

Pl	tno	Name	Time	1(115) 15(200)	2(120) Finish	3(133)	4(143)	5(114)	6(121)	7(126)	8(197)	9(202)	10(127)	11(124)	12(146)	13(116)	14(118)
Blue (65)				5.8 km 190 m		15 C											
1	190	Zoe Harding EUOC	48:25	1:50 1:50 48:04	5:37 3:47 48:25	7:21 1:44	8:54 1:33	13:19 4:25	23:57 10:38	31:03 7:06	34:42 3:39	36:42 2:00	38:50 2:08	40:09 1:19	43:45 3:36	45:22 1:37	46:57 1:35
2	102	Ewan Musgrave MAROC	48:32	1:40 1:40 48:13	5:37 3:57 48:32	7:43 2:06	9:25 1:42	13:04 3:39	24:03 10:59	31:08 7:05	34:47 3:39	36:58 2:11	38:33 1:35	40:03 1:30	43:20 3:17	45:25 2:05	47:00 1:35
3	197	John Getliff MAROC	50:25	1:45 1:45 50:06	6:24 4:39 50:25	7:57 1:33	9:31 1:34	13:56 4:25	24:09 10:13	32:15 8:06	35:35 3:20	37:41 2:06	39:31 1:50	41:09 1:38	45:06 3:57	46:52 1:46	49:01 2:09
4	178	Helen Ockenden EUOC	53:02	2:09 2:09 52:40	6:19 4:10 53:02	8:02 1:43	9:42 1:40	14:52 5:10	26:05 11:13	32:53 6:48	37:25 4:32	39:52 2:27	42:31 2:39	43:48 1:17	47:48 4:00	49:36 1:48	51:25 1:49
5	180	Eilidh Campbell MAROC	53:51	2:06 2:06 53:27	6:42 4:36 53:51	8:28 1:46	10:37 2:09	14:23 3:46	26:20 11:57	33:53 7:33	38:03 4:10	40:19 2:16	43:01 2:42	44:38 1:37	48:36 3:58	50:41 2:05	52:10 1:29
6	123	Oscar Shepherd INVOC	54:08	1:50 1:50 53:48	5:30 3:40 54:08	13:05 7:35	14:38 1:33	18:56 4:18	29:59 11:03	37:07 7:08	40:41 3:34	42:45 2:04	44:34 1:49	45:48 1:14	49:21 3:33	51:24 2:03	52:45 1:21
7	52	Rachel Brown ESOC	54:12	2:05 2:05 53:50	6:56 4:51 54:12	9:23 2:27	12:03 2:40	16:34 4:31	27:07 10:33	35:00 7:53	39:04 4:04	41:19 2:15	43:30 2:11	45:11 1:41	49:23 4:12	51:13 1:50	52:37 1:24
8	5001	Sam Griffin GRAMP	55:24	4:08 4:08 55:06	8:29 4:21 55:24	10:43 2:14	12:04 1:21	16:50 4:46	27:30 10:40	34:54 7:24	39:05 4:11	43:16 4:11	46:04 2:48	47:48 1:44	51:03 3:15	52:53 1:50	54:11 1:18
9	47	Sam Gomersall GRAMP	56:54	2:00 2:00 56:27	6:38 4:38 56:54	9:55 3:17	11:33 1:38	15:52 4:19	27:11 11:19	34:31 7:20	38:32 4:01	41:14 2:42	45:03 3:49	46:51 1:48	50:54 4:03	53:14 2:20	55:10 1:56
10	106	Claire Ward INT	57:08	2:07 2:07 56:42	7:40 5:33 57:08	9:27 1:47	11:08 1:41	15:27 4:19	28:50 13:23	36:36 7:46	40:52 4:16	43:25 2:33	45:46 2:21	47:24 1:38	51:28 4:04	53:26 1:58	55:16 1:50
11	235	Hazel Dean FVO	57:22	2:13 2:13 57:02	7:16 5:03 57:22	9:31 2:15	11:27 1:56	16:03 4:36	30:01 13:58	37:29 7:28	42:02 4:33	44:15 2:13	46:09 1:54	47:50 1:41	52:06 4:16	54:07 2:01	55:46 1:39
12	177	Lindsay Robertson EUOC	57:23	1:48 1:48 56:59	6:59 5:11 57:23	9:21 2:22	11:15 1:54	15:35 4:20	27:58 12:23	35:53 7:55	40:29 4:36	43:45 3:16	45:55 2:10	47:43 1:48	51:38 3:55	53:34 1:56	55:39 2:05
13	5020	Finlay Raynor INVOC	57:48	3:31 3:31 57:27	7:49 4:18 57:48	9:43 1:54	11:28 1:45	18:49 7:21	30:25 11:36	38:09 7:44	42:37 4:28	45:15 2:38	47:11 1:56	48:57 1:46	52:41 3:44	54:54 2:13	56:20 1:26
14	124	Ruaridh Flint FVO	57:59	2:14 2:14 57:38	7:25 5:11 57:59	9:36 2:11	11:32 1:56	15:56 4:24	30:06 14:10	37:34 7:28	42:02 4:28	44:33 2:31	46:36 2:03	48:08 1:32	52:29 4:21	54:35 2:06	56:24 1:49
