



Pl	Stno	Name	Time										
<b>Yellow (8)</b>				<b>2.5 km 20 m 9 C</b>									
				1(195)	2(149)	3(151)	4(191)	5(150)	6(192)	7(211)	8(206)	9(204)	F
1	57	Mellor, Andrew MAROC	25:57	1:21	2:30	<b>5:21</b>	<b>10:14</b>	<b>14:05</b>	<b>16:55</b>	<b>19:28</b>	<b>22:59</b>	<b>24:38</b>	<b>25:57</b>
				1:21	<b>1:09</b>	2:51	<b>4:53</b>	<b>3:51</b>	<b>2:50</b>	2:33	<b>3:31</b>	<b>1:39</b>	<b>1:19</b>
2	69	Easton, Louis MAROC	38:46	<b>0:51</b>	<b>2:23</b>	5:59	11:32	19:56	25:27	29:25	34:00	36:44	38:46
				<b>0:51</b>	1:32	3:36	5:33	8:24	5:31	3:58	4:35	2:44	2:02
3	76	Gooch, Joel MAROC	39:53	1:34	4:12	7:54	14:17	21:49	27:29	30:29	35:56	38:22	39:53
				1:34	2:38	3:42	6:23	7:32	5:40	3:00	5:27	2:26	1:31
4	40	Littlejohn, Bethany MAROC	40:27	1:13	2:38	6:27	13:11	22:24	26:05	29:20	34:56	38:38	40:27
				1:13	1:25	3:49	6:44	9:13	3:41	3:15	5:36	3:42	1:49
5	61	Thompson, Stuart MAROC	40:36	1:58	4:03	7:58	15:53	22:51	27:21	29:49	35:49	38:38	40:36
				1:58	2:05	3:55	7:55	6:58	4:30	<b>2:28</b>	6:00	2:49	1:58
6	83	Schouten, Phoebe MAROC	55:13	1:06	2:44	6:03	25:07	38:01	41:17	47:02	51:17	53:26	55:13
				1:06	1:38	3:19	19:04	12:54	3:16	5:45	4:15	2:09	1:47
7	35	Smith, Daniel + Lau GRAMP	1:19:17	1:25	3:23	6:09	18:32	57:18	1:00:59	1:05:10	1:11:35	1:16:14	1:19:17
				1:25	1:58	<b>2:46</b>	12:23	38:46	3:41	4:11	6:25	4:39	3:03
48		Gomersall, Josie GRAMP	mp	1:22	3:30	8:32	21:41	----	----	----	----	----	53:10
				1:22	2:08	5:02	13:09						31:29



Pl	Stno	Name	Time													
<b>Light Green (17)</b>				<b>4.5 km</b>	<b>65 m</b>	<b>12 C</b>										
				1(124)	2(113)	3(220)	4(120)	5(126)	6(139)	7(218)	8(214)	9(121)	10(127)	11(128)	12(194)	F
1	42	Martin, Clare MAROC	45:21	5:20	9:17	15:36	18:59	22:06	24:44	27:31	30:33	33:10	37:20	40:48	43:56	45:21
2	37	Smith, Lynn GRAMP	52:10	5:20	3:57	6:19	3:23	3:07	2:38	2:47	3:02	2:37	4:10	3:28	3:08	1:25
3	85	Matthews, Margit MAROC	55:58	3:13	4:29	7:20	4:53		7:57	3:00	4:05	3:45	5:35	3:14	3:25	1:14
4	21	Johnson, Iain MAROC	58:18	3:14	10:46	18:50	23:27	27:53	31:35	34:55	38:25	41:52	47:24	51:00	54:26	55:58
5	49	Wright, Denise MAROC	58:31	3:58	9:26	18:28	22:50	25:46	28:48	33:01	37:50	41:19	48:04	53:40	57:09	58:18
6	27	Mason, Abigail MAROC	59:45	2:55	8:05	16:31	21:32	25:50	28:27	32:47	37:51	41:29	47:11	52:15	56:24	58:31
7	63	Smith, Ann MAROC	1:06:16	2:55	5:10	8:26	5:01	4:18	2:37	4:20	5:04	3:38	5:42	5:04	4:09	2:07
8	84	Stuart, Jessica MAROC	1:13:58	2:35	6:42	14:43	19:21	24:09	27:10	31:00	35:45	44:58	50:45	54:18	58:21	59:45
9	18	Ricketts, Megan MAROC	1:17:33	2:35	4:07	8:01	4:38	4:48	3:01	3:50	4:45	9:13	5:47	3:33	4:03	1:24
