

Pl	Name	Time	3.3 km 9 C									
			1(113)	2(116)	3(117)	4(118)	5(114)	6(115)	7(147)	8(121)	9(123)	F
1	Calum Mcleod	34:01	5:28	8:00	11:03	13:52	16:22	17:33	22:40	28:37	31:48	34:01
			5:28	2:32	3:03	2:49	2:30	1:11	5:07	5:57	3:11	2:13
2	John Lang	37:51	5:46	8:57	13:00	15:45	18:29	19:44	25:48	32:35	35:32	37:51
			5:46	3:11	4:03	2:45	2:44	1:15	6:04	6:47	2:57	2:19
3	Iain Barraclough	39:18	6:35	9:59	14:11	17:01	20:43	22:18	25:26	34:09	36:51	39:18
			6:35	3:24	4:12	2:50	3:42	1:35	3:08	8:43	2:42	2:27
4	Jennifer Ricketts	42:51	9:25	12:22	16:25	20:07	22:49	23:58	30:45	37:15	40:17	42:51
			9:25	2:57	4:03	3:42	2:42	1:09	6:47	6:30	3:02	2:34
5	Trevor Ricketts	44:53	6:28	9:31	14:02	17:17	23:50	25:15	32:08	39:06	41:57	44:53
			6:28	3:03	4:31	3:15	6:33	1:25	6:53	6:58	2:51	2:56
6	Neil McLean	45:31	8:02	11:28	16:50	19:52	23:36	25:31	29:52	38:46	42:27	45:31
			8:02	3:26	5:22	3:02	3:44	1:55	4:21	8:54	3:41	3:04
7	Evgueni Chepelin	46:09	6:09	9:18	13:33	19:02	22:41	23:56	27:12	40:03	43:29	46:09
			6:09	3:09	4:15	5:29	3:39	1:15	3:16	12:51	3:26	2:40
8	Lachlan Kirk	46:36	6:10	14:21	19:44	23:32	26:55	27:59	31:35	39:40	43:39	46:36
			6:10	8:11	5:23	3:48	3:23	1:04	3:36	8:05	3:59	2:57
9	David Kirk	46:42	6:15	14:26	19:52	23:31	27:00	28:09	31:40	39:47	43:46	46:42
			6:15	8:11	5:26	3:39	3:29	1:09	3:31	8:07	3:59	2:56
10	Evelyn Mason	48:24	7:28	11:39	15:44	24:17	27:35	29:11	32:40	41:18	45:26	48:24
			7:28	4:11	4:05	8:33	3:18	1:36	3:29	8:38	4:08	2:58
11	Ian Searle	48:26	7:37	11:24	16:59	22:50	26:28	28:27	32:53	41:20	44:55	48:26
			7:37	3:47	5:35	5:51	3:38	1:59	4:26	8:27	3:35	3:31
12	Frances Wright	51:31	7:05	10:23	21:24	23:52	27:20	28:40	34:20	43:45	48:20	51:31
			7:05	3:18	11:01	2:28	3:28	1:20	5:40	9:25	4:35	3:11
13	Katrina Mcleod	53:49	7:08	13:31	22:37	26:01	30:00	31:20	35:37	46:00	50:35	53:49
			7:08	6:23	9:06	3:24	3:59	1:20	4:17	10:23	4:35	3:14
14	Steve Spencer	54:19	6:57	10:46	15:03	18:55	21:46	23:07	28:53	46:32	51:04	54:19
			6:57	3:49	4:17	3:52	2:51	1:21	5:46	17:39	4:32	3:15
15	John Wilkinson	55:57	7:25	10:58	15:25	19:07	24:12	26:03	29:49	47:49	51:21	55:57
			7:25	3:33	4:27	3:42	5:05	1:51	3:46	18:00	3:32	4:36
16	Jessica Mason	56:18	7:28	11:02	18:33	22:23	26:06	27:40	41:26	49:29	52:49	56:18
			7:28	3:34	7:31	3:50	3:43	1:34	13:46	8:03	3:20	3:29
17	Ben Preece	57:51	8:49	14:29	20:51	24:54	31:23	33:46	39:14	50:05	54:37	57:51
			8:49	5:40	6:22	4:03	6:29	2:23	5:28	10:51	4:32	3:14
18	Ross McMurtrie	58:30	7:13	10:50	18:24	21:25	24:39	26:11	29:50	41:31	54:12	58:30
			7:13	3:37	7:34	3:01	3:14	1:32	3:39	11:41	12:41	4:18
19	Denise Wright	59:15	8:58	14:13	20:23	24:01	28:44	31:01	38:11	50:28	54:40	59:15
			8:58	5:15	6:10	3:38	4:43	2:17	7:10	12:17	4:12	4:35
20	Carolyn McLeod	59:57	6:57	18:15	23:48	27:10	34:08	36:14	42:12	51:32	56:07	59:57
			6:57	11:18	5:33	3:22	6:58	2:06	5:58	9:20	4:35	3:50