15	181	Niamh Hunter EUOC	58:32	2:41 2:41 58:10	6:58 4:17 58:32	9:40 2:42	12:10 2:30	18:41 6:31	30:27 11:46	38:52 8:25	43:31 4:39	45:57 2:26	48:04 2:07	49:35 1:31	53:36 4:01	55:24 1:48	56:59 1:35
16	58	Angus Ivory INT	59:03	1:44 1:44 58:42	7:07 5:23 59:03	9:13 2:06	10:59 1:46	16:15 5:16	30:37 14:22	40:36 9:59	44:32 3:56	46:37 2:05	48:29 1:52	49:44 1:15	53:16 3:32	56:11 2:55	57:38 1:27
17	37	Nick Hale MAROC	59:21	2:10 2:10 58:58	7:04 4:54 59:21	9:59 2:55	12:01 2:02	16:35 4:34	29:00 12:25	36:03 7:03	40:22 4:19	43:52 3:30	46:23 2:31	48:15 1:52	53:17 5:02	55:41 2:24	57:20 1:39
18	165	Kirsty Campbell MAROC	1:00:10	2:16 2:16 59:48	7:00 4:44 1:00:10	9:01 2:01	10:36 1:35	15:29 4:53	28:55 13:26	41:06 12:11	45:19 4:13	47:43 2:24	50:24 2:41	51:51 1:27	55:34 3:43	57:15 1:41	58:35 1:20
19	185	Ellie Bales EUOC	1:01:01	2:17 2:17 1:00:39	8:01 5:44 1:01:01	9:48 1:47	11:37 1:49	15:54 4:17	29:44 13:50	41:58 12:14	46:22 4:24	48:47 2:25	51:11 2:24	52:43 1:32	56:18 3:35	57:59 1:41	59:28 1:29
20	176	Louise Adams EUOC	1:02:46	2:14 2:14 1:02:22	6:45 4:31 1:02:46	9:17 2:32	10:53 1:36	15:19 4:26	30:53 15:34	39:55 9:02	45:02 5:07	47:49 2:47	50:21 2:32	52:14 1:53	57:01 4:47	59:24 2:23	1:01:02 1:38

Pl	tno	Name	Time														
Blue (65)				5.8 km 190 m		15 C		<i>(cont.)</i>									
				1(115) 15(200)	2(120) Finish	3(133)	4(143)	5(114)	6(121)	7(126)	8(197)	9(202)	10(127)	11(124)	12(146)	13(116)	14(118)
21	5018	Murray Anderson GRAMP	1:04:31	2:42 2:42 1:04:10	8:29 5:47 1:04:31	10:45 2:16	12:42 1:57	18:15 5:33	32:57 14:42	41:29 8:32	46:31 5:02	49:31 3:00	51:39 2:08	53:29 1:50	58:25 4:56	1:00:36 2:11	1:02:48 2:12
22	151	Alistair Duguid TAY	1:04:56	2:15 2:15 1:04:33	7:02 4:47 1:04:56	9:53 2:51	11:54 2:01	17:20 5:26	31:25 14:05	40:33 9:08	45:38 5:05	48:34 2:56	51:06 2:32	53:03 1:57	57:59 4:56	1:00:49 2:50	1:03:04 2:15
23	174	Freya Shepherd EUOC	1:05:43	1:29 3:32 3:32 1:05:21	0:23 8:25 4:53 1:05:43	10:41 2:16	12:40 1:59	17:11 4:31	31:37 14:26	42:43 11:06	47:21 4:38	50:34 3:13	53:20 2:46	55:17 1:57	1:00:32 5:15	1:02:26 1:54	1:04:00 1:34
24	138	Al McCartney CLYDE	1:06:19	2:42 2:42 1:06:00	7:43 5:01 1:06:19	9:40 1:57	11:23 1:43	16:24 5:01	30:22 13:58	40:56 10:34	47:51 6:55	51:27 3:36	54:34 3:07	56:17 1:43	1:00:58 4:41	1:03:20 2:22	1:04:55 1:35
25	70	Beccy Osborn FVO	1:06:48	2:45 2:45 1:06:22	7:55 5:10 1:06:48	10:21 2:26	12:17 1:56	17:25 5:08	32:03 14:38	44:21 12:18	49:09 4:48	51:53 2:44	54:30 2:37	56:39 2:09	1:01:11 4:32	1:03:16 2:05	1:04:53 1:37
26	21	Peter McLuckie MOR	1:07:07	3:38 3:38 1:06:40	8:35 4:57 1:07:07	11:00 2:25	12:48 1:48	18:25 5:37	36:18 17:53	44:28 8:10	48:43 4:15	51:23 2:40	53:54 2:31	55:45 1:51	1:00:18 4:33	1:02:39 2:21	1:05:13 2:34
27	18	Jen Leonard FVO	1:07:10	2:48 2:48 1:06:43	8:21 5:33 1:07:10	10:25 2:04	12:42 2:17	19:17 6:35	33:02 13:45	42:19 9:17	47:29 5:10	50:19 2:50	53:12 2:53	54:59 1:47	1:00:11 5:12	1:02:42 2:31	1:05:00 2:18
28	198	Eddie Harwood MOR	1:07:53	2:16 2:16 1:07:26	7:34 5:18 1:07:53	10:28 2:54	12:34 2:06	18:39 6:05	33:20 14:41	43:26 10:06	48:57 5:31	52:00 3:03	55:03 3:03	57:01 1:58	1:01:49 4:48	1:04:05 2:16	1:05:53 1:48
