22	1:22 1:12:44	2:09 1:14:53	2:19 1:17:12
10	190	Chapman, Ade MOR	1:27:04	3:28 3:28	8:18 4:50	13:09 4:51	17:22 4:13	23:47 6:25	38:07 14:20	47:57 9:50	54:57 7:00	1:02:46 7:49	1:06:36 3:50	1:07:34 0:58	1:13:09 5:35	1:18:14 5:05	1:19:53 1:39	1:24:33 4:40	1:27:04 2:31
11	584	Maxwell, Ian RR	1:31:18	3:09 3:09	10:55 7:46	14:07 3:12	18:32 4:25	23:15 4:43	41:10 17:55	52:44 11:34	56:55 4:11	1:05:59 9:04	1:09:23 3:24	1:10:20 0:57	1:22:00 11:40	1:26:09 4:09	1:27:21 1:12	1:29:01 1:40	1:31:18 2:17
12	447	Caban, Paul INT	1:33:38	3:45 3:45	9:43 5:58	14:42 4:59	19:19 4:37	27:50 8:31	41:28 13:38	51:53 10:25	57:48 5:55	1:06:39 8:51	1:09:19 2:40	1:12:36 3:17	1:22:34 9:58	1:27:04 4:30	1:28:31 1:27	1:30:39 2:08	1:33:38 2:59
13	361	Dempsey, Steve SYO	1:41:17	3:35 3:35	8:32 4:57	12:11 3:39	20:14 8:03	29:19 9:05	46:01 16:42	1:00:11 14:10	1:06:44 6:33	1:17:14 10:30	1:19:19 2:05	1:20:14 0:55	1:32:17 12:03	1:35:29 3:12	1:36:47 1:18	1:38:47 2:00	1:41:17 2:30
	2	Lawrence, Pete GRAMP	mp	3:18 3:18	8:48 5:30	12:07 3:19	16:09 4:02	20:52 4:43	30:17 9:25	40:37 10:20	45:34 4:57	54:26 8:52	56:21 1:55	57:22 1:01	-----	-----	-----	-----	1:29:17 31:55
	522	Hoey, Trevor FVO	dnf	3:33 3:33	11:47 8:14	17:45 5:58	22:49 5:04	51:27 28:38	-----	-----	-----	-----	-----	-----	-----	-----	1:11:45 20:18	-----	1:16:49 5:04

29:55
*126

PI	tno	Name	Time																	
M55L (16)				5.6 km 235 m			15 C			<i>(cont.)</i>										
				1(111)	2(117)	3(118)	4(191)	5(195)	6(141)	7(124)	8(212)	9(206)	10(207)	11(208)	12(133)	13(145)	14(144)	15(213)	Finish	
	983	Harding, Tim ELO	dnf	4:37 4:37	11:50 7:13	17:17 5:27	24:17 7:00	30:17 6:00	-----	-----	-----	-----	-----	-----	-----	-----	1:28:05 57:48	1:31:45 3:40	1:35:43 3:58	
M55S (10)				4.4 km 145 m			12 C													
				1(116)	2(197)	3(200)	4(141)	5(124)	6(212)	7(209)	8(207)	9(129)	10(142)	11(144)	12(143)	Finish				
1	756	Ricketts, Trevor MAROC	57:53	5:32 5:32	9:04 3:32	12:07 3:03	20:21 8:14	28:43 8:22	33:16 4:33	36:43 3:27	42:42 5:59	45:12 2:30	52:00 6:48	54:19 2:19	56:49 2:30	57:53 1:04				
2	435	Thomas, Roger WCOG	1:04:37	5:57 5:57	8:54 2:57	11:12 2:18	21:08 9:56	31:15 10:07	36:45 5:30	40:05 3:20	45:15 5:10	47:44 2:29	56:50 9:06	1:00:13 3:23	1:02:59 2:46	1:04:37 1:38				
3	926	Batts, Phillip CLOK	1:06:57	10:20 10:20	13:16 2:56	16:37 3:21	22:52 6:15	32:59 10:07	38:38 5:39	41:51 3:13	49:52 8:01	53:08 3:16	1:00:19 7:11	1:03:09 2:50	1:05:50 2:41	1:06:57 1:07				
4	961	Smith, Phil AYROC	1:10:03	14:22 14:22	17:35 3:13	20:54 3:19	28:05 7:11	40:07 12:02	45:44 5:37	49:40 3:56	54:41 5:01	57:26 2:45	1:03:05 5:39	1:05:48 2:43	1:08:46 2:58	1:10:03 1:17				
5	789	McIntyre, Ian INT	1:14:17	6:26 6:26	9:38 3:12	12:42 3:04	24:21 11:39	39:50 15:29	45:25 5:35	48:54 3:29	54:04 5:10	59:43 5:39	1:07:04 7:21	1:09:43 2:39	1:12:52 3:09	1:14:17 1:25				
6	706	Conway, Phil GO	1:16:51	7:11 7:11	10:54 3:43	14:51 3:57	22:48 7:57	33:53 11:05	39:51 5:58	46:01 6:10	56:04 10:03	59:38 3:34	1:07:19 7:41	1:10:34 3:15	1:14:58 4:24	1:16:51 1:53				
7	512	Daly, Kenneth INT	1:21:00	8:00 8:00	11:26 3:26	14:40 3:14	21:47 7:07	34:28 12:41	43:16 8:48	47:41 4:25	54:46 7:05	59:25 4:39	1:09:35 10:10	1:13:51 4:16	1:18:53 5:02	1:21:00 2:07				
8	484	Low, Chris MAROC	1:34:19	8:27 8:27	11:36 3:09	14:27 2:51	44:19 29:52	1:00:02 15:43	1:06:18 6:16	1:09:38 3:20	1:14:22 4:44	1:17:13 2:51	1:24:38 7:25	1:28:14 3:36	1:32:49 4:35	1:34:19 1:30				
9	884	Robertson, David ESOC	1:34:47	9:50 9:50	19:38 9:48	23:56 4:18	36:11 12:15	51:30 15:19	59:03 7:33	1:04:20 5:17	1:12:16 7:56	1:15:52 3:36	1:24:36 8:44	1:28:54 4:18	1:33:19 4:25	1:34:47 1:28				
	792	McLeod, Iain GRAMP	dnf	5:50 5:50	8:52 3:02	11:29 2:37	16:57 5:28	-----	-----	-----	-----	-----	56:45 39:48	59:59 3:14	1:03:46 3:47	1:05:32 1:46				
M60L (10)				5.6 km 235 m			15 C													
				1(111)	2(117)	3(118)	4(191)	5(195)	6(141)	7(124)	8(212)	9(206)	10(207)	11(208)	12(133)	13(145)	14(144)	15(213)	Finish	
1	736	Coombs, Roger MAROC	1:09:02	3:02 3:02	7:50 4:48	10:57 3:07	14:49 3:52	23:33 8:44	32:47 9:14	41:53 9:06	46:22 4:29	53:59 7:37	55:23 1:24	56:14 0:51	1:01:07 4:53	1:03:59 2:52	1:05:04 1:05	1:06:47 1:43	1:09:02 2:15	
