

Pl	Stno	Name	Time									
White (15)				1.8 km	8 C							
				1(140)	2(149)	3(152)	4(157)	5(150)	6(141)	7(194)	8(156)	F
1	99	Smith, Megan	13:59	1:08	<b>1:51</b>	<b>2:43</b>	<b>8:11</b>	<b>9:45</b>	<b>11:05</b>	<b>11:40</b>	<b>12:46</b>	<b>13:59</b>
		MAROC		1:08	<b>0:43</b>	0:52	5:28	1:34	<b>1:20</b>	0:35	1:06	<b>1:13</b>
2	47	Musgrave, Ewen	15:38	1:49	2:39	3:20	8:41	10:51	12:36	13:10	14:15	15:38
		MAROC		1:49	0:50	0:41	<b>5:21</b>	2:10	1:45	0:34	<b>1:05</b>	1:23
3	7	Mellar, Daniel	18:13	1:30	2:27	3:09	11:28	13:16	14:58	15:30	16:39	18:13
		MAROC		1:30	0:57	0:42	8:19	1:48	1:42	0:32	1:09	1:34
4	136	Guy (sh), Mac	19:34	1:43	3:02	4:18	9:44	13:40	16:06	16:51	18:09	19:34
		GRAMP		1:43	1:19	1:16	5:26	3:56	2:26	0:45	1:18	1:25
5	56	Gooch, Joel	19:46	1:36	3:03	3:33	9:36	12:02	14:57	15:46	17:53	19:46
		MAROC		1:36	1:27	<b>0:30</b>	6:03	2:26	2:55	0:49	2:07	1:53
6	134	Thomson (sh), Stua	20:04	2:13	3:28	4:19	10:00	12:41	15:05	16:11	17:53	20:04
		MAROC		2:13	1:15	0:51	5:41	2:41	2:24	1:06	1:42	2:11
7	68	Collins (sh), Gemm	20:38	1:48	3:18	4:24	10:28	13:47	16:33	17:46	19:07	20:38
		MAROC		1:48	1:30	1:06	6:04	3:19	2:46	1:13	1:21	1:31
8	6	Mellar, Ciara	21:05	1:26	2:31	3:56	13:49	15:33	17:12	17:53	19:22	21:05
		MAROC		1:26	1:05	1:25	9:53	1:44	1:39	0:41	1:29	1:43
9	66	Whitelaw (sh), Ben	22:48	1:58	3:21	4:48	11:43	14:49	17:45	18:54	20:54	22:48
		MAROC		1:58	1:23	1:27	6:55	3:06	2:56	1:09	2:00	1:54
10	9	Cambell, Kirsty	23:19	<b>1:07</b>	1:58	6:39	16:37	18:13	19:57	20:39	21:52	23:19
		MAROC		<b>1:07</b>	0:51	4:41	9:58	1:36	1:44	0:42	1:13	1:27
11	8	Campbell, Eilidh	24:44	2:21	3:12	8:09	18:00	19:29	20:52	21:22	23:14	24:44
		MAROC		2:21	0:51	4:57	9:51	<b>1:29</b>	1:23	<b>0:30</b>	1:52	1:30
12	81	Smith, Laura	31:33	2:03	3:29	6:49	20:37	23:40	27:06	27:56	29:51	31:33
		GRAMP		2:03	1:26	3:20	13:48	3:03	3:26	0:50	1:55	1:42
13	143	Stewart, Dillon	35:27	4:31	6:17	9:56	20:10	25:06	28:50	30:00	32:27	35:27
				4:31	1:46	3:39	10:14	4:56	3:44	1:10	2:27	3:00
14	126	Graham (sh), Ambe	38:04	1:57	3:06	16:23	23:49	28:37	32:40	33:58	36:10	38:04
				1:57	1:09	13:17	7:26	4:48	4:03	1:18	2:12	1:54
	127	Lang (sh), Patrick	mp	3:47	-----	-----	9:22	13:34	16:12	17:10	18:49	21:10
		GRAMP		3:47			5:35	4:12	2:38	0:58	1:39	2:21

Pl	Stno	Name	Time									F
<b>Yellow (18)</b>				<b>2.3 km</b>	<b>8 C</b>							
				1(149)	2(142)	3(143)	4(157)	5(150)	6(144)	7(194)	8(156)	
1	5	Mellar, Andrew	25:41	2:28	4:04	10:02	14:47	16:44	21:17	<b>23:25</b>	<b>24:28</b>	<b>25:41</b>
		MAROC		2:28	1:36	5:58	<b>4:45</b>	1:57	4:33	<b>2:08</b>	1:03	1:13
2	96	Thomson, Dillon	25:56	2:44	4:24	<b>7:45</b>	<b>12:46</b>	<b>14:56</b>	<b>21:14</b>	23:39	24:57	25:56
		MAROC		2:44	1:40	<b>3:21</b>	5:01	2:10	6:18	2:25	1:18	<b>0:59</b>
3	55	Gooch, Matthew	27:46	2:06	4:28	9:13	15:43	17:41	22:42	25:25	26:26	27:46
		MAROC		2:06	2:22	4:45	6:30	1:58	5:01	2:43	1:01	1:20