29	192	Mairi Eades EUOC	1:08:16	2:32 2:32 1:07:57	7:39 5:07 1:08:16	11:46 4:07	13:22 1:36	23:53 10:31	38:57 15:04	46:27 7:30	51:15 4:48	54:07 2:52	56:59 2:52	58:32 1:33	1:02:50 4:18	1:04:44 1:54	1:06:48 2:04
30	53	Keith Brown ESOC	1:08:39	1:09 2:31 2:31 1:08:19	0:19 8:29 5:58 1:08:39	10:26 1:57	12:11 1:45	16:27 4:16	30:01 13:34	37:37 7:36	42:03 4:26	44:20 2:17	46:34 2:14	48:05 1:31	1:03:06 15:01	1:05:10 2:04	1:06:57 1:47
31	147	Fran Loots TAY	1:09:15	3:09 3:09 1:08:50	9:45 6:36 1:09:15	12:18 2:33	14:59 2:41	20:01 5:02	34:46 14:45	43:47 9:01	49:06 5:19	51:39 2:33	54:37 2:58	57:04 2:27	1:02:43 5:39	1:05:18 2:35	1:07:26 2:08
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33	142	Laura Hindle FVO	1:10:12	1:28 2:25 2:25 1:09:46	0:25 8:22 5:57 1:10:12	10:34 2:12	12:56 2:22	18:05 5:09	35:29 17:24	44:43 9:14	49:56 5:13	52:34 2:38	55:09 2:35	57:04 1:55	1:02:46 5:42	1:05:48 3:02	1:08:05 2:17
34	117	Jamie Goddard FVO	1:10:33	3:42 3:42 1:10:02	8:20 4:38 1:10:33	11:13 2:53	13:16 2:03	20:12 6:56	38:08 17:56	47:43 9:35	53:01 5:18	55:57 2:56	58:12 2:15	59:47 1:35	1:04:23 4:36	1:06:54 2:31	1:08:36 1:42
35	85	Alan Bennett MAROC	1:11:21	2:50 2:50 1:10:59	8:30 5:40 1:11:21	10:50 2:20	12:53 2:03	22:23 9:30	36:15 13:52	45:08 8:53	49:48 4:40	53:07 3:19	55:50 2:43	57:49 1:59	1:02:36 4:47	1:06:01 3:25	1:08:42 2:41
36	66	Finlay Ross ESOC	1:13:22	2:28 2:28 1:12:58	8:14 5:46 1:13:22	10:54 2:40	13:31 2:37	20:43 7:12	35:43 15:00	45:09 9:26	50:08 4:59	52:37 2:29	55:34 2:57	57:32 1:58	1:07:21 9:49	1:09:47 2:26	1:11:28 1:41
37	30	Megan Mowbray INT	1:13:43	3:00 3:00 1:13:18	8:31 5:31 1:13:43	10:49 2:18	12:46 1:57	18:01 5:15	36:48 18:47	46:36 9:48	51:48 5:12	54:06 2:18	57:03 2:57	59:15 2:12	1:06:41 7:26	1:09:49 3:08	1:11:54 2:05
38	48	Lesley Gomersall GRAMP	1:14:02	2:59 2:59 1:13:35	9:13 6:14 1:14:02	11:42 2:29	14:06 2:24	21:48 7:42	36:45 14:57	45:56 9:11	51:33 5:37	54:59 3:26	58:56 3:57	1:01:26 2:30	1:07:48 6:22	1:10:11 2:23	1:12:11 2:00
39	135	Stanley Flint FVO	1:15:32	3:21 3:21 1:15:16	8:34 5:13 1:15:32	14:27 5:53	18:40 4:13	22:19 3:39	43:09 20:50	52:26 9:17	56:56 4:30	59:54 2:58	1:02:29 2:35	1:04:24 1:55	1:09:23 4:59	1:11:38 2:15	1:13:51 2:13
				1:25	0:16												

Pl	tno	Name	Time														
Blue (65)				5.8 km 190 m		15 C		<i>(cont.)</i>									
				1(115) 15(200)	2(120) Finish	3(133)	4(143)	5(114)	6(121)	7(126)	8(197)	9(202)	10(127)	11(124)	12(146)	13(116)	14(118)
40	5033	Iain Barraclough GRAMP	1:19:14	3:36 3:36 1:18:50	11:31 7:55 1:19:14	14:29 2:58	17:01 2:32	22:51 5:50	39:06 16:15	48:34 9:28	54:24 5:50	57:34 3:10	1:00:44 3:10	1:02:55 2:11	1:11:36 8:41	1:15:04 3:28	1:17:23 2:19
41	98	Guy Seaman INVOC	1:21:20	1:27 3:38 1:20:52	0:24 9:54 1:21:20	13:44 3:50	15:46 2:02	21:57 6:11	38:09 16:12	53:15 15:06	59:10 5:55	1:02:05 2:55	1:05:01 2:56	1:07:46 2:45	1:12:36 4:50	1:15:06 2:30	1:18:57 3:51
42	256	Nikki Howard MOR	1:24:16	1:55 3:32 1:23:52	0:28 9:56 1:24:16	12:11 2:15	14:40 2:29	20:45 6:05	40:30 19:45	51:32 11:02	57:55 6:23	1:01:23 3:28	1:04:59 3:36	1:07:37 2:38	1:14:52 7:15	1:18:09 3:17	1:22:08 3:59
