



Pl	Stno	Name	Time														
<b>Green (29)</b>				<b>3.9 km</b>	<b>190 m</b>	<b>15 C</b>											
				1(204)	2(212)	3(146)	4(128)	5(115)	6(143)	7(123)	8(208)	9(137)	10(220)	11(142)	12(116)	13(127)	14(104)
				15(125)	F												
1	12	Sam Gomersall GRAMP	36:22	2:47 2:47 33:51	5:06 2:19 36:22	6:53 1:47	9:11 2:18 6:54	9:49 0:38	13:58 4:09	16:21 2:23	17:59 1:38	20:35 2:36	23:26 2:51	25:09 1:43	26:51 1:42	29:56 3:05	31:14 1:18
2	4	Calum McLeod GRAMP	36:32	2:27 2:27 34:10	4:43 2:16 36:32	6:28 1:45	8:58 2:30	9:53 0:55	14:02 4:09	16:23 2:21	18:23 2:00	20:46 2:23	23:13 2:27	25:11 1:58	26:47 1:36	29:48 3:01	31:10 1:22
3	27	John Wilkinson GRAMP	38:06	2:40 2:40 35:12	4:47 2:07 38:06	6:27 1:40	9:17 2:50	10:05 0:48	14:18 4:13	16:58 2:40	19:05 2:07	21:43 2:38	24:19 2:36	26:19 2:00	28:01 1:42	31:15 3:14	32:38 1:23
4	11	Jack Gomersall GRAMP	38:09	2:19 2:19 35:48	4:32 2:13 38:09	6:20 1:48	8:43 2:23	9:31 0:48	14:10 4:39	18:04 3:54	19:59 1:55	22:20 2:21	24:38 2:18	26:29 1:51	28:37 2:08	31:51 3:14	33:17 1:26
5	7	Paul McMillan MAROC	39:04	2:26 2:26 36:19	4:46 2:20 39:04	6:22 1:36	10:52 4:30	11:30 0:38	15:41 4:11	18:05 2:24	20:35 2:30	23:00 2:25	25:38 2:38	27:13 1:35	29:20 2:07	32:30 3:10	33:43 1:13
6	17	Chris Low MAROC	40:48	2:24 2:24 38:01	4:31 2:07 40:48	6:26 1:55	10:36 4:10	11:13 0:37	15:18 4:05	18:29 3:11	20:46 2:17	24:17 3:31	27:03 2:46	28:48 1:45	30:40 1:52	33:58 3:18	35:12 1:14
7	26	Ian Hamilton GRAMP	40:58	2:43 2:43 38:05	4:59 2:16 40:58	6:44 1:45	10:29 3:45	11:13 0:44	15:43 4:30	19:01 3:18	21:07 2:06	23:31 2:24	26:22 2:51	28:23 2:01	30:37 2:14	34:15 3:38	35:41 1:26
8	18	Stephen Spencer MAROC	41:01	2:37 2:37 37:57	5:12 2:35 41:01	7:12 2:00	9:41 2:29	10:35 0:54	15:20 4:45	18:49 3:29	20:55 2:06	23:30 2:35	26:13 2:43	28:12 1:59	30:05 1:53	33:35 3:30	34:45 1:10
9	20	David Kirk GRAMP	41:12	2:40 2:40 38:18	5:29 2:49 41:12	7:24 1:55	9:58 2:34	10:50 0:52	15:38 4:48	18:38 3:00	20:21 1:43	23:01 2:40	26:13 3:12	28:09 1:56	30:38 2:29	33:54 3:16	35:16 1:22
10	5	Ewan McMillan MAROC	41:48	4:14 4:14 38:56	6:57 2:43 41:48	8:53 1:56	11:48 2:55	12:41 0:53	17:31 4:50	21:30 3:59	23:13 1:43	25:39 2:26	28:13 2:34	29:49 1:36	32:49 3:00	35:34 2:45	36:31 0:57
