Medium (19) — 3.1 km 0 m 10 C

Pl	tno	Name	Time	1(110)	2(111)	3(190)	4(148)	5(143)	6(141)	7(132)	8(191)	9(145)	10(119)	Finish
1	**1**	**Donald Barrie**	**46:18**	3:34	8:14	**11:28**	17:24	19:17	**25:28**	**29:26**	35:40	**39:36**	**44:24**	**46:18**
		MAROC		3:34	4:40	***3:14***	5:56	1:53	***6:11***	3:58	6:14	***3:56***	4:48	***1:54***
2	**26**	**Alan Bennett**	**46:45**	3:50	8:59	12:34	18:07	20:33	27:07	30:34	**35:39**	39:51	44:51	46:45
		MAROC		3:50	5:09	3:35	5:33	2:26	6:34	3:27	5:05	4:12	5:00	***1:54***
3	**11**	**Pete Lawrence**	**49:19**	**3:27**	8:32	12:59	18:52	20:41	30:50	34:16	38:50	43:19	46:52	49:19
		GRAMP		***3:27***	5:05	4:27	5:53	1:49	10:09	3:26	***4:34***	4:29	***3:33***	2:27
4	**28**	**John Lang**	**53:45**	3:52	8:19	12:07	18:00	20:47	29:00	36:23	42:09	46:15	51:21	53:45
		MAROC		3:52	4:27	3:48	5:53	2:47	8:13	7:23	5:46	4:06	5:06	2:24
5	**12**	**Roger Coombs**	**56:29**	**3:27**	**7:45**	16:38	22:38	24:36	31:16	35:37	40:46	45:21	54:18	56:29
		MAROC		***3:27***	4:18	8:53	6:00	1:58	6:40	4:21	5:09	4:35	8:57	2:11
6	**17**	**Catriona Chapman**	**57:02**	4:21	14:03	18:03	24:15	26:30	34:04	37:12	43:01	48:58	54:30	57:02
		MAROC		4:21	9:42	4:00	6:12	2:15	7:34	3:08	5:49	5:57	5:32	2:32
7	**9**	**Dennis Mcdonald**	**58:53**	5:10	10:22	19:28	25:11	27:34	34:17	37:49	43:18	47:28	56:27	58:53
		GRAMP		5:10	5:12	9:06	5:43	2:23	6:43	3:32	5:29	4:10	8:59	2:26
8	**7**	**Nick Hale**	**1:03:35**	5:18	8:50	12:04	**17:04**	**18:38**	28:27	31:14	37:10	43:49	1:01:28	1:03:35
		MAROC		5:18	***3:32***	***3:14***	***5:00***	***1:34***	9:49	***2:47***	5:56	6:39	17:39	2:07
9	**16**	**Chris Low**	**1:04:12**	3:50	8:39	28:12	34:38	36:19	42:48	46:16	52:23	57:54	1:02:06	1:04:12
		MAROC		3:50	4:49	19:33	6:26	1:41	6:29	3:28	6:07	5:31	4:12	2:06
10	**6**	**Phil Campbell**	**1:08:30**	4:05	13:32	18:30	24:39	28:07	41:54	46:51	52:47	58:50	1:05:27	1:08:30
		GRAMP		4:05	9:27	4:58	6:09	3:28	13:47	4:57	5:56	6:03	6:37	3:03
11	**15**	**Katja Neumann**	**1:21:00**	7:14	18:40	23:37	32:38	37:15	49:18	55:57	1:03:55	1:11:15	1:17:40	1:21:00
		MAROC		7:14	11:26	4:57	9:01	4:37	12:03	6:39	7:58	7:20	6:25	3:20
12	**13**	**Trish Coombs**	**1:21:31**	5:11	12:30	19:38	28:13	31:36	44:49	50:36	1:02:00	1:08:40	1:17:15	1:21:31
		MAROC		5:11	7:19	7:08	8:35	3:23	13:13	5:47	11:24	6:40	8:35	4:16
13	**8**	**Peter Craig**	**1:29:09**	11:11	17:55	24:41	34:02	37:04	55:52	1:01:11	1:08:10	1:19:39	1:25:59	1:29:09
		MAROC		11:11	6:44	6:46	9:21	3:02	18:48	5:19	6:59	11:29	6:20	3:10
14	**18**	**Jacqui Chapman**	**1:41:21**	6:32	15:15	21:20	33:39	39:15	56:41	1:04:08	1:14:49	1:26:49	1:36:22	1:41:21
		MAROC		6:32	8:43	6:05	12:19	5:36	17:26	7:27	10:41	12:00	9:33	4:59
	5	**David Esson**	**mp**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	17:59
		GRAMP												17:59
	20	**Dan Whitehead**	**mp**	6:05	16:39	29:11	40:14	47:02	-----	-----	48:27	54:53	1:02:25	1:05:04
		MAROC		6:05	10:34	12:32	11:03	6:48			1:25	6:26	7:32	2:39
	19	**Ranolph Whitehead**	**mp**	16:17	25:21	31:52	41:15	43:44	-----	-----	45:40	56:25	1:03:27	1:05:54
		MAROC		16:17	9:04	6:31	9:23	2:29			1:56	10:45	7:02	2:27
	21	**Amber Graham**	**dnf**	4:30	-----	21:07	29:39	32:17	-----	-----	-----	-----	-----	1:05:11
		MAROC		4:30		16:37	8:32	2:38						32:54
	22	**Patricia Graham**	**dnf**	27:58	-----	-----	-----	-----	-----	-----	-----	-----	-----	
		MAROC		27:58										