43	223	Colin Simpson INVOC	1:24:44	1:44 3:59 1:24:19	0:24 10:12 1:24:44	12:45 2:33	18:06 5:21	24:50 6:44	45:00 20:10	55:59 10:59	1:02:39 6:40	1:05:39 3:00	1:08:42 3:03	1:11:55 3:13	1:17:53 5:58	1:20:40 2:47	1:22:24 1:44
44	129	John Lang GRAMP	1:25:27	1:55 2:53 1:24:58	0:25 8:08 1:25:27	10:54 2:46	12:51 1:57	18:48 5:57	33:30 14:42	43:37 10:07	48:40 5:03	51:49 3:09	1:04:58 13:09	1:07:30 2:32	1:17:46 10:16	1:20:34 2:48	1:23:22 2:48
45	216	Chris Low MAROC	1:25:36	1:36 2:38 1:25:12	0:29 8:07 1:25:36	10:13 2:06	12:19 2:06	18:25 6:06	52:41 34:16	1:00:51 8:10	1:06:09 5:18	1:08:57 2:48	1:11:26 2:29	1:13:28 2:02	1:18:40 5:12	1:21:19 2:39	1:23:40 2:21
46	148	Grant Carstairs TAY	1:26:01	1:32 2:57 1:25:32	0:24 10:21 1:26:01	13:22 3:01	15:23 2:01	21:49 6:26	39:42 17:53	54:56 15:14	1:00:28 5:32	1:03:46 3:18	1:07:55 4:09	1:10:16 2:21	1:16:48 6:32	1:21:44 4:56	1:23:59 2:15
47	10	Kate Darlow RR	1:27:55	1:27:30 4:15 1:27:55	1:27:55 10:51 1:27:55	14:33 3:42	17:58 3:25	24:56 6:58	44:11 19:15	1:00:18 16:07	1:06:38 6:20	1:10:11 3:33	1:12:41 2:30	1:14:37 1:56	1:20:17 5:40	1:23:17 3:00	1:25:15 1:58
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49	186	Catriona Graves EUOC	1:29:36	1:37 3:21 1:29:17	0:36 10:18 1:29:36	14:51 4:33	17:27 2:36	22:40 5:13	46:54 24:14	1:05:35 18:41	1:11:09 5:34	1:13:50 2:41	1:16:13 2:23	1:17:42 1:29	1:23:55 6:13	1:26:13 2:18	1:28:05 1:52
50	5021	Alison Matheson INVOC	1:34:09	1:12 3:25 1:33:45	0:19 9:52 1:34:09	12:56 3:04	16:44 3:48	23:51 7:07	40:19 16:28	49:44 9:25	56:02 6:18	59:13 3:11	1:02:52 3:39	1:09:12 6:20	1:17:55 8:43	1:20:43 2:48	1:31:15 10:32
51	2	Michael Atkinson ELO	1:35:08	2:30 3:10 1:34:40	0:24 9:28 1:35:08	13:59 4:31	16:24 2:25	24:18 7:54	43:33 19:15	1:05:56 22:23	1:12:29 6:33	1:15:40 3:11	1:18:53 3:13	1:21:08 2:15	1:27:27 6:19	1:30:41 3:14	1:32:55 2:14
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53	120	Jacquie Laird INVOC	1:37:37	1:28 4:03 1:37:10	0:23 9:50 1:37:37	12:24 2:34	14:24 2:00	20:43 6:19	37:48 17:05	58:59 21:11	1:12:11 13:12	1:15:36 3:25	1:18:52 3:16	1:22:15 3:23	1:29:48 7:33	1:32:53 3:05	1:35:37 2:44
54	229	Leslie Dalglish ESOC	1:40:38	1:40:09 3:32 2:00	1:40:38 8:02 2:00	15:05 3:31	17:57 2:52	25:52 7:55	45:36 19:44	1:00:08 14:32	1:06:52 6:44	1:12:40 5:48	1:19:33 6:53	1:22:41 3:08	1:29:14 6:33	1:32:10 2:56	1:38:09 5:59
55	5032	Rory Murray	1:44:34	1:44:11 2:59 1:44:11	1:44:34 6:41 1:44:34	21:08 11:28	23:20 2:12	30:29 7:09	50:17 19:48	1:02:07 11:50	1:07:44 5:37	1:11:10 3:26	1:22:20 11:10	1:24:25 2:05	1:33:31 9:06	1:38:47 5:16	1:42:39 3:52
56	79	Alexander Campbell MAROC	1:48:52	1:48:30 3:22 1:50	1:48:52 11:15 0:22	14:42 3:27	17:57 3:15	27:45 9:48	50:40 22:55	1:07:22 16:42	1:15:03 7:41	1:18:39 3:36	1:26:06 7:27	1:29:23 3:17	1:37:03 7:40	1:43:06 6:03	1:46:40 3:34
57	4	Jennifer Atkinson ELO	1:54:38	1:54:10 3:55 1:50	1:54:38 12:36 0:28	16:22 3:46	22:42 6:20	31:36 8:54	53:10 21:34	1:19:11 26:01	1:26:33 7:22	1:30:36 4:03	1:33:52 3:16	1:36:06 2:14	1:42:48 6:42	1:48:07 5:19	1:52:20 4:13