10	39	Hampshire, Clive MAROC	1:21:17	3:41	11:54	20:26	24:52	30:26	33:24	37:46	41:50	50:21	57:31	1:00:36	1:04:51	1:06:16
11	54	Craig, Marjory MAROC	1:34:02	3:41	8:13	8:32	4:26	5:34	2:58	4:22	4:04	8:31	7:10	3:05	4:15	1:25
12	66	Howard, Robert MAROC	1:35:58	3:04	8:30	15:41	19:13	23:19	26:57	30:34	40:43	54:48	59:35	1:04:38	1:12:40	1:13:58
13	73	McCarthy, Caroline BASOC	1:39:59	3:04	5:26	7:11	3:32	4:06	3:38	3:37	10:09	14:05	4:47	5:03	8:02	1:18
14	74	McCarthy, William BASOC	1:53:21	3:31	8:53	17:37	26:00	31:02	34:46	41:16	48:01	56:32	1:05:03	1:10:42	1:15:47	1:17:33
15	41	Esson, Lindsey GRAMP	2:05:53	3:31	5:22	8:44	8:23	5:02	3:44	6:30	6:45	8:31	8:31	5:39	5:05	1:46
	14	Chapman, Teresa MAROC	mp	2:49	8:32	18:58	23:02	26:55	30:43	34:50	44:01	58:33	1:08:15	1:13:53	1:19:31	1:21:17
	15	Chapman, Jake MAROC	mp	2:49	5:43	10:26	4:04	3:53	3:48	4:07	9:11	14:32	9:42	5:38	5:38	1:46
				3:20	24:18	33:06	38:51	45:05	49:31	56:14	1:02:26	1:07:25	1:16:23	1:22:09	1:31:53	1:34:02
				3:20	20:58	8:48	5:45	6:14	4:26	6:43	6:12	4:59	8:58	5:46	9:44	2:09
				3:18	11:42	29:09	37:01	42:53	46:57	52:40	1:01:52	1:10:45	1:21:12	1:27:38	1:33:16	1:35:58
				3:18	8:24	17:27	7:52	5:52	4:04	5:43	9:12	8:53	10:27	6:26	5:38	2:42
				5:01	21:43	33:07	40:45	55:29	1:00:19	1:05:40	1:12:07	1:18:05	1:25:01	1:30:21	1:38:17	1:39:59
				5:01	16:42	11:24	7:38	14:44	4:50	5:21	6:27	5:58	6:56	5:20	7:56	1:42
				6:36	15:01	30:25	37:36	48:53	53:46	1:01:18	1:07:36	1:18:27	1:30:47	1:41:38	1:50:25	1:53:21
				6:36	8:25	15:24	7:11	11:17	4:53	7:32	6:18	10:51	12:20	10:51	8:47	2:56
				6:05	19:40	35:20	44:06	52:35	57:35	1:06:35	1:24:32	1:32:14	1:43:54	1:52:56	2:01:59	2:05:53
				6:05	13:35	15:40	8:46	8:29	5:00	9:00	17:57	7:42	11:40	9:02	9:03	3:54
				3:26	8:24	18:12	25:00	30:00	33:11	37:48	-----	1:06:46	1:16:40	-----	1:22:50	1:25:15
				3:26	4:58	9:48	6:48	5:00	3:11	4:37	-----	28:58	9:54	-----	6:10	2:25
				2:08	6:16	12:27	16:28	20:48	24:18	31:25	-----	-----	-----	-----	-----	-----
				2:08	4:08	6:11	4:01	4:20	3:30	7:07						

Pl	Stno	Name	Time																	
<b>Green (19)</b>				<b>5.5 km</b>	<b>95 m</b>	<b>17 C</b>														
				1(124)	2(127)	3(114)	4(147)	5(115)	6(137)	7(126)	8(138)	9(139)	10(118)	11(145)	12(119)	13(107)	14(116)			
				15(146)	16(128)	17(194)	F													
1	1	Dunn, Sarah MAROC	44:54	2:16	5:05	7:01	8:13	9:43	13:15	14:46	17:42	19:58	20:51	<b>23:47</b>	<b>27:23</b>	<b>29:56</b>	<b>32:29</b>			
				2:16	2:49	1:56	1:12	<b>1:30</b>	3:32	<b>1:31</b>	2:56	2:16	0:53	2:56	3:36	<b>2:33</b>	<b>2:33</b>			
				<b>34:31</b>	<b>40:13</b>	<b>43:31</b>	<b>44:54</b>													
