

Pl	tno	Name	Time														
Short (24)				3.4 km			9 C										
				1(111)	2(118)	3(117)	4(116)	5(113)	6(114)	7(116)	8(119)	9(124)	F				
1	3	Mason, Abigail MAROC	30:12	1:51 1:51	6:30 4:39	9:01 2:31	11:10 2:09	16:23 5:13	18:42 2:19	21:55 3:13	25:22 3:27	29:26 4:04	30:12 0:46				
2	6	Chapman, Jake MAROC	31:58	2:05 2:05	10:09 8:04	12:40 2:31	14:27 1:47	18:16 3:49	20:44 2:28	23:42 2:58	27:22 3:40	31:13 3:51	31:58 0:45				
3	4	Low, Chris MAROC	35:45	1:30 1:30	5:39 4:09	8:32 2:53	12:03 3:31	19:08 7:05	22:46 3:38	26:25 3:39	30:35 4:10	35:03 4:28	35:45 0:42				
4	12	Walker, Alistair MAROC	37:49	2:16 2:16	8:06 5:50	10:45 2:39	12:30 1:45	20:39 8:09	25:26 4:47	29:46 4:20	33:22 3:36	37:08 3:46	37:49 0:41				
5	35	Ricketts, Trevor MAROC	37:55	1:28 1:28	4:45 3:17	8:50 4:05	11:19 2:29	19:46 8:27	24:02 4:16	28:04 4:02	32:42 4:38	37:02 4:20	37:55 0:53				
6	21	McLean, Neil GRAMP	39:16	1:47 1:47	6:56 5:09	9:59 3:03	12:15 2:16	17:31 5:16	23:07 5:36	28:23 5:16	33:12 4:49	38:06 4:54	39:16 1:10				
7	13	Wright, Joseph MAROC	40:47	1:35 1:35	5:12 3:37	9:42 4:30	14:14 4:32	25:35 11:21	29:12 3:37	32:25 3:13	35:45 3:20	40:11 4:26	40:47 0:36				
8	31	Anderson, Murray GRAMP	41:41	2:01 2:01	6:52 4:51	16:57 10:05	19:17 2:20	24:34 5:17	28:40 4:06	32:32 3:52	35:55 3:23	40:54 4:59	41:41 0:47				
9	33	Campbell, P GRAMP	42:41	2:37 2:37	7:07 4:30	10:23 3:16	13:17 2:54	19:20 6:03	25:10 5:50	30:16 5:06	34:47 4:31	41:50 7:03	42:41 0:51				
10	32	Green, Nicholas INVOC	43:26	1:27 1:27	5:55 4:28	9:15 3:20	12:36 3:21	19:40 7:04	26:17 6:37	32:33 6:16	37:30 4:57	42:32 5:02	43:26 0:54				
11	28	Yardley, Gareth GRAMP	44:36	2:01 2:01	12:31 10:30	15:59 3:28	18:57 2:58	24:27 5:30	28:57 4:30	34:19 5:22	38:44 4:25	43:44 5:00	44:36 0:52				
12	25	Parkes, Mathew GRAMP	45:11	3:05 3:05	7:45 4:40	11:46 4:01	15:27 3:41	24:27 9:00	28:28 4:01	34:22 5:54	38:51 4:29	43:59 5:08	45:11 1:12				
13	23	Esson, David GRAMP	46:12	2:31 2:31	7:39 5:08	11:34 3:55	14:05 2:31	24:42 10:37	29:43 5:01	34:28 4:45	39:37 5:09	45:08 5:31	46:12 1:04				
14	10	Roberts, Keith MAROC	48:50	1:46 1:46	6:47 5:01	14:42 7:55	16:35 1:53	22:05 5:30	31:12 9:07	35:43 4:31	40:14 4:31	47:58 7:44	48:50 0:52				
15	20	Gomersall, Lesley GRAMP	49:46	2:43 2:43	7:43 5:00	10:46 3:03	13:23 2:37	23:09 9:46	32:53 9:44	38:44 5:51	43:31 4:47	48:52 5:21	49:46 0:54				
16	29	Getliff, Frances MAROC	53:43	3:41 3:41	10:38 6:57	14:43 4:05	18:25 3:42	30:08 11:43	37:48 7:40	42:15 4:27	46:35 4:20	52:22 5:47	53:43 1:21				
17	7	Craig, Peter MAROC	57:20	2:32 2:32	8:22 5:50	12:55 4:33	15:31 2:36	23:24 7:53	29:44 6:20	35:39 5:55	49:45 14:06	56:14 6:29	57:20 1:06				
