

Pl	tno	Name	Time												
Short (26)				3.3 km 95 m				12 C							
				1(116)	2(119)	3(111)	4(125)	5(117)	6(115)	7(129)	8(122)	9(123)	10(128)	11(126)	12(127) F
1	16	Tivendale, Andy	50:06	3:34	10:10	16:35	19:51	23:53	26:20	27:54	31:22	34:53	37:48	43:01	49:06 50:06
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2	14	Mason, Abigail	50:07	2:25	6:23	10:33	14:05	25:57	27:12	29:56	32:36	35:30	37:59	43:18	48:59 50:07
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6	39	Ricketts, Trevor	56:36	4:10	8:59	14:02	18:01	23:28	25:17	27:21	32:45	36:36	40:25	46:30	55:21 56:36
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7	21	Wright, Joseph	57:35	6:11	10:28	14:25	17:59	29:24	30:35	37:11	39:18	41:52	44:26	51:16	56:28 57:35
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24	29	Craig, Peter	1:45:10	14:44	22:44	46:19	51:35	56:36	58:20	1:06:03	1:12:15	1:17:48	1:22:27	1:32:12	1:43:45 1:45:10
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26		Rowlands, Helen	dnf	4:22	19:09	33:03	38:23	44:51	52:18	-----	-----	-----	-----	1:15:09	----- 1:28:48
		GRAMP		4:22	14:47	13:54	5:20	6:28	7:27					22:51	13:39

Pl	tno	Name	Time														
Long (15)				5.6 km 150 m 18 C													
				1(112) 15(118)	2(113) 16(121)	3(114) 17(126)	4(110) 18(127)	5(112) F	6(116)	7(107)	8(124)	9(119)	10(120)	11(125)	12(111)	13(115)	14(117)
1	34	Chepelin, Alexander GRAMP	54:38	3:15 3:15 45:06 1:48	5:39 2:24 46:58 1:52	8:49 3:10 49:19 2:21	12:41 3:52 53:46 4:27	13:40 0:59 54:38 0:52	16:54 3:14	22:30 5:36	24:55 2:25	30:51 5:56	33:55 3:04	37:36 3:41	39:32 1:56	42:22 2:50	43:18 0:56
2	6	Musgrave, Jonathan MAROC	55:09	4:05 4:05 46:12 2:10	6:46 2:41 47:53 1:41	11:25 4:39 50:19 2:26	13:24 1:59 54:25 4:06	14:53 1:29 55:09 0:44	18:15 3:22	23:26 5:11	25:51 2:25	31:52 6:01	34:02 2:10	37:35 3:33	39:31 1:56	42:54 3:23	44:02 1:08
3	11	Coombs, Roger MAROC	1:10:24	4:37 4:37 56:52 1:48	10:44 6:07 59:12 2:20	13:06 2:22 1:02:00 2:48	15:23 2:17 1:08:40 6:40	16:41 1:18 1:10:24 1:44	20:33 3:52	27:32 6:59	30:48 3:16	38:06 7:18	40:53 2:47	45:44 4:51	48:53 3:09	52:59 4:06	55:04 2:05
4	13	McMillan, Rhona MAROC	1:12:56	8:19 8:19 1:00:59 1:51	12:16 3:57 1:03:02 2:03	15:00 2:44 1:05:59 2:57	17:07 2:07 1:11:54 5:55	18:13 1:06 1:12:56 1:02	23:15 5:02	31:00 7:45	34:37 3:37	42:07 7:30	44:54 2:47	49:45 4:51	53:20 3:35	57:30 4:10	59:08 1:38
5	33	Ricketts, Jennifer MAROC	1:15:45	4:12 4:12 1:02:03 3:44	7:19 3:07 1:07:22 5:19	11:03 3:44 1:09:47 2:25	12:47 1:44 1:14:43 4:56	14:00 1:13 1:15:45 1:02	17:18 3:18	23:52 6:34	28:44 4:52	35:49 7:05	39:23 3:34	43:29 4:06	51:39 8:10	56:57 5:18	58:19 1:22
6	4	Harwood, Eddie MOR	1:17:18	4:45 4:45 1:01:37 2:51	8:14 3:29 1:04:16 2:39	13:18 5:04 1:09:27 5:11	15:49 2:31 1:15:47 6:20	17:56 2:07 1:17:18 1:31	21:53 3:57	28:45 6:52	32:10 3:25	39:22 7:12	42:29 3:07	47:17 4:48	50:32 3:15	57:07 6:35	58:46 1:39
7	2	McMurtrie, Andrew MAROC	1:22:04	4:36 4:36 1:10:22 2:12	7:51 3:15 1:12:21 1:59	10:02 2:11 1:15:02 2:41	12:45 2:43 1:21:05 6:03	14:01 1:16 1:22:04 0:59	18:03 4:02	31:16 13:13	35:30 4:14	46:49 11:19	49:37 2:48	55:29 5:52	58:11 2:42	1:06:44 8:33	1:08:10 1:26
8	9	Gomersall, Sam GRAMP	1:30:20	10:23 10:23 1:14:36 2:40	14:44 4:21 1:17:32 2:56	18:30 3:46 1:21:13 3:41	20:41 2:11 1:28:59 7:46	22:27 1:46 1:30:20 1:21	27:44 5:17	34:42 6:58	38:18 3:36	46:58 8:40	50:03 3:05	55:03 5:00	59:40 4:37	1:09:49 10:09	1:11:56 2:07
9	7	Hickling, Robert GRAMP	1:31:18	5:52 5:52 1:09:00 3:51	9:16 3:24 1:12:53 3:53	14:21 5:05 1:16:14 3:21	16:58 2:37 1:29:58 13:44	18:52 1:54 1:31:18 1:20	22:46 3:54	31:58 9:12	36:07 4:09	44:08 8:01	47:52 3:44	53:20 5:28	57:31 4:11	1:03:10 5:39	1:05:09 1:59
10	5	Hamilton, Ian GRAMP	1:36:40	4:55 4:55 1:15:21 2:21	9:15 4:20 1:23:38 8:17	12:23 3:08 1:27:56 4:18	19:19 6:56 1:35:34 7:38	20:59 1:40 1:36:40 1:06	25:22 4:23	33:17 7:55	37:20 4:03	45:43 8:23	50:17 4:34	55:25 5:08	58:59 3:34	1:04:12 5:13	1:13:00 8:48
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	12	Matheson, Colin MOR	mp	8:53 8:53 1:11:24 2:50	----- ----- ----- -----	----- ----- ----- -----	----- 1:36:50 25:26 2:00	----- 1:38:50 2:00	31:04 22:11	----- -----	----- -----	39:39 8:35	43:30 3:51	49:57 6:27	53:48 3:51	1:05:13 11:25	1:08:34 3:21