	207	Martin Dean FVO	mp	58:23 2:36 1:13	58:45 7:03 0:22	9:13 2:10	11:07 1:54	16:55 5:48	30:54 13:59	----- 43:07	43:07 12:13	45:20 2:13	47:33 2:13	49:12 1:39	53:31 4:19	55:39 2:08	57:10 1:31

Pl	tno	Name	Time														
Blue (65)				5.8 km 190 m		15 C		<i>(cont.)</i>									
				1(115) 15(200)	2(120) Finish	3(133)	4(143)	5(114)	6(121)	7(126)	8(197)	9(202)	10(127)	11(124)	12(146)	13(116)	14(118)
	88	David Robertson ESOC	mp	4:16 4:16 ----- 1:20:16 50:25	13:52 9:36	16:45 2:53	19:41 2:56	29:51 10:10	-----	-----	-----	-----	-----	-----	-----	-----	-----
	175	Laura King EUOC	dnf	1:46 1:46 -----	5:25 3:39	7:44 2:19	9:59 2:15	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	28	Joel Gooch MAROC	dns														
	188	Lucia Parga Basant EUOC	dns														
	94	Roger Scrutton ESOC	dns														
	5013	George Lupton ESOC	dns														
	45	Alice Wilson CLYDE	dns														
Green (43)				4.0 km 145 m		14 C											
				1(107) Finish	2(120)	3(133)	4(143)	5(115)	6(146)	7(116)	8(197)	9(125)	10(202)	11(127)	12(124)	13(118)	14(200)
1	170	Daniel Spencer EUOC	33:37	2:42 2:42 33:37 0:24	6:37 3:55	8:12 1:35	9:46 1:34	11:48 2:02	15:10 3:22	17:02 1:52	21:32 4:30	23:01 1:29	25:26 2:25	27:27 2:01	28:50 1:23	31:28 2:38	33:13 1:45
2	17	Hannah Kingham MOR	51:02	4:35 4:35 51:02 0:21	9:32 4:57	11:41 2:09	13:51 2:10	16:49 2:58	22:16 5:27	24:35 2:19	31:30 6:55	33:47 2:17	36:57 3:10	44:15 7:18	45:59 1:44	49:22 3:23	50:41 1:19
3	210	Paul Mather MAROC	53:11	3:35 3:35 53:11 0:22	8:23 4:48	11:47 3:24	13:44 1:57	16:40 2:56	21:09 4:29	23:58 2:49	33:03 9:05	36:07 3:04	39:23 3:16	45:46 6:23	47:53 2:07	51:27 3:34	52:49 1:22
4	5003	Dirk Wallis MAROC	54:21	3:54 3:54 54:21 0:20	8:04 4:10	15:39 7:35	17:33 1:54	20:11 2:38	27:49 7:38	29:43 1:54	38:02 8:19	39:33 1:31	43:16 3:43	47:26 4:10	49:38 2:12	52:53 3:15	54:01 1:08
5	239	Faith Kenyon MOR	55:39	3:25 3:25 55:39 0:23	8:44 5:19	11:00 2:16	12:45 1:45	15:20 2:35	19:59 4:39	22:17 2:18	30:00 7:43	31:47 1:47	35:51 4:04	47:17 11:26	50:01 2:44	53:46 3:45	55:16 1:30
6	5022	Andy Tivendale MAROC	56:17	4:40 4:40 56:17 0:27	10:47 6:07	13:22 2:35	15:40 2:18	19:25 3:45	24:28 5:03	27:26 2:58	36:24 8:58	39:39 3:15	44:19 4:40	47:37 3:18	49:44 2:07	54:06 4:22	55:50 1:44
7	74	Paul Furness MOR	59:04	4:12 4:12 59:04 0:29	10:25 6:13	13:02 2:37	15:31 2:29	18:43 3:12	24:34 5:51	27:32 2:58	37:02 9:30	39:12 2:10	43:10 3:58	48:40 5:30	51:58 3:18	56:59 5:01	58:35 1:36
8	22	Morag McLuckie MOR	1:00:18	4:32 4:32 1:00:18 0:24	10:18 5:46	12:39 2:21	16:10 3:31	19:58 3:48	25:55 5:57	29:43 3:48	38:20 8:37	40:36 2:16	46:04 5:28	51:47 5:43	53:49 2:02	58:30 4:41	59:54 1:24
9	43	Neil McLean GRAMP	1:05:34	5:22 5:22 1:05:34 0:32	11:45 6:23	14:22 2:37	17:10 2:48	20:56 3:46	28:50 7:54	31:47 2:57	44:06 12:19	46:31 2:25	51:05 4:34	54:44 3:39	57:03 2:19	1:03:07 6:04	1:05:02 1:55
10	111	Andy McNamara AYROC	1:06:11	3:50 3:50 1:06:11 0:22	8:57 5:07	12:29 3:32	14:45 2:16	18:27 3:42	23:58 5:31	26:56 2:58	35:07 8:11	37:11 2:04	41:29 4:18	56:29 15:00	58:54 2:25	1:04:33 5:39	1:05:49 1:16
