Blue (7) — 4.7 km 160 m 16 C

Pl	tno	Name	Time	1(122)	2(124)	3(200)	4(143)	5(150)	6(148)	7(114)	8(112)	9(204)	10(153)	11(197)	12(192)	13(152)	14(191)
				15(116)	16(129)	Finish											
1	**16**	**Matthew Gooch**	**39:46**	**0:42**	**2:43**	4:59	**7:42**	**13:06**	**15:08**	**18:51**	**21:55**	**24:17**	**25:33**	**27:17**	**29:40**	**31:24**	**33:22**
		MAROC		***0:42***	***2:01***	2:16	***2:43***	***5:24***	***2:02***	***3:43***	***3:04***	***2:22***	***1:16***	***1:44***	***2:23***	***1:44***	***1:58***
				36:50	**38:59**	**39:46**											
				3:28	***2:09***	***0:47***											
2	**13**	**Jonas Newey**	**54:14**	0:48	3:43	5:05	8:54	16:48	19:56	24:42	28:46	32:38	34:34	36:37	41:21	43:30	46:22
		MAROC		0:48	2:55	1:22	3:49	7:54	3:08	4:46	4:04	3:52	1:56	2:03	4:44	2:09	2:52
				50:31	53:11	54:14											
				4:09	2:40	1:03											
3	**36**	**Ali Robertson**	**55:18**	0:52	3:15	**4:22**	10:46	17:42	20:16	25:24	30:20	33:43	35:52	37:54	40:45	43:28	46:38
		GRAMP		0:52	2:23	***1:07***	6:24	6:56	2:34	5:08	4:56	3:23	2:09	2:02	2:51	2:43	3:10
				51:27	54:03	55:18											
				4:49	2:36	1:15											
4	**25**	**Andy Tivendale**	**1:05:37**	1:06	4:18	6:05	11:32	19:33	22:13	28:09	33:03	38:25	40:23	43:24	47:03	50:05	53:52
		MAROC		1:06	3:12	1:47	5:27	8:01	2:40	5:56	4:54	5:22	1:58	3:01	3:39	3:02	3:47
				1:00:36	1:04:15	1:05:37											
				6:44	3:39	1:22											
5	**30**	**Finlay Ross**	**1:08:56**	1:22	3:53	6:01	12:42	20:15	22:46	32:47	37:35	42:14	44:33	46:54	50:59	54:33	58:08
		ESOC		1:22	2:31	2:08	6:41	7:33	2:31	10:01	4:48	4:39	2:19	2:21	4:05	3:34	3:35
				1:04:10	1:07:42	1:08:56											
				6:02	3:32	1:14											
6	**31**	**Robert Daly**	**1:09:16**	1:16	4:26	5:54	10:27	18:06	20:43	27:02	42:02	46:13	48:31	51:18	54:52	57:31	1:00:28
		GRAMP		1:16	3:10	1:28	4:33	7:39	2:37	6:19	15:00	4:11	2:18	2:47	3:34	2:39	2:57
				1:05:35	1:08:11	1:09:16											
				5:07	2:36	1:05											
7	**33**	**Alan Bennett**	**1:11:39**	1:12	4:09	5:46	14:26	23:25	28:53	36:25	41:59	46:13	48:29	51:42	56:54	59:46	1:02:57
		MAROC		1:12	2:57	1:37	8:40	8:59	5:28	7:32	5:34	4:14	2:16	3:13	5:12	2:52	3:11
				1:07:35	1:10:36	1:11:39											
				4:38	3:01	1:03											