Long (9) — 5.0 km 0 m 14 C

Pl	tno	Name	Time	1(111)	2(113)	3(145)	4(191)	5(144)	6(192)	7(146)	8(141)	9(150)	10(132)	11(143)	12(148)	13(190)	14(119)
				Finish													
1	**27**	**Matthew Gooch**	**42:15**	**4:20**	**7:27**	**11:27**	**13:50**	**15:46**	**18:46**	**22:35**	**24:59**	**27:00**	**29:38**	**33:22**	**34:41**	**37:52**	**41:03**
		MAROC		***4:20***	***3:07***	***4:00***	***2:23***	***1:56***	***3:00***	***3:49***	***2:24***	***2:01***	***2:38***	***3:44***	***1:19***	***3:11***	***3:11***
				42:15													
				1:12													
2	**23**	**Hazel Wright**	**1:01:26**	6:45	10:39	18:09	22:06	24:39	29:25	34:07	38:10	40:51	43:53	49:11	50:59	55:46	59:22
		MAROC		6:45	3:54	7:30	3:57	2:33	4:46	4:42	4:03	2:41	3:02	5:18	1:48	4:47	3:36
				1:01:26													
				2:04													
3	**24**	**Martin Young**	**1:01:39**	6:37	10:34	18:26	22:16	24:36	29:39	34:08	38:22	40:58	43:56	49:30	51:09	56:02	59:33
		MAROC		6:37	3:57	7:52	3:50	2:20	5:03	4:29	4:14	2:36	2:58	5:34	1:39	4:53	3:31
				1:01:39													
				2:06													
4	**25**	**Paul Mather**	**1:14:47**	6:02	11:07	18:38	24:53	28:09	33:43	39:34	47:54	51:02	54:19	1:00:27	1:02:28	1:07:55	1:12:30
		MAROC		6:02	5:05	7:31	6:15	3:16	5:34	5:51	8:20	3:08	3:17	6:08	2:01	5:27	4:35
				1:14:47													
				2:17													
5	**4**	**Lesley Gomersall**	**1:26:23**	6:16	11:25	20:19	25:35	29:30	35:31	49:18	54:17	58:13	1:02:36	1:10:46	1:13:15	1:18:54	1:24:23
		GRAMP		6:16	5:09	8:54	5:16	3:55	6:01	13:47	4:59	3:56	4:23	8:10	2:29	5:39	5:29
				1:26:23													
				2:00													
6	**3**	**Sam Gomersall**	**1:26:28**	6:12	11:24	20:15	25:48	29:23	35:25	49:23	53:32	58:08	1:02:33	1:10:44	1:13:12	1:18:51	1:24:21
		GRAMP		6:12	5:12	8:51	5:33	3:35	6:02	13:58	4:09	4:36	4:25	8:11	2:28	5:39	5:30
				1:26:28													
				2:07													
7	**10**	**Ian Hamilton**	**1:28:46**	7:02	11:43	21:35	26:56	32:02	37:42	46:11	51:54	56:05	1:00:48	1:08:15	1:10:15	1:17:52	1:26:34
		GRAMP		7:02	4:41	9:52	5:21	5:06	5:40	8:29	5:43	4:11	4:43	7:27	2:00	7:37	8:42
				1:28:46													
				2:12													
8	**2**	**David Kirk**	**2:02:08**	11:11	17:35	27:40	34:10	42:08	1:06:02	1:13:17	1:17:53	1:23:09	1:29:49	1:36:12	1:38:36	1:48:57	1:59:12
		GRAMP		11:11	6:24	10:05	6:30	7:58	23:54	7:15	4:36	5:16	6:40	6:23	2:24	10:21	10:15
				2:02:08													
				2:56													
	14	**Jonas Newey**	**mp**	5:16	9:25	16:44	21:54	25:08	30:21	36:32	41:16	44:55	50:38	56:06	58:06	-----	-----
		MAROC		5:16	4:09	7:19	5:10	3:14	5:13	6:11	4:44	3:39	5:43	5:28	2:00		
				1:29:22													
				31:16													