2	945	Tullie, John RR	1:13:08	4:31 4:31	10:35 6:04	13:44 3:09	17:22 3:38	20:58 3:36	31:53 10:55	40:15 8:22	46:19 6:04	57:34 11:15	59:41 2:07	1:00:38 0:57	1:05:23 4:45	1:08:13 2:50	1:09:20 1:07	1:11:03 1:43	1:13:08 2:05	
3	109	Tonkin, Keith BL	1:16:11	7:28 7:28	12:00 4:32	15:42 3:42	18:54 3:12	22:25 3:31	33:06 10:41	44:02 10:56	48:20 4:18	56:50 8:30	58:24 1:34	59:22 0:58	1:08:00 8:38	1:10:46 2:46	1:12:08 1:22	1:13:56 1:48	1:16:11 2:15	
4	89	Capper, Graham LOC	1:21:53	5:09 5:09	10:25 5:16	15:56 5:31	19:57 4:01	28:13 8:16	46:03 17:50	54:47 8:44	1:01:07 6:20	1:07:37 6:30	1:08:52 1:15	1:09:35 0:43	1:13:38 4:03	1:16:19 2:41	1:17:39 1:20	1:19:23 1:44	1:21:53 2:30	
5	65	Filmore, Simon LOC	1:27:45	3:47 3:47	9:05 5:18	12:32 3:27	17:01 4:29	21:54 4:53	33:29 11:35	43:31 10:02	50:04 6:33	1:03:09 13:05	1:08:12 5:03	1:09:03 0:51	1:15:00 5:57	1:19:29 4:29	1:20:53 1:24	1:25:20 4:27	1:27:45 2:25	
6	685	Holliday, Mark FVO	1:27:54	3:54 3:54	11:24 7:30	15:16 3:52	19:57 4:41	25:27 5:30	37:25 11:58	47:35 10:10	54:25 6:50	1:05:44 11:19	1:08:00 2:16	1:09:34 1:34	1:16:33 6:59	1:20:42 4:09	1:22:41 1:59	1:24:37 1:56	1:27:54 3:17	
7	617	Longhurst, Gary FVO	1:33:10	5:45 5:45	15:10 9:25	20:38 5:28	24:23 3:45	33:16 8:53	45:50 12:34	55:52 10:02	1:01:42 5:50	1:09:46 8:04	1:11:25 1:39	1:12:10 0:45	1:24:01 11:51	1:27:58 3:57	1:29:08 1:10	1:30:52 1:44	1:33:10 2:18	
8	47	Ditchfield, Ian MV	1:38:37	3:12 3:12	8:38 5:26	11:39 3:01	18:05 6:26	28:19 10:14	51:15 22:56	1:04:32 13:17	1:09:19 4:47	1:16:47 7:28	1:18:38 1:51	1:19:37 0:59	1:30:17 10:40	1:33:15 2:58	1:34:26 1:11	1:36:16 1:50	1:38:37 2:21	
9	17	Hale, Nick MAROC	1:43:13	3:16 3:16	7:54 4:38	10:57 3:03	14:22 3:25	24:39 10:17	38:13 13:34	48:19 10:06	54:59 6:40	1:05:50 10:51	1:07:10 1:20	1:07:58 0:48	1:32:12 24:14	1:36:23 4:11	1:37:44 1:21	1:40:09 2:25	1:43:13 3:04	
10	621	Lindsay, Crawford ESOC	2:05:38	4:29 4:29	10:44 6:15	15:31 4:47	33:00 17:29	38:24 5:24	53:45 15:21	1:06:52 13:07	1:15:45 8:53	1:29:57 14:12	1:32:15 2:18	1:34:15 2:00	1:52:57 18:42	1:58:09 5:12	2:00:07 1:58	2:02:45 2:38	2:05:38 2:53	

39:31
*126

PI	tno	Name	Time	4.4 km 145 m 12 C													
				1(116)	2(197)	3(200)	4(141)	5(124)	6(212)	7(209)	8(207)	9(129)	10(142)	11(144)	12(143)	Finish	
M60S (1)																	
1	970	Dean, Martin FVO	54:12	4:54	9:45	12:14	17:23	25:57	32:02	35:24	39:38	42:36	48:20	50:24	52:54	54:12	
				4:54	4:51	2:29	5:09	8:34	6:05	3:22	4:14	2:58	5:44	2:04	2:30	1:18	
M65L (13)																	
				5.2 km 240 m 13 C													
				1(112)	2(114)	3(117)	4(194)	5(195)	6(196)	7(211)	8(133)	9(132)	10(128)	11(127)	12(142)	13(213)	Finish
1	556	Napier, Michael NOC	1:02:07	3:19	5:19	8:36	14:59	18:37	20:47	31:35	39:39	46:14	49:08	50:21	56:00	59:39	1:02:07
				3:19	2:00	3:17	6:23	3:38	2:10	10:48	8:04	6:35	2:54	1:13	5:39	3:39	2:28
2	95	Whitehead, Steve EBOR	1:04:04	3:59	6:09	9:37	14:02	17:28	19:14	32:46	42:36	45:35	48:15	50:01	55:37	1:02:00	1:04:04
				3:59	2:10	3:28	4:25	3:26	1:46	13:32	9:50	2:59	2:40	1:46	5:36	6:23	2:04
3	503	Gryaznevich, Mikhail TVOC	1:15:44	4:09	6:47	10:19	19:12	23:12	25:11	39:08	50:36	54:31	59:35	1:01:44	1:08:10	1:13:09	1:15:44
				4:09	2:38	3:32	8:53	4:00	1:59	13:57	11:28	3:55	5:04	2:09	6:26	4:59	2:35
4	765	Harwood, Eddie MOR	1:18:53	5:07	7:27	11:03	15:39	20:04	22:29	42:23	55:15	58:27	1:03:17	1:05:02	1:11:44	1:16:17	1:18:53
				5:07	2:20	3:36	4:36	4:25	2:25	19:54	12:52	3:12	4:50	1:45	6:42	4:33	2:36
5	744	Hickling, Robert BASOC	1:24:44	3:05	5:58	9:17	13:58	17:55	20:34	54:08	1:04:42	1:08:12	1:11:31	1:13:09	1:18:17	1:22:23	1:24:44
				3:05	2:53	3:19	4:41	3:57	2:39	33:34	10:34	3:30	3:19	1:38	5:08	4:06	2:21
6	682	Halliday, Alan MOR	1:35:32	4:32	7:53	12:14	17:37	23:50	26:27	42:33	1:04:36	1:09:59	1:14:26	1:17:14	1:26:42	1:32:20	1:35:32
				4:32	3:21	4:21	5:23	6:13	2:37	16:06	22:03	5:23	4:27	2:48	9:28	5:38	3:12
7	94	Robinson, Andy LOC	1:35:54	4:03	6:50	11:23	21:36	26:55	29:37	44:38	1:00:59	1:07:28	1:15:06	1:17:16	1:26:48	1:32:39	1:35:54
				4:03	2:47	4:33	10:13	5:19	2:42	15:01	16:21	6:29	7:38	2:10	9:32	5:51	3:15