Green (8) — 3.3 km 150 m 12 C

Pl	tno	Name	Time	1(122)	2(124)	3(116)	4(115)	5(112)	6(153)	7(197)	8(192)	9(152)	10(191)	11(143)	12(190)	Finish
1	**4**	**Dirk Wallis**	**40:21**	0:48	3:40	**6:29**	12:43	17:31	19:20	21:10	**24:43**	**27:10**	**30:09**	**32:49**	**38:08**	**40:21**
		MAROC		0:48	2:52	***2:49***	6:14	4:48	***1:49***	***1:50***	***3:33***	2:27	***2:59***	***2:40***	5:19	***2:13***
2	**32**	**Ewan Bennett**	**44:51**	**0:42**	**3:14**	6:50	**12:24**	**16:47**	**18:38**	**20:55**	26:57	29:23	33:36	36:38	41:48	44:51
		MAROC		***0:42***	***2:32***	3:36	***5:34***	***4:23***	1:51	2:17	6:02	***2:26***	4:13	3:02	***5:10***	3:03
3	**21**	**Ranolph Whitehead**	**53:08**	1:22	5:09	9:19	15:01	22:07	24:24	27:34	32:32	36:10	40:51	44:16	49:35	53:08
		MAROC		1:22	3:47	4:10	5:42	7:06	2:17	3:10	4:58	3:38	4:41	3:25	5:19	3:33
4	**18**	**Peter Craig**	**1:04:14**	1:41	5:53	10:34	19:57	27:37	30:55	34:51	40:39	45:14	49:48	53:12	58:26	1:04:14
		MAROC		1:41	4:12	4:41	9:23	7:40	3:18	3:56	5:48	4:35	4:34	3:24	5:14	5:48
5	**19**	**Trish Coombs**	**1:05:26**	1:45	5:59	10:49	17:50	24:48	27:30	30:29	38:47	43:09	49:34	53:43	1:00:54	1:05:26
		MAROC		1:45	4:14	4:50	7:01	6:58	2:42	2:59	8:18	4:22	6:25	4:09	7:11	4:32
6	**2**	**Norman Liley**	**1:08:18**	1:25	5:19	10:01	17:01	23:55	26:51	30:15	36:54	45:23	50:11	55:30	1:03:16	1:08:18
		GRAMP		1:25	3:54	4:42	7:00	6:54	2:56	3:24	6:39	8:29	4:48	5:19	7:46	5:02
7	**15**	**Salway Aileen**	**1:14:29**	1:24	5:52	12:07	20:48	28:02	31:03	34:18	39:17	42:41	59:51	1:03:05	1:10:33	1:14:29
		MAROC		1:24	4:28	6:15	8:41	7:14	3:01	3:15	4:59	3:24	17:10	3:14	7:28	3:56
8	**29**	**Lynn Collins**	**1:19:16**	1:37	6:32	10:57	18:57	31:37	35:35	38:58	48:42	52:04	1:01:53	1:06:38	1:14:38	1:19:16
		MAROC		1:37	4:55	4:25	8:00	12:40	3:58	3:23	9:44	3:22	9:49	4:45	8:00	4:38

Light green (6) — 3.1 km 135 m 11 C

Pl	tno	Name	Time	1(124)	2(125)	3(202)	4(197)	5(153)	6(110)	7(152)	8(201)	9(116)	10(200)	11(129)	Finish
1	**12**	**Scott Newey**	**1:11:47**	6:56	12:56	15:33	**22:24**	**27:27**	**36:09**	**39:17**	**51:05**	**1:01:25**	**1:04:28**	**1:10:04**	**1:11:47**
		MAROC		6:56	6:00	***2:37***	6:51	***5:03***	8:42	***3:08***	11:48	10:20	***3:03***	5:36	***1:43***
2	**3**	**Carol Jackson**	**1:32:57**	6:49	12:24	17:01	24:37	36:42	56:17	1:01:02	1:11:28	1:21:27	1:24:38	1:30:53	1:32:57
		GRAMP		6:49	5:35	4:37	7:36	12:05	19:35	4:45	10:26	***9:59***	3:11	6:15	2:04
3	**14**	**Yann Newey**	**1:36:50**	7:53	12:12	**15:05**	37:31	53:33	1:00:03	1:04:51	1:13:45	1:25:32	1:31:18	1:35:06	1:36:50
		MAROC		7:53	***4:19***	2:53	22:26	16:02	***6:30***	4:48	***8:54***	11:47	5:46	***3:48***	1:44
	17	**Ruth Gooch**	**mp**	**6:11**	**10:46**	19:38	24:59	-----	42:57	46:54	54:28	1:02:08	1:05:14	1:09:10	1:10:39
		MAROC		***6:11***	4:35	8:52	***5:21***		17:58	3:57	7:34	7:40	3:06	3:56	1:29
	26	**Sheena Farquhar**	**dnf**	19:33	31:05	59:14	-----	-----	-----	-----	-----	-----	-----	-----	2:06:39
		MAROC		19:33	11:32	28:09									1:07:25
	34	**Denise Wright**	**dnf**	9:11	15:11	20:08	26:10	32:37	-----	-----	-----	-----	-----	-----	
		MAROC		9:11	6:00	4:57	6:02	6:27							

Orange (3) — 2.9 km 105 m 11 C

Pl	tno	Name	Time	1(193)	2(202)	3(152)	4(110)	5(120)	6(194)	7(144)	8(123)	9(117)	10(149)	11(118)	Finish
1	**8**	**Findlay Cormack**	**44:09**	**3:09**	**6:18**	**9:24**	**12:49**	**17:31**	**21:04**	**23:02**	**26:25**	**30:10**	**32:28**	**42:38**	**44:09**
		MAROC		***3:09***	3:09	***3:06***	***3:25***	***4:42***	***3:33***	***1:58***	***3:23***	***3:45***	***2:18***	10:10	***1:31***
2	**10**	**Mette Cormack**	**48:34**	7:20	9:56	13:06	17:24	24:21	28:01	30:20	33:47	38:04	40:24	46:55	48:34
		MAROC		7:20	***2:36***	3:10	4:18	6:57	3:40	2:19	3:27	4:17	2:20	6:31	1:39
3	**24**	**Philip Basford**	**1:13:14**	17:29	20:50	25:50	31:08	38:01	43:40	47:09	52:43	59:10	1:03:51	1:09:51	1:13:14
		MAROC		17:29	3:21	5:00	5:18	6:53	5:39	3:29	5:34	6:27	4:41	***6:00***	3:23