				<b>2:02</b>	5:42	3:18	1:23													
2	19	Ricketts, Jennifer MAROC	47:53	<b>1:44</b>	4:33	<b>6:21</b>	<b>7:37</b>	<b>9:11</b>	<b>12:17</b>	<b>13:55</b>	<b>17:22</b>	<b>19:46</b>	<b>20:25</b>	24:53	28:28	31:03	33:52			
				<b>1:44</b>	2:49	<b>1:48</b>	1:16	1:34	<b>3:06</b>	1:38	3:27	2:24	<b>0:39</b>	4:28	<b>3:35</b>	2:35	2:49			
				37:54	43:19	46:52	47:53													
				4:02	<b>5:25</b>	3:33	<b>1:01</b>													
3	17	Ricketts, Trevor MAROC	50:08	3:44	6:23	8:14	9:25	11:13	14:45	16:20	18:41	20:52	21:53	25:32	29:47	32:26	35:35			
				3:44	<b>2:39</b>	1:51	<b>1:11</b>	1:48	3:32	1:35	<b>2:21</b>	2:11	1:01	3:39	4:15	2:39	3:09			
				37:55	45:11	48:50	50:08													
				2:20	7:16	3:39	1:18													
4	59	Neil, Ken GRAMP	53:38	<b>1:44</b>	<b>4:31</b>	6:54	8:42	10:18	14:46	16:32	21:31	23:47	24:57	28:32	32:40	35:51	39:18			
				<b>1:44</b>	2:47	2:23	1:48	1:36	4:28	1:46	4:59	2:16	1:10	3:35	4:08	3:11	3:27			
				41:28	48:44	52:23	53:38													
				2:10	7:16	3:39	1:15													
5	36	Smith, Jonathan GRAMP	55:00	2:32	5:55	8:35	10:03	12:06	15:51	17:37	22:40	24:55	26:04	30:29	34:36	37:35	40:36			
				2:32	3:23	2:40	1:28	2:03	3:45	1:46	5:03	2:15	1:09	4:25	4:07	2:59	3:01			
				42:53	50:16	53:40	55:00													
				2:17	7:23	3:24	1:20													
6	75	Brown, Kirsten MAROC	55:56	2:48	6:34	9:06	10:35	12:27	16:25	18:07	21:24	23:41	24:53	29:27	33:14	36:26	39:46			
				2:48	3:46	2:32	1:29	1:52	3:58	1:42	3:17	2:17	1:12	4:34	3:47	3:12	3:20			
				42:11	49:53	54:30	55:56													
				2:25	7:42	4:37	1:26													
7	20	Ford-Bryant, Oliver MAROC	56:11	2:13	5:25	8:03	9:14	11:58	16:18	18:21	23:18	26:16	27:33	31:24	35:11	38:58	41:49			
				2:13	3:12	2:38	<b>1:11</b>	2:44	4:20	2:03	4:57	2:58	1:17	3:51	3:47	3:47	2:51			
				44:23	51:32	55:09	56:11													
				2:34	7:09	3:37	1:02													
8	50	Wright, Frances MAROC	1:00:28	2:38	5:43	8:11	9:27	11:27	15:29	25:55	28:18	30:11	31:08	33:59	37:34	40:08	43:20			
				2:38	3:05	2:28	1:16	2:00	4:02	10:26	2:23	<b>1:53</b>	0:57	<b>2:51</b>	<b>3:35</b>	2:34	3:12			
				48:42	54:48	59:15	1:00:28													
				5:22	6:06	4:27	1:13													
9	65	Howard, Stian MAROC	1:02:30	8:44	13:49	16:25	18:23	20:30	24:37	26:26	29:44	32:09	33:16	36:53	40:53	43:44	47:14			
				8:44	5:05	2:36	1:58	2:07	4:07	1:49	3:18	2:25	1:07	3:37	4:00	2:51	3:30			
				49:43	56:49	1:01:23	1:02:30													
				2:29	7:06	4:34	1:07													
10	33	Lenton, Jane MAROC	1:02:31	2:22	5:13	7:42	9:10	10:49	18:56	20:35	23:34	25:31	26:19	30:20	34:54	38:01	43:21			