8	913	Richards, Stephen SELOC	1:39:43	4:23	7:11	11:51	20:14	25:15	28:21	49:55	1:11:24	1:15:00	1:18:54	1:20:38	1:28:52	1:36:51	1:39:43
				4:23	2:48	4:40	8:23	5:01	3:06	21:34	21:29	3:36	3:54	1:44	8:14	7:59	2:52
9	61	Matheson, Colin MOR	1:44:03	4:25	7:22	11:51	23:00	27:48	30:23	46:00	1:13:07	1:18:06	1:25:02	1:26:58	1:35:00	1:40:40	1:44:03
				4:25	2:57	4:29	11:09	4:48	2:35	15:37	27:07	4:59	6:56	1:56	8:02	5:40	3:23
10	97	Rosen, David SROC	1:58:14	5:50	9:26	15:37	24:42	31:04	36:03	58:27	1:15:07	1:22:44	1:29:19	1:32:26	1:42:27	1:53:17	1:58:14
				5:50	3:36	6:11	9:05	6:22	4:59	22:24	16:40	7:37	6:35	3:07	10:01	10:50	4:57
11	223	Strain, Robin ELO	1:58:24	4:09	7:03	10:58	19:55	24:46	27:17	1:13:56	1:28:59	1:33:02	1:37:49	1:39:54	1:49:41	1:55:47	1:58:24
				4:09	2:54	3:55	8:57	4:51	2:31	46:39	15:03	4:03	4:47	2:05	9:47	6:06	2:37
12	780	Dalglish, Leslie ESOC	2:00:31	4:16	7:05	11:33	17:09	22:25	29:20	56:57	1:09:50	1:14:05	1:27:35	1:32:12	1:50:54	1:56:56	2:00:31
				4:16	2:49	4:28	5:36	5:16	6:55	27:37	12:53	4:15	13:30	4:37	18:42	6:02	3:35
59		Duley, Paul GRAMP	mp	4:36	7:49	12:59	18:44	26:20	38:02	----	----	----	1:19:30	1:22:45	----	----	
				4:36	3:13	5:10	5:45	7:36	11:42				41:28	3:15			
M70L (7)																	
				4.4 km 145 m 12 C													
				1(116)	2(197)	3(200)	4(141)	5(124)	6(212)	7(209)	8(207)	9(129)	10(142)	11(144)	12(143)	Finish	
1	550	Tivendale, Andrew MAROC	55:42	5:25	8:24	11:41	16:44	26:40	32:13	35:49	40:31	42:54	48:36	51:12	54:16	55:42	
				5:25	2:59	3:17	5:03	9:56	5:33	3:36	4:42	2:23	5:42	2:36	3:04	1:26	
2	613	Gorvett, Peter SYO	1:11:37	5:10	8:00	10:55	35:20	44:08	48:51	52:25	57:59	1:00:28	1:05:47	1:07:53	1:10:19	1:11:37	
				5:10	2:50	2:55	24:25	8:48	4:43	3:34	5:34	2:29	5:19	2:06	2:26	1:18	
249		Stevenson, Bill ESOC	dnf	12:29	28:04	41:37	-----	-----	-----	-----	-----	-----	-----	1:03:46	1:08:07	1:10:25	
				12:29	15:35	13:33								22:09	4:21	2:18	
324		Hensman, Geoffrey FVO	dnf	8:48	12:56	16:19	37:20	-----	-----	-----	-----	53:37	-----	1:09:34	1:14:04	1:16:08	
				8:48	4:08	3:23	21:01							16:17	15:57	4:30	2:04
200		Carmichael, Dick TINTO	dnf	57:54	1:05:08	1:14:37	-----	-----	-----	-----	-----	-----	-----	-----	1:40:50	1:43:09	
				57:54	7:14	9:29									26:13	2:19	
863		Lailey, Julian SROC	dnf	5:15	21:55	24:13	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				5:15	16:40	2:18											
531		Scrutton, Roger ESOC	dnf	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	

1:07:09
*145

Pl	tno	Name	Time															
M70S (1)				2.9 km 100 m 10 C														
				1(113)	2(116)	3(141)	4(132)	5(128)	6(127)	7(133)	8(142)	9(144)	10(143)	Finish				
1	597	Craig, Peter MAROC	1:12:18	4:59	11:41	33:56	38:45	45:20	47:43	53:36	58:32	1:03:37	1:10:16	1:12:18				
				4:59	6:42	22:15	4:49	6:35	2:23	5:53	4:56	5:05	6:39	2:02				
M75L (3)				3.3 km 120 m 9 C														
				1(114)	2(197)	3(195)	4(192)	5(194)	6(200)	7(133)	8(144)	9(143)	Finish					
1	345	Pyrah, Ian ESOC	1:07:45	4:59	11:19	25:31	27:58	34:40	44:48	55:57	1:02:43	1:06:08	1:07:45					
				4:59	6:20	14:12	2:27	6:42	10:08	11:09	6:46	3:25	1:37					
2	795	McLean, Neil GRAMP	1:17:18	4:55	10:20	18:39	21:14	27:48	34:21	1:05:26	1:11:58	1:15:40	1:17:18					
				4:55	5:25	8:19	2:35	6:34	6:33	31:05	6:32	3:42	1:38					
3	84	Yates, Brian ESOC	1:44:45	7:34	16:08	28:26	35:00	49:30	1:09:40	1:26:45	1:36:33	1:42:09	1:44:45					
				7:34	8:34	12:18	6:34	14:30	20:10	17:05	9:48	5:36	2:36					
M80 (2)				2.9 km 100 m 10 C														
				1(113)	2(116)	3(141)	4(132)	5(128)	6(127)	7(133)	8(142)	9(144)	10(143)	Finish				
1	539	Boyt, Arthur DEVON	1:47:43	5:02	36:43	50:43	1:03:28	1:13:40	1:17:00	1:22:04	1:35:19	1:39:22	1:45:04	1:47:43				
				5:02	31:41	14:00	12:45	10:12	3:20	5:04	13:15	4:03	5:42	2:39				
	242	Powell, Colin AIRE	mp	7:58	16:31	39:38	52:27	1:05:11	1:10:05	-----	-----	-----	-----					
				7:58	8:33	23:07	12:49	12:44	4:54									
W16 (12)				4.4 km 145 m 12 C														
				1(116)	2(197)	3(200)	4(141)	5(124)	6(212)	7(209)	8(207)	9(129)	10(142)	11(144)	12(143)	Finish		
1	393	Harris, Anna DEE	49:29	4:18	7:00	8:53	13:13	23:02	27:57	30:57	34:59	37:05	42:45	44:47	48:08	49:29	41:45	