4	104	Anderson, Ailsa	28:50	1:53	3:26	9:21	15:42	17:36	23:23	26:12	27:38	28:50
		GRAMP		1:53	1:33	5:55	6:21	1:54	5:47	2:49	1:26	1:12
5	3	Kirk, Struan	29:52	2:35	4:31	10:41	16:58	18:46	22:47	26:27	28:44	29:52
		GRAMP		2:35	1:56	6:10	6:17	<b>1:48</b>	<b>4:01</b>	3:40	2:17	1:08
6	4	Campbell, Shona	30:18	3:21	5:30	11:05	16:19	18:29	22:50	26:27	28:28	30:18
		MAROC		3:21	2:09	5:35	5:14	2:10	4:21	3:37	2:01	1:50
7	73	SMith, Daniel	31:26	2:33	5:13	10:27	16:10	19:32	26:10	28:48	30:17	31:26
		GRAMP		2:33	2:40	5:14	5:43	3:22	6:38	2:38	1:29	1:09
8	139	Lenton, Harry	31:45	1:47	3:27	7:50	13:20	16:10	25:34	28:53	30:20	31:45
		MAROC		1:47	1:40	4:23	5:30	2:50	9:24	3:19	1:27	1:25
9	125	Graham (sh), Luke	34:51	<b>1:36</b>	<b>3:01</b>	13:48	20:31	23:11	28:58	32:48	33:45	34:51
				<b>1:36</b>	<b>1:25</b>	10:47	6:43	2:40	5:47	3:50	<b>0:57</b>	1:06
												31:37 *141
10	48	Campbell, Graeme	36:36	2:02	3:50	10:49	19:03	21:11	30:00	34:09	35:24	36:36
		MAROC		2:02	1:48	6:59	8:14	2:08	8:49	4:09	1:15	1:12
11	39	Getliff, John	38:33	4:05	8:08	15:42	22:32	25:39	31:46	35:03	36:53	38:33
		MAROC		4:05	4:03	7:34	6:50	3:07	6:07	3:17	1:50	1:40
												34:01 *141
12	67	Collins (sh), Peter	40:48	2:17	5:29	12:24	27:20	30:30	35:57	38:10	39:33	40:48
		MAROC		2:17	3:12	6:55	14:56	3:10	5:27	2:13	1:23	1:15
13	19	Barraclough (sh), J	42:36	3:15	6:35	16:58	25:50	27:54	36:11	39:59	41:10	42:36
		GRAMP		3:15	3:20	10:23	8:52	2:04	8:17	3:48	1:11	1:26
14	115	Easton, Louis	43:33	13:10	15:20	21:16	27:32	29:30	35:21	40:33	42:06	43:33
		GRAMP		13:10	2:10	5:56	6:16	1:58	5:51	5:12	1:33	1:27
15	113	Anderson (sh), Isol	47:49	3:19	5:36	13:31	30:23	32:55	41:26	45:17	46:20	47:49
		GRAMP		3:19	2:17	7:55	16:52	2:32	8:31	3:51	1:03	1:29
16	142	Stott (sh), Liam	1:10:43	4:47	8:07	28:50	42:01	46:17	1:02:18	1:06:07	1:08:06	1:10:43
				4:47	3:20	20:43	13:11	4:16	16:01	3:49	1:59	2:37
17	50	Farquhar (sh), Row	1:20:46	4:34	10:16	36:05	49:25	55:10	1:06:25	1:13:19	1:17:24	1:20:46
		MAROC		4:34	5:42	25:49	13:20	5:45	11:15	6:54	4:05	3:22
128	Lang, Alex	mp	-----	-----	-----	4:02	7:34	-----	16:19	19:14	23:26	
		GRAMP				4:02	3:32		8:45	2:55	4:12	

Pl	Stno	Name	Time	2.8 km 11 C											F	
				1(212)	2(113)	3(142)	4(143)	5(208)	6(191)	7(153)	8(151)	9(144)	10(194)	11(156)		
<b>Orange (15)</b>																
1	30	Chapman, Jake	29:40	2:07	5:07	8:35	11:29	15:32	<b>18:41</b>	<b>22:21</b>	<b>24:14</b>	<b>25:58</b>	<b>27:54</b>	<b>28:43</b>	<b>29:40</b>	
		MAROC		2:07	3:00	3:28	2:54	4:03	<b>3:09</b>	<b>3:40</b>	1:53	1:44	1:56	0:49	0:57	
2	28	Wright, Joseph	31:12	<b>1:22</b>	<b>3:36</b>	<b>8:08</b>	<b>10:41</b>	<b>14:18</b>	18:51	24:44	26:03	27:25	29:18	30:20	31:12	
		MAROC		<b>1:22</b>	<b>2:14</b>	4:32	<b>2:33</b>	<b>3:37</b>	4:33	5:53	<b>1:19</b>	<b>1:22</b>	1:53	1:02	<b>0:52</b>	