11	230	Margaret Dalgleish ESOC	1:09:27	4:58 4:58 1:09:27 0:29	12:34 7:36	15:37 3:03	18:21 2:44	22:50 4:29	29:37 6:47	35:06 5:29	44:48 9:42	47:05 2:17	52:04 4:59	58:45 6:41	1:01:08 2:23	1:07:05 5:57	1:08:58 1:53
12	140	Clare Kemsley BASOC	1:11:16	4:53 4:53 1:11:16 0:27	10:38 5:45	13:48 3:10	16:27 2:39	20:52 4:25	27:05 6:13	30:38 3:33	41:30 10:52	44:26 2:56	48:42 4:16	52:40 3:58	1:03:17 10:37	1:09:15 5:58	1:10:49 1:34
13	214	Peter Craig MAROC	1:12:33	5:14 5:14 1:12:33 0:31	13:20 8:06	17:38 4:18	20:33 2:55	25:41 5:08	33:02 7:21	37:16 4:14	48:38 11:22	52:38 4:00	57:05 4:27	1:01:15 4:10	1:04:16 3:01	1:10:07 5:51	1:12:02 1:55
14	5027	Philippa Weir MOR	1:12:38	6:06 6:06 1:12:38 0:32	14:37 8:31	18:32 3:55	20:56 2:24	25:43 4:47	32:21 6:38	36:23 4:02	48:24 12:01	51:59 3:35	56:40 4:41	1:01:15 4:35	1:03:31 2:16	1:10:10 6:39	1:12:06 1:56

Pl	tno	Name	Time														
Green (43)				4.0 km		145 m		14 C		<i>(cont.)</i>							
			1(107) Finish	2(120)	3(133)	4(143)	5(115)	6(146)	7(116)	8(197)	9(125)	10(202)	11(127)	12(124)	13(118)	14(200)	
15	96	Sue Barrie MAROC	1:14:49	7:41 7:41 1:14:49	15:09 7:28	19:18 4:09	22:18 3:00	26:48 4:30	34:05 7:17	37:52 3:47	50:24 12:32	52:50 2:26	58:37 5:47	1:02:41 4:04	1:05:18 2:37	1:12:26 7:08	1:14:19 1:53
16	89	Hanne Robertson ESOC	1:15:16	4:06 4:06 1:15:16	13:00 8:54	16:00 3:00	18:24 2:24	22:51 4:27	37:47 14:56	40:43 2:56	55:30 14:47	57:46 2:16	1:02:54 5:08	1:06:08 3:14	1:08:16 2:08	1:13:02 4:46	1:14:49 1:47
17	168	Caz Dudley MAROC	1:18:16	5:22 5:22 1:18:16	12:22 7:00	15:30 3:08	18:06 2:36	22:36 4:30	30:44 8:08	34:22 3:38	44:40 10:18	46:58 2:18	53:13 6:15	57:17 4:04	1:08:45 11:28	1:14:32 5:47	1:17:49 3:17
18	195	Eloise Lardet EUOC	1:19:10	5:15 5:15 1:19:10	13:29 8:14	15:58 2:29	18:00 2:02	22:30 4:30	28:25 5:55	31:26 3:01	45:47 14:21	48:33 2:46	52:10 3:37	59:32 7:22	1:11:34 12:02	1:16:50 5:16	1:18:44 1:54
19	73	Elizabeth Furness MOR	1:20:03	6:21 6:21 1:20:03	15:24 9:03	18:35 3:11	21:52 3:17	26:39 4:47	34:42 8:03	38:58 4:16	54:34 15:36	57:18 2:44	1:04:30 7:12	1:08:47 4:17	1:11:16 2:29	1:17:18 6:02	1:19:28 2:10
20	167	Fiona Eades INT	1:22:10	4:46 4:46 1:22:10	11:59 7:13	15:27 3:28	17:35 2:08	21:56 4:21	30:05 8:09	34:13 4:08	57:52 23:39	1:01:38 3:46	1:06:07 4:29	1:11:09 5:02	1:13:34 2:25	1:20:04 6:30	1:21:45 1:41
21	5019	Isobel Anderson GRAMP	1:24:06	5:20 5:20 1:24:06	16:45 11:25	24:14 7:29	26:27 2:13	32:43 6:16	43:05 10:22	46:44 3:39	59:12 12:28	1:02:15 3:03	1:08:32 6:17	1:12:05 3:33	1:16:10 4:05	1:22:15 6:05	1:23:45 1:30
22	61	Katherine Ivory INT	1:25:28	5:42 5:42 1:25:28	17:38 11:56	21:11 3:33	24:10 2:59	28:35 4:25	38:39 10:04	42:14 3:35	58:26 16:12	1:02:31 4:05	1:07:09 4:38	1:11:15 4:06	1:13:44 2:29	1:21:46 8:02	1:25:01 3:15
23	233	Aileen Salway MAROC	1:25:37	5:46 5:46 1:25:37	12:31 6:45	15:25 2:54	18:28 3:03	22:30 4:02	29:37 7:07	36:06 6:29	48:02 11:56	50:33 2:31	56:03 5:30	1:13:55 17:52	1:16:47 2:52	1:23:08 6:21	1:25:03 1:55
24	5004	Margaret McMillan MAROC	1:26:41	0:00 0:00 1:26:41	9:18 9:18	13:03 3:45	15:45 2:42	21:40 5:55	31:26 9:46	34:37 3:11	53:22 18:45	55:31 2:09	59:30 3:59	1:06:46 7:16	1:09:51 3:05	1:24:36 14:45	1:26:12 1:36