				4:18	2:42	1:53	4:20	9:49	4:55	3:00	4:02	2:06	5:40	2:02	3:21	1:21	*145	
2	111	Brown, Rachel ESOC	49:40	3:59	6:30	8:34	18:01	26:04	30:41	33:13	36:25	39:20	44:36	46:20	48:53	49:40	15:22	
				3:59	2:31	2:04	9:27	8:03	4:37	2:32	3:12	2:55	5:16	1:44	2:33	0:47	*132	
3	299	Heap, Scarlet SO	54:03	4:26	7:08	9:18	15:48	25:42	31:57	34:50	39:09	43:03	48:50	51:10	53:18	54:03		
				4:26	2:42	2:10	6:30	9:54	6:15	2:53	4:19	3:54	5:47	2:20	2:08	0:45		
4	602	Chapman, Catriona MAROC	55:24	6:01	8:42	11:35	18:04	27:08	32:23	35:42	40:29	43:22	48:40	51:15	54:10	55:24		
				6:01	2:41	2:53	6:29	9:04	5:15	3:19	4:47	2:53	5:18	2:35	2:55	1:14		
5	541	Darley, Aimee GO	1:03:53	6:34	10:13	14:12	20:39	32:37	38:13	41:17	47:30	50:32	57:12	59:37	1:02:41	1:03:53		
				6:34	3:39	3:59	6:27	11:58	5:36	3:04	6:13	3:02	6:40	2:25	3:04	1:12		
6	70	Reynolds, Charlotte MAROC	1:11:13	5:40	9:11	12:23	23:11	35:52	42:53	46:45	51:54	57:43	1:05:28	1:07:26	1:10:16	1:11:13		
				5:40	3:31	3:12	10:48	12:41	7:01	3:52	5:09	5:49	7:45	1:58	2:50	0:57		
7	234	Kenyon, Faith MOR	1:16:11	5:18	8:54	12:19	19:47	29:51	35:29	44:35	58:38	1:03:55	1:10:16	1:12:21	1:15:21	1:16:11		
				5:18	3:36	3:25	7:28	10:04	5:38	9:06	14:03	5:17	6:21	2:05	3:00	0:50		
8	13	Graham, Amber MAROC	1:32:18	4:51	7:38	18:08	23:14	1:00:23	1:04:33	1:08:32	1:13:38	1:19:24	1:26:10	1:28:23	1:31:14	1:32:18	1:24:55	
				4:51	2:47	10:30	5:06	37:09	4:10	3:59	5:06	5:46	6:46	2:13	2:51	1:04	*145	
9	985	Thomas, Carys WCOC	1:32:39	6:33	11:49	16:14	25:51	45:17	54:01	59:17	1:06:22	1:10:29	1:20:37	1:24:16	1:30:45	1:32:39		
				6:33	5:16	4:25	9:37	19:26	8:44	5:16	7:05	4:07	10:08	3:39	6:29	1:54		
10	489	Barrie, Eliza MAROC	1:35:58	6:47	9:52	13:13	27:42	42:02	48:30	54:55	1:01:48	1:18:14	1:28:55	1:31:31	1:34:48	1:35:58		
				6:47	3:05	3:21	14:29	14:20	6:28	6:25	6:53	16:26	10:41	2:36	3:17	1:10		
	460	Cox, Anna BASOC	mp	6:23	11:35	14:39	19:25	32:36	40:20	43:36	-----	-----	1:05:43	1:07:50	1:10:13	1:11:15	54:59	58:19
				6:23	5:12	3:04	4:46	13:11	7:44	3:16	-----	-----	22:07	2:07	2:23	1:02	*206	*128
	271	Irving, Caitlin WCOC	dnf	4:30	12:32	14:05	-----	-----	-----	-----	-----	-----	-----	-----	-----	38:42		
				4:30	8:02	1:33										24:37		

PI	tno	Name	Time																				
W20L (7)				5.7 km 240 m			18 C			<i>(cont.)</i>													
				1(110)	2(114)	3(115)	4(120)	5(153)	6(190)	7(191)	8(193)	9(194)	10(192)	11(195)	12(200)	13(206)	14(208)	15(129)	16(145)	17(144)	18(143)	Finish	
5	647	Lilley, Roanne EUOC	1:14:20	2:13 2:13	4:50 2:37	8:21 3:31	13:26 5:05	20:54 7:28	22:55 2:01	26:18 3:23	29:06 2:48	30:07 1:01	39:08 9:01	40:31 1:23	44:21 3:50	52:06 7:45	54:07 2:01	58:53 4:46	1:10:13 11:20	1:11:30 1:17	1:13:30 2:00	1:14:20 0:50	
6	954	Graham, Zoe SOLWAY	1:30:39	3:06 3:06	5:43 2:37	10:52 5:09	18:18 7:26	36:28 18:10	38:46 2:18	41:37 2:51	44:46 3:09	45:46 1:00	48:36 2:50	49:57 1:21	58:01 8:04	1:05:36 7:35	1:09:39 4:03	1:19:01 9:22	1:25:29 6:28	1:26:32 1:03	1:29:36 3:04	1:30:39 1:03	
	651	Shepherd, Freya EUOC	dnf	3:27 3:27	6:09 2:42	17:21 11:12	28:26 11:05	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
W20S (2)				4.4 km 145 m			12 C																
				1(116)	2(197)	3(200)	4(141)	5(124)	6(212)	7(209)	8(207)	9(129)	10(142)	11(144)	12(143)	Finish							
1	644	Boloux, Alex EUOC	1:46:40	5:35 5:35	11:24 5:49	17:05 5:41	27:10 10:05	49:55 22:45	58:32 8:37	1:05:25 6:53	1:12:24 6:59	1:19:51 7:27	1:33:22 13:31	1:42:03 8:41	1:45:32 3:29	1:46:40 1:08							
	204	Schwarze Chintapat EUOC	dnf	17:43 17:43	22:29 4:46	31:19 8:50	41:11 9:52	-----	-----	-----	-----	-----	-----	1:29:55 48:44	1:33:27 3:32	1:34:44 1:17							
W21L (7)				7.5 km 275 m			15 C																
				1(116)	2(115)	3(119)	4(121)	5(122)	6(151)	7(203)	8(211)	9(212)	10(210)	11(207)	12(129)	13(132)	14(144)	15(143)	Finish				
1	643	Walsh, Fay EUOC	1:21:33	4:26 4:26	8:21 3:55	13:30 5:09	21:05 7:35	22:36 1:31	33:40 11:04	51:08 17:28	1:01:00 9:52	1:02:26 1:26	1:05:07 2:41	1:10:21 5:14	1:12:23 2:02	1:14:01 1:38	1:18:26 4:25	1:20:40 2:14	1:21:33 0:53				