3	29	Chapman, Alistair	47:08	1:45	6:46	14:05	22:01	27:57	33:26	39:18	41:30	43:06	45:24	46:12	47:08	
		MAROC		1:45	5:01	7:19	7:56	5:56	5:29	5:52	2:12	1:36	2:18	0:48	0:56	
4	95	phrihoda, Morgan	47:59	3:43	7:29	10:23	17:04	27:09	32:31	38:27	40:41	43:01	45:52	46:54	47:59	
		MAROC		3:43	3:46	<b>2:54</b>	6:41	10:05	5:22	5:56	2:14	2:20	2:51	1:02	1:05	
5	31	Chapman, Teresa	52:50	2:34	8:34	15:13	23:19	29:22	34:54	41:17	43:31	45:56	49:17	50:38	52:50	
		MAROC		2:34	6:00	6:39	8:06	6:03	5:32	6:23	2:14	2:25	3:21	1:21	2:12	
6	130	Easton, Steve	57:22	5:02	8:18	11:15	15:08	32:08	37:37	42:50	49:46	51:37	55:01	56:12	57:22	
				5:02	3:16	2:57	3:53	17:00	5:29	5:13	6:56	1:51	3:24	1:11	1:10	
7	2	Kirk, Lachlan	1:02:44	13:36	16:59	25:00	29:16	39:33	45:30	52:35	56:12	59:01	1:00:51	1:01:44	1:02:44	
		GRAMP		13:36	3:23	8:01	4:16	10:17	5:57	7:05	3:37	2:49	<b>1:50</b>	0:53	1:00	
8	132	Lang, Naomi	1:03:51	14:44	18:27	28:55	32:32	39:59	44:38	48:25	51:26	59:14	1:01:43	1:02:38	1:03:51	
		GRAMP		14:44	3:43	10:28	3:37	7:27	4:39	3:47	3:01	7:48	2:29	0:55	1:13	
9	117	Anderson, Kate	1:05:20	1:50	5:17	16:32	21:19	39:12	46:14	55:47	58:57	1:01:04	1:03:33	1:04:19	1:05:20	
		GRAMP		1:50	3:27	11:15	4:47	17:53	7:02	9:33	3:10	2:07	2:29	<b>0:46</b>	1:01	
10	20	Barraclough, Laura	1:10:12	2:44	5:53	23:40	30:06	39:29	47:23	54:28	57:39	1:05:29	1:07:58	1:09:02	1:10:12	
		GRAMP		2:44	3:09	17:47	6:26	9:23	7:54	7:05	3:11	7:50	2:29	1:04	1:10	
11	71	Yardley, Keith	1:20:14	10:26	14:19	32:26	38:24	47:47	55:50	1:02:51	1:06:18	1:14:05	1:17:20	1:18:24	1:20:14	
		GRAMP		10:26	3:53	18:07	5:58	9:23	8:03	7:01	3:27	7:47	3:15	1:04	1:50	
															1:16:33	
																*141
	17	Mason, Marjorie	mp	3:46	8:16	14:25	23:16	41:09	49:42	-----	-----	59:52	-----	-----		
		MAROC		3:46	4:30	6:09	8:51	17:53	8:33			10:10				
100	Greenwood, Helen	mp	4:10	9:57	19:38	27:17	-----	-----	50:29	57:14	1:00:08	1:05:38	1:07:23	1:09:36		
	GRAMP		4:10	5:47	9:41	7:39			23:12	6:45	2:54	5:30	1:45	2:13		
118	Povey, Sam	mp	8:09	10:47	16:12	20:29	26:49	32:27	36:36	-----	45:24	47:16	48:12	49:17		
	GRAMP		8:09	2:38	5:25	4:17	6:20	5:38	4:09		8:48	1:52	0:56	1:05		
123	Iason, Robbie	mp	2:34	6:51	13:52	19:15	30:29	-----	42:08	44:22	-----	50:29	52:01	53:18		
	MAROC		2:34	4:17	7:01	5:23	11:14		11:39	2:14		6:07	1:32	1:17		



Pl	Stno	Name	Time													
<b>Green (21)</b>				<b>4.0 km</b>	<b>12 C</b>											F
				1(118)	2(113)	3(117)	4(120)	5(119)	6(116)	7(158)	8(211)	9(133)	10(151)	11(206)	12(192)	
1	52	Matthews, Bronwyn MAROC	46:00	5:31	7:37	<b>12:44</b>	<b>15:57</b>	<b>18:31</b>	<b>24:03</b>	<b>31:07</b>	35:22	<b>37:05</b>	<b>41:36</b>	<b>44:32</b>	<b>45:34</b>	<b>46:00</b>
2	131	Lang, John GRAMP	48:48	5:31	2:06	5:07	3:13	2:34	5:32	7:04	4:15	1:43	4:31	2:56	1:02	0:26
3	101	Middler, John BAOC	50:26	9:21	<b>1:46</b>	4:48	<b>2:57</b>	3:39	<b>3:08</b>	<b>6:24</b>	<b>3:06</b>	1:59	7:36	<b>2:47</b>	<b>0:49</b>	0:28
