Long (9) — **4.3 km 0 m 14 C**

Pl	tno	Name	Time	1(116)	2(110)	3(117)	4(111)	5(118)	6(119)	7(120)	8(114)	9(121)	10(112)	11(122)	12(124)	13(125)	14(133)
				Finish													
1	**13**	**Matthew Gooch**	**36:43**	**2:26**	**3:23**	**5:10**	**12:48**	**14:10**	**17:18**	**19:37**	**22:55**	**25:35**	**26:55**	**30:01**	**32:41**	**34:03**	**34:48**
		MAROC		***2:26***	***0:57***	***1:47***	***7:38***	1:22	3:08	2:19	***3:18***	***2:40***	***1:20***	***3:06***	***2:40***	***1:22***	***0:45***
				36:43													
				1:55													
2	**17**	**Adam Barrie**	**51:27**	2:49	3:58	6:37	15:06	16:21	19:16	21:20	24:46	37:31	39:00	43:43	46:48	48:10	49:12
		MAROC		2:49	1:09	2:39	8:29	1:15	***2:55***	***2:04***	3:26	12:45	1:29	4:43	3:05	***1:22***	1:02
				51:27													
				2:15													
3	**24**	**Drew Tivendale**	**1:03:17**	3:45	4:53	11:31	19:27	20:37	36:39	38:53	43:35	50:29	51:51	55:06	58:18	1:00:32	1:01:36
		MAROC		3:45	1:08	6:38	7:56	***1:10***	16:02	2:14	4:42	6:54	1:22	3:15	3:12	2:14	1:04
				1:03:17		*57:27*											
				1:41		**115*											
4	**6**	**Ian Hamilton**	**1:06:42**	3:40	5:52	10:22	26:34	29:00	34:53	38:37	44:26	49:23	52:02	56:15	1:00:33	1:02:43	1:03:58
		GRAMP		3:40	2:12	4:30	16:12	2:26	5:53	3:44	5:49	4:57	2:39	4:13	4:18	2:10	1:15
				1:06:42													
				2:44													
5	**3**	**David Kirk**	**1:17:23**	4:18	6:50	16:32	32:20	34:18	39:19	42:02	47:11	56:42	58:27	1:03:23	1:08:04	1:13:22	1:14:25
		GRAMP		4:18	2:32	9:42	15:48	1:58	5:01	2:43	5:09	9:31	1:45	4:56	4:41	5:18	1:03
				1:17:23		*1:12:03*											
				2:58		**133*											
6	**12**	**Dennis McDonald**	**1:20:07**	5:20	6:54	11:20	31:29	33:41	39:45	43:19	53:57	58:09	1:00:38	1:05:46	1:10:18	1:16:10	1:17:27
		GRAMP		5:20	1:34	4:26	20:09	2:12	6:04	3:34	10:38	4:12	2:29	5:08	4:32	5:52	1:17
				1:20:07													
				2:40													
7	**22**	**Sarah Dunn**	**1:24:37**	3:46	5:27	14:51	24:47	26:46	42:32	46:00	57:09	1:03:13	1:05:14	1:10:39	1:14:43	1:20:30	1:21:42
		MAROC		3:46	1:41	9:24	9:56	1:59	15:46	3:28	11:09	6:04	2:01	5:25	4:04	5:47	1:12
				1:24:37													
				2:55													
	21	**Ewan Musgrave**	**mp**	2:49	3:49	6:36	15:17	18:51	-----	25:21	30:37	33:55	35:41	39:47	43:20	44:53	45:38
		MAROC		2:49	1:00	2:47	8:41	3:34		6:30	5:16	3:18	1:46	4:06	3:33	1:33	***0:45***
				47:32													
				1:54													
	14	**Joel Gooch**	**mp**	-----	4:22	6:28	20:07	21:15	24:20	26:22	29:37	42:23	43:50	46:55	51:52	53:05	54:13
		MAROC			4:22	2:06	13:39	1:08	3:05	2:02	3:15	12:46	1:27	3:05	4:57	1:13	1:08
				56:00		*2:16*	*49:37*										
				1:47		**107*	**115*										

