

Pl	Name	Time												
		1.5 km		25 m		12 C								
		1(132)	2(140)	3(220)	4(141)	5(149)	6(142)	7(150)	8(143)	9(153)	10(151)	11(152)	12(133)	
1	Graham, Luke MAROC	9:41 0:19	1:19 1:00	2:16 0:57	2:53 0:37	3:30 0:37	4:33 1:03	6:09 1:36	6:26 0:17	6:57 0:31	8:06 1:09	8:41 0:35	9:07 0:26	9:41 0:34
2	Fleming, Ewan	11:23 0:28	2:00 1:32	3:07 1:07	3:44 0:37	4:26 0:42	5:43 1:17	6:48 1:05	7:33 0:45	8:07 0:34	9:46 1:39	10:08 0:22	10:38 0:30	11:23 0:45
3	Nicoll, Alice TAY	11:39 0:26	1:51 1:25	3:05 1:14	3:46 0:41	4:31 0:45	5:59 1:28	7:04 1:05	7:36 0:32	8:21 0:45	10:01 1:40	10:36 0:35	11:01 0:25	11:39 0:38
4	Sloan, Craig TAY	11:45 0:22	1:50 1:28	3:05 1:15	3:53 0:48	4:35 0:42	5:52 1:17	7:00 1:08	7:22 0:22	8:02 0:40	9:46 1:44	10:27 0:41	11:06 0:39	11:45 0:39
5	McMurtrie, Grant MAROC	12:01 0:22	1:58 1:36	3:16 1:18	3:52 0:36	4:49 0:57	6:30 1:41	7:48 1:18	8:23 0:35	9:02 0:39	10:41 1:39	11:09 0:28	11:30 0:21	12:01 0:31
6	Carcas, Pippa INT	12:57 0:28	2:08 1:40	3:20 1:12	4:19 0:59	5:14 0:55	6:36 1:22	8:24 1:48	9:08 0:44	9:47 0:39	11:11 1:24	11:51 0:40	12:16 0:25	12:57 0:41
7	Sloan, Finlay Sh TAY	13:01 0:28	2:03 1:35	3:21 1:18	4:04 0:43	4:49 0:45	6:18 1:29	7:52 1:34	8:26 0:34	9:08 0:42	11:04 1:56	11:40 0:36	12:14 0:34	13:01 0:47
8	Griffin, Sam GRAMP	13:14 0:24	1:53 1:29	3:05 1:12	3:50 0:45	4:35 0:45	5:55 1:20	6:54 0:59	7:21 0:27	10:18 2:57	11:48 1:30	12:14 0:26	12:36 0:22	13:14 0:38
9	Hunter, Ellis ECKO	13:21 0:19	1:37 1:18	2:39 1:02	3:28 0:49	4:08 0:40	4:57 0:49	7:46 2:49	9:51 2:05	10:30 0:39	11:48 1:18	12:17 0:29	12:44 0:27	13:21 0:37
10	Mellor, Daniel MAROC	13:38 0:35	2:21 1:46	3:38 1:17	4:23 0:45	5:05 0:42	6:39 1:34	7:53 1:14	8:41 0:48	9:22 0:41	11:04 1:42	11:35 0:31	12:46 1:11	13:38 0:52
11	Welch, Aidan MAROC	15:00 0:22	1:42 1:20	2:56 1:14	3:34 0:38	4:15 0:41	5:51 1:36	6:52 1:01	7:24 0:32	8:16 0:52	9:50 1:34	10:20 0:30	14:18 3:58	15:00 0:42
11	Purves, Robin FVO	15:00 0:24	2:34 2:10	4:54 2:20	5:47 0:53	7:02 1:15	8:45 1:43	10:18 1:33	11:06 0:48	12:01 0:55	13:32 1:31	13:55 0:23	14:25 0:30	15:00 0:35
13	Collins, Gemma MAROC	15:22 0:28	2:35 2:07	3:55 1:20	4:49 0:54	5:57 1:08	7:39 1:42	9:17 1:38	10:00 0:43	11:00 1:00	12:48 1:48	13:22 0:34	14:26 1:04	15:22 0:56
14	Reynard, Maya GRAMP	15:31 0:27	2:08 1:41	3:35 1:27	4:49 1:14	5:58 1:09	7:43 1:45	9:05 1:22	9:37 0:32	10:38 1:01	13:20 2:42	13:59 0:39	14:58 0:59	15:31 0:33
15	Musgrave, Ewan MAROC	17:20 0:31	2:10 1:39	3:32 1:22	4:18 0:46	4:57 0:39	6:38 1:41	12:00 5:22	12:48 0:48	13:32 0:44	15:30 1:58	16:12 0:42	16:47 0:35	17:20 0:33
16	Eades, Fiona INT	17:50 2:03	4:01 1:58	6:10 2:09	6:49 0:39	7:43 0:54	9:13 1:30	12:14 3:01	12:49 0:35	13:38 0:49	15:58 2:20	16:37 0:39	17:07 0:30	17:50 0:43
17	Bowie, Rhona MAROC	18:36 0:27	1:53 1:26	3:14 1:21	4:09 0:55	5:00 0:51	6:21 1:21	7:39 1:18	8:15 0:36	8:59 0:44	10:36 1:37	11:05 0:29	17:08 6:03	18:36 1:28
18	Graham, Amber MAROC	19:18 0:36	2:38 2:02	4:24 1:46	6:06 1:42	7:04 0:58	8:52 1:48	10:22 1:30	11:27 1:05	12:36 1:09	14:58 2:22	17:36 2:38	18:27 0:51	19:18 0:51
19	Welch, Callum MAROC	19:57 0:37	3:03 3:07	4:50 2:26	5:49 1:47	6:52 0:59	8:31 1:03	9:49 1:39	10:42 1:18	11:36 0:53	13:10 0:54	14:07 0:57	19:12 5:05	19:57 0:45
20	Duncan, Morven KFO	20:02 0:51	3:26 2:35	5:21 1:55	6:27 1:06	7:53 1:26	10:07 2:14	12:03 1:56	13:15 1:12	14:39 1:24	16:59 2:20	17:49 0:50	19:01 1:12	20:02 1:01
21	Shearer, Rona ECKO	22:02 0:28	5:19 4:51	7:46 2:27	8:37 0:51	9:59 1:22	12:54 2:55	16:26 3:32	17:52 1:26	18:33 0:41	20:18 1:45	20:55 0:37	21:25 0:30	22:02 0:37
22	Unknown, Eilidh Kirsty MAROC	24:07 0:32	1:54 1:22	3:08 1:14	3:58 0:50	4:52 0:54	6:04 1:12	7:10 1:06	7:53 0:43	8:53 1:00	10:45 1:52	11:09 0:24	23:29 12:20	24:07 0:38
23	Gooch, Joel MAROC	25:04 0:23	2:18 1:55	3:57 1:39	4:56 0:59	10:20 5:24	12:06 1:46	13:24 1:18	13:58 0:34	20:29 6:31	22:44 2:15	23:58 1:14	24:26 0:28	25:04 0:38
24	Owen, Kirsty INT	30:57 1:05	4:13 3:08	7:08 2:55	8:30 1:22	11:13 2:43	14:30 3:17	18:41 4:11	19:19 0:38	21:18 1:59	27:06 5:48	29:06 2:00	29:48 0:42	30:57 1:09
25	Robertson, Kirsten CLYDE	32:02 0:35	3:32 2:57	7:54 4:22	10:35 2:41	13:10 2:35	16:22 3:12	19:32 3:10	21:00 1:28	22:54 1:54	27:02 4:08	29:17 2:15	30:59 1:42	32:02 1:03
26	Hensman, Lucy Katie FVO	32:51 1:06	5:55 4:49	9:30 3:35	11:28 1:58	13:30 2:02	17:34 4:04	20:56 3:22	21:42 0:46	23:21 1:39	28:12 4:51	29:39 1:27	30:59 1:20	32:51 1:52
27	Dow, Shannon MAROC	36:27 1:41	6:49 5:08	11:28 4:39	13:14 1:46	15:36 2:22	19:27 3:51	21:57 2:30	23:45 1:48	25:57 2:12	31:37 5:40	32:44 1:07	34:32 1:48	36:27 1:55
	Mellor, Ciara MAROC	mp 0:33	2:21 1:48	4:11 1:50	5:11 1:00	6:04 0:53	7:55 1:51	10:12 2:17	10:59 0:47	11:59 1:00	14:12 2:13	14:55 0:43	-----	16:52 1:57

Yellow (28)	2.1 km 35 m 8 C														
	1(140)	2(220)	3(197)	4(144)	5(158)	6(153)	7(156)	8(133)	F						
1	Chapman, Alistair MAROC	11:51 1:25	2:21 0:56	4:20 1:59	5:14 0:54	6:43 1:29	8:07 1:24	10:01 1:54	11:20 1:19	11:51 0:31					
2	Gooch, Matthew MAROC	14:43 1:41	2:48 1:07	5:36 2:48	6:38 1:02	8:23 1:45	9:58 1:35	12:21 2:23	14:11 1:50	14:43 0:32					
3	Getliff, John MAROC	15:09 1:36	2:49 1:13	5:30 2:41	6:36 1:06	8:14 1:38	9:59 1:45	12:29 2:30	14:38 2:09	15:09 0:31	11:26 *151				
4	Weir, Mairi MOR	15:45 1:43	2:53 1:10	6:17 3:24	7:11 0:54	8:59 1:48	10:27 1:28	12:38 2:11	15:12 2:34	15:45 0:33					
5	Macmillan, Louis ECKO	16:27 1:45	3:18 1:33	6:28 3:10	8:09 1:41	9:43 1:34	11:19 1:36	13:52 2:33	15:56 2:04	16:27 0:31					
6	Stansfield, Lizzie FVO	16:28 1:51	3:10 1:19	6:09 2:59	7:10 1:01	8:58 1:48	10:50 1:52	13:38 2:48	15:50 2:12	16:28 0:38					
7	Mather, Jessica FVO	16:39 1:47	3:03 1:16	6:05 3:02	7:10 1:05	9:07 1:57	10:58 1:51	13:45 2:47	15:58 2:13	16:39 0:41					
8	Hamilton, Amy MAROC	16:42 1:58	3:18 1:20	6:20 3:02	7:24 1:04	9:22 1:58	11:08 1:46	14:00 2:52	16:03 2:03	16:42 0:39					
9	Bowie, Calum MAROC	16:58 1:43	3:01 1:18	6:10 3:09	7:15 1:05	9:04 1:49	10:59 1:55	14:21 3:22	16:18 1:57	16:58 0:40					
10	Barracough, Laura GRAMP	17:13 1:47	2:53 1:06	5:50 2:57	6:54 1:04	9:21 2:27	11:15 1:54	14:13 2:58	16:33 2:20	17:13 0:40					
11	Wilson, Alice CLYDE	17:45 2:02	3:21 1:19	6:31 3:10	7:32 1:01	9:26 1:54	11:06 1:40	14:36 3:30	17:05 2:29	17:45 0:40					
12	Mellor, Andrew MAROC	18:14 1:45	2:47 1:02	5:31 2:44	6:27 0:56	8:07 1:40	9:44 1:37	15:44 6:00	17:32 1:48	18:14 0:42					
13	Barracough, Jan GRAMP	18:25 2:06	3:25 1:19	6:30 3:05	7:51 1:21	9:55 2:04	11:53 1:58	15:12 3:19	17:28 2:16	18:25 0:57					
14	Harper, Niamh TAY	18:27 1:45	2:46 1:01	7:27 4:41	8:27 1:00	10:23 1:56	12:10 1:47	15:21 3:11	17:56 2:35	18:27 0:31					
15	Wood, Kerry ESOC	18:34 1:35	2:46 1:11	6:56 4:10	7:54 0:58	10:09 2:15	11:55 1:46	14:43 2:48	17:50 3:07	18:34 0:44					

Pl	Name	Time	2.1 km 35 m 8 C								(cont.)	
			1(140)	2(220)	3(197)	4(144)	5(158)	6(153)	7(156)	8(133)		F
<b>Yellow (28)</b>												
16	Shearer, Eilidh ECKO	18:35	1:36	2:52	8:36	9:34	11:18	12:53	16:17	18:02	18:35	
17	Skinner, Danny MAROC	18:36	1:36 2:27	1:16 3:45	5:44 7:22	0:58 8:29	1:44 10:30	1:35 12:30	3:24 15:38	1:45 17:53	0:33 18:36	
18	Kirk, Struan GRAMP	18:40	2:25 2:25	3:43 1:18	7:20 3:37	8:46 1:26	11:03 2:17	12:36 1:33	15:55 3:19	18:08 2:13	18:40 0:32	
19	Collins, Peter MAROC	20:39	2:04 2:04	3:14 1:10	7:18 4:04	8:24 1:06	11:08 2:44	12:58 1:50	16:35 3:37	19:58 3:23	20:39 0:41	
20	Easton, Louis MAROC	20:55	1:47 1:47	2:59 1:12	6:25 3:26	7:28 1:03	10:34 3:06	12:57 2:23	17:36 4:39	20:13 2:37	20:55 0:42	
21	Skinner, Katie MAROC	22:31	1:59 1:59	3:18 1:19	10:34 7:16	11:35 1:01	13:38 2:03	15:41 2:03	19:38 3:57	21:54 2:16	22:31 0:37	
22	Hornby, Christopher MOR	22:39	2:09 2:09	3:54 1:45	8:09 4:15	9:48 1:39	12:39 2:51	15:16 2:37	19:15 3:59	21:57 2:42	22:39 0:42	17:41 *151
23	Harper, Ben TAY	27:16	4:17 4:17	5:41 1:24	14:22 8:41	15:13 0:51	17:38 2:25	19:37 1:59	23:53 4:16	26:36 2:43	27:16 0:40	
24	Gomersall, Josie GRAMP	29:05	2:47 2:47	4:43 1:56	11:00 6:17	12:59 1:59	15:39 2:40	18:10 2:31	24:04 5:54	28:18 4:14	29:05 0:47	
25	Duncan, Finlay KFO	30:44	2:39 2:39	4:21 1:42	8:29 4:08	9:53 1:24	12:26 2:33	14:24 1:58	17:56 3:32	30:08 12:12	30:44 0:36	
26	Holliday, Alison INVOC	55:48	2:52 2:52	4:57 2:05	30:06 25:09	32:12 2:06	34:51 2:39	38:48 3:57	49:54 11:06	54:58 5:04	55:48 0:50	
	McIntyre, Logan INT	mp	1:44 1:44	3:03 1:19	6:03 3:00	7:13 1:10	9:02 1:49	10:58 1:56	----- -----	14:27 3:29	15:05 0:38	12:54 *151
	Foster, Ann MAROC	mp	25:16 25:16	26:53 1:37	----- -----	----- -----	----- -----	35:22 8:29	----- -----	40:30 5:08	41:45 1:15	