21	Matthew Parkes	1:10:28	7:54	13:22	21:03	29:09	33:24	35:48	51:14	1:02:20	1:07:06	1:10:28
			7:54	5:28	7:41	8:06	4:15	2:24	15:26	11:06	4:46	3:22
22	Lesley Gomersall	1:13:28	7:56	12:45	18:36	23:07	28:09	30:27	35:57	45:14	1:09:28	1:13:28
			7:56	4:49	5:51	4:31	5:02	2:18	5:30	9:17	24:14	4:00
23	Ondrej Masek	1:24:51	6:12	31:23	39:41	42:48	46:30	49:05	53:30	1:18:54	1:22:20	1:24:51
			6:12	25:11	8:18	3:07	3:42	2:35	4:25	25:24	3:26	2:31
24	Genevieve Jone	1:27:38	12:37	18:08	28:38	33:31	38:35	40:46	46:26	59:36	1:23:23	1:27:38
			12:37	5:31	10:30	4:53	5:04	2:11	5:40	13:10	23:47	4:15
25	Rachel Scott	1:29:11	9:31	23:55	31:31	51:18	57:32	59:42	1:05:15	1:17:45	1:23:45	1:29:11
			9:31	14:24	7:36	19:47	6:14	2:10	5:33	12:30	6:00	5:26
	Iain McLeod		-----	-----	-----	-----	-----	-----	-----	-----	-----	11:00:00 *250
	Nicholas Green	mp	9:44	14:06	43:40	48:32	-----	-----	-----	-----	-----	
			9:44	4:22	29:34	4:52						
	Alex Brodie	mp	9:42	22:32	29:24	32:25	38:48	46:42	1:07:03	-----	-----	1:17:34
			9:42	12:50	6:52	3:01	6:23	7:54	20:21			10:31
	Hazel Clyne	mp	7:23	16:58	22:21	50:25	57:22	59:51	1:27:20	-----	-----	
			7:23	9:35	5:23	28:04	6:57	2:29	27:29			
	David Marshall	mp	5:21	10:42	15:04	18:01	23:26	25:58	29:47	36:47	-----	45:29
			5:21	5:21	4:22	2:57	5:25	2:32	3:49	7:00		8:42
												42:02 *125

Long (17)			5.4 km 16 C											
			1(147)	2(113)	3(114)	4(117)	5(118)	6(114)	7(115)	8(116)	9(114)	10(120)	11(124)	12(113)
			13(121)	14(122)	15(123)	16(125)	F							
1	Christopher Smithar	44:06	4:13	5:29	8:06	9:47	11:35	13:34	14:32	18:02	19:21	23:12	29:33	34:19
			4:13	1:16	2:37	1:41	1:48	1:59	0:58	3:30	1:19	3:51	6:21	4:46
			38:12	39:48	41:19	42:27	44:06							
			3:53	1:36	1:31	1:08	1:39							
2	Jon Musgrave	47:23	4:54	6:20	9:41	11:39	13:41	15:55	16:59	18:41	20:05	24:28	31:13	36:42
			4:54	1:26	3:21	1:58	2:02	2:14	1:04	1:42	1:24	4:23	6:45	5:29
			40:57	42:38	44:15	45:35	47:23							
			4:15	1:41	1:37	1:20	1:48							
3	Doug Guy	51:51	5:43	7:13	10:55	13:01	15:10	18:00	19:42	21:46	23:25	27:56	33:55	40:08
			5:43	1:30	3:42	2:06	2:09	2:50	1:42	2:04	1:39	4:31	5:59	6:13
			44:40	46:53	48:49	50:15	51:51							
			4:32	2:13	1:56	1:26	1:36							
4	Ali Robertson	51:53	4:46	6:19	9:26	11:32	13:24	15:41	16:45	18:29	19:56	26:40	32:25	38:17
			4:46	1:33	3:07	2:06	1:52	2:17	1:04	1:44	1:27	6:44	5:45	5:52
			42:52	44:30	48:41	50:07	51:53		46:59					
			4:35	1:38	4:11	1:26	1:46		*125					
5	Callum Roberts	54:55	4:19	5:43	8:52	10:51	12:45	15:43	16:49	20:22	21:44	25:37	32:55	38:32
			4:19	1:24	3:09	1:59	1:54	2:58	1:06	3:33	1:22	3:53	7:18	5:37
			42:52	45:11	46:42	53:06	54:55							
			4:20	2:19	1:31	6:24	1:49							
6	Josh Dudley	57:48	5:57	7:21	10:58	13:18	15:24	17:35	18:43	30:20	31:33	35:53	41:24	46:26
