

Place	Name	Club	AgeClass	Course	Time
Short (21)					3.1 km 0 m 9 C
1	Joel Gooch	MAROC	M16	Short	28:39
2	Catriona Chapman	MAROC	W16	Short	34:25
3	Pete Lawrence	GRAMP	M55	Short	35:10
4	Donald Barrie	MAROC	M50	Short	36:43
5	Paul Chapman	MAROC	M45	Short	37:07
6	Dan Whitehead	MAROC	M45	Short	39:31
7	Andy Tivendale	MAROC	M70	Short	39:58
8	Julian Robinson	MAROC	M45	Short	40:05
9	Matthew Parkes	GRAMP	M45	Short	43:29
10	David Esson	GRAMP	M40	Short	47:56
11	Jeremy Huthwaite	GRAMP	M50	Short	49:49
12	Phil Campbell	GRAMP	M40	Short	50:52
13	Ranolph Whitehead	MAROC	M14	Short	51:20
14	Rachel Scott	GRAMP	W55	Short	53:25
15	Helen Rowlands	GRAMP	W50	Short	54:44
16	Rosslyn Nicholson	GRAMP	W50	Short	57:10
17	Katja Neumann	MAROC	W50	Short	58:22
18	Peter Craig	MAROC	M75	Short	1:07:18
19	Sue Barrie	MAROC	W50	Short	1:08:10
20	Alexander Campbell	MAROC	M60	Short	1:15:17
	Paul Duley	GRAMP	M65	Short	dnf
Long (9)					5.0 km 0 m 11 C
1	Matthew Gooch	MAROC	M18	Long	34:24
2	Jonathan Musgrave	MAROC	M55	Long	42:12
3	Adam Barrie	MAROC	M16	Long	47:00
4	Drew Tivendale	MAROC	M45	Long	47:34
5	Jonas Newey	MAROC	M16	Long	57:11
6	Dennis Mcdonald	GRAMP	M55	Long	1:11:04
7	David Kirk	GRAMP	M50	Long	1:16:37
	William Nicolson	INVOC	M45	Long	mp
	Ewan Musgrave	MAROC	M16	Long	dnf