Pl	Name	Time	2.9 km 35 m 8 C								(cont.)	
			1(206)	2(217)	3(218)	4(196)	5(195)	6(157)	7(156)	8(133)		F
<b>Orange (33)</b>												
1	White, Rowan INVOC	17:56	1:41 1:41	4:18 2:37	5:31 1:13	10:51 5:20	13:57 3:06	15:28 1:31	16:20 0:52	17:30 1:10	17:56 0:26	
2	Wright, Joseph MAROC	17:58	2:14 2:14	5:01 2:47	6:30 1:29	10:27 3:57	13:29 3:02	15:15 1:46	16:09 0:54	17:34 1:25	17:58 0:24	
3	Todd, Finlay INVOC	18:18	1:51 1:51	4:56 3:05	6:23 1:27	10:44 4:21	13:49 3:05	15:34 1:45	16:37 1:03	17:51 1:14	18:18 0:27	
4	Chapman, Jake MAROC	18:35	2:07 2:07	5:13 3:06	6:39 1:26	10:33 3:54	13:52 3:19	15:48 1:56	16:42 0:54	18:07 1:25	18:35 0:28	
5	Hunter, Callum ECKO	18:46	1:56 1:56	5:04 3:08	6:32 1:28	10:28 3:56	13:42 3:14	15:37 1:55	16:33 0:56	18:18 1:45	18:46 0:28	
6	Parkinson, Benjamin FVO	19:34	2:12 2:12	5:28 3:16	6:55 1:27	11:03 4:08	14:49 3:46	16:45 1:56	17:44 0:59	19:06 1:22	19:34 0:28	
7	Lines, Tom ECKO	20:12	2:33 2:33	5:41 3:08	7:08 1:27	11:24 4:16	14:41 3:17	16:33 1:52	17:32 0:59	19:44 2:12	20:12 0:28	
8	Weir, Hamish MOR	20:38	2:04 2:04	5:30 3:26	7:44 2:14	11:41 3:57	15:18 3:37	17:16 1:58	18:21 1:05	20:05 1:44	20:38 0:33	
9	Ackland, James INT	20:39	2:37 2:37	6:11 3:34	8:23 2:12	11:59 3:36	15:26 3:27	17:25 1:59	18:21 0:56	20:04 1:43	20:39 0:35	
10	Robertson, Lindsay CLYDE	21:13	2:12 2:12	6:28 4:16	7:56 1:28	12:50 4:54	16:11 3:21	18:08 1:57	19:08 1:00	20:46 1:38	21:13 0:27	
11	Carcas, Freddie INT	21:40	2:32 2:32	5:48 3:16	10:34 4:46	13:53 3:19	17:04 3:11	18:49 1:45	19:41 0:52	21:12 1:31	21:40 0:28	
12	Johnson, Alistair BASOC	22:00	2:33 2:33	6:01 3:28	7:38 1:37	12:53 5:15	16:38 3:45	18:48 2:10	19:52 1:04	21:35 1:43	22:00 0:25	
13	Watts, Kieran INVOC	22:06	2:16 2:16	6:00 3:44	7:48 1:48	12:16 4:28	16:16 4:00	18:44 2:28	19:48 1:04	21:36 1:48	22:06 0:30	
14	Ricketts, Megan MAROC	23:16	2:46 2:46	6:50 4:04	9:42 2:52	14:48 5:06	18:09 3:21	20:13 2:04	21:13 1:00	22:43 1:30	23:16 0:33	
15	Howells, Ashleigh MOR	23:47	2:21 2:21	6:11 3:50	8:19 2:08	13:15 4:56	17:35 4:20	19:31 1:56	20:40 1:09	23:14 2:34	23:47 0:33	
16	Barr, Kathryn MOR	23:51	2:05 2:05	5:36 3:31	7:12 1:36	14:15 7:03	18:09 3:54	20:27 2:18	21:37 1:10	23:22 1:45	23:51 0:29	
17	McMurtrie, Sheila MAROC	24:18	2:20 2:20	6:19 3:59	8:15 1:56	13:01 4:46	17:24 4:23	19:59 2:35	21:10 1:11	23:30 2:20	24:18 0:48	
18	Stansfield, Clare FVO	24:43	2:15 2:15	5:55 3:40	7:32 1:37	13:46 6:14	17:49 4:03	20:38 2:49	21:47 1:09	24:04 2:17	24:43 0:39	
19	Baird, Emma ECKO	26:32	2:58 2:58	7:18 4:20	9:31 2:13	16:05 6:34	20:21 4:16	23:07 2:46	24:10 1:03	25:56 1:46	26:32 0:36	
20	Macmillan, Jura ECKO	27:13	2:55 2:55	6:48 3:53	9:51 3:03	17:28 7:37	21:05 3:37	24:08 3:03	25:02 0:54	26:45 1:43	27:13 0:28	
21	Reynard, Jackie GRAMP	28:35	3:01 3:01	7:41 4:40	10:14 2:33	15:33 5:19	20:34 5:01	23:19 2:45	24:49 1:30	27:37 2:48	28:35 0:58	
22	Iason, Robbie MAROC	29:06	2:44 2:44	7:22 4:38	10:24 3:02	15:24 5:00	20:26 5:02	23:41 3:15	25:14 1:33	28:27 3:13	29:06 0:39	
23	Walton, James INVOC	29:33	2:41 2:41	7:15 4:34	10:06 2:51	16:18 6:12	21:10 4:52	23:46 2:36	25:17 1:31	28:57 3:40	29:33 0:36	
24	Campbell, Graeme MAROC	29:38	3:04 3:04	7:43 4:39	10:30 2:47	16:08 5:38	21:31 5:23	25:08 3:37	26:21 1:13	29:01 2:40	29:38 0:37	
25	Nicoll, Laura TAY	30:08	3:06 3:06	7:30 4:24	9:51 2:21	19:35 9:44	23:42 4:07	26:03 2:21	27:19 1:16	29:37 2:18	30:08 0:31	
26	Skinner, Lynne MAROC	30:18	5:04 5:04	9:14 4:10	11:34 2:20	18:52 7:18	23:40 4:48	26:00 2:20	27:13 1:13	29:38 2:25	30:18 0:40	
27	Jamieson, Michael TAY	30:28	2:09 2:09	5:54 3:45	7:37 1:43	18:16 10:39	23:46 5:30	26:45 2:59	27:46 1:01	29:58 2:12	30:28 0:30	
28	Kirk, Lachlan GRAMP	31:02	3:03 3:03	6:46 3:43	8:39 1:53	21:36 12:57	25:03 3:27	27:29 2:26	28:30 1:01	30:33 2:03	31:02 0:29	
29	Yardley, Keith GRAMP	36:38	2:22 2:22	6:23 4:01	14:19 7:56	25:57 11:38	30:04 4:07	33:03 2:59	34:17 1:14	36:04 1:47	36:38 0:34	
30	Holliday, Claire INVOC	41:10	5:00 5:00	11:29 6:29	14:46 3:17	25:44 10:58	31:17 5:33	34:45 3:28	36:43 1:58	40:19 3:36	41:10 0:51	
31	Allison, Lorna STAG	43:01	3:48 3:48	10:33 6:45	18:29 7:56	25:57 7:28	32:19 6:22	36:59 4:40	38:40 1:41	42:07 3:27	43:01 0:54	

Pl Name	Time																
<b>Orange (33)</b>		<b>2.9 km</b>	<b>35 m</b>	<b>8 C</b>										<i>(cont.)</i>			
		1(206)	2(217)	3(218)	4(196)	5(195)	6(157)	7(156)	8(133)	F							
<b>32 Eades, Mairi</b>	<b>45:42</b>	4:30	11:31	16:58	26:38	33:56	40:25	42:21	45:10	45:42							
<b>INT</b>		4:30	7:01	5:27	9:40	7:18	6:29	1:56	2:49	0:32							
<b>Kelly, Sean</b>	<b>mp</b>	6:12	10:43	----	----	48:47	51:32	52:43	----	56:35	18:03	24:05	26:02	27:02			
<b>MAROC</b>		6:12	4:31			38:04	2:45	1:11		3:52	*213	*197	*141	*149			
		28:42	33:41	36:01	40:59	42:40	43:24	44:50	48:04								
		*142	*158	*144	*142	*150	*143	*153	*158								
<b>Blue (53)</b>		<b>5.9 km</b>	<b>170 m</b>	<b>18 C</b>													
		1(202)	2(230)	3(228)	4(135)	5(232)	6(233)	7(234)	8(236)	9(222)	10(224)	11(131)	12(225)	13(226)	14(229)		
		15(192)	16(208)	17(219)	18(133)	F											
<b>1 Hickling, Robert</b>	<b>52:32</b>	1:11	6:16	8:44	10:51	17:18	19:09	20:47	23:58	28:23	<b>30:17</b>	32:59	36:15	37:40	40:00		
<b>GRAMP</b>		1:11	5:05	2:28	2:07	<b>6:27</b>	1:51	<b>1:38</b>	3:11	<b>4:25</b>	1:54	2:42	3:16	1:25	2:20		
		<b>45:53</b>	<b>47:57</b>	<b>50:52</b>	<b>52:04</b>	<b>52:32</b>											
		<b>5:53</b>	2:04	2:55	1:12	0:28											
<b>2 Lindsay, Rona</b>	<b>52:58</b>	1:04	4:21	6:59	<b>8:53</b>	<b>15:44</b>	17:37	19:32	22:59	<b>28:21</b>	30:19	33:13	36:06	37:35	39:51		
<b>ESOC</b>		1:04	3:17	2:38	1:54	6:51	1:53	1:55	3:27	5:22	1:58	2:54	2:53	1:29	2:16		
		46:26	48:29	51:23	52:31	52:58											
		6:35	2:03	<b>2:54</b>	1:08	0:27											
<b>3 McLeod, Calum</b>	<b>54:16</b>	1:02	4:07	6:51	9:00	16:14	17:58	20:18	24:07	30:14	31:59	34:20	37:05	38:24	40:58		
<b>GRAMP</b>		1:02	3:05	2:44	2:09	7:14	1:44	2:20	3:49	6:07	<b>1:45</b>	<b>2:21</b>	2:45	1:19	2:34		
		47:18	49:16	52:47	53:56	54:16											
		6:20	<b>1:58</b>	3:31	1:09	<b>0:20</b>											
<b>4 Shepherd, Rosalind</b>	<b>55:47</b>	1:13	4:24	7:16	8:54	15:57	<b>17:36</b>	<b>19:27</b>	<b>22:52</b>	28:32	30:26	<b>32:58</b>	<b>35:29</b>	<b>37:04</b>	<b>39:43</b>		
<b>INVOC</b>		1:13	3:11	2:52	<b>1:38</b>	7:03	1:39	1:51	3:25	5:40	1:54	2:32	<b>2:31</b>	1:35	2:39		
		49:10	51:14	54:14	55:20	55:47											
		9:27	2:04	3:00	1:06	0:27											
<b>5 Hartman, Heather</b>	<b>57:42</b>	1:41	5:29	8:17	11:27	18:45	20:42	22:40	26:17	31:22	33:49	37:01	39:42	41:21	43:59		
<b>INT</b>		1:41	3:48	2:48	3:10	7:18	1:57	1:58	3:37	5:05	2:27	3:12	2:41	1:39	2:38		
		50:40	52:57	55:51	57:12	57:42											
		6:41	2:17	<b>2:54</b>	1:21	0:30											
<b>6 Sloan, David</b>	<b>58:51</b>	<b>1:01</b>	4:36	7:47	9:42	18:02	19:51	21:56	25:32	31:06	32:59	36:02	39:00	40:44	43:38		
<b>TAY</b>		<b>1:01</b>	3:35	3:11	1:55	8:20	1:49	2:05	3:36	5:34	1:53	3:03	2:58	1:44	2:54		
		50:45	53:22	57:10	58:24	58:51											
		7:07	2:37	3:48	1:14	0:27											
<b>7 Galloway, Matthew</b>	<b>59:08</b>	1:09	4:08	<b>6:24</b>	13:22	20:56	22:37	24:18	27:42	32:23	34:37	37:13	40:40	42:01	44:29		
<b>INT</b>		1:09	2:59	<b>2:16</b>	6:58	7:34	1:41	1:41	3:24	4:41	2:14	2:36	3:27	1:21	2:28		
		51:06	54:40	57:42	58:46	59:08											
		6:37	3:34	3:02	<b>1:04</b>	0:22											
<b>8 Armitage, Dave</b>	<b>59:17</b>	1:28	5:18	8:03	10:50	18:46	20:43	22:40	25:48	30:48	32:38	36:16	38:58	40:33	42:43		
<b>GRAMP</b>		1:28	3:50	2:45	2:47	7:56	1:57	1:57	<b>3:08</b>	5:00	1:50	3:38	2:42	1:35	<b>2:10</b>		
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		9:39	2:09	3:08	1:09	0:29											
<b>9 Spencer, Stephen</b>	<b>1:00:19</b>	1:28	5:14	7:54	9:54	18:31	21:04	23:07	26:32	32:00	35:02	38:58	41:52	43:24	45:47		
<b>MAROC</b>		1:28	3:46	2:40	2:00	8:37	2:33	2:03	3:25	5:28	3:02	3:56	2:54	1:32	2:23		
		52:25	55:08	58:10	59:42	1:00:19											
		6:38	2:43	3:02	1:32	0:37											
<b>10 Tivendale, Andy</b>	<b>1:03:08</b>	1:08	4:55	9:20	11:37	18:44	20:47	22:52	26:21	32:39	35:04	38:50	42:05	43:40	48:38		
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		55:06	57:22	1:01:00	1:02:37	1:03:08											
		6:28	2:16	3:38	1:37	0:31											
<b>11 Scott, Callum</b>	<b>1:04:17</b>	1:12	4:40	9:14	13:49	22:05	24:11	26:08	31:16	36:26	38:24	41:16	43:58	45:22	48:05		
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<b>INT</b>		1:33	4:32	3:29	2:20	7:22	3:40	1:45	3:47	5:49	2:28	3:39	2:45	1:54	3:11		
		56:46	59:31	1:02:51	1:04:32	1:04:59											
		8:32	2:45	3:20	1:41	0:27											
<b>13 Smithard, Phil</b>	<b>1:06:03</b>	1:12	5:20	8:21	10:45	19:41	21:42	23:53	27:37	33:52	36:17	39:37	42:45	44:43	47:38		
<b>KFO</b>		1:12	4:08	3:01	2:24	8:56	2:01	2:11	3:44	6:15	2:25	3:20	3:08	1:58	2:55		
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<b>14 McLeod, Carolyn</b>	<b>1:07:06</b>	1:18	6:18	9:05	11:59	23:32	26:42	28:30	33:51	40:28	43:04	46:21	49:20	50:33	53:15		
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<b>15 Kerridge, Ewen</b>	<b>1:08:10</b>	1:26	5:29	8:47	11:22	18:24	21:38	24:13	28:25	36:51	39:31	42:45	46:50	48:26	51:18		
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<b>16 Griffin, Zoe</b>	<b>1:09:19</b>	1:46	5:50	9:12	12:36	21:39	24:33	26:34	31:32	37:25	40:04	43:40	46:51	48:39	52:59		
<b>GRAMP</b>		1:46	4:04	3:22	3:24	9:03	2:54	2:01	4:58	5:53	2:39	3:36	3:11	1:48	4:20		
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		7:17	2:37	4:15	1:32	0:39											
<b>17 Patterson, Robert</b>	<b>1:09:38</b>	1:05	<b>3:48</b>	6:28	10:54	21:11	22:47	24:33	27:57	36:40	38:49	42:26	47:58	49:29	53:35		
<b>CLYDE</b>		1:05	<b>2:43</b>	2:40	4:26	10:17	<b>1:36</b>	1:46	3:24	8:43	2:09	3:37	5:32	1:31	4:06		
		1:01:02	1:03:54	1:07:43	1:09:03	1:09:38											
		7:27	2:52	3:49	1:20	0:35											
<b>18 McLeod, Katrina</b>	<b>1:09:47</b>	1:09	6:22	9:20	11:52	19:49	21:51	23:57	31:51	37:14	39:23	42:41	46:06	47:51	50:23		
<b>GRAMP</b>		1:09	5:13	2:58	2:32	7:57	2:02	2:06	7:54	5:23	2:09	3:18	3:25	1:45	2:32		
		1:00:28	1:02:50	1:07:58	1:09:16	1:09:47											
		10:05	2:22	5:08	1:18	0:31											
<b>19 Dunlop, Alastair</b>	<b>1:11:08</b>	1:17	4:53	9:18	11:44	19:23	21:12	23:20	27:08	37:04	39:30	42:46	45:32	47:07	50:49		
<b>CLYDE</b>		1:17	3:36	4:25	2:26	7:39	1:49	2:08	3:48	9:56	2:26	3:16	2:46	1:35	3:42		
		1:02:12	1:05:42	1:09:13	1:10:39	1:11:08											
		11:23	3:30	3:31	1:26	0:29											
<b>20 Turner, Ian</b>	<b>1:11:28</b>	1:22	6:35	10:42	13:41	22:51	24:57	27:08	31:34	38:04	40:21	44:22	48:05	50:30	54:17		
<b>SOLWAY</b>		1:22	5:13	4:07	2:59	9:10	2:06	2:11	4:26	6:30	2:17	4:01	3:43	2:25	3:47		
		1:02:11	1:04:55	1:09:27	1:10:54	1:11:28											
		7:54	2:44	4:32	1:27	0:34											