			5:57	1:24	3:37	2:20	2:06	2:11	1:08	11:37	1:13	4:20	5:31	5:02
			50:39	52:42	54:43	56:07	57:48							
			4:13	2:03	2:01	1:24	1:41							

PI	Name	Time	1(147) 13(121)	2(113) 14(122)	3(114) 15(123)	4(117) 16(125)	5(118) F	6(114)	7(115)	8(116)	9(114)	10(120)	11(124)	12(113)
<b>Long (17)</b>			<b>5.4 km 16 C (cont.)</b>											
<b>7</b>	<b>Chris Low</b>	<b>1:00:07</b>	5:43 5:43 52:47	7:25 1:42 54:31	12:31 5:06 56:24	14:51 2:20 58:00	18:27 3:36 1:00:07	24:20 5:53	25:34 1:14	27:21 1:47	28:54 1:33	34:28 5:34	41:23 6:55	47:34 6:11
<b>8</b>	<b>Sarah Dunn</b>	<b>1:00:11</b>	5:13 6:59 52:23	1:44 1:53 54:23	1:53 3:48 56:15	1:36 2:10 57:48	2:07 17:08 1:00:11	21:14 4:06	22:35 1:21	25:53 3:18	27:46 1:53	32:40 4:54	39:47 7:07	47:13 7:26
<b>9</b>	<b>Frode Nebell</b>	<b>1:00:13</b>	5:10 5:13 53:34	2:00 1:35 55:28	1:52 3:10 57:01	1:33 7:04 58:18	2:23 3:18 1:00:13	24:27 4:07	25:36 1:09	31:18 5:42	32:52 1:34	37:03 4:11	43:02 5:59	48:36 5:34
<b>10</b>	<b>Donald Kerridge</b>	<b>1:01:12</b>	4:58 6:29 6:29 53:13	1:54 8:13 1:44 54:55	1:33 12:08 3:55 56:44	1:17 19:21 7:13 58:21	1:55 22:19 2:58 1:01:12	25:26 3:07	26:42 1:16	28:59 2:17	30:22 1:23	35:43 5:21	42:25 6:42	48:11 5:46
<b>11</b>	<b>Ian Hamilton</b>	<b>1:10:56</b>	5:02 6:24 6:24 59:31	1:42 8:16 1:52 1:01:35	1:49 12:35 4:19 1:07:18	1:37 15:16 2:41 1:09:07	2:51 18:28 3:12 1:10:56	21:22 22:41	22:41 1:19	24:59 2:18	26:58 1:59	37:50 10:52	45:28 7:38	52:40 7:12
<b>12</b>	<b>David Hirst</b>	<b>1:11:19</b>	6:51 12:37 12:37 1:01:33	2:04 14:13 1:36 1:04:28	5:43 18:12 3:59 1:06:27	1:49 20:30 2:18 1:08:59	1:49 23:26 2:56 1:11:19	26:14 27:27	27:27 1:13	35:26 7:59	38:47 3:21	43:32 4:45	50:03 6:31	56:28 6:25
<b>13</b>	<b>John Mason</b>	<b>1:13:24</b>	5:05 7:00 7:00 1:04:11	2:55 9:32 2:32 1:06:31	1:59 15:19 5:47 1:08:46	2:32 17:59 2:44 1:10:57	2:20 25:24 7:21 1:13:24	28:26 29:43	29:43 1:17	32:07 2:24	33:51 1:44	43:30 9:39	51:23 7:53	57:56 6:33
<b>14</b>	<b>Sam Gomersall</b>	<b>1:14:38</b>	6:15 5:42 5:42 1:03:48	2:20 8:15 2:33 1:06:40	2:15 12:42 4:27 1:09:25	2:11 15:26 2:44 1:12:02	2:27 17:59 2:33 1:14:38	20:40 2:41	21:55 1:15	24:17 2:22	25:56 1:39	41:27 15:31	49:30 8:03	56:51 7:21
<b>15</b>	<b>Andy Tivendale</b>	<b>1:15:37</b>	6:57 6:19 6:19 1:06:57	2:52 8:00 1:41 1:09:15	2:45 12:15 4:15 1:11:33	2:37 15:00 2:45 1:13:19	2:36 17:52 2:52 1:15:37	21:24 23:02	23:02 1:38	24:59 1:57	27:08 2:09	33:48 6:40	48:58 15:10	56:52 7:54
<b>16</b>	<b>Alastair Marshall</b>	<b>1:20:06</b>	10:05 5:35 5:35 1:11:12	2:18 7:11 1:36 1:13:22	2:18 10:45 3:34 1:15:53	1:46 18:10 7:25 1:17:44	2:18 21:30 3:20 1:20:06	26:58 28:16	28:16 1:18	36:31 8:15	38:13 1:42	44:33 6:20	55:56 11:23	1:02:43 6:47
	<b>Drew Tivendale</b>	<b>mp</b>	5:56 5:56 -----	7:17 1:21 -----	10:11 2:54 -----	12:17 2:06 -----	14:03 1:46 -----	17:37 3:34	18:44 1:07	-----	-----	-----	-----	-----