

Place	Name	Club	AgeClass	Course	Time
<b>Short (25)</b>				<b>2.9 km 100 m</b>	<b>10 C</b>
1	Lawrence Pete	GRAMP	M55	Short	35:51
2	Chapman Catriona	MAROC	W16	Short	37:03
3	Bennett Ewan	MAROC	M16	Short	38:16
4	Tivendale Andy	MAROC	M70	Short	41:17
5	Bennett Alan	MAROC	M50	Short	41:20
6	Robinson Julian	GRAMP	M45	Short	42:46
7	Barrie Donald	MAROC	M50	Short	42:48
8	Whitehead Ranolph	MAROC	M14	Short	42:49
9	Hamilton Ian	GRAMP	M60	Short	43:16
10	Whitehead Daniel	MAROC	M45	Short	43:59
11	McIntyre Ian	INT	M55	Short	45:40
12	Nicholson Hugh	GRAMP	M50	Short	46:51
13	Low Chris	MAROC	M60	Short	47:53
14	Campbell Phil	GRAMP	M35	Short	50:46
15	Parkes Matthew	GRAMP	M45	Short	50:57
16	Huthwaite Jeremy	GRAMP	M50	Short	52:19
17	Esson David	GRAMP	M40	Short	52:36
18	Newey Yann (S)	MAROC	M14	Short	54:01
19	Scott Rachel	GRAMP	W55	Short	54:22
20	Nicholson Rosslyn	GRAMP	W50	Short	56:05
21	Rowlands Helen	GRAMP	W50	Short	56:56
22	Northcott Adrian	DVO	M55	Short	1:08:21
23	Campbell Alexander	MAROC	M60	Short	1:29:40
	Chapman Jacqui	MAROC	W45	Short	dnf
nc	Tivendale Drew	MAROC	M45	Short	35:29
<b>Long (12)</b>				<b>4.8 km 145 m</b>	<b>12 C</b>
1	Gooch Matthew	MAROC	M18	Long	38:43
2	Gooch Joel	MAROC	M16	Long	44:53
3	Musgrave Jonathan	MAROC	M55	Long	48:46
4	Newey Jonas	MAROC	M16	Long	54:41
5	Gomersall Sam	GRAMP	M55	Long	1:05:41
6	Kincaid Briony	ECKO	W21	Long	1:07:41
7	Kirk David	GRAMP	M50	Long	1:12:34
8	Gomersall Lesley	GRAMP	W55	Long	1:14:52
	Musgrave Ewan	MAROC	M16	Long	mp
	Barrie Adam	MAROC	M16	Long	mp
	Dunn Sarah	MAROC	W50	Long	mp
	McDonald Dennis	GRAMP	M55	Long	dnf