Pl Name	Time														
<b>Blue (53)</b>	<b>5.9 km 170 m 18 C</b>					<i>(cont.)</i>									
	1(202) 15(192)	2(230) 16(208)	3(228) 17(219)	4(135) 18(133)	5(232) F	6(233)	7(234)	8(236)	9(222)	10(224)	11(131)	12(225)	13(226)	14(229)	
<b>21 Finch, Ted FVO</b>	<b>1:13:17</b>	1:26 1:26 1:03:13 8:33	6:19 4:53 1:06:33 3:20	10:19 4:00 1:10:53 4:20	12:55 2:36 1:12:30 1:37	22:31 9:36 1:13:17 0:47	24:59 2:28	27:23 2:24	31:41 4:18	38:34 6:53	41:22 2:48	45:10 3:48	49:25 4:15	51:31 2:06	54:40 3:09
<b>22 Lindsay, Crawford ESOC</b>	<b>1:13:57</b>	1:32 1:32 57:27 7:15	5:25 3:53 1:08:51 11:24	8:36 3:11 1:12:06 3:15	11:24 2:48 1:13:26 1:20	20:48 9:24 1:13:57 0:31	22:48	24:48 2:00	28:27 3:39	34:13 5:46	37:06 2:53	41:17 4:11	44:36 3:19	47:32 2:56	50:12 2:40
<b>23 Elliott, Graham</b>	<b>1:14:49</b>	4:30 4:30 1:05:39 7:48	9:59 5:29 1:08:35 2:56	14:32 4:33 1:12:40 4:05	17:45 3:13 1:14:16 1:36	26:50 9:05 1:14:49 0:33	29:04 2:14	31:19 2:15	36:12 4:53	41:35 5:23	44:04 2:29	48:16 4:12	51:25 3:09	53:17 1:52	57:51 4:34
<b>24 Harper, Richard TAY</b>	<b>1:14:59</b>	1:28 1:28 1:06:02 12:11	5:32 4:04 1:08:49 2:47	9:24 3:52 1:12:53 4:04	13:00 3:36 1:14:36 1:43	24:34 11:34 1:14:59 0:23	26:35 2:01	28:44 2:09	32:44 4:00	38:54 6:10	41:01 2:07	44:18 3:17	47:36 3:18	49:27 1:51	53:51 4:24
<b>25 Longhurst, Abi FVO</b>	<b>1:18:14</b>	1:28 1:28 1:10:22 8:49	5:39 4:11 1:12:47 2:25	8:40 3:01 1:16:32 3:45	10:56 2:16 1:17:44 1:12	19:49 8:53 1:18:14 0:30	22:15 2:26	24:23 2:08	44:46 20:23	50:05 5:19	52:02 1:57	55:10 3:08	57:58 2:48	59:23 1:25	1:01:33 <b>2:10</b>
<b>26 Owen, Barry INT</b>	<b>1:18:59</b>	1:26 1:26 1:05:43 9:25	6:12 4:46 1:10:21 4:38	11:28 5:16 1:14:59 4:38	14:59 3:31 1:18:23 3:24	25:21 10:22 1:18:59 0:36	27:43	29:56 2:22	34:23 4:27	40:43 6:20	43:38 2:55	47:01 3:23	50:46 3:45	52:50 2:04	56:18 3:28
<b>27 Kirk, David GRAMP</b>	<b>1:19:54</b>	1:55 1:55 1:06:47 8:36	7:12 5:17 1:11:59 5:12	10:22 3:10 1:16:34 4:35	18:02 7:40 1:19:23 2:49	29:37 11:35 1:19:54 0:31	32:14 2:37	34:11 1:57	38:15 4:04	44:08 5:53	46:24 2:16	49:32 3:08	52:58 3:26	55:06 2:08	58:11 3:05
<b>28 Purves, Peggy FVO</b>	<b>1:21:21</b>	1:37 1:37 1:11:47 14:12	6:17 4:40 1:14:39 2:52	10:01 3:44 1:19:07 4:28	12:36 2:35 1:20:38 1:31	23:26 10:50 1:21:21 0:43	25:58 2:32	28:35 2:37	34:26 5:51	41:02 6:36	43:30 2:28	48:26 4:56	52:16 3:50	54:28 2:12	57:35 3:07
<b>29 Simpson, Jason STAG</b>	<b>1:21:44</b>	1:35 1:35 1:11:21 9:13	8:03 6:28 1:15:26 4:05	13:09 5:06 1:19:36 4:10	15:18 2:09 1:21:04 1:28	28:27 13:09 1:21:44 0:40	30:55 2:28	33:20 2:25	38:46 5:26	46:17 7:31	48:50 2:33	53:56 5:06	57:36 3:40	59:21 1:45	1:02:08 2:47
<b>30 Lessells, Alastair ESOC</b>	<b>1:22:13</b>	1:38 1:38 1:07:03 9:26	7:34 5:56 1:14:38 7:35	13:25 5:51 1:19:55 5:17	16:21 2:56 1:21:41 1:46	28:34 12:13 1:22:13 0:32	30:44 2:10	33:25 2:41	37:50 4:25	43:45 5:55	46:09 2:24	49:30 3:21	52:29 2:59	54:17 1:48	57:37 3:20
<b>31 Coustick, Dave FVO</b>	<b>1:26:00</b>	1:45 1:45 1:12:56 16:02	6:16 4:31 1:16:34 3:38	9:38 3:22 1:22:52 6:18	12:19 2:41 1:24:48 1:56	26:32 14:13 1:26:00 1:12	28:49 2:17	30:55 2:06	34:55 4:00	41:32 6:37	44:37 3:05	48:22 3:45	51:49 3:27	53:33 1:44	56:54 3:21
<b>32 Macmillan, Susannah ECKO</b>	<b>1:27:11</b>	5:32 5:32 1:18:09 14:39	11:03 5:31 1:21:16 3:07	15:31 4:28 1:25:15 3:59	22:42 7:11 1:26:41 1:26	33:25 10:43 1:27:11 0:30	35:49 2:24	38:14 2:25	42:50 4:36	48:54 6:04	51:26 2:32	55:14 3:48	58:16 3:02	1:00:14 1:58	1:03:30 3:16
<b>33 Aust, Chris GRAMP</b>	<b>1:27:21</b>	1:52 1:52 1:14:18 10:44	7:23 5:31 1:19:07 4:49	11:14 3:51 1:24:22 5:15	14:33 3:19 1:26:35 2:13	28:16 13:43 1:27:21 0:46	30:50 2:34	33:32 2:42	38:25 4:53	45:25 7:00	48:25 3:00	53:05 4:40	57:26 4:21	59:42 2:16	1:03:34 3:52
<b>34 Matheson, Colin FVO</b>	<b>1:32:09</b>	1:41 1:41 1:21:55 8:58	12:36 10:55 1:25:01 3:06	16:33 3:57 1:29:22 4:21	19:13 2:40 1:31:23 2:01	41:05 21:52 1:32:09 0:46	43:22 2:17	45:28 2:06	49:51 4:23	56:04 6:13	59:43 3:39	1:04:07 4:24	1:07:49 3:42	1:09:49 2:00	1:12:57 3:08
<b>35 Allison, David STAG</b>	<b>1:32:13</b>	1:27 1:27 1:23:00 18:23	5:19 3:52 1:25:58 2:58	9:13 3:54 1:29:54 3:56	12:58 3:45 1:31:37 1:43	33:46 20:48 1:32:13 0:36	36:14 2:28	38:17 2:03	42:03 3:46	47:48 5:45	50:25 2:37	55:17 4:52	58:09 2:52	1:01:33 3:24	1:04:37 3:04
<b>36 Scott, Rachel GRAMP</b>	<b>1:32:23</b>	2:07 2:07 1:18:43 10:23	7:04 4:57 1:23:04 4:21	11:29 4:25 1:29:19 6:15	14:37 3:08 1:31:35 2:16	25:25 10:48 1:32:23 0:48	32:52 7:27	35:16 2:24	41:15 5:59	49:18 8:03	52:50 3:32	57:20 4:30	1:01:25 4:05	1:03:54 2:29	1:08:20 4:26
<b>37 Nicoll, Melanie TAY</b>	<b>1:32:41</b>	2:39 2:39 1:20:53 13:00	7:59 5:20 1:23:54 3:01	11:59 4:00 1:30:26 6:32	15:24 3:25 1:32:01 1:35	28:45 13:21 1:32:41 0:40	31:58 3:13	34:13 2:15	42:15 8:02	49:47 7:32	53:14 3:27	57:26 4:12	1:01:59 4:33	1:04:18 2:19	1:07:53 3:35
<b>38 Jamieson, Derek TAY</b>	<b>1:32:49</b>	1:39 1:39 1:24:04 16:38	6:19 4:40 1:26:41 2:37	20:35 14:16 1:30:45 4:04	23:18 2:43 1:32:20 1:35	31:50 8:32 1:32:49 0:29	38:30 6:40	40:12 1:42	44:45 4:33	50:40 5:55	53:21 2:41	57:05 3:44	1:00:30 3:25	1:04:24 3:54	1:07:26 3:02
<b>39 Nolan, Helena ESOC</b>	<b>1:33:17</b>	1:40 1:40 1:23:18 15:11	5:50 4:10 1:26:47 3:29	9:15 3:25 1:31:13 4:26	11:54 2:39 1:32:43 1:30	20:08 8:14 1:33:17 0:34	22:17 2:09	24:25 2:08	46:33 22:08	53:24 6:51	55:50 2:26	58:55 3:05	1:03:24 4:29	1:05:02 1:38	1:08:07 3:05
<b>40 Young, Bill MOR</b>	<b>1:37:03</b>	1:56 1:56 1:23:55 9:04	5:36 3:40 1:29:14 5:19	23:27 17:51 1:34:39 5:25	26:51 3:24 1:36:25 1:46	37:36 10:45 1:37:03 0:38	39:53 2:17	42:04 2:11	46:38 4:34	57:22 10:44	1:00:31 3:09	1:04:06 3:35	1:09:18 5:12	1:10:58 1:40	1:14:51 3:53
<b>41 Gomersall, John</b>	<b>1:37:24</b>	2:13 2:13 1:25:05 10:09	7:26 5:13 1:29:00 3:55	11:27 4:01 1:34:31 5:31	14:32 3:05 1:36:45 2:14	30:05 15:33 1:37:24 0:39	33:00 2:55	42:33 9:33	48:09 5:36	55:37 7:28	59:05 3:28	1:03:26 4:21	1:07:26 4:00	1:09:48 2:22	1:14:56 5:08
<b>42 Smith, Donald TAY</b>	<b>1:40:21</b>	2:09 2:09 1:28:08 17:03	7:25 5:16 1:31:58 3:50	10:52 3:27 1:37:28 5:30	15:53 5:01 1:39:44 2:16	27:45 11:52 1:40:21 0:37	30:12 2:27	33:02 2:50	44:38 11:36	51:20 6:42	54:29 3:09	59:15 4:46	1:03:14 3:59	1:05:31 2:17	1:11:05 5:34
<b>43 Strain, Robin ELO</b>	<b>1:43:16</b>	1:31 1:31 1:30:53 14:56	6:10 4:39 1:34:46 3:53	13:34 7:24 1:40:47 6:01	16:31 2:57 1:42:40 1:53	28:38 12:07 1:43:16 0:36	31:09 2:31	33:34 2:25	38:41 5:07	59:10 20:29	1:02:27 3:17	1:06:20 3:53	1:09:53 3:33	1:12:04 2:11	1:15:57 3:53

Pl Name	Time														
<b>Blue (53)</b>		<b>5.9 km 170 m 18 C</b>						<i>(cont.)</i>							
		1(202)	2(230)	3(228)	4(135)	5(232)	6(233)	7(234)	8(236)	9(222)	10(224)	11(131)	12(225)	13(226)	14(229)
		15(192)	16(208)	17(219)	18(133)	F									
<b>44 Ford, David BASOC</b>	<b>1:43:41</b>	1:58 1:58	31:20 29:22	35:23 4:03	38:53 3:30	50:01 11:08	52:17 2:16	54:29 2:12	59:21 4:52	1:06:30 7:09	1:09:04 2:34	1:13:00 3:56	1:16:39 3:39	1:18:45 2:06	1:22:23 3:38
<b>45 Firth, Simon ESOC</b>	<b>1:49:12</b>	8:59 1:51	4:17 8:53	4:39 13:24	2:48 17:06	0:35 31:32	34:32 3:00	37:23 2:51	53:22 15:59	1:02:21 8:59	1:05:43 3:22	1:10:52 5:09	1:15:27 4:35	1:18:09 2:42	1:22:36 4:27
<b>46 Burnapp, Carol ECKO</b>	<b>1:55:04</b>	13:02 2:11	4:37 7:42	6:12 12:03	2:09 19:50	0:36 35:01	1:48:36 38:05	1:49:12 40:41	3:00 55:29	3:00 1:03:47	3:00 1:07:23	3:00 1:12:20	3:00 1:16:28	3:00 1:19:11	3:00 1:25:18
<b>47 Coon, John ECKO</b>	<b>2:06:36</b>	16:47 2:06	3:44 6:38	6:12 15:29	2:12 22:00	0:51 36:19	2:06:36 42:59	2:06:36 46:57	2:06:36 53:01	2:06:36 1:03:48	2:06:36 1:10:07	2:06:36 1:19:14	2:06:36 1:24:21	2:06:36 1:26:37	2:06:36 1:30:39
<b>48 Wilkinson, Rob GRAMP</b>	<b>2:07:41</b>	15:18 2:14	8:48 7:38	8:41 15:01	2:10 22:41	1:00 34:17	2:07:41 51:10	2:07:41 54:22	2:07:41 1:03:17	2:07:41 1:12:16	2:07:41 1:14:41	2:07:41 1:20:38	2:07:41 1:26:07	2:07:41 1:28:58	2:07:41 1:35:52
<b>49 Birch, Richard</b>	<b>2:08:21</b>	16:02 3:16	8:01 9:32	5:33 17:20	1:42 24:36	0:31 39:24	2:08:21 44:50	2:08:21 48:43	2:08:21 54:51	2:08:21 1:06:26	2:08:21 1:12:02	2:08:21 1:18:36	2:08:21 1:26:12	2:08:21 1:28:23	2:08:21 1:32:24
<b>Brown, Frances FVO</b>	<b>mp</b>	1:23 1:23	5:17 3:54	13:38 8:21	17:17 3:39	29:29 12:12	32:33 3:04	34:51 2:18	40:08 5:17	47:23 7:15	49:47 2:24	53:37 3:50	57:24 3:47	59:53 2:29	1:04:06 4:13
<b>Campbell, Andrew MAROC</b>	<b>mp</b>	1:32 1:32	8:54 7:22	23:52 14:58	27:02 3:10	35:37 8:35	39:06 3:29	41:17 2:11	56:50 15:33	-----	-----	-----	-----	-----	1:03:02 6:12
<b>Gomersall, Jack GRAMP</b>	<b>mp</b>	1:09 1:09	8:25 7:16	10:59 2:34	12:56 1:57	23:17 10:21	27:27 4:10	-----	-----	-----	-----	-----	-----	-----	-----
<b>Brodie, Alexander MAROC</b>	<b>mp</b>	2:16 2:16	7:30 5:14	12:54 5:24	15:49 2:55	-----	30:57 15:08	33:36 2:39	38:20 4:44	46:02 7:42	49:10 3:08	53:46 4:36	57:44 3:58	59:55 2:11	1:03:33 3:38
<b>Short Green (29)</b>		<b>3.5 km 80 m 12 C</b>													
		1(204)	2(137)	3(135)	4(227)	5(134)	6(192)	7(191)	8(208)	9(216)	10(214)	11(219)	12(133)	F	
<b>1 Manning, Cerys SWOC</b>	<b>35:51</b>	<b>2:24</b>	<b>9:15</b>	<b>11:02</b>	<b>14:45</b>	<b>18:47</b>	<b>24:48</b>	<b>26:14</b>	<b>28:11</b>	<b>29:48</b>	<b>32:36</b>	<b>33:56</b>	<b>35:23</b>	<b>35:51</b>	
<b>2 Wright, Denise MAROC</b>	<b>52:19</b>	<b>2:24</b>	<b>6:51</b>	<b>1:47</b>	<b>3:43</b>	<b>4:02</b>	<b>6:01</b>	<b>1:26</b>	<b>1:57</b>	<b>2:48</b>	<b>3:36</b>	<b>1:20</b>	<b>1:27</b>	<b>0:28</b>	<b>0:28</b>
<b>3 Grassie, Oonagh GRAMP</b>	<b>59:31</b>	3:05	10:51	12:59	19:20	27:38	36:17	39:26	42:19	44:38	47:50	49:51	51:36	52:19	
<b>4 Maccormick, Marion BASOC</b>	<b>1:00:43</b>	3:05	7:46	2:08	6:21	8:18	8:39	3:09	2:53	2:19	3:12	2:01	1:45	0:43	
<b>5 Carcas, Jane INT</b>	<b>1:02:17</b>	4:02	12:31	15:09	20:00	28:56	36:58	39:55	42:41	50:31	55:25	57:10	58:57	59:31	
<b>6 Finch, Val FVO</b>	<b>1:02:57</b>	4:02	8:29	2:38	4:51	8:56	8:02	2:57	2:46	7:50	4:54	1:45	1:47	0:34	
<b>7 Dale, Kathy MAROC</b>	<b>1:03:08</b>	6:35	17:20	20:07	27:08	33:36	42:59	46:40	49:35	51:40	55:39	57:52	59:56	1:00:43	
<b>8 Coultts, Norma ESOC</b>	<b>1:06:01</b>	6:35	10:45	2:47	7:01	6:28	9:23	3:41	2:55	2:05	3:59	2:13	2:04	0:47	
<b>9 Dudley, Caz MAROC</b>	<b>1:06:20</b>	3:37	16:05	19:20	25:32	32:03	41:37	46:02	49:22	51:36	55:09	59:50	1:01:37	1:02:17	
<b>10 Clark, Janet ESOC</b>	<b>1:09:02</b>	3:37	12:28	3:15	6:12	6:31	9:34	4:25	3:20	2:14	3:33	4:41	1:47	0:40	
<b>11 Clark, Jim ESOC</b>	<b>1:09:42</b>	3:57	15:02	17:51	23:13	34:14	44:00	47:16	50:23	52:53	57:14	59:38	1:01:58	1:02:57	
<b>12 Combe, David TAY</b>	<b>1:12:44</b>	3:57	11:05	2:49	5:22	11:01	9:46	3:16	3:07	2:30	4:21	2:24	2:20	0:59	
<b>13 Getliff, Frances MAROC</b>	<b>1:17:28</b>	6:40	16:36	19:28	25:17	35:21	45:03	49:21	52:20	54:42	58:47	1:00:45	1:02:32	1:03:08	
<b>14 Macgregor, Jayne GRAMP</b>	<b>1:17:58</b>	6:40	9:56	2:52	5:49	10:04	9:42	4:18	2:59	2:22	4:05	1:58	1:47	0:36	
<b>15 Hoy, Anne GRAMP</b>	<b>1:22:25</b>	4:33	16:07	18:37	25:50	35:11	45:32	48:47	52:00	54:48	59:17	1:02:11	1:05:07	1:06:01	
<b>16 Aust, Margaret GRAMP</b>	<b>1:22:33</b>	4:33	11:34	2:30	7:13	9:21	10:21	3:15	3:13	2:48	4:29	2:54	2:56	0:54	
<b>17 Campbell, Tessa MAROC</b>	<b>1:24:22</b>	3:47	17:28	19:54	24:30	36:32	45:08	50:08	53:12	57:42	1:01:23	1:03:43	1:05:43	1:06:20	
<b>18 McMillan, Margaret MAROC</b>	<b>1:27:30</b>	3:47	13:41	2:26	4:36	12:02	8:36	5:00	3:04	4:30	3:41	2:20	2:00	0:37	
<b>19 Wilson hay, Audrey GRAMP</b>	<b>1:28:57</b>	7:03	19:06	22:20	27:57	35:01	46:55	52:30	55:57	59:39	1:03:37	1:06:20	1:08:21	1:09:02	
<b>20 Fraser, Liz TAY</b>	<b>1:30:56</b>	7:03	12:03	3:14	5:37	7:04	11:54	5:35	3:27	3:42	3:58	2:43	2:01	0:41	
<b>21 Pennell, Marguerite WCOE</b>	<b>1:34:11</b>	5:31	23:31	26:14	33:01	38:41	51:44	54:57	57:49	1:00:12	1:04:00	1:06:49	1:08:57	1:09:42	
<b>22 Laws, Moira TAY</b>	<b>1:57:18</b>	5:31	18:00	2:43	6:47	5:40	13:03	3:13	2:52	2:23	3:48	2:49	2:08	0:45	
<b>23 McLaughlin, Patricia STAG</b>	<b>2:05:57</b>	5:12	17:24	20:17	26:56	34:07	50:11	54:28	57:48	1:00:49	1:05:48	1:08:11	1:11:38	1:12:44	
		5:12	12:12	2:53	6:39	7:11	16:04	4:17	3:20	3:01	4:59	2:23	3:27	1:06	
		5:54	22:52	25:22	34:44	40:19	59:36	1:02:07	1:05:57	1:09:16	1:12:23	1:14:24	1:16:42	1:17:28	
		5:54	16:58	2:30	9:22	5:35	19:17	2:31	3:50	3:19	3:07	2:01	2:18	0:46	
		5:31	19:18	22:53	31:26	38:31	51:51	55:30	58:54	1:02:24	1:07:03	1:14:15	1:16:55	1:17:58	
		5:31	13:47	3:35	8:33	7:05	13:20	3:39	3:24	3:30	4:39	7:12	2:40	1:03	
		5:21	19:59	24:29	36:11	45:49	1:00:21	1:03:51	1:07:34	1:12:00	1:16:47	1:19:06	1:21:32	1:22:25	
		5:21	14:38	4:30	11:42	9:38	14:32	3:30	3:43	4:26	4:47	2:19	2:26	0:53	
		5:35	21:21	24:54	34:16	42:38	55:38	1:00:50	1:06:08	1:09:27	1:15:20	1:18:43	1:21:42	1:22:33	
		5:35	15:46	3:33	9:22	8:22	13:00	5:12	5:18	3:19	5:53	3:23	2:59	0:51	
		4:42	16:32	21:29	32:24	53:10	1:02:52	1:08:16	1:10:58	1:14:38	1:18:22	1:21:37	1:23:45	1:24:22	
		4:42	11:50	4:57	10:55	20:46	9:42	5:24	2:42	3:40	3:44	3:15	2:08	0:37	
		39:07	43:47	*229	*218										
<b>18 McMillan, Margaret MAROC</b>	<b>1:27:30</b>	4:04	14:30	18:26	26:19	53:35	1:12:29	1:13:56	1:16:49	1:18:24	1:22:50	1:24:59	1:26:38	1:27:30	
<b>19 Wilson hay, Audrey GRAMP</b>	<b>1:28:57</b>	4:04	10:26	3:56	7:53	27:16	18:54	1:27	2:53	1:35	4:26	2:09	1:39	0:52	
<b>20 Fraser, Liz TAY</b>	<b>1:30:56</b>	7:58	20:13	24:22	32:42	40:51	54:29	1:00:16	1:09:47	1:14:47	1:21:29	1:25:09	1:27:52	1:28:57	
<b>21 Pennell, Marguerite WCOE</b>	<b>1:34:11</b>	7:58	12:15	4:09	8:20	8:09	13:38	5:47	9:31	5:00	6:42	3:40	2:43	1:05	
<b>22 Laws, Moira TAY</b>	<b>1:57:18</b>	7:43	27:56	32:41	43:15	52:01	1:05:32	1:12:28	1:16:12	1:19:01	1:23:26	1:27:03	1:29:58	1:30:56	
<b>23 McLaughlin, Patricia STAG</b>	<b>2:05:57</b>	7:43	20:13	4:45	10:34	8:46	13:31	6:56	3:44	2:49	4:25	3:37	2:55	0:58	
		5:23	15:34	23:11	41:54	52:31	1:07:17	1:11:33	1:18:44	1:22:15	1:26:54	1:30:39	1:33:14	1:34:11	
		5:23	10:11	7:37	18:43	10:37	14:46	4:16	7:11	3:31	4:39	3:45	2:35	0:57	
		5:36	53:23	56:25	1:05:43	1:13:37	1:26:48	1:30:57	1:34:34	1:45:35	1:50:07	1:53:10	1:56:24	1:57:18	
		5:36	47:47	3:02	9:18	7:54	13:11	4:09	3:37	11:01	4:32	3:03	3:14	0:54	
		9:43	1:20:43	1:24:53	1:30:08	1:37:52	1:47:11	1:50:46	1:54:05	1:56:07	2:00:03	2:02:14	2:05:07	2:05:57	
		9:43	1:11:00	4:10	5:15	7:44	9:19	3:35	3:19	2:02	3:56	2:11	2:53	0:50	