4	1	Kirk, David GRAMP	50:47	4:12	6:27	13:57	17:36	20:47	25:33	32:20	37:03	38:51	45:00	48:48	49:52	50:26
5	114	Anderson, Murray GRAMP	51:31	4:12	2:15	7:30	3:39	3:11	4:46	6:47	4:43	1:48	6:09	3:48	1:04	0:34
6	138	Oliver, Andy MAROC	55:33	3:51	<b>5:38</b>	17:32	20:56	23:19	29:31	36:32	40:11	42:03	46:04	49:15	50:20	50:47
7	53	Hunter, Gavin GRAMP	1:00:09	3:51	1:47	11:54	3:24	<b>2:23</b>	6:12	7:01	3:39	1:52	<b>4:01</b>	3:11	1:05	0:27
8	102	Dudley, Caz GRAMP	1:02:04	<b>3:24</b>	13:40	19:28	23:03	26:08	29:27	36:53	40:04	41:41	46:44	50:01	51:06	51:31
9	91	Smith, Jonathan GRAMP	1:03:13	<b>3:24</b>	10:16	5:48	3:35	3:05	3:19	7:26	3:11	1:37	5:03	3:17	1:05	<b>0:25</b>
10	26	Wright, Denise MAROC	1:03:31	3:25	11:53	16:26	26:54	29:20	32:51	40:09	44:16	46:12	50:21	53:58	55:03	55:33
11	62	Coombs, Tricia MAROC	1:09:43	3:25	8:28	<b>4:33</b>	10:28	2:26	3:31	7:18	4:07	1:56	4:09	3:37	1:05	0:30
12	69	Collins, Lynn MAROC	1:12:00	6:29	14:52	21:09	25:31	28:21	33:01	43:19	47:37	49:50	54:26	58:29	59:37	1:00:09
13	38	Getliff, Fran MAROC	1:13:01	6:29	8:23	6:17	4:22	2:50	4:40	10:18	4:18	2:13	4:36	4:03	1:08	0:32
14	64	Dale, Kathy MAROC	1:13:44	5:03	7:31	13:51	20:33	26:41	31:22	40:02	45:43	48:04	54:55	1:00:22	1:01:34	1:02:04
15	72	Rowlands, Helen GRAMP	1:15:45	5:03	2:28	6:20	6:42	6:08	4:41	8:40	5:41	2:21	6:51	5:27	1:12	0:30
16	43	McMurtrie, Cara MAROC	1:20:30	5:30	7:45	15:15	20:43	25:42	30:10	41:00	45:58	47:50	55:22	1:01:19	1:02:38	1:03:13
17	110	Wilkinson, Rob GRAMP	1:24:04	5:30	2:15	7:30	5:28	4:59	4:28	10:50	4:58	1:52	7:32	5:57	1:19	0:35
18	42	Kerridge, Jane MAROC	1:29:35	4:52	8:34	7:13	5:42	3:19	5:38	8:59	4:11	2:20	6:27	4:08	1:29	0:39
19	36	Campbell, Tessa MAROC	1:31:37	5:03	7:24	13:59	18:26	21:26	34:40	44:52	52:37	55:07	1:00:08	1:07:47	1:09:07	1:09:43
20	10	Aitken, Angus GRAMP	1:48:53	5:03	2:21	6:35	4:27	3:00	13:14	10:12	7:45	2:30	5:01	7:39	1:20	0:36
21	90	Bryant, David MAROC	2:04:57	40:37												
				*218												
12	69	Collins, Lynn MAROC	1:12:00	5:43	8:38	15:53	23:55	30:52	36:07	46:05	51:07	53:14	1:01:30	1:09:04	1:10:58	1:12:00
13	38	Getliff, Fran MAROC	1:13:01	5:43	2:55	7:15	8:02	6:57	5:15	9:58	5:02	2:07	8:16	7:34	1:54	1:02
14	64	Dale, Kathy MAROC	1:13:44	7:13	9:55	23:36	27:35	32:02	38:19	47:38	52:29	55:12	1:04:54	1:11:19	1:12:28	1:13:01
15	72	Rowlands, Helen GRAMP	1:15:45	7:13	2:42	13:41	3:59	4:27	6:17	9:19	4:51	2:43	9:42	6:25	1:09	0:33
16	43	McMurtrie, Cara MAROC	1:20:30	5:26	8:59	17:47	24:18	28:11	39:00	51:04	55:22	57:49	1:06:02	1:11:53	1:13:10	1:13:44
17	110	Wilkinson, Rob GRAMP	1:24:04	5:26	3:33	8:48	6:31	3:53	10:49	12:04	4:18	2:27	8:13	5:51	1:17	0:34
18	42	Kerridge, Jane MAROC	1:29:35	12:40	17:04	23:39	28:15	32:14	36:59	46:27	53:03	56:12	1:04:01	1:12:53	1:14:35	1:15:45
19	36	Campbell, Tessa MAROC	1:31:37	12:40	4:24	6:35	4:36	3:59	4:45	9:28	6:36	3:09	7:49	8:52	1:42	1:10