2	909	Wright, Hazel MAROC	1:34:50	4:21 4:21	7:05 2:44	11:54 4:49	15:20 3:26	17:27 2:07	31:41 14:14	53:09 21:28	1:03:07 9:58	1:04:28 1:21	1:07:21 2:53	1:15:49 8:28	1:18:38 2:49	1:25:37 6:59	1:30:27 4:50	1:33:41 3:14	1:34:50 1:09				
3	674	Ward, Claire INT	1:36:03	4:28 4:28	7:38 3:10	12:54 5:16	15:40 2:46	17:26 1:46	30:20 12:54	1:01:00 30:40	1:08:47 7:47	1:12:52 4:05	1:15:46 2:54	1:22:34 6:48	1:24:45 2:11	1:26:43 1:58	1:32:09 5:26	1:34:52 2:43	1:36:03 1:11				
4	409	Adams, Louise EUOC	1:38:03	4:59 4:59	8:28 3:29	14:02 5:34	17:07 3:05	19:25 2:18	32:42 13:17	54:42 22:00	1:10:06 15:24	1:11:30 1:24	1:15:31 4:01	1:24:43 9:12	1:26:47 2:04	1:28:34 1:47	1:34:09 5:35	1:37:16 3:07	1:38:03 0:47				
5	731	McLeod, Katrina GRAMP	1:44:53	7:56 7:56	14:14 6:18	20:59 6:45	23:48 2:49	25:54 2:06	38:40 12:46	1:01:08 22:28	1:16:47 15:39	1:18:22 1:35	1:23:26 5:04	1:30:01 6:35	1:32:13 2:12	1:34:08 1:55	1:41:05 6:57	1:43:44 2:39	1:44:53 1:09				
6	528	Wright, Frances MAROC	1:48:29	4:36 4:36	10:18 5:42	15:24 5:06	23:13 7:49	24:58 1:45	42:20 17:22	1:04:56 22:36	1:20:58 16:02	1:22:31 1:33	1:27:33 5:02	1:34:03 6:30	1:36:10 2:07	1:38:03 1:53	1:44:55 6:52	1:47:26 2:31	1:48:29 1:03				
7	632	Jones, Sarah EUOC	1:53:51	3:55 3:55	7:03 3:08	11:40 4:37	14:03 2:23	17:06 3:03	31:28 14:22	51:15 19:47	58:32 7:17	1:00:52 2:20	1:31:57 31:05	1:39:29 7:32	1:41:51 2:22	1:43:32 1:41	1:50:10 6:38	1:53:08 2:58	1:53:51 0:43				
W21S (1)				5.2 km 240 m			13 C																
				1(112)	2(114)	3(117)	4(194)	5(195)	6(196)	7(211)	8(133)	9(132)	10(128)	11(127)	12(142)	13(213)	Finish						
1	850	Parga Basanta, Luci EUOC	1:11:50	3:49 3:49	5:48 1:59	9:14 3:26	15:02 5:48	19:59 4:57	22:12 2:13	36:59 14:47	49:04 12:05	53:21 4:17	57:13 3:52	58:34 1:21	1:05:35 7:01	1:09:45 4:10	1:11:50 2:05						
W35L (2)				5.7 km 240 m			18 C																
				1(110)	2(114)	3(115)	4(120)	5(153)	6(190)	7(191)	8(193)	9(194)	10(192)	11(195)	12(200)	13(206)	14(208)	15(129)	16(145)	17(144)	18(143)	Finish	
1	41	Chisholm, Jane BASOC	2:03:59	2:14 2:14	5:34 3:20	9:36 4:02	15:55 6:19	26:19 10:24	28:58 2:39	33:01 4:03	44:17 11:16	45:17 1:00	49:51 4:34	52:42 2:51	1:07:59 15:17	1:39:29 31:30	1:42:00 2:31	1:49:40 7:40	1:55:45 6:05	1:57:14 1:29	2:00:58 3:44	2:03:59 3:01	

Pl	tno	Name	Time																			
W35L (2)				5.7 km 240 m 18 C (cont.)																		
				1(110)	2(114)	3(115)	4(120)	5(153)	6(190)	7(191)	8(193)	9(194)	10(192)	11(195)	12(200)	13(206)	14(208)	15(129)	16(145)	17(144)	18(143)	Finish
	244	Karatay, Gemma BASOC	mp	2:11 2:11	5:35 3:24	8:03 2:28	14:17 6:14	22:16 7:59	24:25 2:09	27:08 2:43	30:33 3:25	31:34 1:01	34:25 2:51	35:47 1:22	43:54 8:07	51:08 7:14	55:32 4:24	-----	1:04:24 8:52	1:05:44 1:20	1:08:21 2:37	1:09:17 0:56
W35S (1)				4.4 km 145 m 12 C																		
				1(116)	2(197)	3(200)	4(141)	5(124)	6(212)	7(209)	8(207)	9(129)	10(142)	11(144)	12(143)	Finish						
	456	Szydłowska, Marta STAG	dnf	14:40 14:40	30:16 15:36	38:48 8:32	1:47:27 1:08:39	-----	-----	-----	-----	-----	-----	-----	-----	-----	2:12:18 24:51					
W40L (2)				5.7 km 240 m 18 C																		
				1(110)	2(114)	3(115)	4(120)	5(153)	6(190)	7(191)	8(193)	9(194)	10(192)	11(195)	12(200)	13(206)	14(208)	15(129)	16(145)	17(144)	18(143)	Finish
	1	163 Inman, Janine FVO	1:07:11	2:10 2:10	4:49 2:39	8:02 3:13	13:36 5:34	20:26 6:50	22:40 2:14	26:19 3:39	29:25 3:06	30:37 1:12	33:36 2:59	35:14 1:38	41:11 5:57	51:40 10:29	54:32 2:52	57:08 2:36	1:02:12 5:04	1:03:30 1:18	1:05:59 2:29	1:07:11 1:12
	2	976 Rush, Tereza Maria BOK	1:48:05	2:28 2:28	5:21 2:53	9:03 3:42	16:23 7:20	26:04 9:41	28:49 2:45	31:51 3:02	39:12 7:21	40:25 1:13	44:41 4:16	47:36 2:55	53:47 6:11	1:10:48 17:01	1:13:40 2:52	1:35:30 21:50	1:42:28 6:58	1:44:00 1:32	1:46:55 2:55	1:48:05 1:10
W40S (1)				4.4 km 145 m 12 C																		
				1(116)	2(197)	3(200)	4(141)	5(124)	6(212)	7(209)	8(207)	9(129)	10(142)	11(144)	12(143)	Finish						
	1	929 Mather, Rachel MAROC	2:51:44	9:01 9:01	26:43 17:42	43:05 16:22	1:15:18 32:13	1:36:30 21:12	1:46:38 10:08	1:52:10 5:32	2:05:23 13:13	2:22:52 17:29	2:36:12 13:20	2:44:29 8:17	2:49:32 5:03	2:51:44 2:12						
W45L (4)				5.2 km 240 m 13 C																		