Pl Name	Time															
<b>Short Green (29)</b>																
	<b>3.5 km</b>	<b>80 m</b>	<b>12 C</b>													
			1(204)	2(137)	3(135)	4(227)	5(134)	6(192)	7(191)	8(208)	9(216)	10(214)	11(219)	12(133)	F	
	(cont.)															
<b>24 Melville, Katharine TAY</b>	<b>2:16:53</b>	6:06 6:06 52:38 *135	56:23 50:17	59:46 3:23	1:10:51 11:05	1:25:18 14:27	1:45:16 19:58	1:50:53 5:37	1:57:36 6:43	2:00:51 3:15	2:06:46 5:55	2:10:57 4:11	2:16:00 5:03	2:16:53 0:53		
<b>Aitken, Angus GRAMP</b>	<b>mp</b>	5:23 5:23 23:38 *135	28:38 23:15	32:10 3:32	40:55 8:45	51:04 10:09	1:05:42 14:38	1:10:33 4:51	1:15:16 4:43	----	----	----	----	2:09:34 54:18		
<b>Craig, Marjory MAROC</b>	<b>mp</b>	6:42 6:42	48:08 41:26	52:20 4:12	59:54 7:34	1:06:45 6:51	----	----	----	----	----	----	----	----		
<b>Holliday, Judie INVOC</b>	<b>mp</b>	6:06 6:06	29:44 23:38	33:36 3:52	41:39 8:03	52:34 10:55	1:14:12 21:38	1:17:44 3:32	1:21:41 3:57	----	----	----	----	----		
<b>Shepherd, Lorraine INVOC</b>	<b>mp</b>	4:02 4:02 45:10 *208	14:02 10:00	16:12 2:10	21:03 4:51	25:44 4:41	41:23 15:39	54:57 13:34	57:16 2:19	1:08:29 11:13	----	----	----	----		
<b>Wilkinson, Fran GRAMP</b>	<b>mp</b>	6:16 6:16	----	----	----	----	56:54 50:38	1:00:41 3:47	1:03:36 2:55	----	----	----	----	1:19:00 15:24		
<b>Short Blue (26)</b>																
	<b>4.8 km</b>	<b>130 m</b>	<b>13 C</b>													
			1(202)	2(134)	3(228)	4(135)	5(237)	6(232)	7(234)	8(221)	9(235)	10(226)	11(208)	12(211)	13(133)	F
<b>1 Oxlade, Richard GRAMP</b>	<b>46:42</b>	<b>1:08</b> <b>1:08</b>	<b>5:28</b> <b>4:20</b>	<b>7:49</b> <b>2:21</b>	10:52 3:03	14:56 4:04	20:39 <b>5:43</b>	23:36 2:57	<b>28:44</b> 5:08	<b>32:38</b> 3:54	<b>33:40</b> 1:02	<b>39:32</b> <b>5:52</b>	<b>43:42</b> 4:10	<b>46:04</b> <b>2:22</b>	<b>46:42</b> 0:38	
<b>2 Rodgers, Mike MOR</b>	<b>49:05</b>	1:17 1:17	6:07 4:50	8:35 2:28	10:55 2:20	<b>13:14</b> 2:19	<b>19:28</b> 6:14	<b>23:24</b> 3:56	28:55 5:31	32:47 3:52	35:20 2:33	41:52 6:32	45:56 4:04	48:26 2:30	49:05 0:39	
<b>3 Smirthwaite, Steve MOR</b>	<b>49:57</b>	1:14 1:14	5:40 4:26	7:58 <b>2:18</b>	<b>10:39</b> 2:41	14:29 3:50	20:40 6:11	24:17 3:37	29:24 5:07	35:32 6:08	36:33 <b>1:01</b>	42:49 6:16	46:38 <b>3:49</b>	49:14 2:36	49:57 0:43	
<b>4 Coombs, Kirsty MAROC</b>	<b>53:07</b>	1:52 1:52	7:36 5:44	10:48 3:12	13:28 2:40	15:44 <b>2:16</b>	23:01 7:17	26:47 3:46	33:07 6:20	36:57 3:50	38:21 1:24	45:13 6:52	49:52 4:39	52:27 2:35	53:07 0:40	
<b>5 McLean, Neil GRAMP</b>	<b>56:22</b>	1:27 1:27	7:04 5:37	9:52 2:48	12:23 2:31	15:00 2:37	22:25 7:25	25:55 3:30	31:50 5:55	35:51 4:01	40:22 4:31	48:06 7:44	52:43 4:37	55:44 3:01	56:22 0:38	
<b>6 Aldridge, Malcolm MOR</b>	<b>57:22</b>	1:40 1:40	8:52 7:12	11:30 2:38	13:56 2:26	18:15 4:19	24:52 6:37	27:59 3:07	33:29 5:30	37:24 3:55	38:48 1:24	48:52 10:04	53:57 5:05	56:49 2:52	57:22 0:33	
<b>7 McLeod, Marsela INVOC</b>	<b>58:18</b>	1:39 1:39	6:21 4:42	10:10 3:49	12:42 2:32	18:09 5:27	27:23 9:14	30:30 3:07	37:57 7:27	42:00 4:03	43:12 1:12	50:45 7:33	54:56 4:11	57:33 2:37	58:18 0:45	
<b>8 Patterson, Christine CLYDE</b>	<b>58:40</b>	1:40 1:40	7:12 5:32	9:57 2:45	12:19 2:22	14:37 2:18	24:10 9:33	27:44 3:34	34:01 6:17	39:18 5:17	42:10 2:52	50:34 8:24	55:26 4:52	58:06 2:40	58:40 0:34	
<b>9 Coombs, Tricia MAROC</b>	<b>59:41</b>	1:24 1:24	7:14 5:50	10:32 3:18	13:54 3:22	17:37 3:43	26:44 9:07	30:39 3:55	37:55 7:16	42:29 4:34	43:50 1:21	51:05 7:15	56:11 5:06	58:55 2:44	59:41 0:46	
<b>10 Barr, Nicholas MOR</b>	<b>1:00:09</b>	1:34 1:34	6:08 4:34	10:28 4:20	14:26 3:58	17:09 2:43	30:02 12:53	32:59 2:57	39:42 6:43	43:24 <b>3:42</b>	44:41 1:17	52:59 8:18	57:21 4:22	59:44 2:23	1:00:09 <b>0:25</b>	
<b>11 Longhurst, Victoria FVO</b>	<b>1:00:10</b>	1:27 1:27	7:01 5:34	9:46 2:45	15:56 6:10	21:34 5:38	29:01 7:27	32:54 3:53	38:47 5:53	42:31 3:44	43:38 1:07	52:19 8:41	57:03 4:44	59:35 2:32	1:00:10 0:35	
<b>12 Ackland, Jane INT</b>	<b>1:01:07</b>	1:13 1:13	7:00 5:47	11:07 4:07	14:38 3:31	24:10 9:32	31:24 7:14	34:34 3:10	39:39 <b>5:05</b>	44:10 4:31	45:15 1:05	53:32 8:17	58:00 4:28	1:00:36 2:36	1:01:07 0:31	
<b>13 Wilson, Rachel CLYDE</b>	<b>1:03:32</b>	1:43 1:43	7:02 5:19	11:13 4:11	13:41 2:28	21:16 7:35	28:17 7:01	32:04 3:47	39:44 7:40	45:13 5:29	46:25 1:12	54:04 7:39	1:00:02 5:58	1:02:51 2:49	1:03:32 0:41	
<b>14 Strain, Sheila ELO</b>	<b>1:05:20</b>	1:42 1:42	7:22 5:40	10:36 3:14	15:46 5:10	19:10 3:24	27:32 8:22	31:28 3:56	38:43 7:15	44:15 5:32	46:01 1:46	54:51 8:50	1:01:37 6:46	1:04:39 3:02	1:05:20 0:41	
<b>15 Weir, Pippa MOR</b>	<b>1:07:24</b>	1:46 1:46	11:29 9:43	15:01 3:32	19:01 4:00	21:59 2:58	31:00 9:01	34:43 3:43	43:13 8:30	47:10 3:57	48:31 1:21	57:15 8:44	1:03:32 6:17	1:06:42 3:10	1:07:24 0:42	
<b>16 Rowlands, Helen GRAMP</b>	<b>1:08:39</b>	2:04 2:04	8:13 6:09	13:16 5:03	16:26 3:10	20:09 3:43	31:40 11:31	36:21 4:41	43:49 7:28	48:09 4:20	49:58 1:49	59:24 9:26	1:04:56 5:32	1:07:56 3:00	1:08:39 0:43	
<b>17 Galloway, Lucy INT</b>	<b>1:08:44</b>	2:52 2:52	9:28 6:36	13:03 3:35	17:13 4:10	21:39 4:26	30:43 9:04	33:43 3:00	43:52 10:09	49:40 5:48	51:44 2:04	59:40 7:56	1:05:24 5:44	1:08:12 2:48	1:08:44 0:32	
<b>18 Lindsay, Sally ESO</b>	<b>1:14:39</b>	1:47 1:47	10:16 8:29	14:32 4:16	22:10 7:38	25:14 3:04	36:23 11:09	40:39 4:16	47:51 7:12	53:52 6:01	55:26 1:34	1:04:32 9:06	1:10:58 6:26	1:14:02 3:04	1:14:39 0:37	
<b>19 Ricketts, Trevor MAROC</b>	<b>1:15:10</b>	1:56 1:56	9:23 7:27	11:43 2:20	21:10 9:27	38:37 17:27	45:20 6:43	48:09 <b>2:49</b>	54:53 6:44	58:47 3:54	1:00:04 1:17	1:07:12 7:08	1:11:59 4:47	1:14:34 2:35	1:15:10 0:36	
<b>20 Gomersall, Lesley GRAMP</b>	<b>1:16:26</b>	1:28 1:28	18:48 17:20	22:14 3:26	26:14 4:00	30:12 3:58	41:15 11:03	45:00 3:45	52:52 7:52	57:07 4:15	58:49 1:42	1:07:24 8:35	1:12:36 5:12	1:15:38 3:02	1:16:26 0:48	
<b>21 Vincent, Ceri CLYDE</b>	<b>1:19:13</b>	2:53 2:53	9:48 6:55	15:24 5:36	21:29 6:05	26:12 4:43	39:00 12:48	43:08 4:08	51:41 8:33	57:29 5:48	59:20 1:51	1:08:46 9:26	1:15:31 6:45	1:18:36 3:05	1:19:13 0:37	
<b>22 Roberts, Keith MAROC</b>	<b>1:19:46</b>	1:51 1:51	8:18 6:27	11:15 2:57	23:51 12:36	29:12 5:21	38:10 8:58	41:38 3:28	51:41 10:03	56:37 4:56	58:09 1:32	1:08:08 9:59	1:15:59 7:51	1:19:14 3:15	1:19:46 0:32	
<b>23 Salem, Stephen BASOC</b>	<b>1:20:34</b>	1:54 1:54	7:30 5:36	17:42 10:12	22:10 4:28	25:56 3:46	37:12 11:16	41:31 4:19	52:17 10:46	58:43 6:26	1:00:45 2:02	1:10:33 9:48	1:16:31 5:58	1:19:59 3:28	1:20:34 0:35	
<b>24 Howard, Siv MAROC</b>	<b>1:24:09</b>	1:45 1:45	9:02 7:17	14:29 5:27	24:34 10:05	27:43 3:09	38:36 10:53	43:18 4:42	54:44 11:26	1:00:35 5:51	1:02:27 1:52	1:13:16 10:49	1:20:04 6:48	1:23:29 3:25	1:24:09 0:40	
<b>25 Ellison, David KFO</b>	<b>1:44:24</b>	2:20 2:20	17:23 15:03	31:58 14:35	47:40 15:42	54:30 6:50	1:04:52 10:22	1:09:17 4:25	1:19:07 9:50	1:23:40 4:33	1:25:20 1:40	1:34:31 9:11	1:40:37 6:06	1:43:36 2:59	1:44:24 0:48	
<b>Robertson, Kate GRAMP</b>	<b>mp</b>	1:30 1:30	6:16 4:46	9:45 3:29	11:56 <b>2:11</b>	27:51 15:55	36:39 8:48	----	----	45:56 9:17	47:14 1:18	----	55:48 8:34	59:02 3:14	59:46 0:44	
<b>Short Brown (33)</b>																
	<b>7.4 km</b>	<b>190 m</b>	<b>22 C</b>													
			1(204)	2(134)	3(137)	4(192)	5(191)	6(208)	7(215)	8(135)	9(232)	10(233)	11(236)	12(222)	13(224)	14(221)
			15(235)	16(226)	17(229)	18(136)	19(214)	20(219)	21(211)	22(133)		F				
<b>1 Petrie, Donald CLYDE</b>	<b>1:01:30</b>	2:07 2:07 <b>42:54</b>	<b>5:59</b> <b>3:52</b>	<b>7:49</b> <b>1:50</b>	<b>11:20</b> <b>3:31</b>	<b>12:56</b> <b>1:36</b>	<b>14:30</b> <b>1:34</b>	<b>16:01</b> <b>1:31</b>	<b>19:20</b> <b>3:19</b>	<b>25:49</b> <b>6:29</b>	<b>27:30</b> <b>1:41</b>	<b>31:54</b> <b>4:24</b>	<b>36:25</b> <b>4:31</b>	<b>38:04</b> <b>1:39</b>	<b>39:41</b> <b>1:37</b>	
<b>2 McIntyre, Graham INT</b>	<b>1:05:08</b>	3:13 2:15 4:15	0:56 7:14 4:59	2:18 9:09 1:55	5:11 12:36 3:27	<b>5:37</b> 14:27 1:51	1:10 16:08 1:41	0:57 17:36 1:28	1:59 20:56 3:20	0:28 27:22 6:26	29:15 33:56 1:53	38:30 40:20 4:41	42:08 4:34 1:50	42:08 1:50 1:48		
		3:04	1:30	2:31	4:07	6:29	1:15	1:18	2:16	0:30						