20	10	Aitken, Angus GRAMP	1:48:53	10:32	13:11	21:19	27:41	45:20	51:41	1:03:15	1:07:51	1:09:21	1:15:03	1:18:52	1:19:57	1:20:30
21	90	Bryant, David MAROC	2:04:57	10:32	2:39	8:08	6:22	17:39	6:21	11:34	4:36	<b>1:30</b>	5:42	3:49	1:05	0:33
				5:20	8:36	16:50	25:29	31:08	48:22	1:03:45	1:08:15	1:10:46	1:17:58	1:22:19	1:23:35	1:24:04
				5:20	3:16	8:14	8:39	5:39	17:14	15:23	4:30	2:31	7:12	4:21	1:16	0:29
				5:11	7:40	38:26	45:09	52:23	57:32	1:10:01	1:14:44	1:17:11	1:23:27	1:27:39	1:28:57	1:29:35
				5:11	2:29	30:46	6:43	7:14	5:09	12:29	4:43	2:27	6:16	4:12	1:18	0:38
				20:10	23:08	31:36	38:16	43:18	48:41	1:02:35	1:07:40	1:11:23	1:22:54	1:29:05	1:30:57	1:31:37
				20:10	2:58	8:28	6:40	5:02	5:23	13:54	5:05	3:43	11:31	6:11	1:52	0:40
				7:51	11:45	34:13	41:42	50:32	57:26	1:12:16	1:23:36	1:28:17	1:37:57	1:46:13	1:47:59	1:48:53
				7:51	3:54	22:28	7:29	8:50	6:54	14:50	11:20	4:41	9:40	8:16	1:46	0:54
				6:02	32:57	41:37	47:23	52:26	1:03:47	1:33:54	1:39:24	1:45:36	1:56:39	2:02:54	2:04:12	2:04:57
				6:02	26:55	8:40	5:46	5:03	11:21	30:07	5:30	6:12	11:03	6:15	1:18	0:45

Pl	Stno	Name	Time																	
<b>Blue (15)</b>				<b>5.5 km</b>	<b>16 C</b>															
				1(107)	2(114)	3(215)	4(220)	5(115)	6(132)	7(204)	8(197)	9(116)	10(218)	11(158)	12(211)	13(133)	14(219)			
				15(206)	16(192)	F														
1	122	Lawrence, Pete GRAMP	53:10	2:07	5:17	11:00	13:06	16:33	17:58	20:37	22:28	34:53	39:14	42:03	45:16	46:39	48:37			
				2:07	3:10	5:43	2:06	3:27	1:25	2:39	1:51	12:25	4:21	2:49	3:13	1:23	1:58			
				51:41	52:40	53:10														
				3:04	0:59	0:30														
2	92	Spencer, Stephen MAROC	1:00:10	2:26	6:08	12:15	14:32	17:21	20:01	22:22	24:10	39:25	44:52	48:23	51:25	52:55	55:09			
				2:26	3:42	6:07	2:17	2:49	2:40	2:21	1:48	15:15	5:27	3:31	3:02	1:30	2:14			
				58:37	59:39	1:00:10														
				3:28	1:02	0:31														
3	18	Barraclough, Iain GRAMP	1:05:29	3:04	6:41	12:37	15:01	18:52	22:38	25:17	27:25	39:35	46:10	50:54	55:32	57:31	1:00:17			
				3:04	3:37	5:56	2:24	3:51	3:46	2:39	2:08	12:10	6:35	4:44	4:38	1:59	2:46			
				1:03:58	1:05:01	1:05:29														
				3:41	1:03	0:28														
4	63	Ricketts, Trevor MAROC	1:05:50	2:37	8:08	15:20	18:23	21:34	24:37	26:59	29:18	43:01	48:54	52:01	55:37	57:41	59:56			
				2:37	5:31	7:12	3:03	3:11	3:03	2:22	2:19	13:43	5:53	3:07	3:36	2:04	2:15			
				1:04:07	1:05:15	1:05:50														
				4:11	1:08	0:35														
5	111	Wilkinson, John GRAMP	1:06:25	2:32	5:43	14:00	16:26	20:11	23:14	27:23	31:01	43:57	49:41	53:00	57:10	58:59	1:01:07			
				2:32	3:11	8:17	2:26	3:45	3:03	4:09	3:38	12:56	5:44	3:19	4:10	1:49	2:08			
				1:04:48	1:05:57	1:06:25														
				3:41	1:09	0:28														
6	119	Roberts, Keith MAROC	1:16:26	2:57	6:02	14:31	17:04	20:44	25:10	28:03	35:26	54:35	1:00:45	1:03:42	1:06:51	1:08:34	1:11:02			