				1(112)	2(114)	3(117)	4(194)	5(195)	6(196)	7(211)	8(133)	9(132)	10(128)	11(127)	12(142)	13(213)	Finish					
	1	39 Crawshaw, Amanda SYO	1:16:55	3:59 3:59	6:10 2:11	9:33 3:23	13:53 4:20	23:51 9:58	26:06 2:15	41:16 15:10	54:26 13:10	58:14 3:48	1:03:40 5:26	1:05:07 1:27	1:10:29 5:22	1:14:30 4:01	1:16:55 2:25					
	2	385 Osborn, Beccy FVO	1:30:09	4:09 4:09	6:45 2:36	10:43 3:58	17:00 6:17	20:44 3:44	22:48 2:04	48:46 25:58	1:00:46 12:00	1:12:41 11:55	1:16:00 3:19	1:17:24 1:24	1:23:09 5:45	1:27:25 4:16	1:30:09 2:44					
	3	380 Kirkland, Rachel INT	1:38:27	4:42 4:42	7:45 3:03	12:50 5:05	20:23 7:33	25:25 5:02	28:32 3:07	50:15 21:43	1:11:10 20:55	1:14:42 3:32	1:18:29 3:47	1:20:38 2:09	1:27:13 6:35	1:35:28 8:15	1:38:27 2:59					
	4	441 Thomas, Lynne WCOC	1:49:17	4:46 4:46	8:16 3:30	12:34 4:18	22:37 10:03	32:41 10:04	38:00 5:19	54:33 16:33	1:17:25 22:52	1:21:42 4:17	1:27:17 5:35	1:29:52 2:35	1:38:39 8:47	1:45:41 7:02	1:49:17 3:36					
W45S (1)				3.3 km 120 m 9 C																		
				1(114)	2(197)	3(195)	4(192)	5(194)	6(200)	7(133)	8(144)	9(143)	Finish									
	1	320 Salway, Aileen MAROC	58:21	4:19 4:19	10:18 5:59	18:37 8:19	20:29 1:52	23:34 3:05	28:49 5:15	45:58 17:09	53:00 7:02	56:35 3:35	58:21 1:46									
W50L (9)				5.2 km 240 m 13 C																		
				1(112)	2(114)	3(117)	4(194)	5(195)	6(196)	7(211)	8(133)	9(132)	10(128)	11(127)	12(142)	13(213)	Finish					
	1	417 Dunn, Sarah MAROC	54:14	3:10 3:10	5:05 1:55	8:19 3:14	12:02 3:43	15:23 3:21	17:17 1:54	28:34 11:17	35:44 7:10	38:31 2:47	41:18 2:47	42:38 1:20	48:20 5:42	52:13 3:53	54:14 2:01					
	2	581 Eades, Lorna INT	1:24:52	4:29 4:29	7:54 3:25	11:56 4:02	18:08 6:12	22:39 4:31	25:12 2:33	38:45 13:33	56:22 17:37	1:00:54 4:32	1:04:23 3:29	1:06:14 1:51	1:14:35 8:21	1:21:01 6:26	1:24:52 3:51					
	3	52 Jacks, Diane WRE	1:34:35	4:43 4:43	7:39 2:56	12:35 4:56	18:44 6:09	26:13 7:29	29:02 2:49	44:18 15:16	1:00:07 15:49	1:05:29 5:22	1:16:11 10:42	1:19:10 2:59	1:25:54 6:44	1:31:34 5:40	1:34:35 3:01					

PI	tno	Name	Time															
W50L (9)				5.2 km 240 m			13 C			<i>(cont.)</i>								
				1(112)	2(114)	3(117)	4(194)	5(195)	6(196)	7(211)	8(133)	9(132)	10(128)	11(127)	12(142)	13(213)	Finish	
4	547	Rowlands, Helen GRAMP	1:38:33	5:02	7:58	12:22	18:05	23:32	26:54	48:54	1:03:51	1:08:34	1:16:39	1:18:45	1:29:05	1:35:18	1:38:33	
				5:02	2:56	4:24	5:43	5:27	3:22	22:00	14:57	4:43	8:05	2:06	10:20	6:13	3:15	
5	589	Wright, Denise MAROC	1:48:38	4:48	11:58	16:30	27:40	35:02	37:26	53:14	1:12:54	1:24:20	1:29:20	1:31:35	1:39:38	1:45:16	1:48:38	
				4:48	7:10	4:32	11:10	7:22	2:24	15:48	19:40	11:26	5:00	2:15	8:03	5:38	3:22	
6	175	Mitchell, Kerstin HOC	1:58:34	4:27	7:19	11:41	17:45	25:46	30:44	59:47	1:21:34	1:25:53	1:33:14	1:36:28	1:45:29	1:55:20	1:58:34	
				4:27	2:52	4:22	6:04	8:01	4:58	29:03	21:47	4:19	7:21	3:14	9:01	9:51	3:14	
	236	Shankland, Marie Cl FVO	mp	6:49	11:12	17:46	28:04	37:03	40:26	----	----	1:08:47	1:13:07	1:15:50	1:27:14	----	1:37:52	
				6:49	4:23	6:34	10:18	8:59	3:23			28:21	4:20	2:43	11:24		10:38	
	282	Wilson, Rachel CLYDE	mp	4:34	17:31	23:04	33:20	39:01	43:01	1:00:47	1:31:16	1:39:19	----	----	----	----	2:05:56	
				4:34	12:57	5:33	10:16	5:41	4:00	17:46	30:29	8:03					26:37	
	19	Ward, Lesley SYO	dnf	5:42	14:14	20:02	27:16	34:02	37:24	----	----	----	----	----	----	----		
				5:42	8:32	5:48	7:14	6:46	3:22									
W50S (9)				3.3 km 120 m			9 C											
				1(114)	2(197)	3(195)	4(192)	5(194)	6(200)	7(133)	8(144)	9(143)	Finish					
1	4	Scott, Rachel GRAMP	1:03:55	4:39	11:14	20:01	22:04	26:46	38:14	52:01	59:04	1:02:23	1:03:55					
				4:39	6:35	8:47	2:03	4:42	11:28	13:47	7:03	3:19	1:32					
2	119	Bell, Judith ESOC	1:09:56	4:51	11:20	19:54	22:35	30:46	45:27	57:07	1:04:16	1:08:29	1:09:56					
				4:51	6:29	8:34	2:41	8:11	14:41	11:40	7:09	4:13	1:27					
3	187	Burnapp, Carol ECKO	1:13:51	5:37	12:38	22:39	25:57	34:47	42:30	57:28	1:06:43	1:11:52	1:13:51					
				5:37	7:01	10:01	3:18	8:50	7:43	14:58	9:15	5:09	1:59					
4	153	Bentley, Juliet SROC	1:13:53	6:58	15:50	26:57	30:17	37:35	45:31	1:01:05	1:07:51	1:12:05	1:13:53					
				6:58	8:52	11:07	3:20	7:18	7:56	15:34	6:46	4:14	1:48					