				2:22	2:51	2:29	1:28	1:39	8:07	1:39	2:59	1:57	0:48	4:01	4:34	3:07	5:20			
				46:15	58:20	1:01:22	1:02:31													
				2:54	12:05	<b>3:02</b>	1:09													
11	24	Mason, Evelyn MAROC	1:03:40	1:52	4:43	7:27	8:46	12:19	16:46	18:36	22:21	25:16	26:53	30:42	36:02	38:57	42:25			
				1:52	2:51	2:44	1:19	3:33	4:27	1:50	3:45	2:55	1:37	3:49	5:20	2:55	3:28			
				45:50	56:02	1:01:28	1:03:40													
				3:25	10:12	5:26	2:12													
12	4	McMurtrie, Cara MAROC	1:05:12	2:48	6:44	11:14	12:59	15:07	21:06	24:12	29:23	33:06	34:05	38:01	43:07	46:48	50:17			
				2:48	3:56	4:30	1:45	2:08	5:59	3:06	5:11	3:43	0:59	3:56	5:06	3:41	3:29			
				52:54	1:00:36	1:03:54	1:05:12													
				2:37	7:42	3:18	1:18													
13	38	Craig, Peter MAROC	1:07:45	2:10	5:26	8:07	11:47	13:59	19:11	21:18	26:27	29:33	30:43	34:41	38:56	43:11	48:33			
				2:10	3:16	2:41	3:40	2:12	5:12	2:07	5:09	3:06	1:10	3:58	4:15	4:15	5:22			
				52:54	1:00:58	1:06:03	1:07:45													
				4:21	8:04	5:05	1:42													
14	34	Lenton, Jonathan MAROC	1:11:01	3:43	7:09	11:35	13:18	15:03	20:52	23:23	28:07	31:10	32:21	36:07	41:05	46:59	50:51			
				3:43	3:26	4:26	1:43	1:45	5:49	2:31	4:44	3:03	1:11	3:46	4:58	5:54	3:52			
				53:22	1:01:45	1:09:53	1:11:01													
				2:31	8:23	8:08	1:08													
15	22	Steele, Debbie MAROC	1:19:15	7:47	11:26	14:05	16:03	18:29	23:21	25:28	33:41	38:05	39:21	45:19	49:18	55:24	59:55			
				7:47	3:39	2:39	1:58	2:26	4:52	2:07	8:13	4:24	1:16	5:58	3:59	6:06	4:31			
				1:02:45	1:09:53	1:17:45	1:19:15													
				2:50	7:08	7:52	1:30													



Pl	Stno	Name	Time																	
<b>Blue (24)</b>				<b>6.6 km</b>	<b>120 m</b>	<b>23 C</b>														
				1(183)	2(113)	3(148)	4(114)	5(147)	6(146)	7(116)	8(145)	9(117)	10(139)	11(118)	12(138)	13(119)	14(137)			
				15(120)	16(135)	17(121)	18(115)	19(122)	20(127)	21(128)	22(124)	23(194)	F							
1	86	Tivendale, Drew MAROC	43:26	2:37	5:05	7:18	8:29	9:58	12:14	13:44	15:45	16:32	17:56	18:29	<b>20:06</b>	<b>23:14</b>	<b>25:56</b>			
				2:37	2:28	2:13	<b>1:11</b>	1:29	2:16	<b>1:30</b>	2:01	0:47	<b>1:24</b>	0:33	<b>1:37</b>	3:08	<b>2:42</b>			
				<b>28:17</b>	<b>30:49</b>	<b>33:00</b>	<b>34:37</b>	<b>35:59</b>	<b>37:04</b>	<b>39:18</b>	<b>41:43</b>	<b>42:32</b>	<b>43:26</b>							
				<b>2:21</b>	2:32	2:11	<b>1:37</b>	<b>1:22</b>	1:05	<b>2:14</b>	2:25	<b>0:49</b>	0:54							
2	44	Taunton, Joe NGOC	45:25	<b>2:22</b>	<b>4:05</b>	<b>6:05</b>	<b>7:19</b>	<b>8:12</b>	<b>10:21</b>	<b>11:56</b>	<b>14:56</b>	<b>15:36</b>	<b>17:01</b>	<b>17:38</b>	21:24	24:20	27:54			