				2:57	3:05	8:29	2:33	3:40	4:26	2:53	7:23	19:09	6:10	2:57	3:09	1:43	2:28			
				1:14:50	1:15:55	1:16:26														
				3:48	1:05	0:31														
7	58	Stockton, Mark GRAMP	1:17:28	2:30	6:29	12:13	14:25	17:24	39:59	42:20	44:23	56:50	1:00:42	1:03:38	1:07:03	1:08:58	1:12:48			
				2:30	3:59	5:44	2:12	2:59	22:35	2:21	2:03	12:27	3:52	2:56	3:25	1:55	3:50			
				1:15:59	1:17:00	1:17:28														
				3:11	1:01	0:28														
8	34	Campbell, Andrew MAROC	1:19:43	4:10	7:39	13:55	16:05	24:37	29:07	31:52	36:33	54:15	1:00:27	1:04:16	1:09:24	1:11:17	1:14:32			
				4:10	3:29	6:16	2:10	8:32	4:30	2:45	4:41	17:42	6:12	3:49	5:08	1:53	3:15			
				1:18:08	1:19:20	1:19:43														
				3:36	1:12	0:23														
9	16	Mason, Jessica MAROC	1:20:01	2:21	5:56	13:58	16:39	20:26	32:35	36:18	38:33	56:18	1:01:45	1:05:52	1:10:31	1:12:22	1:14:36			
				2:21	3:35	8:02	2:41	3:47	12:09	3:43	2:15	17:45	5:27	4:07	4:39	1:51	2:14			
				1:18:24	1:19:28	1:20:01														
				3:48	1:04	0:33														
10	27	Wright, Frances MAROC	1:23:10	11:30	15:40	23:37	29:03	32:28	37:22	39:58	42:13	1:00:09	1:06:09	1:09:57	1:14:00	1:15:14	1:18:01			
				11:30	4:10	7:57	5:26	3:25	4:54	2:36	2:15	17:56	6:00	3:48	4:03	1:14	2:47			
				1:21:40	1:22:38	1:23:10														
				3:39	0:58	0:32														
11	41	Kerridge, Ewen MAROC	1:24:41	3:02	7:47	17:33	22:15	27:51	31:31	35:59	39:12	57:28	1:05:43	1:10:34	1:15:06	1:16:23	1:19:34			
				3:02	4:45	9:46	4:42	5:36	3:40	4:28	3:13	18:16	8:15	4:51	4:32	1:17	3:11			
				1:23:24	1:24:14	1:24:41														
				3:50	0:50	0:27														
12	121	Scott, Rachel GRAMP	1:27:54	3:33	9:53	18:50	22:06	27:15	35:04	39:32	41:58	58:26	1:06:28	1:10:32	1:14:52	1:17:20	1:20:38			
				3:33	6:20	8:57	3:16	5:09	7:49	4:28	2:26	16:28	8:02	4:04	4:20	2:28	3:18			
				1:25:52	1:27:09	1:27:54														
				5:14	1:17	0:45														
13	24	Liley, Norman TVOC	1:30:12	4:08	9:03	18:00	20:41	24:50	29:21	35:22	38:02	1:03:48	1:11:20	1:15:17	1:18:32	1:20:57	1:23:46			
				4:08	4:55	8:57	2:41	4:09	4:31	6:01	2:40	25:46	7:32	3:57	3:15	2:25	2:49			
				1:28:19	1:29:39	1:30:12														
				4:33	1:20	0:33														
14	140	Lenton, Jonathan MAROC	1:47:48	4:53	10:28	18:53	22:05	27:26	33:09	39:57	45:06	1:00:14	1:23:13	1:27:26	1:36:18	1:38:16	1:41:36			
				4:53	5:35	8:25	3:12	5:21	5:43	6:48	5:09	15:08	22:59	4:13	8:52	1:58	3:20			
				1:46:08	1:47:16	1:47:48														
				4:32	1:08	0:32														
120	Campbell, Neil MAROC	mp	3:08	6:34	21:00	----	26:35	----	32:35	34:19	45:54	----	----	----	----	----				
				3:08	3:26	14:26					5:35	6:00	1:44	11:35						
				1:06:30	1:07:43	1:08:12														
				20:36	1:13	0:29														

Pl	Stno	Name	Time																
<b>Brown (17)</b>																			
				<b>6.7 km 19 C</b>															
