

Place	Name	Club	AgeClass	Course	Time
Short (21)					3.1 km 0 m 9 C
1	Alan Bennett	MAROC	M50	Short	29:13
2	Ewan Bennett	MAROC	M16	Short	30:59
3	Roger Coombs	MAROC	M60	Short	36:44
4	Catriona Chapman	MAROC	W16	Short	37:10
4	Sean O'Sullivan	MAROC	M40	Short	37:10
6	Donald Barrie	MAROC	M50	Short	37:30
7	Pete Lawrence	GRAMP	M55	Short	38:14
8	Paul Chapman	MAROC	M45	Short	39:49
9	Phil Campbell	GRAMP	M35	Short	39:58
10	Jeremy Huthwaite	GRAMP	M50	Short	42:27
11	Paul Duley	GRAMP	M65	Short	42:29
12	Alexander Campbell	MAROC	M60	Short	43:27
13	Julian Robinson	GRAMP	M45	Short	44:06
14	Matthew Parkes	GRAMP	M45	Short	44:09
15	Helen Rowlands	GRAMP	W50	Short	45:26
16	Andy Tivendale	MAROC	M70	Short	49:15
17	David Esson	GRAMP	M40	Short	54:24
18	Ian McIntyre	INT	M55	Short	56:30
19	Ranolph Whitehead	MAROC	M14	Short	56:52
20	Peter Craig	MAROC	M75	Short	1:03:53
21	Rachel Scott	GRAMP	W55	Short	1:14:22

Long (10)					4.8 km 0 m 14 C
1	Matthew Gooch	MAROC	M18	Long	34:54
2	Ewan Musgrave	MAROC	M16	Long	36:09
3	Jonathan Musgrave	MAROC	M55	Long	43:12
4	Adam Barrie	MAROC	M16	Long	44:04
5	Drew Tivendale	MAROC	M45	Long	48:08
6	Sarah Dunn	MAROC	W50	Long	57:06
7	Jonas Newey	MAROC	M16	Long	59:03
8	David Kirk	GRAMP	M50	Long	1:03:04
9	Dennis Mcdonald	GRAMP	M55	Long	1:03:06
10	Ian Hamilton	GRAMP	M60	Long	1:04:39