Pl Name	Time														
<b>Short Brown (33)</b>		<b>7.4 km 190 m 22 C</b>							<i>(cont.)</i>						
		1(204)	2(134)	3(137)	4(192)	5(191)	6(208)	7(215)	8(135)	9(232)	10(233)	11(236)	12(222)	13(224)	14(221)
		15(235)	16(226)	17(229)	18(136)	19(214)	20(219)	21(211)	22(133)	F					
<b>3 Lawrence, Peter GRAMP</b>	<b>1:05:34</b>	2:35	7:05	8:55	12:29	14:14	15:44	17:16	20:51	27:33	29:39	34:57	40:17	42:10	43:52
		2:35	4:30	1:50	3:34	1:45	1:30	1:32	3:35	6:42	2:06	5:18	5:20	1:53	1:42
		47:06	48:09	50:27	54:10	1:00:48	1:01:55	1:03:01	1:05:05	1:05:34					
		3:14	1:03	2:18	3:43	6:38	<b>1:07</b>	1:06	2:04	0:29					
<b>4 Chepelin, Evgueni GRAMP</b>	<b>1:06:22</b>	2:18	7:02	9:15	13:49	15:23	16:54	18:37	22:55	29:13	30:59	35:42	40:24	42:44	44:31
		2:18	4:44	2:13	4:34	1:34	1:31	1:43	4:18	6:18	1:46	4:43	4:42	2:20	1:47
		47:37	48:41	51:29	56:02	1:01:53	1:03:04	1:04:01	1:05:54	1:06:22					
		3:06	1:04	2:48	4:33	5:51	1:11	0:57	<b>1:53</b>	0:28					
<b>5 Daly, Robert GRAMP</b>	<b>1:06:40</b>	2:15	6:43	9:17	13:23	15:10	16:39	18:20	22:07	28:59	31:04	36:01	41:06	42:58	44:57
		2:15	4:28	2:34	4:06	1:47	1:29	1:41	3:47	6:52	2:05	4:57	5:05	1:52	1:59
		47:55	48:50	51:15	55:36	1:01:44	1:02:58	1:03:58	1:06:11	1:06:40					
		2:58	<b>0:55</b>	2:25	4:21	6:08	1:14	1:00	2:13	0:29					
<b>6 Strain, Kirsten EUOC</b>	<b>1:07:49</b>	2:07	6:45	8:33	14:58	16:19	17:42	19:24	23:26	30:00	31:52	36:35	41:27	43:25	45:11
		2:07	4:38	<b>1:48</b>	6:25	<b>1:21</b>	1:23	1:42	4:02	6:34	1:52	4:43	4:52	1:58	1:46
		48:19	49:17	51:44	55:54	1:03:03	1:04:13	1:05:09	1:07:18	1:07:49					
		3:08	0:58	2:27	4:10	7:09	1:10	<b>0:56</b>	2:09	0:31					
<b>7 Campbell, Alex BASOC</b>	<b>1:08:04</b>	<b>1:46</b>	6:14	8:18	11:38	13:10	15:45	17:18	21:06	28:26	30:42	35:34	40:46	42:34	44:31
		<b>1:46</b>	4:28	2:04	<b>3:20</b>	1:32	2:35	1:33	3:48	7:20	2:16	4:52	5:12	1:48	1:57
		48:10	49:27	51:58	55:54	1:02:47	1:04:26	1:05:30	1:07:39	1:08:04					
		3:39	1:17	2:31	3:56	6:53	1:39	1:04	2:09	<b>0:25</b>					
<b>8 Dean, Hazel FVO</b>	<b>1:08:10</b>	2:21	7:02	8:54	12:37	14:17	16:07	17:43	23:30	<b>30:02</b>	32:09	37:22	42:29	44:24	46:09
		2:21	4:41	1:52	3:43	1:40	1:50	1:36	5:47	6:32	2:07	5:13	5:07	1:55	1:45
		49:15	50:13	52:46	56:25	1:03:14	1:04:29	1:05:31	1:07:43	1:08:10					
		3:06	0:58	2:33	<b>3:39</b>	6:49	1:15	1:02	2:12	0:27					
<b>9 Carlyle, Becky FVO</b>	<b>1:08:13</b>	2:12	6:46	8:39	12:32	14:03	15:31	17:03	21:53	29:18	31:27	36:27	41:24	43:15	45:08
		2:12	4:34	1:53	3:53	1:31	1:28	1:32	4:50	7:25	2:09	5:00	4:57	1:51	1:53
		48:41	49:41	52:05	56:48	1:03:03	1:04:34	1:05:34	1:07:42	1:08:13					
		3:33	1:00	2:24	4:43	6:15	1:31	1:00	2:08	0:31					
<b>10 Wright, Hazel EUOC</b>	<b>1:10:18</b>	2:27	7:01	9:01	12:52	14:41	16:13	17:49	21:18	29:13	31:02	38:08	43:43	45:36	47:22
		2:27	4:34	2:00	3:51	1:49	1:32	1:36	3:29	7:55	1:49	7:06	5:35	1:53	1:46
		50:13	51:09	54:11	58:08	1:04:52	1:06:37	1:07:48	1:09:49	1:10:18					
		2:51	0:56	3:02	3:57	6:44	1:45	1:11	2:01	0:29					
<b>11 Gomersall, Sam GRAMP</b>	<b>1:10:42</b>	2:21	6:57	9:18	13:25	15:11	16:40	18:16	21:54	29:56	31:45	39:12	44:37	46:31	48:15
		2:21	4:36	2:21	4:07	1:46	1:29	1:36	3:38	8:02	1:49	7:27	5:25	1:54	1:44
		51:34	52:49	55:18	59:05	1:05:45	1:06:56	1:07:59	1:10:12	1:10:42					
		3:19	1:15	2:29	3:47	6:40	1:11	1:03	2:13	0:30					
<b>12 Wilson, Steve CLYDE</b>	<b>1:11:12</b>	2:13	6:31	8:23	12:50	14:17	15:53	17:22	22:02	29:32	31:42	38:50	44:10	46:11	48:07
		2:13	4:18	1:52	4:27	1:27	1:36	1:29	4:40	7:30	2:10	7:08	5:20	2:01	1:56
		50:50	51:53	54:32	59:11	1:06:11	1:07:32	1:08:36	1:10:44	1:11:12					
		<b>2:43</b>	1:03	2:39	4:39	7:00	1:21	1:04	2:08	0:28					
<b>13 Berrow, Fiona FVO</b>	<b>1:11:43</b>	2:31	7:22	9:44	15:16	17:15	18:53	20:19	25:10	32:02	33:49	39:42	45:07	47:07	49:00
		2:31	4:51	2:22	5:32	1:59	1:38	1:26	4:51	6:52	1:47	5:53	5:25	2:00	1:53
		51:58	53:18	56:10	1:00:10	1:06:22	1:07:53	1:09:07	1:11:13	1:11:43					
		2:58	1:20	2:52	4:00	6:12	1:31	1:14	2:06	0:30					
<b>14 Halliday, Jess EUOC</b>	<b>1:12:15</b>	2:06	13:45	15:44	19:19	20:41	22:09	23:49	27:27	33:28	35:10	39:30	44:11	46:07	47:48
		2:06	11:39	1:59	3:35	1:22	1:28	1:40	3:38	<b>6:01</b>	1:42	<b>4:20</b>	4:41	1:56	1:41
		50:55	52:02	54:31	59:15	1:06:58	1:08:31	1:09:31	1:11:44	1:12:15					
		3:07	1:07	2:29	4:44	7:43	1:33	1:00	2:13	0:31					
<b>15 Dunn, Sarah MAROC</b>	<b>1:13:51</b>	2:23	7:50	9:49	13:28	15:09	16:48	18:29	22:30	30:36	33:34	39:18	44:32	46:44	49:04
		2:23	5:27	1:59	3:39	1:41	1:39	1:41	4:01	8:06	2:58	5:44	5:14	2:12	2:20
		52:08	53:13	55:42	59:58	1:06:45	1:08:46	1:10:56	1:13:19	1:13:51					
		3:04	1:05	2:29	4:16	6:47	2:01	2:10	2:23	0:32					
<b>16 Hale, Nick GRAMP</b>	<b>1:15:13</b>	1:58	6:14	8:20	12:25	13:56	15:53	17:29	21:36	30:31	32:25	37:31	46:08	48:04	50:02
		1:58	4:16	2:06	4:05	1:31	1:57	1:36	4:07	8:55	1:54	5:06	8:37	1:56	1:58
		53:27	54:31	58:26	1:03:01	1:09:56	1:11:17	1:12:13	1:14:41	1:15:13					
		3:25	1:04	3:55	4:35	6:55	1:21	<b>0:56</b>	2:28	0:32					
<b>17 Howells, Ian MOR</b>	<b>1:15:30</b>	2:21	6:50	10:15	15:06	17:08	19:36	21:42	26:10	33:00	35:02	40:16	45:55	48:34	50:39
		2:21	4:29	3:25	4:51	2:02	2:28	2:06	4:28	6:50	2:02	5:14	5:39	2:39	2:05
		53:58	55:00	57:13	1:01:40	1:10:36	1:12:01	1:12:57	1:15:05	1:15:30					
		3:19	1:02	<b>2:13</b>	4:27	8:56	1:25	<b>0:56</b>	2:08	<b>0:25</b>					
<b>18 Reynard, Kevin GRAMP</b>	<b>1:15:46</b>	2:12	6:44	9:04	13:45	15:49	17:22	19:28	24:28	32:01	34:14	42:15	47:56	50:00	52:00
		2:12	4:32	2:20	4:41	2:04	1:33	2:06	5:00	7:33	2:13	8:01	5:41	2:04	2:00
		55:26	56:27	58:56	1:02:51	1:10:16	1:11:33	1:12:49	1:15:13	1:15:46					
		3:26	1:01	2:29	3:55	7:25	1:17	1:16	2:24	0:33					
<b>19 Coombs, Roger MAROC</b>	<b>1:15:54</b>	1:56	6:12	8:21	14:51	16:46	18:10	19:49	23:27	29:53	32:02	37:58	44:54	47:03	49:02
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		52:39	55:11	58:28	1:02:59	1:10:00	1:11:28	1:12:55	1:15:18	1:15:54					
		3:37	2:32	3:17	4:31	7:01	1:28	1:27	2:23	0:36					
<b>20 Stockton, Mark GRAMP</b>	<b>1:17:30</b>	2:08	6:16	8:04	11:55	14:01	15:58	17:59	21:37	28:41	31:07	45:01	50:25	52:14	54:19
		2:08	4:08	<b>1:48</b>	3:51	2:06	1:57	2:01	3:38	7:04	2:26	13:54	5:24	1:49	2:05
		57:29	58:29	1:00:55	1:05:06	1:12:11	1:13:29	1:14:35	1:17:01	1:17:30					
		3:10	1:00	2:26	4:11	7:05	1:18	1:06	2:26	0:29					
<b>21 Walton, Charlie INVOC</b>	<b>1:18:38</b>	2:31	6:55	9:04	19:19	20:52	22:24	23:53	27:34	35:15	37:21	43:00	48:41	51:16	54:26
		2:31	4:24	2:09	10:15	1:33	1:32	1:29	3						

