

Place	Name	Club	Age Clas	Time
Short (24)			3.4 km	9 C
1	Mason, Abigail	MAROC	W14	30:12
2	Chapman, Jake	MAROC	M14	31:58
3	Low, Chris	MAROC	M50	35:45
4	Walker, Alistair	MAROC	M16	37:49
5	Ricketts, Trevor	MAROC	M50	37:55
6	McLean, Neil	GRAMP	M70	39:16
7	Wright, Joseph	MAROC	M14	40:47
8	Anderson, Murray	GRAMP	M45	41:41
9	Campbell, P	GRAMP	M21	42:41
10	Green, Nicholas	INVOC	M50	43:26
11	Yardley, Gareth	GRAMP	M45	44:36
12	Parkes, Mathew	GRAMP	M35	45:11
13	Esson, David	GRAMP	M21	46:12
14	Roberts, Keith	MAROC	M50	48:50
15	Gomersall, Lesley	GRAMP	W50	49:46
16	Getliff, Frances	MAROC	W50	53:43
17	Craig, Peter	MAROC	M65	57:20
18	Scott, Rachel	GRAMP	W45	1:03:04
19	Lang, John	GRAMP	M45	1:03:34
20	O'Gorman, Neil	TAY	M40	1:06:57
21	Hickling, Jen	GRAMP		1:12:08
	Chapman, Alistair	MAROC	M12	dnf
	Lawrence, Pete	GRAMP	M50	dnf
	Bryant, David	MAROC	M50	dnf

Long (12)			5.7 km	16 C
1	Musgrave, Jonathan	MAROC	M50	46:13
2	Tivendale, Drew	MAROC	M40	46:41
3	McMurtrie, Andrew	MAROC	M45	49:05
4	McMurtrie, Ross	MAROC	M16	50:10
5	Dunn, Sarah	MAROC	W45	54:37
6	Ricketts, Jennifer	MAROC	W16	59:14
7	Gomersall, Sam	GRAMP	M50	59:32
8	Kerridge, Donald	MAROC	M45	1:04:29
9	Hickling, Robert	GRAMP	M55	1:05:37
10	Hamilton, Ian	GRAMP	M50	1:09:08
11	Harwood, Eddie	MOR	M60	1:26:26
12	Caffyn, Bill	GRAMP	M55	1:38:03