Short (18) — **3.3 km 0 m 9 C**

Pl	tno	Name	Time	1(107)	2(110)	3(111)	4(114)	5(112)	6(113)	7(115)	8(132)	9(133)	Finish
1	**7**	**Nick Hale**	**40:13**	2:41	6:34	**19:09**	**21:41**	**27:48**	**30:09**	**34:52**	**35:43**	**37:50**	**40:13**
		MAROC		2:41	3:53	***12:35***	***2:32***	6:07	***2:21***	***4:43***	***0:51***	2:07	2:23
2	**19**	**Alan Bennett**	**43:05**	2:33	**5:30**	19:55	22:33	28:31	31:29	36:52	38:18	40:50	43:05
		MAROC		2:33	2:57	14:25	2:38	5:58	2:58	5:23	1:26	2:32	2:15
3	**26**	**Catriona Chapman**	**46:12**	2:47	5:32	21:55	24:48	30:27	33:27	38:38	39:47	42:50	46:12
		MAROC		2:47	***2:45***	16:23	2:53	***5:39***	3:00	5:11	1:09	3:03	3:22
4	**11**	**Chris Low**	**50:23**	5:42	8:43	22:58	25:41	35:10	38:11	43:33	44:49	47:47	50:23
		MAROC		5:42	3:01	14:15	2:43	9:29	3:01	5:22	1:16	2:58	2:36
5	**20**	**Ewan Bennett**	**50:58**	**2:00**	6:42	21:36	25:13	32:27	35:58	44:53	46:04	49:00	50:58
		MAROC		***2:00***	4:42	14:54	3:37	7:14	3:31	8:55	1:11	2:56	***1:58***
6	**25**	**Paul Chapman**	**53:01**	3:46	7:15	24:27	27:34	36:09	39:19	45:56	47:26	50:09	53:01
		MAROC		3:46	3:29	17:12	3:07	8:35	3:10	6:37	1:30	2:43	2:52
7	**8**	**Hugh Nicholson**	**53:21**	2:46	6:17	24:24	27:39	38:17	41:16	46:22	47:42	50:38	53:21
		GRAMP		2:46	3:31	18:07	3:15	10:38	2:59	5:06	1:20	2:56	2:43
8	**10**	**Phil Campbell**	**54:05**	2:52	6:46	23:57	27:37	38:59	42:16	47:21	48:44	51:26	54:05
		GRAMP		2:52	3:54	17:11	3:40	11:22	3:17	5:05	1:23	2:42	2:39
9	**1**	**Jeremy Huthwaite**	**54:40**	3:43	11:42	26:50	29:43	37:44	42:17	48:20	49:20	51:25	54:40
		GRAMP		3:43	7:59	15:08	2:53	8:01	4:33	6:03	1:00	***2:05***	3:15
10	**23**	**Matthew Parkes**	**59:10**	2:38	8:00	22:21	26:29	33:22	44:56	50:23	52:20	55:42	59:10
		GRAMP		2:38	5:22	14:21	4:08	6:53	11:34	5:27	1:57	3:22	3:28
11	**18**	**Sue Barrie**	**1:04:36**	3:56	9:19	29:29	33:51	43:11	47:44	55:05	56:58	1:00:53	1:04:36
		MAROC		3:56	5:23	20:10	4:22	9:20	4:33	7:21	1:53	3:55	3:43
12	**15**	**Andy Tivendale**	**1:05:23**	3:28	6:37	24:03	26:47	45:53	51:36	57:43	59:29	1:02:27	1:05:23
		MAROC		3:28	3:09	17:26	2:44	19:06	5:43	6:07	1:46	2:58	2:56
13	**16**	**Alexander Campbell**	**1:08:43**	7:17	14:59	36:25	40:25	48:13	52:00	1:00:45	1:02:29	1:05:40	1:08:43
		MAROC		7:17	7:42	21:26	4:00	7:48	3:47	8:45	1:44	3:11	3:03
14	**4**	**Peter Craig**	**1:36:59**	4:05	10:32	31:11	38:57	1:11:12	1:15:38	1:24:29	1:26:58	1:32:40	1:36:59
		MAROC		4:05	6:27	20:39	7:46	32:15	4:26	8:51	2:29	5:42	4:19
15	**9**	**Rosslyn Nicholson**	**1:46:11**	35:23	39:27	1:00:34	1:08:24	1:24:36	1:28:46	1:36:38	1:39:07	1:42:34	1:46:11
		GRAMP		35:23	4:04	21:07	7:50	16:12	4:10	7:52	2:29	3:27	3:37
16	**2**	**paul(s) wilson**	**1:58:40**	6:57	17:02	48:11	58:17	1:17:31	1:27:31	1:41:23	1:46:01	1:53:49	1:58:40
				6:57	10:05	31:09	10:06	19:14	10:00	13:52	4:38	7:48	4:51
	27	**Julian Robinson**	**mp**	2:50	6:57	28:24	31:52	40:06	44:00	-----	-----	-----	
		MAROC		2:50	4:07	21:27	3:28	8:14	3:54				
	5	**David Esson**	**dnf**	3:45	7:39	-----	-----	-----	-----	-----	-----	-----	
		GRAMP		3:45	3:54								