Pl Name	Time														
<b>Short Brown (33)</b>		<b>7.4 km 190 m 22 C</b>											<i>(cont.)</i>		
		1(204) 15(235)	2(134) 16(226)	3(137) 17(229)	4(192) 18(136)	5(191) 19(214)	6(208) 20(219)	7(215) 21(211)	8(135) 22(133)	9(232) F	10(233)	11(236)	12(222)	13(224)	14(221)
<b>26 Parkinson, Rupert FVO</b>	<b>1:22:06</b>	3:07 3:07 57:42 3:11	7:28 4:21 58:55 1:13	10:35 3:07 1:01:20 2:25	19:00 8:25 1:08:49 7:29	20:31 1:31 1:16:18 7:29	22:21 1:50 1:17:47 1:29	23:47 1:26 1:19:00 1:13	27:24 3:37 1:21:35 2:35	34:52 7:28 1:22:06 0:31	38:37 3:45 16:21 *216	45:05 6:28 48:07 53:19	50:32 5:27 55:58 58:52	52:43 2:11 2:00 1:01:40	54:31 1:48
<b>27 Nicoll, Grahame TAY</b>	<b>1:23:03</b>	3:06 3:06 1:01:43 4:25	7:38 4:32 1:02:48 1:05:57	9:52 2:14 1:05:57 1:10:22	17:33 7:41 1:10:22 1:17:18	19:18 1:45 1:17:18 1:18:58	21:14 1:56 1:20:17 1:40	23:31 2:17 1:22:34 1:19	28:07 4:36 1:23:03 2:17	35:04 6:57 1:23:03 0:29	36:51 1:47 4:25 2:24	48:07 11:16 55:58 58:52	53:19 5:12 58:52 1:01:40	55:19 2:00 2:54 2:48	57:18 1:59
<b>28 Campbell, Neil MAROC</b>	<b>1:30:26</b>	5:39 2:45 1:05:36 4:42	1:16 7:01 1:06:39 1:03	3:12 8:59 1:09:18 2:39	4:40 22:46 1:16:05 6:47	8:21 24:16 1:27:25 11:20	1:23 1:30 1:29:17 1:52	1:21 27:35 1:30:31 1:14	2:27 31:51 1:32:41 2:10	0:27 38:37 1:33:08 0:27	40:29 1:52 4:25 3:09	51:53 11:24 55:58 54:17	57:10 5:17 58:52 1:01:09	59:10 2:00 2:54 1:03:40	1:00:54 1:44
<b>29 McMillan, Paul MAROC</b>	<b>1:33:08</b>	5:39 2:45 1:05:36 4:42	1:16 7:01 1:06:39 1:03	3:12 8:59 1:09:18 2:39	4:40 22:46 1:16:05 6:47	8:21 24:16 1:27:25 11:20	1:23 1:30 1:29:17 1:52	1:21 27:35 1:30:31 1:14	2:27 31:51 1:32:41 2:10	0:27 38:37 1:33:08 0:27	40:29 1:52 4:25 3:09	51:53 11:24 55:58 54:17	57:10 5:17 58:52 1:01:09	59:10 2:00 2:54 1:03:40	1:00:54 1:44
<b>30 Hornby, Rupert RAFO</b>	<b>1:33:39</b>	3:09 3:09 1:09:37 3:42	19:03 15:54 1:14:02 1:08	21:50 2:47 1:20:05 3:17	26:43 4:53 1:20:05 6:03	28:56 2:13 1:27:46 7:41	30:40 1:44 1:29:22 1:36	32:17 1:37 1:30:42 1:20	36:36 4:19 1:33:05 2:23	45:12 8:36 1:33:39 0:34	47:25 2:13 3:42 1:08	54:17 6:52 1:00:47 9:38	1:01:09 6:52 1:08:29 7:42	1:03:40 2:31 1:10:28 1:59	1:05:55 2:15
<b>31 Shepherd, Iain INVOC</b>	<b>1:37:02</b>	2:49 2:49 1:15:59 3:34	7:44 4:55 1:16:58 0:59	13:09 5:25 1:19:25 2:27	24:54 11:45 1:24:33 5:08	27:11 2:17 1:31:36 7:03	31:05 3:54 1:33:02 1:26	33:03 1:58 1:34:18 1:16	38:24 5:21 1:36:32 2:14	48:30 10:06 1:37:02 0:30	51:09 2:39 4:38 3:56	1:00:47 9:38 1:04:22 5:14	1:08:29 7:42 1:07:10 19:35	1:10:28 1:59 1:10:22 1:53	1:12:25 1:57
<b>32 Frost, Paul ECKO</b>	<b>1:41:01</b>	3:56 3:56 1:15:00 4:38	9:21 5:25 1:16:23 1:23	11:43 2:22 1:20:17 3:54	19:14 7:31 1:25:18 5:01	21:26 2:12 1:34:11 8:53	24:18 2:52 1:36:15 2:04	25:58 1:40 1:37:39 1:24	32:20 6:22 1:40:26 2:47	41:43 9:23 1:41:01 0:35	44:30 2:47 4:38 3:05	57:36 13:06 1:05:58 46:23	1:04:22 6:46 1:07:51 19:35	1:07:10 2:48 1:09:33 1:53	1:10:22 3:12
<b>Salisbury, Colin INVOC</b>	<b>mp</b>	3:05 3:05 1:12:38 3:05	7:15 4:10 1:13:46 1:08	----- 15:01 1:16:21 2:35	22:16 15:01 1:20:17 3:56	23:47 1:31 1:27:39 7:22	25:29 1:42 1:29:03 1:24	26:55 1:26 1:30:20 1:17	30:31 3:36 1:32:54 2:34	37:54 7:23 1:33:19 0:25	41:09 3:15 16:06 *237	46:23 5:14 1:05:58 1:07:51	1:05:58 19:35 1:53 1:09:33	1:07:51 1:53 1:09:33	1:09:33 1:42
<b>Brown (25)</b>		<b>9.1 km 260 m 25 C</b>													
		1(223) 15(233)	2(230) 16(236)	3(228) 17(130)	4(192) 18(222)	5(191) 19(224)	6(208) 20(221)	7(215) 21(225)	8(194) 22(229)	9(137) 23(237)	10(227) 24(211)	11(226) 25(133)	12(232) F	13(204)	14(134)
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<b>2 Griffin, Tim GRAMP</b>	<b>1:12:47</b>	1:27 1:27 43:01 4:24	6:17 4:50 47:01 4:00	9:28 3:11 49:05 2:04	13:17 3:49 52:17 3:12	14:48 1:31 53:54 1:37	16:07 1:19 55:31 1:37	17:25 1:18 58:17 2:46	18:19 0:54 1:00:56 2:39	22:42 4:23 1:03:34 2:38	25:15 2:33 1:10:31 6:57	26:23 1:08 1:12:22 1:51	31:39 5:16 1:12:47 0:25	34:55 3:16 3:42	38:37 3:42
<b>3 Smithard, Christopher DEE</b>	<b>1:16:15</b>	3:17 3:17 45:53 4:34	8:07 4:50 49:46 3:53	11:34 3:27 51:57 2:11	15:23 3:49 55:27 3:30	16:41 1:18 57:10 1:43	17:55 1:14 58:53 1:43	19:18 1:23 1:01:55 3:02	20:27 1:09 1:04:05 2:10	24:01 3:34 1:06:31 2:26	26:24 2:23 1:13:48 7:17	27:17 0:53 1:15:49 2:01	32:35 5:18 1:16:15 0:26	37:03 4:28 3:47	41:19 4:16
<b>4 Stansfield, Ben FVO</b>	<b>1:17:10</b>	1:25 1:25 45:53 5:00	6:10 4:45 49:46 4:29	8:29 2:19 51:57 2:31	12:34 4:05 55:27 3:22	13:50 1:16 57:10 1:33	15:15 1:25 58:53 1:34	16:42 1:27 1:01:55 2:59	17:44 1:02 1:04:05 2:57	21:45 4:01 1:06:31 2:25	24:41 2:56 1:13:48 7:16	26:02 1:21 1:15:49 2:02	32:40 6:38 1:16:15 0:36	36:27 3:47	40:53 4:26
<b>5 Lindsay, Andrew ESOC</b>	<b>1:19:03</b>	1:47 1:47 46:45 4:46	6:23 4:36 51:48 5:03	8:55 2:32 54:27 2:09	13:35 4:40 58:11 3:33	15:16 1:41 59:54 2:01	16:39 1:23 1:01:33 1:16	18:03 1:24 1:04:12 1:42	19:07 1:04 1:07:07 2:39	24:23 5:16 1:09:37 2:55	27:12 2:49 1:16:46 2:30	28:07 0:55 1:18:41 1:55	33:13 5:06 1:19:03 0:22	37:10 3:57	41:59 4:49
<b>6 Gomersall, Tim GRAMP</b>	<b>1:21:12</b>	4:46 1:13 45:46 5:47	5:03 5:38 51:12 5:26	2:39 7:47 54:11 2:59	3:44 11:20 57:55 3:44	1:43 13:21 59:40 1:45	1:39 14:37 1:01:45 1:36	2:39 16:19 1:04:23 2:32	2:55 17:20 1:07:01 2:38	2:30 21:14 1:10:06 3:05	2:30 24:17 1:18:28 8:22	7:09 25:08 1:20:38 2:10	1:55 30:46 1:21:12 0:34	0:22 35:16 1:21:12 0:34	0:22 39:59 1:21:12 0:34
<b>7 Purves, Fraser FVO</b>	<b>1:21:57</b>	1:26 1:26 47:21 4:58	9:35 8:09 53:41 6:20	11:50 2:15 55:59 2:18	16:00 4:10 59:56 3:57	17:49 1:49 1:01:42 1:46	19:13 1:24 1:03:14 1:32	20:34 1:21 1:06:26 3:12	21:39 1:05 1:08:49 2:23	25:04 3:25 1:11:48 2:59	27:33 2:29 1:19:26 3:05	28:42 1:09 1:21:27 2:10	35:15 6:33 1:21:57 0:30	38:24 3:09	42:23 3:59
<b>8 Milton, Kenneth CLYDE</b>	<b>1:22:11</b>	2:39 2:39 49:48 5:19	8:06 5:27 55:34 5:46	11:08 3:02 57:54 2:20	16:30 5:22 1:01:15 3:21	18:15 1:45 1:03:08 1:53	19:36 1:21 1:04:44 1:36	21:14 1:38 1:07:16 2:32	22:14 1:00 1:10:10 2:54	26:20 4:06 1:12:48 2:38	29:36 3:16 1:19:59 7:11	30:43 1:07 1:21:46 1:47	36:21 5:38 1:22:11 0:25	40:13 3:52	44:29 4:16
<b>9 McMurtrie, Andrew MAROC</b>	<b>1:25:19</b>	2:47 2:47 47:54 5:07	7:43 4:56 52:29 4:35	10:13 2:30 54:58 2:29	14:04 3:51 58:39 3:41	15:43 1:39 1:00:34 1:55	17:12 1:29 1:02:15 1:41	18:41 1:29 1:05:08 2:53	19:45 1:04 1:08:05 2:57	24:32 4:47 1:14:29 6:24	27:23 2:51 1:22:32 8:03	28:24 1:01 1:24:49 2:17	34:15 5:51 1:25:19 0:30	38:16 4:01	42:47 4:31
<b>10 Huthwaite, Chris ESOC</b>	<b>1:26:00</b>	1:49 1:49 49:30 5:03	6:52 5:03 54:13 4:43	9:56 3:04 56:54 2:41	14:19 4:23 1:00:29 3:35	16:04 1:45 1:02:41 2:12	17:35 1:31 1:04:40 1:59	19:27 1:52 1:07:33 2:53	20:35 1:08 1:11:11 3:38	24:31 3:56 1:14:28 3:17	27:22 2:51 1:23:04 8:36	28:31 1:09 1:25:26 2:22	34:26 5:55 1:26:00 0:34	38:21 3:55	44:27 6:06
<b>11 Gardener, Heather SWOC</b>	<b>1:29:40</b>	3:46 3:46 52:08 5:10	8:52 5:06 56:58 4:50	11:28 2:36 59:48 2:50	16:12 4:44 1:04:41 4:53	17:29 1:17 1:06:39 1:58	18:52 1:23 1:08:32 1:53	20:20 1:28 1:11:17 2:45	21:53 1:33 1:14:28 3:11	26:01 4:08 1:18:44 4:16	29:28 3:27 1:27:00 8:16	30:41 1:13 1:29:10 2:10	37:47 7:06 1:29:40 0:30	42:12 4:25	46:58 4:46
<b>12 Galloway, Robin INT</b>	<b>1:36:02</b>	3:13 3:13 54:51 5:43	8:07 4:54 59:48 4:57	12:40 4:33 1:01:55 2:07	20:28 7:48 1:06:06 4:11	22:25 1:57 1:08:20 2:14	23:55 1:30 1:10:12 1:52	25:13 1:18 1:12:59 2:47	26:26 1:13 1:16:41 3:42	30:21 3:55 1:22:18 5:37	33:25 3:04 1:33:24 11:06	34:37 1:12 1:35:36 2:12	41:00 6:23 1:36:02 0:26	44:41 3:41	49:08 4:27
<b>13 Kerridge, Donald MAROC</b>	<b>1:38:25</b>	2:41 2:41 55:45 5:28	7:28 4:47 1:01:03 5:18	13:33 6:05 1:03:46 2:43	17:29 3:56 1:07:40 3:54	19:39 2:10 1:09:38 1:58	21:16 1:37 1:12:14 2:36	22:46 1:30 1:16:11 3:57	25:05 2:19 1:19:22 3:11	29:21 4:16 1:26:44 7:22	32:15 4:16 1:35:44 9:00	33:30 1:15 1:37:58 2:14	40:51 7:21 1:38:25 0:27	44:46 3:55	50:17 5:31



Pl Name	Time	9.1 km 260 m 25 C (cont.)														
		1(223) 15(233)	2(230) 16(236)	3(228) 17(130)	4(192) 18(222)	5(191) 19(224)	6(208) 20(221)	7(215) 21(225)	8(194) 22(229)	9(137) 23(237)	10(227) 24(211)	11(226) 25(133)	12(232) F	13(204)	14(134)	
<b>14 Wilkinson, John GRAMP</b>	<b>1:39:09</b>	2:28 2:28 56:53	7:40 5:12 1:02:57	10:45 3:05 1:06:15	15:42 4:57 1:11:00	17:58 2:16 1:13:28	20:23 2:25 1:15:30	22:15 1:52 1:18:58	23:37 1:22 1:23:08	28:04 4:27 1:26:45	31:30 3:26 1:36:13	32:49 1:19 1:38:37	39:52 7:03 1:39:09	45:00 5:08	50:34 5:34	
<b>15 Veitch, Barry RR</b>	<b>1:39:24</b>	6:19 4:15 4:15	6:04 11:42 7:27	3:18 14:48 3:06	3:18 19:24 4:36	4:45 21:54 2:30	2:28 23:24 1:30	3:28 25:06 1:42	4:10 26:24 1:18	3:37 35:05 8:41	9:28 39:08 4:03	2:24 40:45 1:37	0:32 46:13 5:28	50:12 3:59	55:53 5:41	
<b>16 Emeleus, John KFO</b>	<b>1:40:02</b>	6:19 1:29 1:29	4:33 6:22 4:53	1:09:34 9:10 2:48	1:13:43 13:23 4:13	1:15:49 15:01 1:38	1:18:25 2:06 1:35	1:22:24 2:36 1:26	1:25:01 3:59 1:03	1:27:52 2:37 1:12	1:36:37 2:51 3:02	1:38:49 8:45 1:23	1:39:24 2:12 7:09	0:35 46:46 4:59	1:35:00 *219 53:55	
<b>17 Wood, Mark ESOC</b>	<b>1:40:34</b>	5:55 1:36 1:36	5:09 7:11 5:35	2:36 10:42 3:31	4:45 16:06 5:24	2:28 17:52 1:46	2:10 19:38 1:46	3:40 21:21 1:43	3:32 22:42 1:21	3:56 27:11 4:29	10:59 30:30 3:19	2:27 31:43 1:13	0:40 43:16 11:33	48:48 5:32	53:55 5:07	
<b>18 Bain, Andy MAROC</b>	<b>1:43:23</b>	5:55 1:53 1:53	5:26 10:03 8:10	2:34 14:27 4:24	4:59 19:26 4:59	2:19 21:51 2:25	2:02 25:16 3:25	3:28 27:07 1:51	4:01 28:02 0:55	4:20 35:20 7:18	8:54 40:53 4:18	2:10 49:10 1:15	0:31 54:29 8:17	5:19	1:01:04 6:35	
<b>19 Holliday, Kevin INVOC</b>	<b>1:44:32</b>	6:07 2:45 1:03:00	5:23 5:58 1:08:15	2:31 4:20 1:11:09	4:09 5:04 1:15:40	2:03 1:47 1:17:50	1:51 1:41 1:20:17	4:13 1:36 1:23:36	2:58 1:12 1:26:46	3:08 4:40 1:29:46	7:36 3:20 1:42:00	1:55 2:09 1:44:00	0:25 8:40 1:44:32	48:59 5:47	56:53 7:54	
<b>20 Yardley, Gareth GRAMP</b>	<b>1:44:40</b>	6:07 2:10 2:10	5:15 7:23 5:13	2:54 12:25 5:02	4:31 17:14 4:49	2:10 19:13 1:59	2:27 20:58 1:45	3:19 24:41 3:43	3:10 25:51 1:10	3:00 32:20 6:29	12:14 36:15 3:55	2:00 37:31 1:16	0:32 43:21 5:50	4:17	4:58 52:36	
<b>21 Hoey, Trevor FVO</b>	<b>2:00:43</b>	13:21 2:37 2:37	5:28 8:52 6:15	2:54 13:00 4:08	4:28 19:35 6:35	2:42 21:34 1:59	2:04 25:04 3:30	3:16 26:41 1:37	3:26 28:05 1:24	3:18 33:49 5:44	8:31 37:17 3:28	2:09 38:42 1:25	0:27 45:12 6:30	50:01 4:49	1:03:24 13:23	
<b>Campbell, Lauren AYROC</b>	<b>mp</b>	2:39 2:39 1:08:53	8:31 5:52 1:17:25	12:07 3:36 ----	17:27 5:20 ----	19:14 1:47 ----	20:35 1:21 ----	21:54 1:19 ----	23:18 1:24 4:59	34:41 11:23 7:43	38:38 3:57 ----	40:00 1:22 1:43:53	46:54 6:54 1:44:31	53:17 6:23	58:31 5:14	
<b>Galloway, Chris INT</b>	<b>mp</b>	10:22 1:37 1:37	8:32 6:17 4:40	----- 9:41 3:24	----- 15:13 5:32	----- 16:44 1:31	----- 18:21 1:37	----- 19:40 1:19	----- 20:39 0:59	----- 25:37 4:58	----- 28:58 3:21	----- 30:04 1:06	----- ----- -----	----- ----- -----	----- ----- 1:04:08	----- ----- *137
<b>Inman, Jason FVO</b>	<b>mp</b>	11:35 1:51 1:51	----- 7:37 5:46	4:42 9:56 2:19	5:01 14:52 4:56	2:16 16:42 1:50	2:01 ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----
<b>Marshall, Douglas MAROC</b>	<b>mp</b>	2:29 2:29 -----	10:32 8:03 -----	20:30 9:58 -----	28:06 7:36 -----	30:58 2:52 -----	35:20 4:22 -----	38:29 3:09 -----	40:33 2:04 -----	45:39 5:06 -----	51:57 6:18 -----	----- ----- 1:06:29	----- ----- 1:07:04	----- ----- 14:32	----- ----- 0:35	----- ----- -----
<b>Black (8)</b>		<b>10.7 km 265 m 29 C</b>														
		1(230) 15(231) 29(133)	2(137) 16(130) F	3(228) 17(222)	4(229) 18(224)	5(134) 19(131)	6(192) 20(226)	7(191) 21(232)	8(208) 22(204)	9(215) 23(237)	10(135) 24(223)	11(233) 25(216)	12(234) 26(212)	13(221) 27(214)	14(225) 28(211)	
<b>1 Pinker, Marcus FVO</b>	<b>1:16:28</b>	2:41 2:41 36:33	4:16 1:35 41:20	5:20 1:04 44:33	6:49 1:29 46:08	7:46 0:57 48:25	12:00 4:14 51:16	13:10 1:10 56:25	14:22 1:12 1:00:23	15:28 1:06 1:03:53	18:24 2:56 1:07:14	25:22 6:58 1:09:50	26:49 1:27 1:11:47	30:24 3:35 1:13:12	32:41 2:17 1:14:21	
<b>2 Kostylev, Jegor INT</b>	<b>1:19:09</b>	3:52 1:16:04 1:43	4:47 1:16:28 0:24	3:13 1:16:04 -----	1:35 1:16:28 -----	2:17 1:16:28 -----	2:51 1:16:28 -----	5:09 1:16:28 -----	3:58 1:16:28 -----	3:30 1:16:28 -----	3:21 1:16:28 -----	2:36 1:16:28 -----	1:57 1:16:28 -----	1:25 1:16:28 -----	1:09 1:16:28 -----	
<b>3 Hensman, Will FVO</b>	<b>1:27:46</b>	1:53 2:53 41:32	1:19:09 4:45 47:23	0:30 1:09 52:35	1:36 1:36 54:11	1:09 1:09 56:29	5:26 5:26 59:24	1:33 1:33 1:04:31	1:22 1:22 1:08:31	1:24 1:24 1:12:21	3:05 3:05 1:16:36	7:29 7:29 1:20:40	1:48 1:48 1:22:44	4:32 4:32 1:24:15	2:35 2:35 1:25:29	
<b>4 Goddard, Roger FVO</b>	<b>1:33:44</b>	1:27:19 1:50 3:08	1:27:46 0:27 5:03	1:50 0:27 1:12	1:33:44 1:33:44 1:35	1:52 1:52 1:11	2:30 2:30 4:53	4:04 4:04 1:47	5:46 5:46 1:28	3:58 3:58 1:21	3:53 3:53 4:16	3:58 3:58 8:57	3:35 3:35 1:29	2:55 2:55 3:58	1:23 1:23 4:36	
<b>5 Harwood, Eddie MOR</b>	<b>1:45:12</b>	3:27 3:27 54:28	5:28 2:01 1:01:11	6:48 1:20 1:04:54	10:21 3:33 1:07:05	11:39 1:18 1:09:51	16:54 5:15 1:13:24	18:23 1:29 1:19:34	20:00 1:37 1:24:06	21:28 1:28 1:28:48	26:15 4:47 1:33:08	39:19 13:04 1:36:28	41:20 2:01 1:38:57	46:05 4:45 1:40:54	49:39 3:34 1:42:20	
<b>6 Saltums, Arnis STAG</b>	<b>1:48:25</b>	4:49 1:44:38 2:18	6:43 1:45:12 0:34	3:43 1:45:12 -----	2:11 1:45:12 -----	2:46 1:45:12 -----	2:46 1:45:12 -----	6:10 1:45:12 -----	6:10 1:45:12 -----	4:42 1:45:12 -----	4:20 1:45:12 -----	3:20 1:45:12 -----	2:29 1:45:12 -----	1:57 1:45:12 -----	1:26 1:45:12 -----	