				1(107)	2(113)	3(114)	4(220)	5(214)	6(115)	7(132)	8(202)	9(196)	10(217)	11(197)	12(116)	13(218)	14(158)		
				15(211)	16(133)	17(151)	18(206)	19(192)	F										
1	54	Grassie, Duncan GRAMP	56:03	1:48	4:20	6:34	11:24	12:26	14:22	15:45	20:14	21:31	22:59	26:14	38:21	42:19	44:19		
				1:48	2:32	2:14	4:50	1:02	1:56	1:23	4:29	1:17	1:28	3:15	12:07	3:58	2:00		
				46:45	48:06	51:38	54:26	55:33	56:03										
				2:26	1:21	3:32	2:48	1:07	0:30										
2	12	Tivendale, Drew MAROC	59:18	1:39	4:27	6:40	11:32	12:33	16:25	18:08	21:28	24:50	26:35	29:42	39:48	45:26	47:19		
				1:39	2:48	2:13	4:52	1:01	3:52	1:43	3:20	3:22	1:45	3:07	10:06	5:38	1:53		
				51:48	52:57	55:57	58:12	58:57	59:18										
				4:29	1:09	3:00	2:15	0:45	0:21										
3	103	Dudley, Joshua GRAMP	1:00:03	2:12	5:13	7:50	13:31	14:45	16:14	18:43	23:19	25:06	26:44	30:26	40:36	44:56	47:10		
				2:12	3:01	2:37	5:41	1:14	1:29	2:29	4:36	1:47	1:38	3:42	10:10	4:20	2:14		
				50:37	52:06	55:58	58:41	59:39	1:00:03										
				3:27	1:29	3:52	2:43	0:58	0:24										
4	135	Guy, Doug GRAMP	1:00:52	2:09	4:55	7:24	12:37	14:41	16:24	18:09	22:43	25:37	27:35	31:09	41:09	47:29	49:43		
				2:09	2:46	2:29	5:13	2:04	1:43	1:45	4:34	2:54	1:58	3:34	10:00	6:20	2:14		
				52:11	53:33	56:57	59:36	1:00:27	1:00:52										
				2:28	1:22	3:24	2:39	0:51	0:25										
5	137	Daly, Robert GRAMP	1:03:02	2:23	5:58	8:39	14:11	15:31	17:25	19:00	23:12	25:06	27:20	31:06	43:22	47:39	50:08		
				2:23	3:35	2:41	5:32	1:20	1:54	1:35	4:12	1:54	2:14	3:46	12:16	4:17	2:29		
				53:51	55:25	58:52	1:01:38	1:02:34	1:03:02										
				3:43	1:34	3:27	2:46	0:56	0:28										
6	61	Coombs, Roger MAROC	1:09:44	2:22	5:29	9:08	20:02	21:32	23:23	25:29	30:27	32:09	34:25	38:38	50:17	54:08	56:46		
				2:22	3:07	3:39	10:54	1:30	1:51	2:06	4:58	1:42	2:16	4:13	11:39	3:51	2:38		
				59:52	1:01:27	1:05:27	1:08:12	1:09:15	1:09:44										
				3:06	1:35	4:00	2:45	1:03	0:29										
7	60	Tivendale, Andy MAROC	1:10:53	2:07	6:13	9:05	14:33	15:58	17:57	19:40	24:42	28:15	30:40	34:59	50:33	54:41	57:18		
				2:07	4:06	2:52	5:28	1:25	1:59	1:43	5:02	3:33	2:25	4:19	15:34	4:08	2:37		
				1:00:17	1:01:47	1:05:57	1:09:12	1:10:19	1:10:53										
				2:59	1:30	4:10	3:15	1:07	0:34										
8	44	McMurtrie, Andrew MAROC	1:11:28	2:31	6:20	9:36	21:30	22:52	24:34	29:29	33:32	35:47	37:53	41:20	53:56	57:29	59:51		
				2:31	3:49	3:16	11:54	1:22	1:42	4:55	4:03	2:15	2:06	3:27	12:36	3:33	2:22		
				1:02:18	1:03:31	1:07:14	1:10:00	1:11:02	1:11:28										
				2:27	1:13	3:43	2:46	1:02	0:26										
9	25	Low, Chris MAROC	1:12:28	2:08	5:03	7:32	13:02	15:23	17:28	22:47	27:44	31:34	33:36	37:27	52:36	56:49	59:14		
				2:08	2:55	2:29	5:30	2:21	2:05	5:19	4:57	3:50	2:02	3:51	15:09	4:13	2:25		
				1:02:17	1:03:56	1:07:46	1:10:58	1:11:58	1:12:28										
				3:03	1:39	3:50	3:12	1:00	0:30										