25	128	Marianne Lang GRAMP	1:28:33	6:45 6:45 1:28:33	19:12 12:27	24:57 5:45	30:36 5:39	36:53 6:17	45:40 8:47	50:23 4:43	1:01:32 11:09	1:04:29 2:57	1:09:26 4:57	1:13:44 4:18	1:18:05 4:21	1:26:09 8:04	1:28:03 1:54
26	5007	David Ritchie MOR	1:28:47	6:04 6:04 1:28:47	14:11 8:07	19:45 5:34	23:06 3:21	28:23 5:17	35:03 6:40	39:18 4:15	55:14 15:56	58:41 3:27	1:03:22 4:41	1:15:28 12:06	1:20:23 4:55	1:26:03 5:40	1:28:13 2:10
27	137	Sally McCartney CLYDE	1:29:11	6:13 6:13 1:29:11	15:39 9:26	20:23 4:44	23:56 3:33	29:23 5:27	39:46 10:23	44:00 4:14	58:19 14:19	1:02:44 4:25	1:07:42 4:58	1:11:58 4:16	1:16:02 4:04	1:24:01 7:59	1:28:26 4:25
28	130	Patrick Lang GRAMP	1:32:44	5:02 5:02 1:32:44	12:01 6:59	15:08 3:07	20:08 5:00	23:49 3:41	32:38 8:49	39:31 6:53	50:00 10:29	53:22 3:22	59:41 6:19	1:20:38 20:57	1:24:46 4:08	1:31:00 6:14	1:32:24 1:24
29	241	Karen Fraser MOR	1:33:59	4:47 4:47 1:33:59	11:15 6:28	14:28 3:13	17:13 2:45	27:39 10:26	34:46 7:07	38:27 3:41	1:06:07 27:40	1:09:38 3:31	1:14:51 5:13	1:19:34 4:43	1:22:51 3:17	1:31:36 8:45	1:33:27 1:51
30	152	Inger-Sofie Selmer TAY	1:35:47	5:28 5:28 1:35:47	14:07 8:39	22:31 8:24	24:54 2:23	34:29 9:35	53:38 19:09	57:56 4:18	1:13:17 15:21	1:15:50 2:33	1:21:15 5:25	1:24:22 3:07	1:27:46 3:24	1:33:32 5:46	1:35:19 1:47
31	5011	Joan Noble INVOC	1:42:57	5:00 5:00 1:42:57	15:31 10:31	22:17 6:46	25:46 3:29	31:05 5:19	40:14 9:09	45:13 4:59	1:15:20 30:07	1:18:58 3:38	1:24:42 5:44	1:30:21 5:39	1:33:29 3:08	1:39:55 6:26	1:42:21 2:26
32	75	Neil Polwart FVO	1:44:31	8:17 8:17 1:44:31	17:45 9:28	22:27 4:42	26:26 3:59	35:18 8:52	46:14 10:56	1:00:24 14:10	1:13:21 12:57	1:16:51 3:30	1:25:06 8:15	1:29:39 4:33	1:33:19 3:40	1:41:22 8:03	1:44:04 2:42
33	211	Rachel Mather MAROC	1:46:14	7:02 7:02 1:46:14	15:21 8:19	20:24 5:03	24:09 3:45	31:17 7:08	41:14 9:57	45:10 3:56	59:06 13:56	1:02:04 2:58	1:08:13 6:09	1:31:32 23:19	1:34:42 3:10	1:43:32 8:50	1:45:39 2:07

Pl	tno	Name	Time														
Green (43)				4.0 km 145 m			14 C			<i>(cont.)</i>							
				1(107) Finish	2(120)	3(133)	4(143)	5(115)	6(146)	7(116)	8(197)	9(125)	10(202)	11(127)	12(124)	13(118)	14(200)
34	63	Jenny Hammond FVO	1:51:38	5:43 5:43 1:51:38	14:51 9:08	19:34 4:43	23:18 3:44	29:22 6:04	39:19 9:57	44:41 5:22	1:12:00 27:19	1:15:22 3:22	1:21:04 5:42	1:36:37 15:33	1:40:34 3:57	1:48:49 8:15	1:51:06 2:17
35	68	Kirsten Robertson CLYDE	1:56:46	7:32 7:32 1:56:46	19:26 11:54	24:45 5:19	29:47 5:02	37:24 7:37	49:33 12:09	55:05 5:32	1:13:59 18:54	1:17:47 3:48	1:24:44 6:57	1:40:41 15:57	1:45:35 4:54	1:53:41 8:06	1:56:17 2:36
36	5012	Val Springett INVOC	2:01:30	7:29 7:29 2:01:30	21:44 14:15	29:18 7:34	33:30 4:12	41:08 7:38	53:28 12:20	57:49 4:21	1:14:03 16:14	1:17:38 3:35	1:24:50 7:12	1:46:37 21:47	1:49:52 3:15	1:58:41 8:49	2:00:53 2:12
37	193	Kora Holschbach EUOC	2:05:39	6:17 6:17 2:05:39	17:38 11:21	25:47 8:09	29:56 4:09	46:15 16:19	1:00:55 14:40	1:05:18 4:23	1:19:38 14:20	1:30:08 10:30	1:36:58 6:50	1:42:43 5:45	1:47:05 4:22	2:03:20 16:15	2:05:07 1:47