Yellow (6) — 2.6 km 65 m 12 C

Pl	tno	Name	Time	1(203)	2(111)	3(195)	4(119)	5(194)	6(144)	7(121)	8(123)	9(147)	10(117)	11(126)	12(149)	Finish
1	**5**	**Ethan Wallis**	**21:43**	**2:00**	**3:20**	**5:11**	**6:41**	**7:42**	**9:36**	**11:09**	**12:40**	**13:38**	**16:29**	**17:41**	**18:39**	**21:43**
		MAROC		***2:00***	***1:20***	***1:51***	***1:30***	***1:01***	***1:54***	***1:33***	***1:31***	***0:58***	***2:51***	***1:12***	***0:58***	***3:04***

Pl	tno	Name	Time													
Yellow (6)						***2.6 km 65 m***		***12 C***	*(cont.)*							
				1(203)	2(111)	3(195)	4(119)	5(194)	6(144)	7(121)	8(123)	9(147)	10(117)	11(126)	12(149)	Finish
2	**11**	**Roslyn Macdonald**	**37:03**	7:38	9:35	12:20	14:11	15:48	19:25	21:20	23:16	24:34	27:43	30:49	31:57	37:03
		MAROC		7:38	1:57	2:45	1:51	1:37	3:37	1:55	1:56	1:18	3:09	3:06	1:08	5:06
3	**35**	**Oliver Robertson**	**40:45**	2:25	4:08	6:41	8:36	9:50	13:55	18:14	22:59	25:26	31:00	33:11	34:20	40:45
		GRAMP		2:25	1:43	2:33	1:55	1:14	4:05	4:19	4:45	2:27	5:34	2:11	1:09	6:25
4	**37**	**Samantha McDonal**	**58:34**	5:58	8:41	14:30	18:44	20:23	25:48	30:19	34:27	36:41	43:45	46:39	51:59	58:34
		GRAMP		5:58	2:43	5:49	4:14	1:39	5:25	4:31	4:08	2:14	7:04	2:54	5:20	6:35
5	**38**	**Mira Eastwood**	**58:41**	5:51	8:38	14:28	18:45	20:32	25:43	30:11	34:19	36:27	43:53	46:47	51:50	58:41
		GRAMP		5:51	2:47	5:50	4:17	1:47	5:11	4:28	4:08	2:08	7:26	2:54	5:03	6:51
6	**23**	**Carol Downie**	**1:32:56**	4:37	8:28	12:31	16:07	18:52	23:17	26:27	30:19	32:27	38:16	41:11	1:20:42	1:32:56
		MAROC		4:37	3:51	4:03	3:36	2:45	4:25	3:10	3:52	2:08	5:49	2:55	39:31	12:14

White (6)						**1.6 km 40 m**		**12 C**								
				1(128)	2(141)	3(203)	4(196)	5(111)	6(142)	7(151)	8(113)	9(125)	10(145)	11(127)	12(146)	Finish
1	**1**	**Guy Gibbons-Wood**	**16:47**	0:53	1:33	2:24	3:17	4:17	5:50	6:36	**7:58**	**9:21**	10:48	12:03	**15:22**	**16:47**
		MAROC		0:53	0:40	0:51	0:53	1:00	1:33	0:46	1:22	1:23	1:27	1:15	3:19	1:25
2	**27**	**Harry Hessing**	**17:14**	0:44	1:36	2:29	3:24	4:13	6:01	6:55	8:20	9:39	11:14	13:05	16:19	17:14
		MAROC		0:44	0:52	0:53	0:55	0:49	1:48	0:54	1:25	1:19	1:35	1:51	3:14	0:55
3	**6**	**Tristan Wallis**	**17:48**	0:36	**1:06**	**1:52**	**2:37**	3:25	4:47	**5:29**	8:24	9:22	**10:38**	**11:44**	17:08	17:48
		MAROC		0:36	***0:30***	0:46	***0:45***	0:48	1:22	***0:42***	2:55	***0:58***	1:16	***1:06***	5:24	***0:40***
4	**28**	**Ben Hessing**	**25:21**	0:58	1:49	3:01	4:11	5:47	8:10	9:18	11:32	13:54	16:39	19:02	23:47	25:21
		MAROC		0:58	0:51	1:12	1:10	1:36	2:23	1:08	2:14	2:22	2:45	2:23	4:45	1:34
5	**22**	**Beau Whitehead**	**32:07**	1:32	2:35	4:16	6:02	8:07	11:48	13:53	16:02	19:16	22:04	24:56	30:36	32:07
		MAROC		1:32	1:03	1:41	1:46	2:05	3:41	2:05	2:09	3:14	2:48	2:52	5:40	1:31
6	**9**	**Cameron Cormack**	**36:07**	**0:34**	1:09	1:54	2:41	**3:23**	**4:30**	24:10	25:15	27:02	28:17	30:17	32:41	36:07
		MAROC		***0:34***	0:35	***0:45***	0:47	***0:42***	***1:07***	19:40	***1:05***	1:47	***1:15***	2:00	***2:24***	3:26
				5:31												
				**195*												