11	8	Jessica Mason MAROC	41:57	2:29 2:29 39:03	5:33 3:04 41:57	7:11 1:38	9:41 2:30	10:32 0:51	14:50 4:18	17:45 2:55	19:31 1:46	21:55 2:24	24:38 2:43	26:19 1:41	28:05 1:46	31:36 3:31	33:02 1:26
12	29	Robert Daly GRAMP	42:17	3:22 3:22 39:05	5:52 2:30 42:17	7:44 1:52	9:52 2:08	10:44 0:52	15:07 4:23	20:31 5:24	22:22 1:51	24:39 2:17	27:20 2:41	29:27 2:07	31:44 2:17	35:05 3:21	36:25 1:20
13	19	Jake Chapman MAROC	43:08	3:34 3:34 40:06	5:51 2:17 43:08	8:13 2:22	10:25 2:12	11:13 0:48	15:40 4:27	18:55 3:15	20:39 1:44	23:13 2:34	25:39 2:26	28:19 2:40	30:11 1:52	36:13 6:02	37:58 1:45
14	3	Carolyn McLeod GRAMP	45:21	3:18 3:18 42:34	6:09 2:51 45:21	8:03 1:54	10:51 2:48	11:52 1:01	16:27 4:35	19:23 2:56	26:15 6:52	28:41 2:26	31:21 2:40	33:06 1:45	35:04 1:58	38:10 3:06	39:30 1:20
15	9	John Mason MAROC	46:40	3:04 2:57 43:32	2:47 9:24 46:40	11:49 2:25	14:31 2:42	15:20 0:49	19:39 4:19	23:21 3:42	25:13 1:52	27:50 2:37	31:12 3:22	33:06 1:54	35:14 2:08	38:36 3:22	40:45 2:09
16	2	Iain McLeod GRAMP	47:09	3:01 3:01 43:17	6:02 3:01 47:09	8:43 2:41	11:08 2:25	12:12 1:04	17:33 5:21	21:20 3:47	23:45 2:25	26:28 2:43	29:40 3:12	31:55 2:15	33:57 2:02	37:31 3:34	39:27 1:56
17	23	Trevor Ricketts MAROC	48:41	2:39 2:39 45:53	5:21 2:42 48:41	7:37 2:16	10:11 2:34	11:02 0:51	15:26 4:24	18:03 2:37	19:44 1:41	22:17 2:33	25:02 2:45	27:02 2:00	29:07 2:05	32:19 3:12	33:47 1:28
18	13	Lesley Gomersall GRAMP	50:27	5:00 5:00 46:32	7:53 2:53 50:27	10:17 2:24	13:15 2:58	14:16 1:01	19:43 5:27	22:46 3:03	25:07 2:21	28:54 3:47	32:23 3:29	34:45 2:22	37:00 2:15	41:19 4:19	43:05 1:46
19	21	Robin Skinner MAROC	52:03	3:27 2:50 48:58	3:55 6:01 52:03	7:48 1:47	11:01 3:13	11:44 0:43	18:08 6:24	21:50 3:42	24:18 2:28	26:37 2:19	29:31 2:54	38:33 9:02	40:05 1:32	43:34 3:29	45:13 1:39
20	24	Iain Barraclough GRAMP	54:00	4:09 4:09 50:48	7:38 3:29 54:00	10:01 2:23	14:04 4:03	15:05 1:01	20:19 5:14	23:34 3:15	26:08 2:34	29:33 3:25	34:07 4:34	36:13 2:06	42:29 6:16	46:10 3:41	47:50 1:40
21	16	Jonathan Smith GRAMP	58:31	3:23 3:23 55:09	6:58 3:35 58:31	9:38 2:40	13:20 3:42	14:35 1:15	20:23 5:48	23:42 3:19	26:01 2:19	30:10 4:09	33:39 3:29	36:02 2:23	45:27 9:25	49:19 3:52	51:35 2:16