5	395	Harris, Ruth DEE	1:29:46	5:38	12:34	25:14	27:55	35:50	1:00:10	1:16:05	1:22:43	1:28:02	1:29:46					
				5:38	6:56	12:40	2:41	7:55	24:20	15:55	6:38	5:19	1:44					
6	9	Graham, Patricia MAROC	1:30:57	5:30	31:53	41:53	44:10	55:05	1:01:28	1:15:32	1:25:12	1:29:14	1:30:57					
				5:30	26:23	10:00	2:17	10:55	6:23	14:04	9:40	4:02	1:43					
7	402	Neumann, Katja MAROC	1:36:55	4:53	10:43	18:31	21:46	28:53	36:28	1:20:14	1:30:48	1:35:08	1:36:55					
				4:53	5:50	7:48	3:15	7:07	7:35	43:46	10:34	4:20	1:47					
8	517	McHendry, Janette WCOC	1:39:45	7:18	17:28	35:06	39:39	50:15	1:02:30	1:22:07	1:32:39	1:37:32	1:39:45					
				7:18	10:10	17:38	4:33	10:36	12:15	19:37	10:32	4:53	2:13					
	184	Stansfield, Josie FVO	mp	4:17	9:57	17:55	20:37	26:11	----	----	----	----	1:09:55					
				4:17	5:40	7:58	2:42	5:34					43:44					
W55L (15)				4.4 km 145 m			12 C											
				1(116)	2(197)	3(200)	4(141)	5(124)	6(212)	7(209)	8(207)	9(129)	10(142)	11(144)	12(143)	Finish		
1	479	Somers-Cocks, Cha LOC	57:58	5:37	8:30	12:04	18:04	27:52	32:53	36:13	40:49	45:38	51:10	53:25	56:50	57:58		
				5:37	2:53	3:34	6:00	9:48	5:01	3:20	4:36	4:49	5:32	2:15	3:25	1:08		
2	800	Cunningham, Aliso ESOC	1:06:39	5:55	8:57	12:04	26:36	35:32	41:09	44:20	50:22	53:47	1:00:15	1:02:41	1:05:23	1:06:39		
				5:55	3:02	3:07	14:32	8:56	5:37	3:11	6:02	3:25	6:28	2:26	2:42	1:16		
3	129	Gomersall, Lesley GRAMP	1:07:09	6:01	9:43	15:34	21:36	32:05	38:00	41:26	49:02	52:57	1:00:16	1:02:53	1:06:03	1:07:09		
				6:01	3:42	5:51	6:02	10:29	5:55	3:26	7:36	3:55	7:19	2:37	3:10	1:06		
4	524	Haley, Ann INT	1:10:22	12:33	15:39	18:39	29:07	39:08	44:40	48:21	53:17	56:39	1:03:30	1:05:54	1:09:14	1:10:22		
				12:33	3:06	3:00	10:28	10:01	5:32	3:41	4:56	3:22	6:51	2:24	3:20	1:08		
5	968	Dean, Hazel FVO	1:10:41	5:17	8:32	12:12	17:00	45:21	50:07	52:52	56:29	59:13	1:04:46	1:06:47	1:09:36	1:10:41		
				5:17	3:15	3:40	4:48	28:21	4:46	2:45	3:37	2:44	5:33	2:01	2:49	1:05		
6	615	Longhurst, Louise FVO	1:10:50	6:47	10:03	13:29	25:56	37:54	43:07	46:49	52:18	55:21	1:03:19	1:06:24	1:09:34	1:10:50		
				6:47	3:16	3:26	12:27	11:58	5:13	3:42	5:29	3:03	7:58	3:05	3:10	1:16		
7	75	Skinner, Susan WCOC	1:14:34	10:45	15:06	17:33	24:55	39:09	45:02	49:29	54:37	58:48	1:06:48	1:09:28	1:13:08	1:14:34		
				10:45	4:21	2:27	7:22	14:14	5:53	4:27	5:08	4:11	8:00	2:40	3:40	1:26		

Pl	tno	Name	Time														
W55L (15)				4.4 km 145 m 12 C (cont.)													
				1(116)	2(197)	3(200)	4(141)	5(124)	6(212)	7(209)	8(207)	9(129)	10(142)	11(144)	12(143)	Finish	
8	563	Getliff, Frances MAROC	1:26:01	7:10	22:59	27:06	36:33	48:26	55:04	59:11	1:05:31	1:08:53	1:16:05	1:19:32	1:24:22	1:26:01	
9	176	Wood, Judith PFO	1:35:37	7:10	15:49	4:07	9:27	11:53	6:38	4:07	6:20	3:22	7:12	3:27	4:50	1:39	
10	610	Martin, Clare MAROC	1:42:10	9:05	18:46	24:25	36:06	54:21	1:02:13	1:06:49	1:16:46	1:20:17	1:27:15	1:30:07	1:34:13	1:35:37	
11	497	Goodwin, Deborah WCOG	1:56:50	9:05	9:41	5:39	11:41	18:15	7:52	4:36	9:57	3:31	6:58	2:52	4:06	1:24	
				6:27	13:08	17:01	36:54	52:40	59:15	1:03:13	1:09:13	1:26:20	1:33:57	1:37:23	1:40:38	1:42:10	
				6:27	6:41	3:53	19:53	15:46	6:35	3:58	6:00	17:07	7:37	3:26	3:15	1:32	
				8:05	19:22	25:53	54:23	1:08:14	1:16:19	1:22:19	1:32:19	1:36:04	1:47:39	1:51:10	1:54:58	1:56:50	
				8:05	11:17	6:31	28:30	13:51	8:05	6:00	10:00	3:45	11:35	3:31	3:48	1:52	
	170	McLeod, Marsela INVOC	mp	5:21	7:58	11:21	-----	-----	-----	-----	-----	-----	-----	-----	1:04:27	1:06:22	
				5:21	2:37	3:23									53:06	1:55	
	921	Parker, Karen BL	mp	6:10	9:36	16:23	53:58	1:04:08	1:09:35	1:17:32	1:22:55	1:26:26	-----	1:35:28	1:38:56	1:40:21	
				6:10	3:26	6:47	37:35	10:10	5:27	7:57	5:23	3:31	-----	9:02	3:28	1:25	
	423	Johnston, Fiona RR	mp	9:01	19:58	28:19	40:04	1:01:31	1:30:16	1:35:50	1:45:26	-----	-----	-----	-----	2:33:14	
				9:01	10:57	8:21	11:45	21:27	28:45	5:34	9:36	-----	-----	-----	-----	47:48	
	410	Dakin, Jacky SYO	dnf	8:17	12:55	29:34	1:00:51	-----	-----	-----	-----	-----	-----	1:31:50	1:36:39	1:38:41	
				8:17	4:38	16:39	31:17							30:59	4:49	2:02	
W55S (2)				2.9 km 100 m 10 C													