				<b>2:22</b>	<b>1:43</b>	<b>2:00</b>	1:14	<b>0:53</b>	<b>2:09</b>	1:35	3:00	<b>0:40</b>	1:25	0:37		<b>2:56</b>	3:34			
				30:32	32:11	34:07	36:04	37:28	38:23	41:18	43:24	44:25	45:25	27:08						
				2:38	<b>1:39</b>	<b>1:56</b>	1:57	1:24	<b>0:55</b>	2:55	<b>2:06</b>	1:01	1:00		<b>*196</b>					
3	2	Musgrave, Jonathar MAROC	45:50	2:52	4:56	7:51	9:40	10:41	12:55	14:46	17:09	17:59	19:37	20:10	22:06	25:06	27:57			
				2:52	2:04	2:55	1:49	1:01	2:14	1:51	2:23	0:50	1:38	0:33	1:56	3:00	2:51			
				31:19	33:08	35:20	37:04	38:39	39:34	42:00	44:06	44:55	45:50	6:57						
				3:22	1:49	2:12	1:44	1:35	<b>0:55</b>	2:26	<b>2:06</b>	<b>0:49</b>	0:55		<b>*127</b>					
4	11	Chepelin, Evgueni GRAMP	49:04	2:59	4:42	7:11	8:31	9:32	11:45	13:45	17:04	17:59	19:47	20:29	22:28	25:37	29:05			
				2:59	<b>1:43</b>	2:29	1:20	1:01	2:13	2:00	3:19	0:55	1:48	0:42	1:59	3:09	3:28			
				31:55	34:00	36:05	37:56	39:38	40:42	43:12	47:08	48:05	49:04							
				2:50	2:05	2:05	1:51	1:42	1:04	2:30	3:56	0:57	0:59							
5	10	Chepelin, Alexandre GRAMP	50:02	2:56	5:10	7:22	8:37	9:53	12:42	14:16	16:33	17:21	19:27	19:58	21:47	25:03	29:49			
				2:56	2:14	2:12	1:15	1:16	2:49	1:34	2:17	0:48	2:06	<b>0:31</b>	1:49	3:16	4:46			
				32:30	34:27	37:04	39:03	40:57	42:20	45:04	48:11	49:12	50:02							
				2:41	1:57	2:37	1:59	1:54	1:23	2:44	3:07	1:01	0:50							
6	47	Gomersall, Jack GRAMP	51:24	3:08	5:33	8:44	10:04	11:18	13:46	15:23	18:02	18:43	20:30	21:18	23:14	26:55	31:12			
				3:08	2:25	3:11	1:20	1:14	2:28	1:37	2:39	0:41	1:47	0:48	1:56	3:41	4:17			
				33:52	35:50	38:41	40:38	42:48	44:00	46:45	49:33	50:30	51:24							
				2:40	1:58	2:51	1:57	2:10	1:12	2:45	2:48	0:57	0:54							
7	53	Roberts, Callum MAROC	52:04	3:04	6:57	9:28	11:01	11:54	14:48	16:37	18:36	19:31	21:15	21:58	23:49	27:10	31:05			
				3:04	3:53	2:31	1:33	<b>0:53</b>	2:54	1:49	<b>1:59</b>	0:55	1:44	0:43	1:51	3:21	3:55			
				34:56	38:04	40:27	42:21	43:56	44:52	47:24	50:16	51:15	52:04							
				3:51	3:08	2:23	1:54	1:35	0:56	2:32	2:52	0:59	<b>0:49</b>							
8	79	Daly, Robert GRAMP	54:23	3:09	6:22	9:18	11:03	12:45	15:07	17:10	19:59	21:05	23:02	24:07	26:20	29:56	33:27			
				3:09	3:13	2:56	1:45	1:42	2:22	2:03	2:49	1:06	1:57	1:05	2:13	3:36	3:31			
				36:35	38:43	41:23	43:32	45:15	46:21	49:30	51:56	53:08	54:23							
				3:08	2:08	2:40	2:09	1:43	1:06	3:09	2:26	1:12	1:15							
9	13	Chapman, Craig MAROC	1:01:06	2:49	5:30	8:45	10:35	11:59	16:07	18:07	22:48	23:45	25:32	26:18	30:04	33:28	38:26			
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				42:01	44:11	47:21	50:55	52:43	53:47	56:33	58:55	59:58	1:01:06							