Pl Name	Time	10.7 km 265 m 29 C (cont.)													
		1(230) 15(231) 29(133)	2(137) 16(130)	3(228) 17(222) F	4(229) 18(224)	5(134) 19(131)	6(192) 20(226)	7(191) 21(232)	8(208) 22(204)	9(215) 23(237)	10(135) 24(223)	11(233) 25(216)	12(234) 26(212)	13(221) 27(214)	14(225) 28(211)
<b>McLennan, Ross</b> <b>FVO</b>	<b>mp</b>	3:25 ----- 58:52 2:31	5:15 ----- 59:27 0:35	6:36 -----	8:20 -----	9:33 -----	15:07 -----	16:50 -----	18:30 -----	19:54 -----	23:19 -----	36:17 -----	38:26 -----	----	----
		3:25	1:50	1:21	1:44	1:13	5:34	1:43	1:40	1:24	3:25	12:58	2:09	54:52	56:21
														16:26	1:29
<b>Robertson, Ali</b> <b>GRAMP</b>	<b>mp</b>	3:12 3:12 27:04 4:25 46:20 2:01	5:00 1:48 ----- ----- 46:51 0:31	6:37 1:37 -----	8:22 1:45 -----	9:34 1:12 -----	14:44 5:10 -----	16:13 1:29 -----	17:44 1:31 -----	19:07 1:23 -----	22:39 3:32 -----	-----	-----	-----	-----

Pl Name	Time	3.2 km 70 m 11 C												
		1(136)	2(229)	3(218)	4(225)	5(227)	6(191)	7(215)	8(212)	9(214)	10(211)	11(133)	F	
<b>1 Stansfield, Daniel</b> <b>FVO</b>	<b>23:17</b>	<b>1:17</b>	<b>5:00</b>	<b>6:08</b>	<b>7:54</b>	<b>9:59</b>	<b>14:25</b>	<b>16:06</b>	<b>17:59</b>	<b>19:47</b>	<b>20:55</b>	<b>22:52</b>	<b>23:17</b>	
		<b>1:17</b>	<b>3:43</b>	1:08	1:46	<b>2:05</b>	4:26	1:41	1:53	1:48	1:08	1:57	0:25	
<b>2 White, Callum</b> <b>INVOC</b>	<b>26:31</b>	1:55	7:06	8:40	10:38	13:48	17:53	19:32	21:24	22:57	24:16	26:04	26:31	
		1:55	5:11	1:34	1:58	3:10	<b>4:05</b>	<b>1:39</b>	<b>1:52</b>	<b>1:33</b>	1:19	<b>1:48</b>	0:27	
<b>3 Barr, Andrew</b> <b>MOR</b>	<b>27:37</b>	1:23	5:24	7:03	8:54	11:14	15:37	17:31	22:03	24:02	25:11	27:11	27:37	
		1:23	4:01	1:39	1:51	2:20	4:23	1:54	4:32	1:59	1:09	2:00	0:26	
<b>4 Wilson, Thomas</b> <b>CLYDE</b>	<b>28:39</b>	1:31	6:29	7:56	10:16	12:40	17:51	19:45	21:55	24:36	25:53	28:11	28:39	
		1:31	4:58	1:27	2:20	2:24	5:11	1:54	2:10	2:41	1:17	2:18	0:28	
<b>5 Carcas, Alex</b> <b>INT</b>	<b>31:31</b>	1:32	8:11	11:18	13:01	15:29	19:37	21:22	25:52	27:54	29:09	31:08	31:31	
		1:32	6:39	3:07	<b>1:43</b>	2:28	4:08	1:45	4:30	2:02	1:15	1:59	<b>0:23</b>	
<b>6 McHarg, Steven</b> <b>INT</b>	<b>32:41</b>	1:41	6:58	8:33	10:41	13:48	19:14	21:31	24:43	27:04	29:52	32:08	32:41	
		1:41	5:17	1:35	2:08	3:07	5:26	2:17	3:12	2:21	2:48	2:16	0:33	
<b>7 Mason, Abigail</b> <b>MAROC</b>	<b>32:46</b>	1:42	6:53	8:40	11:20	14:25	21:58	23:46	25:49	28:03	29:59	32:17	32:46	
		1:42	5:11	1:47	2:40	3:05	7:33	1:48	2:03	2:14	1:56	2:18	0:29	
<b>8 Walker, Alistair</b> <b>MAROC</b>	<b>34:08</b>	1:41	7:10	8:47	11:05	14:37	20:08	23:13	26:27	28:55	30:54	33:43	34:08	
		1:41	5:29	1:37	2:18	3:32	5:31	3:05	3:14	2:28	1:59	2:49	0:25	
<b>9 McMillan, Ewan</b> <b>MAROC</b>	<b>35:52</b>	1:40	5:42	6:42	9:32	11:38	22:14	26:41	29:23	31:54	33:39	35:27	35:52	
		1:40	4:02	<b>1:00</b>	2:50	2:06	10:36	4:27	2:42	2:31	1:45	<b>1:48</b>	0:25	
<b>10 McMurtrie, Ross</b> <b>MAROC</b>	<b>36:11</b>	2:51	8:37	10:25	12:33	17:07	23:45	26:32	29:18	31:16	33:10	35:44	36:11	
		2:51	5:46	1:48	2:08	4:34	6:38	2:47	2:46	1:58	1:54	2:34	0:27	
<b>11 Duncan, Roderick</b> <b>KFO</b>	<b>38:42</b>	1:54	7:56	10:20	13:34	17:17	23:34	26:22	29:46	32:34	35:10	37:59	38:42	
		1:54	6:02	2:24	3:14	3:43	6:17	2:48	3:24	2:48	2:36	2:49	0:43	
<b>12 Wilson, Emma</b> <b>CLYDE</b>	<b>40:16</b>	2:31	9:29	11:18	13:50	17:51	23:46	27:12	32:48	35:01	36:41	39:41	40:16	
		2:31	6:58	1:49	2:32	4:01	5:55	3:26	5:36	2:13	1:40	3:00	0:35	
<b>13 Armitage, Sonia</b> <b>GRAMP</b>	<b>40:19</b>	2:00	9:35	12:56	16:22	19:58	25:36	28:27	31:16	35:19	37:22	39:51	40:19	
		2:00	7:35	3:21	3:26	3:36	5:38	2:51	2:49	4:03	2:03	2:29	0:28	
<b>14 Galloway, Samuel</b> <b>INT</b>	<b>40:28</b>	3:49	9:52	10:59	13:45	15:53	25:17	28:03	31:31	36:17	37:51	40:00	40:28	
		3:49	6:03	1:07	2:46	2:08	9:24	2:46	3:28	4:46	1:34	2:09	0:28	
<b>15 Campbell, Iain</b> <b>MAROC</b>	<b>42:41</b>	1:44	7:55	10:41	15:31	19:00	24:50	27:36	33:26	37:12	39:49	42:13	42:41	
		1:44	6:11	2:46	4:50	3:29	5:50	2:46	5:50	3:46	2:37	2:24	0:28	
<b>16 Johnson, Iain</b> <b>MAROC</b>	<b>43:08</b>	2:04	8:26	10:07	12:40	16:46	24:29	27:15	31:32	38:38	39:44	42:37	43:08	
		2:04	6:22	1:41	2:33	4:06	7:43	2:46	4:17	7:06	<b>1:06</b>	2:53	0:31	
<b>17 Getliff, Rosie</b> <b>MAROC</b>	<b>48:18</b>	2:23	9:22	11:10	14:19	24:23	31:29	34:40	39:03	42:14	44:15	47:40	48:18	
		2:23	6:59	1:48	3:09	10:04	7:06	3:11	4:23	3:11	2:01	3:25	0:38	
<b>18 Wilkinson, Kate</b> <b>GRAMP</b>	<b>48:28</b>	2:51	8:46	13:31	16:50	20:57	29:44	35:17	39:40	42:32	45:12	47:57	48:28	
		2:51	5:55	4:45	3:19	4:07	8:47	5:33	4:23	2:52	2:40	2:45	0:31	
<b>19 Barr, Elizabeth</b> <b>MOR</b>	<b>48:29</b>	1:51	9:14	11:22	15:13	19:17	26:28	34:16	38:15	41:21	44:20	47:51	48:29	
		1:51	7:23	2:08	3:51	4:04	7:11	7:48	3:59	3:06	2:59	3:31	0:38	
<b>20 Walton, Heather</b> <b>INVOC</b>	<b>54:44</b>	2:43	13:20	15:57	20:28	26:09	34:59	38:35	44:14	47:05	50:41	54:08	54:44	
		2:43	10:37	2:37	4:31	5:41	8:50	3:36	5:39	2:51	3:36	3:27	0:36	
<b>21 Skevington, Fay</b> <b>NO CLUB</b>	<b>1:09:34</b>	3:28	15:15	19:47	23:44	31:14	40:34	45:19	51:41	59:54	1:03:32	1:08:29	1:09:34	
		3:28	11:47	4:32	3:57	7:30	9:20	4:45	6:22	8:13	3:38	4:57	1:05	
<b>22 Unknown, Scott David</b> <b>MAROC</b>	<b>1:12:59</b>	4:57	16:20	22:35	25:11	33:45	42:49	46:34	57:45	1:04:10	1:08:57	1:11:50	1:12:59	
		4:57	11:23	6:15	2:36	8:34	9:04	3:45	11:11	6:25	4:47	2:53	1:09	
<b>23 McLeod, Allan</b> <b>INVOC</b>	<b>1:15:15</b>	3:19	23:42	30:45	35:29	40:59	51:54	56:52	1:02:53	1:06:28	1:09:50	1:14:08	1:15:15	
		3:19	20:23	7:03	4:44	5:30	10:55	4:58	6:01	3:35	3:22	4:18	1:07	
<b>24 McIntyre, Morag</b> <b>INT</b>	<b>1:23:12</b>	4:16	15:45	19:54	24:16	31:20	44:38	52:16	1:05:28	1:11:11	1:14:45	1:21:38	1:23:12	
		4:16	11:29	4:09	4:22	7:04	13:18	7:38	13:12	5:43	3:34	6:53	1:34	
<b>25 Todd, Catherine</b> <b>INVOC</b>	<b>1:37:21</b>	12:15	31:03	38:03	52:10	57:39	1:07:08	1:15:45	1:24:34	1:29:28	1:32:44	1:36:39	1:37:21	
		12:15	18:48	7:50	14:07	5:29	9:29	8:37	8:49	4:54	3:16	3:55	0:42	
<b>26 Coon, Suse</b> <b>ECKO</b>	<b>1:38:23</b>	4:08	33:47	37:06	43:14	51:08	1:03:55	1:09:38	1:22:16	1:26:46	1:31:21	1:36:54	1:38:23	
		4:08	29:39	4:09	5:18	7:54	12:47	5:43	12:38	4:30	4:35	5:33	1:29	
<b>Bowie, Dave</b> <b>MAROC</b>	<b>mp</b>	2:00	7:02	8:58	----	13:33	18:57	21:28	26:31	29:54	31:57	34:02	34:35	10:33
		2:00	5:02	1:56		4:35	5:24	2:31	5:03	3:23	2:03	2:05	0:33	*235
<b>Macmillan, Gordon</b> <b>ECKO</b>	<b>mp</b>	1:40	7:58	9:24	13:16	18:32	24:12	28:07	----	32:50	37:44	42:34	43:02	
		1:40	6:18	1:26	3:52	5:16	5:40	3:55		4:43	4:54	4:50	0:28	
<b>Ricketts, Jennifer</b> <b>MAROC</b>	<b>mp</b>	1:33	6:03	7:19	----	11:06	23:05	26:12	29:29	31:08	33:34	35:59	36:26	8:37
		1:33	4:30	1:16		3:47	11:59	3:07	3:17	1:39	2:26	2:25	0:27	*235
<b>Howard, Stian</b> <b>MAROC</b>	<b>mp</b>	2:35	11:50	13:48	----	21:25	28:28	31:40	40:53	43:49	45:59	48:09	48:37	16:14
		2:35	9:15	1:58		7:37	7:03	3:12	9:13	2:56	2:10	2:10	0:28	*235

Pl Name	Time	4.1 km 90 m 15 C													
		1(202) 15(133)	2(230) F	3(237)	4(134)	5(236)	6(221)	7(225)	8(226)	9(229)	10(137)	11(135)	12(208)	13(214)	14(211)
<b>1 Chepin, Alexander</b> <b>GRAMP</b>	<b>36:01</b>	<b>0:56</b>	<b>5:04</b>	<b>6:30</b>	<b>8:44</b>	<b>12:30</b>	<b>14:39</b>	<b>17:26</b>	<b>19:01</b>	<b>21:23</b>	<b>24:00</b>	<b>25:30</b>	<b>29:40</b>	<b>32:12</b>	<b>33:27</b>
		<b>0:56</b>	4:08	1:26	2:14	3:46	<b>2:09</b>	<b>2:47</b>	1:35	<b>2:22</b>	<b>2:37</b>	<b>1:30</b>	<b>4:10</b>	<b>2:32</b>	<b>1:15</b>
		<b>35:35</b>	<b>36:01</b>												
		<b>2:08</b>	<b>0:26</b>				</								