				1(113)	2(116)	3(141)	4(132)	5(128)	6(127)	7(133)	8(142)	9(144)	10(143)	Finish			
1	977	Rush, Ella May BOK	1:33:48	3:40	9:47	22:52	47:46	52:30	55:38	1:04:47	1:24:16	1:27:47	1:32:41	1:33:48			
				3:40	6:07	13:05	24:54	4:44	3:08	9:09	19:29	3:31	4:54	1:07			
	193	Chapman, Carole MOR	mp	4:43	10:08	23:04	28:05	34:15	37:07	-----	1:08:32	1:12:30	1:18:12	1:19:58	1:15:19		
				4:43	5:25	12:56	5:01	6:10	2:52		31:25	3:58	5:42	1:46	*213		
W60L (5)				4.4 km 145 m 12 C													
				1(116)	2(197)	3(200)	4(141)	5(124)	6(212)	7(209)	8(207)	9(129)	10(142)	11(144)	12(143)	Finish	
1	903	Scrugham, Maggie ESOC	1:19:45	6:29	10:44	15:02	22:20	36:25	52:58	56:38	1:02:05	1:04:56	1:11:27	1:14:11	1:18:13	1:19:45	
				6:29	4:15	4:18	7:18	14:05	16:33	3:40	5:27	2:51	6:31	2:44	4:02	1:32	
2	624	Lindsay, Sally ESOC	1:21:20	7:21	11:46	15:15	24:34	42:40	50:01	54:10	1:00:49	1:04:42	1:13:15	1:16:22	1:19:50	1:21:20	
				7:21	4:25	3:29	9:19	18:06	7:21	4:09	6:39	3:53	8:33	3:07	3:28	1:30	
3	738	Coombs, Trish MAROC	1:28:15	7:14	11:32	15:21	23:50	51:34	58:02	1:02:16	1:08:29	1:11:52	1:20:11	1:23:10	1:26:45	1:28:15	
				7:14	4:18	3:49	8:29	27:44	6:28	4:14	6:13	3:23	8:19	2:59	3:35	1:30	
4	92	Robinson, Christin LOC	1:30:06	7:32	11:37	15:11	23:58	45:04	53:13	58:19	1:04:39	1:08:21	1:18:48	1:24:17	1:28:18	1:30:06	
				7:32	4:05	3:34	8:47	21:06	8:09	5:06	6:20	3:42	10:27	5:29	4:01	1:48	
5	228	McAdam, Pauline RR	1:32:59	6:41	11:45	24:18	36:56	52:49	59:46	1:05:54	1:12:48	1:16:42	1:25:06	1:28:26	1:31:42	1:32:59	
				6:41	5:04	12:33	12:38	15:53	6:57	6:08	6:54	3:54	8:24	3:20	3:16	1:17	
W60S (1)				2.9 km 100 m 10 C													
				1(113)	2(116)	3(141)	4(132)	5(128)	6(127)	7(133)	8(142)	9(144)	10(143)	Finish			
	925	Batts, Lorraine CLOK	mp	6:52	15:02	39:19	-----	-----	-----	-----	1:10:20	-----	-----	1:30:09			
				6:52	8:10	24:17					31:01			19:49			
W65L (4)				3.3 km 120 m 9 C													
				1(114)	2(197)	3(195)	4(192)	5(194)	6(200)	7(133)	8(144)	9(143)	Finish				
1	81	Nisbet, Janice ESOC	1:02:31	5:02	11:11	20:45	23:04	27:12	33:35	44:59	57:15	1:01:00	1:02:31				
				5:02	6:09	9:34	2:19	4:08	6:23	11:24	12:16	3:45	1:31				
2	107	Kiddier, Christine BL	1:06:09	4:30	11:42	19:39	21:57	28:14	39:44	54:25	1:00:40	1:04:55	1:06:09				
				4:30	7:12	7:57	2:18	6:17	11:30	14:41	6:15	4:15	1:14				

Pl	tno	Name	Time												
W65L (4)															
				3.3 km 120 m		9 C		<i>(cont.)</i>							
				1(114)	2(197)	3(195)	4(192)	5(194)	6(200)	7(133)	8(144)	9(143)	Finish		
3	500	Gipsle, Inara	1:07:39	5:23	12:55	28:04	29:50	34:34	42:00	55:26	1:01:27	1:05:49	1:07:39		
		TVOC		5:23	7:32	15:09	1:46	4:44	7:26	13:26	6:01	4:22	1:50		
	777	Dagleish, Margaret	dnf	5:22	-----	-----	-----	-----	-----	-----	-----	-----			
		ESOC		5:22											
W70L (4)															
				3.3 km 120 m		9 C									
				1(114)	2(197)	3(195)	4(192)	5(194)	6(200)	7(133)	8(144)	9(143)	Finish		
1	99	Rosen, Miriam	58:26	6:46	12:57	21:30	24:04	29:28	35:40	46:33	53:16	56:42	58:26		
		SROC		6:46	6:11	8:33	2:34	5:24	6:12	10:53	6:43	3:26	1:44		
2	220	Strain, Sheila	1:04:13	5:08	11:09	19:09	22:07	27:26	37:52	49:42	57:56	1:02:35	1:04:13		
		ELO		5:08	6:01	8:00	2:58	5:19	10:26	11:50	8:14	4:39	1:38		
3	202	Carmichael, Trish	1:14:21	6:15	13:37	24:41	27:30	43:08	49:57	1:01:05	1:07:55	1:12:32	1:14:21		
		TINTO		6:15	7:22	11:04	2:49	15:38	6:49	11:08	6:50	4:37	1:49		
4	247	Stevenson, Anne	1:41:12	4:33	15:03	35:18	37:41	57:42	1:04:10	1:18:29	1:36:15	1:39:31	1:41:12		
		ESOC		4:33	10:30	20:15	2:23	20:01	6:28	14:19	17:46	3:16	1:41		
W75 (3)															
				2.9 km 100 m		10 C									
				1(113)	2(116)	3(141)	4(132)	5(128)	6(127)	7(133)	8(142)	9(144)	10(143)	Finish	
1	342	Pyrah, Eleanor	1:19:23	4:29	10:09	33:47	39:15	45:23	48:20	56:28	1:04:15	1:13:24	1:17:48	1:19:23	
		ESOC		4:29	5:40	23:38	5:28	6:08	2:57	8:08	7:47	9:09	4:24	1:35	
	44	Rhodes, Ruth	mp	10:11	17:52	48:11	55:06	-----	1:31:39	-----	-----	-----	-----	1:59:08	
		SO		10:11	7:41	30:19	6:55		36:33					27:29	
241	Powell, Judith	AIRE	mp	7:06	14:31	33:30	-----	1:05:52	1:12:01	1:29:34	1:44:28	1:51:52	1:59:37	2:02:28	44:47
				7:06	7:25	18:59		32:22	6:09	17:33	14:54	7:24	7:45	2:51	*133