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11	31	Davidson, Ian MAROC	1:06:01	3:36	7:25	11:38	13:27	15:20	18:29	20:50	24:20	25:40	27:48	28:43	31:32	35:31	39:26			
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13	25	Mason, Jessica MAROC	1:06:56	3:00	5:23	8:14	10:15	12:08	18:22	20:47	24:12	25:26	27:39	30:44	32:52	37:00	42:08			
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				3:53	2:35	2:59	3:09	2:10	1:27	4:54	3:58	1:23	1:40							

Pl	Stno	Name	Time														
<b>Blue (24)</b>				<b>6.6 km 120 m 23 C</b>				<i>(cont.)</i>									
				1(183)	2(113)	3(148)	4(114)	5(147)	6(146)	7(116)	8(145)	9(117)	10(139)	11(118)	12(138)	13(119)	14(137)
				15(120)	16(135)	17(121)	18(115)	19(122)	20(127)	21(128)	22(124)	23(194)	F				
<b>16</b>	<b>45</b>	<b>Gomersall, Lesley GRAMP</b>	<b> :11:15</b>	4:18	7:38	10:54	12:57	14:23	17:51	20:47	24:00	25:15	28:06	29:08	31:59	36:57	42:03
				4:18	3:20	3:16	2:03	1:26	3:28	2:56	3:13	1:15	2:51	1:02	2:51	4:58	5:06
				45:56	49:05	52:47	56:28	58:55	1:00:21	1:04:09	1:07:54	1:09:25	1:11:15				
				3:53	3:09	3:42	3:41	2:27	1:26	3:48	3:45	1:31	1:50				
<b>17</b>	<b>6</b>	<b>Campbell, Andrew MAROC</b>	<b> :11:58</b>	3:11	8:14	12:28	15:27	16:27	19:33	21:44	24:48	25:54	27:59	28:46	31:17	36:27	42:22
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				4:07	4:45	3:00	3:09	1:55	0:59	5:54	3:33	1:01	1:13			*129	*113
<b>18</b>	<b>51</b>	<b>Kerridge, Ewen MAROC</b>	<b> :14:30</b>	2:57	6:26	9:10	11:08	12:59	15:41	17:59	20:46	22:02	23:48	24:23	26:02	30:07	33:38
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<b>20</b>	<b>64</b>	<b>Bain, Andy MAROC</b>	<b> :15:53</b>	3:22	6:39	9:46	11:31	12:35	15:38	17:35	19:51	31:05	34:16	37:36	40:13	43:31	50:47
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<b>21</b>	<b>30</b>	<b>Graham, Lorna</b>	<b> :16:21</b>	3:53	6:19	9:39	11:38	13:05	17:34	20:07	23:38	25:09	27:57	29:29	35:49	40:40	45:24
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<b>22</b>	<b>52</b>	<b>Roberts, Keith MAROC</b>	<b> :37:16</b>	4:12	7:52	11:09	12:58	14:08	19:40	22:52	25:46	27:16	29:56	32:03	37:16	41:30	50:58
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<b>23</b>	<b>58</b>	<b>Alex, Brodie MAROC</b>	<b> :44:26</b>	4:18	7:43	11:59	14:45	20:45	24:46	31:07	35:47	37:16	41:28	42:51	45:55	51:12	1:08:57
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<b>24</b>	<b>32</b>	<b>Liley, Norman TVOC</b>	<b> :46:12</b>	4:48	13:15	21:09	26:30	27:48	33:41	36:33	39:53	41:24	45:53	46:52	50:18	55:58	1:07:00
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