22	28	Jonathan Lenton MAROC	1:01:31	4:20 4:20 58:26	8:03 3:43 1:01:31	11:10 3:07	17:08 5:58	18:17 1:09	24:37 6:20	28:40 4:03	31:51 3:11	34:57 3:06	38:06 3:09	46:16 8:10	49:53 3:37	53:28 3:35	55:17 1:49
23	15	Aileen Salway MAROC	1:02:04	4:55 4:55 57:48	8:45 3:50 1:02:04	11:37 2:52	16:09 4:32	17:13 1:04	24:03 6:50	30:02 5:59	32:52 2:50	36:23 3:31	40:21 3:58	43:18 2:57	46:11 2:53	51:39 5:28	53:20 1:41

Pl	Stno	Name	Time														
<b>Green (29)</b>				<b>3.9 km 190 m 15 C</b>			<i>(cont.)</i>										
				1(204) 15(125)	2(212) F	3(146)	4(128)	5(115)	6(143)	7(123)	8(208)	9(137)	10(220)	11(142)	12(116)	13(127)	14(104)
<b>24</b>	<b>10</b>	<b>Helen Rowlands</b> <b>GRAMP</b>	<b>1:02:57</b>	4:56 4:56 59:08 4:14	8:32 3:36 1:02:57 3:49	11:21 2:49	14:55 3:34	16:19 1:24	22:46 6:27	28:22 5:36	32:57 4:35	37:25 4:28	41:03 3:38	43:42 2:39	46:51 3:09	52:28 5:37	54:54 2:26
<b>25</b>	<b>22</b>	<b>Lynne Skinner</b> <b>MAROC</b>	<b>1:03:41</b>	6:06 58:58 3:59	10:55 1:03:41 4:43	13:55 3:00	18:17 4:22 13:56 *99	19:24 1:07	25:48 6:24	31:49 6:01	35:00 3:11	38:12 3:12	42:38 4:26	45:24 2:46	48:06 2:42	53:01 4:55	54:59 1:58
<b>26</b>	<b>6</b>	<b>Margaret McMillan</b> <b>MAROC</b>	<b>1:09:01</b>	4:17 4:17 1:04:56 4:01	8:23 4:06 1:09:01 4:05	11:56 3:33	18:42 6:46	19:30 0:48	25:00 5:30	30:47 5:47	33:37 2:50	37:28 3:51	42:41 5:13	51:15 8:34	53:32 2:17	58:47 5:15	1:00:55 2:08
<b>27</b>	<b>25</b>	<b>Genevieve Jones</b> <b>GRAMP</b>	<b>1:24:56</b>	6:40 6:40 1:19:40 4:56	12:02 5:22 1:24:56 5:16	15:46 3:44	23:57 8:11	25:44 1:47	34:14 8:30	39:00 4:46	42:33 3:33	47:17 4:44	53:01 5:44	59:42 6:41	1:04:12 4:30	1:11:45 7:33	1:14:44 2:59
<b>28</b>	<b>61</b>	<b>Elsbeth Hendry</b>	<b>1:43:06</b>	7:07 7:07 1:35:50 5:08	12:21 5:14 1:43:06 7:16	15:13 2:52	20:57 5:44	22:38 1:41	33:44 11:06	38:54 5:10	42:07 3:13	47:19 5:12	53:07 5:48	57:34 4:27	1:01:32 3:58	1:09:15 7:43	1:30:42 21:27
	<b>14</b>	<b>Frances Getliff</b> <b>MAROC</b>	<b>mp</b>	4:19 4:19 53:13 3:52	7:45 3:26 56:46 3:33	12:49 5:04	15:56 3:07 12:51 *99	17:09 1:13	22:07 4:58	-----	29:32 7:25	33:19 3:47	37:02 3:43	39:22 2:20	42:07 2:45	47:34 5:27	49:21 1:47