

Place	Name	Club	AgeClass	Course	Time
Medium (19)				3.1 km 0 m	10 C
1	Donald Barrie	MAROC	M50	Medium	46:18
2	Alan Bennett	MAROC	M50	Medium	46:45
3	Pete Lawrence	GRAMP	M55	Medium	49:19
4	John Lang	MAROC	M50	Medium	53:45
5	Roger Coombs	MAROC	M60	Medium	56:29
6	Catriona Chapman	MAROC	W14	Medium	57:02
7	Dennis Mcdonald	GRAMP	M55	Medium	58:53
8	Nick Hale	MAROC	M60	Medium	1:03:35
9	Chris Low	MAROC	M55	Medium	1:04:12
10	Phil Campbell	GRAMP	M21	Medium	1:08:30
11	Katja Neumann	MAROC	W50	Medium	1:21:00
12	Trish Coombs	MAROC	W60	Medium	1:21:31
13	Peter Craig	MAROC	M70	Medium	1:29:09
14	Jacqui Chapman	MAROC	W45	Medium	1:41:21
	David Esson	GRAMP	M40	Medium	mp
	Dan Whitehead	MAROC	M40	Medium	mp
	Ranolph Whitehead	MAROC	M12	Medium	mp
	Amber Graham	MAROC	W16	Medium	dnf
	Patricia Graham	MAROC	W50	Medium	dnf
Long (9)				5.0 km 0 m	14 C
1	Matthew Gooch	MAROC	M18	Long	42:15
2	Hazel Wright	MAROC	W21	Long	1:01:26
3	Martin Young	MAROC	M21	Long	1:01:39
4	Paul Mather	MAROC	M40	Long	1:14:47
5	Lesley Gomersall	GRAMP	W55	Long	1:26:23
6	Sam Gomersall	GRAMP	M55	Long	1:26:28
7	Ian Hamilton	GRAMP	M55	Long	1:28:46
8	David Kirk	GRAMP	M50	Long	2:02:08
	Jonas Newey	MAROC	M14	Long	mp