18	22	Scott, Rachel GRAMP	1:03:04	3:01 3:01	13:24 10:23	17:28 4:04	22:11 4:43	32:17 10:06	42:38 10:21	49:01 6:23	55:00 5:59	1:01:43 6:43	1:03:04 1:21				
19	30	Lang, John GRAMP	1:03:34	2:03 2:03	9:41 7:38	12:25 2:44	14:47 2:22	44:21 29:34	48:14 3:53	53:40 5:26	58:19 4:39	1:02:46 4:27	1:03:34 0:48				
20	34	O'Gorman, Neil TAY	1:06:57	2:12 2:12	17:35 15:23	24:30 6:55	27:15 2:45	34:05 6:50	39:12 5:07	51:03 11:51	56:59 5:56	1:06:00 9:01	1:06:57 0:57				
21	27	Hickling, Jen GRAMP	1:12:08	3:11 3:11	8:37 5:26	13:25 4:48	21:19 7:54	47:10 25:51	52:39 5:29	59:19 6:40	1:05:24 6:05	1:10:59 5:35	1:12:08 1:09				
	5	Chapman, Alistair MAROC	dnf	3:57 3:57	17:21 13:24	22:32 5:11	27:15 4:43	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----				
	24	Lawrence, Pete GRAMP	dnf	1:46 1:46	6:24 4:38	8:59 2:35	10:42 1:43	17:23 6:41	----- -----	----- -----	----- -----	----- -----	----- -----				
	15	Bryant, David MAROC	dnf	3:01 3:01	8:28 5:27	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----				
Long (12)				5.7 km			16 C										
				1(110) 15(112)	2(112) 16(124)	3(122) F	4(123)	5(121)	6(117)	7(116)	8(114)	9(113)	10(116)	11(118)	12(120)	13(121)	14(118)
1	1	Musgrave, Jonathan MAROC	46:13	1:31 1:31 43:01 2:13	3:22 1:51 45:33 2:32	6:05 2:43 46:13 0:40	8:48 2:43	11:02 2:14	15:23 4:21	16:41 1:18	19:52 3:11	24:41 4:49	27:29 2:48	31:07 3:38	33:05 1:58	35:47 2:42	40:48 5:01
2	11	Tivendale, Drew MAROC	46:41	1:12 1:12 43:16 2:00	2:52 1:40 46:06 2:50	4:51 1:59 46:41 0:35	7:19 2:28	9:26 2:07	13:33 4:07	15:45 2:12	18:42 2:57	25:07 6:25	28:46 3:39	33:15 4:29	35:11 1:56	37:34 2:23	41:16 3:42
3	2	McMurtrie, Andrew MAROC	49:05	1:34 1:34 45:22 2:26	3:46 2:12 48:27 3:05	7:00 3:14 49:05 0:38	9:07 2:07	11:46 2:39	19:21 7:35	20:47 1:26	23:59 3:12	27:41 3:42	30:54 3:13	34:47 3:53	37:02 2:15	39:38 2:36	42:56 3:18
4	36	McMurtrie, Ross MAROC	50:10	1:21 1:21 46:19 1:43	3:09 1:48 49:34 3:15	6:18 3:09 50:10 0:36	8:33 2:15	11:15 2:42	16:50 5:35	18:28 1:38	22:05 3:37	25:43 3:38	29:07 3:24	33:27 4:20	38:27 5:00	41:03 2:36	44:36 3:33
5	8	Dunn, Sarah MAROC	54:37	1:29 1:29 50:10 4:35	3:45 2:16 53:53 3:43	6:05 2:20 54:37 0:44	8:09 2:04	11:06 2:57	17:09 6:03	18:57 1:48	23:34 4:37	27:20 3:46	31:22 4:02	35:51 4:29	38:20 2:29	41:58 3:38	45:35 3:37
6	14	Ricketts, Jennifer MAROC	59:14	1:51 1:51 55:02 2:11	4:02 2:11 58:33 3:31	8:11 4:09 59:14 0:41	11:19 3:08	14:10 2:51	20:40 6:30	22:29 1:49	26:25 3:56	31:00 4:35	36:56 5:56	41:21 4:25	44:07 2:46	48:33 4:26	52:51 4:18

[illegible]