Pl Name	Time															
Green (53)	4.1 km 90 m 15 C			(cont.)												
	1(202) 15(133)	2(230) F	3(237)	4(134)	5(236)	6(221)	7(225)	8(226)	9(229)	10(137)	11(135)	12(208)	13(214)	14(211)		
<b>3 Barraclough, Iain GRAMP</b>	<b>52:22</b>	2:06 2:06 51:53 2:19	6:03 3:57 52:22 0:29	7:37 1:34	9:46 2:09	13:22 <b>3:36</b>	17:16 3:54	24:41 7:25	25:59 <b>1:18</b>	28:44 2:45	31:37 2:53	33:43 2:06	44:27 10:44	47:51 3:24	49:34 1:43	
<b>4 Petrie, Amelia CLYDE</b>	<b>53:26</b>	1:39 1:39 52:52 2:29	6:36 4:57 53:26 0:34	8:49 2:13	11:59 3:10	17:24 5:25	20:08 2:44	25:18 5:10	27:27 2:09	33:08 5:41	36:36 3:28	39:10 2:34	45:13 6:03	48:34 3:21	50:23 1:49	
<b>5 Skinner, Rob MAROC</b>	<b>54:31</b>	1:46 1:46 54:03 2:11	6:01 4:15 54:31 0:28	7:26 <b>1:25</b>	10:20 2:54	16:11 5:51	21:16 5:05	24:30 3:14	26:44 2:14	29:25 2:41	33:21 3:56	36:07 2:46	46:25 10:18	49:56 3:31	51:52 1:56	
<b>6 Berrow, Gill ECKO</b>	<b>54:47</b>	2:25 2:25 54:17 2:30	7:48 5:23 54:47 0:30	9:53 2:05	12:33 2:40	18:26 5:53	22:06 3:40	26:59 4:53	30:01 3:02	33:36 3:35	38:59 5:23	41:21 2:22	46:33 5:12	49:43 3:10	51:47 2:04	
<b>7 Quick, Hilary BASOC</b>	<b>54:50</b>	1:19 1:19 54:15 2:52	5:12 <b>3:53</b> 54:50 0:35	11:27 6:15	13:58 2:31	17:53 3:55	20:23 2:30	24:20 3:57	26:19 1:59	29:31 3:12	33:55 4:24	39:01 5:06	44:46 5:45	48:10 3:24	51:23 3:13	
<b>8 Weir, Fiona INT</b>	<b>55:41</b>	3:04 3:04 55:08 2:44	8:35 5:31 55:41 0:33	10:37 2:02	15:48 5:11	20:27 4:39	23:25 2:58	28:00 4:35	29:59 1:59	33:48 3:49	37:35 3:47	40:31 2:56	46:50 6:19	50:42 3:52	52:24 1:42	
<b>9 McAdam, Pauline STAG</b>	<b>58:06</b>	1:48 1:48 57:32 2:53	8:58 7:10 58:06 0:34	11:14 2:16	17:05 5:51	23:24 6:19	27:15 3:51	31:50 4:35	33:53 2:03	37:50 3:57	41:36 3:46	44:00 2:24	49:21 5:21	52:36 3:15	54:39 2:03	
<b>10 Carmichael, Dick TINTO</b>	<b>58:40</b>	1:44 1:44 57:55 2:57	9:03 7:19 58:40 0:45	10:59 1:56	13:54 2:55	20:16 6:22	23:31 3:15	27:45 4:14	29:50 2:05	33:29 3:39	37:50 4:21	40:20 2:30	48:43 8:23	52:52 4:09	54:58 2:06	
<b>11 Brunton, Joyce INVOC</b>	<b>59:32</b>	1:58 1:58 58:53 3:02	7:57 5:59 59:32 0:39	10:07 2:10	13:04 2:57	18:39 5:35	22:34 3:55	27:37 5:03	30:19 2:42	35:13 4:54	40:36 5:23	43:05 2:29	48:57 5:52	53:19 4:22	55:51 2:32	
<b>12 Farquharson, Laura GRAMP</b>	<b>59:47</b>	2:04 2:04 59:08 3:01	8:38 6:34 59:47 0:39	10:41 2:03	13:57 3:16	19:52 5:55	23:24 3:32	29:42 6:18	32:00 2:18	35:01 3:01	38:25 3:24	44:55 6:30	50:24 5:29	54:16 3:52	56:07 1:51	
<b>13 Scott, Hilary BASOC</b>	<b>1:00:20</b>	2:36 2:36 59:47 3:07	9:02 6:26 1:00:20 0:33	12:08 3:06	16:05 3:57	21:45 5:40	25:54 4:09	30:27 4:33	32:50 2:23	37:03 4:13	40:52 3:49	44:03 3:11	49:42 5:39	53:58 4:16	56:40 2:42	
<b>14 Matthews, Bronwyn MAROC</b>	<b>1:01:00</b>	1:46 1:46 1:00:28 2:28	5:41 3:55 1:01:00 0:32	12:53 7:12	15:59 3:06	20:22 4:23	24:36 4:14	31:58 7:22	33:47 1:49	37:04 3:17	40:51 3:47	46:11 5:20	51:41 5:30	55:51 4:10	58:00 2:09	
<b>15 Shearer, Lucy ECKO</b>	<b>1:02:08</b>	1:27 1:27 1:01:36 2:44	8:39 7:12 1:02:08 0:32	10:13 1:34	12:13 <b>2:00</b>	22:26 10:13	25:03 2:37	28:48 3:45	30:46 1:58	34:33 3:47	40:36 6:03	42:16 1:40	51:59 9:43	55:29 3:30	58:52 3:23	
<b>16 Walker, Catriona MAROC</b>	<b>1:03:29</b>	1:36 1:36 1:02:43 3:15	7:31 5:55 1:03:29 0:46	9:08 1:37	13:54 4:46	18:58 5:04	24:35 5:37	28:29 3:54	30:23 1:54	33:26 3:03	39:38 6:12	47:11 7:33	53:28 6:17	57:46 4:18	59:28 1:42	
<b>17 Steele, Debra MAROC</b>	<b>1:03:46</b>	3:03 3:03 1:03:11 3:08	8:20 5:17 1:03:46 0:35	10:50 2:30	14:23 3:33	19:44 5:21	23:32 3:48	28:51 5:19	31:41 2:50	36:54 5:13	43:10 6:16	46:13 3:03	52:42 6:29	57:02 4:20	1:00:03 3:01	
<b>18 Gooch, Esther MAROC</b>	<b>1:07:50</b>	1:42 1:42 1:06:33 4:05	10:32 8:50 1:07:50 1:17	12:22 1:50	16:23 4:01	22:39 6:16	25:28 2:49	30:42 5:14	32:38 1:56	37:59 5:21	43:40 5:41	45:49 2:09	56:37 10:48	1:00:16 3:39	1:02:28 2:12	
<b>19 McMurtrie, Cara MAROC</b>	<b>1:07:52</b>	1:46 1:46 1:07:23 2:51	10:56 9:10 1:07:52 0:29	13:53 2:57	17:02 3:09	23:10 6:08	27:01 3:51	31:28 4:27	34:26 2:58	38:36 4:10	46:53 8:17	49:10 2:17	58:57 9:47	1:02:36 3:39	1:04:32 1:56	
<b>20 Nisbet, Janice ESOC</b>	<b>1:08:17</b>	1:43 1:43 1:07:38 2:54	6:21 4:38 1:08:17 0:39	8:12 1:51	13:28 5:16	18:10 4:42	20:59 2:49	25:54 4:55	28:08 2:14	33:44 5:36	45:34 11:50	47:53 2:19	58:36 10:43	1:02:22 3:46	1:04:44 2:22	
<b>21 Noble, Joan INVOC</b>	<b>1:08:46</b>	1:59 1:59 1:07:59 4:44	14:44 12:45 1:08:46 0:47	16:40 1:56	21:31 4:51	27:46 6:15	31:10 3:24	35:34 4:24	37:51 2:17	41:44 3:53	45:18 3:34	47:27 2:09	56:37 9:10	1:00:58 4:21	1:03:15 2:17	
<b>22 Stansfield, Josie FVO</b>	<b>1:08:48</b>	2:14 2:14 1:08:12 2:47	9:36 7:22 1:08:48 0:36	11:41 2:05	14:40 2:59	21:23 6:43	25:32 4:09	29:21 3:49	31:10 1:49	34:26 3:16	44:13 9:47	46:30 2:17	59:43 13:13	1:03:23 3:40	1:05:25 2:02	
<b>23 Duncan, Claire KFO</b>	<b>1:09:05</b>	2:08 2:08 1:08:28 2:56	9:21 7:13 1:09:05 0:37	11:58 2:37	15:24 3:26	21:03 5:39	25:13 4:10	30:56 5:43	33:01 2:05	38:27 5:26	45:49 7:22	49:44 3:55	57:29 7:45	1:01:39 4:10	1:05:32 3:53	
<b>24 Hunter, Katherine ECKO</b>	<b>1:09:28</b>	1:35 1:35 1:08:44 2:59	6:43 5:08 1:09:28 0:44	22:34 15:51	25:19 2:45	31:01 5:42	34:06 3:05	38:29 4:23	40:45 2:16	44:33 3:48	48:03 3:30	50:28 2:25	59:26 8:58	1:03:23 3:57	1:05:45 2:22	
<b>25 Kirkland, Rachel INT</b>	<b>1:10:01</b>	2:03 2:03 1:09:25 2:43	8:12 6:09 1:10:01 0:36	10:36 2:24	13:17 2:41	20:05 6:48	23:31 3:26	28:16 4:45	31:26 3:10	37:03 5:37	50:43 13:40	54:46 4:03	1:01:08 6:22	1:04:51 3:43	1:06:42 1:51	

Pl	Name	Time														
<b>Green (53)</b>		<b>4.1 km 90 m 15 C</b>					<i>(cont.)</i>									
		1(202) 15(133)	2(230) F	3(237)	4(134)	5(236)	6(221)	7(225)	8(226)	9(229)	10(137)	11(135)	12(208)	13(214)	14(211)	
<b>26</b>	<b>Collins, Lynn MAROC</b>	<b>1:10:08</b>	2:19 2:19 1:09:31 3:19	9:57 7:38 1:10:08 0:37	12:06 2:09	16:11 4:05	26:38 10:27	29:52 3:14	34:49 4:57	37:32 2:43	42:24 4:52	50:12 7:48	52:55 2:43	1:00:19 7:24	1:04:27 4:08	1:06:12 1:45
<b>27</b>	<b>Dearman, Margaret MOR</b>	<b>1:10:38</b>	2:24 2:24 1:09:40 4:12	8:28 6:04 1:10:38 0:58	10:54 2:26	14:46 3:52	22:16 7:30	27:58 5:42	35:01 7:03	38:01 3:00	42:51 4:50	46:59 4:08	49:42 2:43	57:17 7:35	1:02:05 4:48	1:05:28 3:23
<b>28</b>	<b>Walker, Lynne ECKO</b>	<b>1:12:35</b>	2:04 2:04 1:11:49 3:59	7:48 5:44 1:12:35 0:46	9:44 1:56	13:30 3:46	19:59 6:29	29:18 9:19	33:56 4:38	36:09 2:13	40:01 3:52	45:23 5:22	47:34 2:11	57:35 10:01	1:01:58 4:23	1:07:50 5:52
<b>29</b>	<b>Foster, Foss GRAMP</b>	<b>1:12:44</b>	2:16 2:16 1:11:57 3:22	8:42 6:26 1:12:44 0:47	18:01 9:19	23:23 5:22	30:12 6:49	34:16 4:04	40:44 6:28	43:09 2:25	47:39 4:30	51:17 3:38	53:36 2:19	1:00:50 7:14	1:05:34 4:44	1:08:35 3:01
<b>30</b>	<b>Melville, Bill TAY</b>	<b>1:13:59</b>	2:00 2:00 1:13:11 3:27	6:58 4:58 1:13:59 0:48	9:11 2:13	12:26 3:15	18:24 5:58	21:09 2:45	25:58 4:49	28:34 2:36	37:50 9:16	49:02 11:12	51:32 2:30	1:03:39 12:07	1:07:53 4:14	1:09:44 1:51
<b>31</b>	<b>Craig, Peter MAROC</b>	<b>1:15:50</b>	2:25 2:25 1:15:15 3:23	9:26 7:01 1:15:50 0:35	11:13 1:47	13:59 2:46	31:08 17:09	34:42 3:34	39:54 5:12	42:29 2:35	46:45 4:16	55:27 8:42	58:26 2:59	1:04:22 5:56	1:09:20 4:58	1:11:52 2:32
<b>32</b>	<b>Matthews, Margit MAROC</b>	<b>1:17:09</b>	3:19 3:19 1:16:37 2:54	10:33 7:14 1:17:09 0:32	17:14 6:41	21:23 4:09	31:15 9:52	35:03 3:48	40:36 5:33	43:21 2:45	47:51 4:30	57:31 9:40	1:00:37 3:06	1:07:04 6:27	1:11:09 4:05	1:13:43 2:34
<b>33</b>	<b>Murray, Douglas MOR</b>	<b>1:17:52</b>	3:29 3:29 1:17:08 3:25	10:59 7:30 1:17:52 0:44	13:55 2:56	23:09 9:14	30:55 7:46	34:48 3:53	40:43 5:55	43:59 3:16	49:49 5:50	55:18 5:29	57:58 2:40	1:06:16 8:18	1:11:12 4:56	1:13:43 2:31
<b>34</b>	<b>Rogerson, Trina ELO</b>	<b>1:18:43</b>	5:41 5:41 1:17:43 4:05	11:57 6:16 1:18:43 1:00	15:24 3:27	18:57 3:33	26:13 7:16	30:13 4:00	36:21 6:08	40:57 4:36	45:49 4:52	51:02 5:13	54:00 2:58	1:04:50 10:50	1:10:19 5:29	1:13:38 3:19
<b>35</b>	<b>Fraser, Margaret MAROC</b>	<b>1:19:10</b>	2:29 2:29 1:17:59 3:48	8:33 6:04 1:19:10 1:11	10:52 2:19	14:46 3:54	21:13 6:27	24:35 3:22	30:26 5:51	33:49 3:23	38:56 5:07	43:21 4:25	46:21 3:00	1:05:45 19:24	1:10:39 4:54	1:14:11 3:32
<b>36</b>	<b>Simpson, Elaine TAY</b>	<b>1:19:11</b>	2:04 2:04 1:18:34 2:47	7:15 5:11 1:19:11 0:37	9:07 1:52	14:59 5:52	19:30 4:31	22:22 2:52	29:10 6:48	32:21 3:11	36:03 3:42	49:52 13:49	52:05 2:13	1:08:12 16:07	1:12:41 4:29	1:15:47 3:06
<b>37</b>	<b>Thomson, Gerry STAG</b>	<b>1:22:03</b>	2:40 2:40 1:21:12 3:43	9:36 6:56 1:22:03 0:51	12:00 2:24	16:04 4:04	23:33 7:29	27:05 3:32	32:20 5:15	35:08 2:48	39:44 4:36	58:43 18:59	1:01:10 2:27	1:08:10 7:00	1:13:09 4:59	1:17:29 4:20
<b>38</b>	<b>Getliff, Megan MAROC</b>	<b>1:22:38</b>	1:36 1:36 1:21:59 4:31	8:52 7:16 1:22:38 0:39	11:01 2:09	18:03 7:02	26:05 8:02	32:29 6:24	38:27 5:58	41:00 2:33	46:07 5:07	55:29 9:22	58:22 2:53	1:07:03 8:41	1:13:56 6:53	1:17:28 3:32
<b>39</b>	<b>Hornby, Caroline MOR</b>	<b>1:23:52</b>	2:36 2:36 1:23:13 3:24	9:09 6:33 1:23:52 0:39	11:32 2:23	15:08 3:36	21:11 6:03	27:10 5:59	34:04 6:54	36:40 2:36	41:33 4:53	55:15 13:42	59:26 4:11	1:10:11 10:45	1:17:05 6:54	1:19:49 2:44
<b>40</b>	<b>Carmichael, Trish TINTO</b>	<b>1:30:04</b>	2:15 2:15 1:29:13 3:39	8:36 6:21 1:30:04 0:51	10:42 2:06	27:52 17:10	34:00 6:08	37:46 3:46	42:50 5:04	45:01 2:11	50:46 5:45	1:05:40 14:54	1:08:17 2:37	1:18:39 10:22	1:23:08 4:29	1:25:34 2:26
<b>41</b>	<b>Turner, Diana SOLWAY</b>	<b>1:30:27</b>	1:47 1:47 1:29:11 5:16	12:28 10:41 1:30:27 1:16	14:29 2:01	23:54 9:25	29:35 5:41	32:20 2:45	37:27 5:07	39:16 1:49	43:09 3:53	48:08 4:59	1:07:04 18:56	1:13:43 6:39	1:17:54 4:11	1:23:55 6:01
<b>42</b>	<b>Jones, Genevieve GRAMP</b>	<b>1:31:16</b>	3:12 3:12 1:30:31 4:01	11:14 8:02 1:31:16 0:45	14:58 3:44	19:06 4:08	27:26 8:20	31:52 4:26	39:51 7:59	46:56 7:05	52:18 5:22	59:52 7:34	1:04:08 4:16	1:12:53 8:45	1:18:53 6:00	1:26:30 7:37
<b>43</b>	<b>Thomson, Lynsey STAG</b>	<b>1:40:05</b>	3:24 3:24 1:39:18 3:39	18:51 15:27 1:40:05 0:47	22:16 3:25	26:51 4:35	35:40 8:49	41:59 6:19	48:35 6:36	51:51 3:16	57:50 5:59	1:16:52 19:02	1:19:18 2:26	1:26:15 6:57	1:31:19 5:04	1:35:39 4:20
<b>44</b>	<b>Campbell, Vivien AYROC</b>	<b>1:48:06</b>	6:29 6:29 1:47:32 5:53	14:24 7:55 1:48:06 0:34	18:33 4:09	23:24 4:51	31:28 8:04	36:14 4:46	44:17 8:03	47:44 3:27	56:58 9:14	1:04:15 7:17	1:07:57 3:42	1:24:58 17:01	1:38:27 13:29	1:41:39 3:12
<b>45</b>	<b>Bryant, David MAROC</b>	<b>1:54:41</b>	5:29 5:29 1:54:05 4:35	17:32 12:03 1:54:41 0:36	20:35 3:03	25:04 4:29	46:03 20:59	49:48 3:45	1:03:19 13:31	1:06:02 2:43	1:12:24 6:22	1:23:54 11:30	1:28:12 4:18	1:37:00 8:48	1:43:09 6:09	1:49:30 6:21
<b>46</b>	<b>Davey, Patrick MAROC</b>	<b>2:02:13</b>	2:42 2:42 2:01:09 4:31	10:14 7:32 2:02:13 1:04	14:33 4:19	18:47 4:14	30:07 11:20	43:54 13:47	49:45 5:51	56:47 7:02	1:02:35 5:48	1:25:00 22:25	1:28:34 3:34	1:44:02 15:28	1:50:53 6:51	1:56:38 5:45
<b>47</b>	<b>Morrison, Jim ESOC</b>	<b>2:05:21</b>	2:59 2:59 2:04:31 5:10	18:45 15:46 2:05:21 0:50	22:24 3:39	29:37 7:13	40:13 10:36	48:56 8:43	56:37 7:41	1:00:59 4:22	1:07:10 6:11	1:26:57 19:47	1:30:28 3:31	1:50:06 19:38	1:55:45 5:39	1:59:21 3:36
	<b>Fraser, Rhona INVOC</b>	<b>mp</b>	3:11 3:11 -----	9:42 6:31 -----	17:12 7:30	24:46 7:34	32:53 8:07	37:16 4:23	43:17 6:01	49:01 5:44	58:14 9:13	1:05:26 7:12	-----	-----	-----	-----

PI Name	Time														
<b>Green (53)</b>	<b>4.1 km 90 m 15 C</b>			<i>(cont.)</i>											
	1(202) 15(133)	2(230) F	3(237)	4(134)	5(236)	6(221)	7(225)	8(226)	9(229)	10(137)	11(135)	12(208)	13(214)	14(211)	
<b>Goddard, Dawn FVO</b>	mp	2:28 2:28 1:15:06 5:26	9:51 7:23 1:15:50 0:44	12:09 2:18	16:20 4:11 35:46 *235	23:38 7:18	30:38 7:00	----	37:51 7:13	43:03 5:12	49:56 6:53	53:08 3:12	1:01:49 8:41	1:07:09 5:20	1:09:40 2:31
<b>Hickling, Anne GRAMP</b>	mp	1:48 1:48 1:35:06 3:32	8:58 8:58 1:35:54 0:48	-----	----- 51:24 42:26	55:08 3:44	59:56 4:48	1:02:52 2:56	1:07:52 5:00	1:12:56 5:04	1:16:54 3:58	1:24:02 7:08	1:29:02 5:00	1:31:34 2:32	
<b>Wright, Frances MAROC</b>	mp	1:33 1:33 1:04:48 2:45	6:04 4:31 1:05:21 0:33	-----	22:26 16:22 20:17 *137	27:02 4:36	32:39 5:37	35:51 3:12	37:26 1:35	40:19 2:53	45:36 5:17	47:24 1:48	55:10 7:46	58:29 3:19	1:02:03 3:34
<b>Harper, Mairi TAY</b>	mp	3:54 3:54 1:13:01 5:11	10:18 6:24 1:13:44 0:43	12:32 2:14	16:25 3:53 33:41 *235	23:34 7:09	28:49 5:15	-----	35:15 6:26	42:13 6:58	48:29 6:16	51:42 3:13	59:37 7:55	-----	1:07:50 8:13
<b>Howard, Robert MAROC</b>	mp	2:42 2:42 1:24:33 37:18	9:40 6:58 1:25:48 1:15	12:07 2:27	16:35 4:28	26:31 9:56	32:06 5:35	38:22 6:16	41:43 3:21	47:15 5:32	-----	-----	-----	-----	-----