10	144	Marshall, Alastair MAROC	1:19:24	3:09	7:57	11:44	17:06	19:15	21:26	24:25	30:00	36:50	39:03	42:56	54:50	1:03:38	1:06:46		
				3:09	4:48	3:47	5:22	2:09	2:11	2:59	5:35	6:50	2:13	3:53	11:54	8:48	3:08		
				1:09:58	1:11:50	1:15:32	1:18:00	1:18:55	1:19:24										
				3:12	1:52	3:42	2:28	0:55	0:29										
11	97	Hale, Nick GRAMP	1:19:50	2:01	6:44	9:09	21:57	23:06	25:14	30:45	34:50	39:36	41:50	46:23	58:12	1:02:14	1:04:39		
				2:01	4:43	2:25	12:48	1:09	2:08	5:31	4:05	4:46	2:14	4:33	11:49	4:02	2:25		
				1:07:54	1:09:31	1:13:59	1:18:14	1:19:18	1:19:50										
				3:15	1:37	4:28	4:15	1:04	0:32										
12	70	Yardley, Gareth GRAMP	1:23:30	2:54	8:42	11:39	18:29	20:17	22:12	24:45	30:07	31:52	34:03	43:48	59:59	1:05:05	1:08:12		
				2:54	5:48	2:57	6:50	1:48	1:55	2:33	5:22	1:45	2:11	9:45	16:11	5:06	3:07		
				1:13:02	1:14:29	1:18:27	1:21:47	1:22:59	1:23:30										
				4:50	1:27	3:58	3:20	1:12	0:31										
13	51	Duley, Paul GRAMP	1:25:23	2:37	5:28	11:40	19:59	21:25	23:35	28:28	33:33	37:02	39:34	43:49	58:28	1:05:51	1:08:46		
				2:37	2:51	6:12	8:19	1:26	2:10	4:53	5:05	3:29	2:32	4:15	14:39	7:23	2:55		
				1:12:53	1:15:11	1:20:08	1:23:43	1:24:49	1:25:23										
				4:07	2:18	4:57	3:35	1:06	0:34										
14	141	Reynard, Kevin GRAMP	1:25:42	2:14	10:08	13:51	20:14	22:00	24:27	29:01	33:31	37:11	39:30	44:17	59:21	1:04:34	1:07:16		
				2:14	7:54	3:43	6:23	1:46	2:27	4:34	4:30	3:40	2:19	4:47	15:04	5:13	2:42		
				1:10:35	1:12:34	1:20:44	1:24:03	1:25:09	1:25:42										
				3:19	1:59	8:10	3:19	1:06	0:33										
15	65	Hirst, David MAROC	1:32:07	2:31	8:27	11:58	19:01	20:29	22:45	36:57	41:41	47:01	49:30	53:49	1:06:27	1:11:25	1:16:51		
				2:31	5:56	3:31	7:03	1:28	2:16	14:12	4:44	5:20	2:29	4:19	12:38	4:58	5:26		
				1:20:10	1:22:03	1:26:32	1:30:31	1:31:33	1:32:07										
				3:19	1:53	4:29	3:59	1:02	0:34										

Pl	Stno	Name	Time																	
<b>Brown (17)</b>				<b>6.7 km 19 C</b>			<i>(cont.)</i>													
				1(107)	2(113)	3(114)	4(220)	5(214)	6(115)	7(132)	8(202)	9(196)	10(217)	11(197)	12(116)	13(218)	14(158)			
				15(211)	16(133)	17(151)	18(206)	19(192)	F											
<b>16</b>	<b>57</b>	<b>Will, Adrian</b>	<b>1:32:49</b>	3:08	7:07	11:15	20:47	22:26	25:04	29:36	39:18	43:57	46:29	51:48	1:07:38	1:13:25	1:16:36			
				3:08	3:59	4:08	9:32	1:39	2:38	4:32	9:42	4:39	2:32	5:19	15:50	5:47	3:11			
				1:20:20	1:22:08	1:27:58	1:31:19	1:32:16	1:32:49											
				3:44	1:48	5:50	3:21	0:57	0:33											
	<b>80</b>	<b>McDonald, Dennis</b>	<b>mp</b>	2:44	5:57	8:35	19:36	----	22:49	27:35	31:33	33:57	35:52	39:26	49:40	55:10	57:33			
				2:44	3:13	2:38	11:01		3:13	4:46	3:58	2:24	1:55	3:34	10:14	5:30	2:23			
				59:51	1:01:10	1:06:30	1:09:52	1:10:56	1:11:20											
				2:18	1:19	5:20	3:22	1:04	0:24		16:34									
											*215									