238		Elizabeth Kenyon MOR	mp	7:00 7:00 1:04:54	14:09 7:09	18:59 4:50	21:36 2:37	25:50 4:14	32:00 6:10	35:21 3:21	-----	46:54 11:33	51:07 4:13	55:14 4:07	57:20 2:06	1:02:50 5:30	1:04:27 1:37
242		John Pullen MOR	dns														
208		Clare Stansfield FVO	dns														
46		Jennifer Ricketts EUOC	dns														
145		Frances Britain MOR	dns														
12		Amber Graham MAROC	dns														
Light Green (58)				3.5 km 130 m			13 C										
				1(142)	2(115)	3(193)	4(116)	5(195)	6(203)	7(196)	8(197)	9(125)	10(202)	11(147)	12(118)	13(200)	Finish
1	97	Adam Barrie MAROC	30:13	1:58 1:58	2:40 0:42	6:34 3:54	8:45 2:11	10:41 1:56	14:41 4:00	18:54 4:13	20:02 1:08	21:21 1:19	23:26 2:05	27:44 4:18	28:43 0:59	29:52 1:09	30:13 0:21
2	257	Isobel Howard MOR	32:15	2:02 2:02	3:50 1:48	7:06 3:16	9:55 2:49	11:57 2:02	15:58 4:01	19:13 3:15	20:19 1:06	22:00 1:41	24:17 2:17	29:37 5:20	30:33 0:56	31:54 1:21	32:15 0:21
3	64	James Hammond FVO	34:37	2:08 2:08	2:49 0:41	9:13 6:24	11:30 2:17	13:18 1:48	17:20 4:02	21:51 4:31	23:12 1:21	24:34 1:22	27:18 2:44	32:14 4:56	33:09 0:55	34:17 1:08	34:37 0:20
4	80	Jonas Newey MAROC	34:40	2:05 2:05	3:14 1:09	6:05 2:51	8:28 2:23	10:07 1:39	14:49 4:42	20:24 5:35	21:45 1:21	23:41 1:56	26:24 2:43	31:50 5:26	33:02 1:12	34:20 1:18	34:40 0:20
5	86	Ewan Bennett MAROC	42:05	2:15 2:15	3:08 0:53	10:46 7:38	13:00 2:14	14:56 1:56	21:13 6:17	25:19 4:06	26:31 1:12	28:50 2:19	33:36 4:46	39:05 5:29	40:20 1:15	41:46 1:26	42:05 0:19
6	118	Angus Laird INVOC	44:01	2:31 7:03	1:03 *191	4:06 7:10	8:30 9:49	1:40 14:30	5:38 23:36	5:12 28:59	1:19 30:12	2:49 32:10	3:00 35:19	5:03 42:08	1:14 43:12	1:28 44:47	0:28 45:08
7	141	Alice Kemsley BASOC	45:08	2:18 2:18 27:30	3:05 0:47	7:10 4:05	9:49 2:39	14:30 4:41	23:36 9:06	28:59 5:23	30:12 1:13	32:10 1:58	35:19 3:09	42:08 6:49	43:12 1:04	44:47 1:35	45:08 0:21
8	5024	Dagmar Borrowman INVOC	45:27	2:57 2:57 24:38	4:23 1:26	10:18 5:55	12:30 2:12	14:44 2:14	20:15 5:31	26:57 6:42	28:21 1:24	30:19 1:58	33:41 3:22	42:00 8:19	43:23 1:23	45:00 1:37	45:27 0:27
9	199	Catriona Chapman MAROC	46:03	2:30 2:30	3:26 0:56	7:42 4:16	10:03 2:21	12:28 2:25	17:48 5:20	27:07 9:19	28:57 1:50	31:01 2:04	34:42 3:41	42:30 7:48	43:53 1:23	45:38 1:45	46:03 0:25
10	33	Struan Duncan FVO	46:30	2:22 2:22	3:07 0:45	12:36 9:29	15:36 3:00	18:06 2:30	23:11 5:05	30:13 7:02	31:53 1:40	33:53 2:00	37:55 4:02	43:19 5:24	44:22 1:03	46:13 1:51	46:30 0:17
11	59	David Ivory INT	50:03	2:39 2:39	6:13 3:34	14:28 8:15	16:47 2:19	23:31 6:44	28:26 4:55	32:27 4:01	33:52 1:25	36:22 2:30	40:03 3:41	46:53 6:50	48:03 1:10	49:37 1:34	50:03 0:26
12	57	Michael Bishenden MOR	50:11	2:36 2:36	4:02 1:26	10:57 6:55	15:07 4:10	19:21 4:14	27:30 8:09	32:38 5:08	34:37 1:59	36:24 1:47	39:32 3:08	47:34 8:02	48:38 1:04	49:52 1:14	50:11 0:19
13	133	Sam Hunt FVO	50:59	4:51 4:51	5:44 0:53	10:36 4:52	18:47 8:11	21:30 2:43	26:48 5:18	33:10 6:22	35:22 2:12	37:53 2:31	41:14 3:21	47:54 6:40	49:15 1:21	50:36 1:21	50:59 0:23
14	213	Ida Oikkonen MOR	51:36	2:59 2:59	4:15 1:16	9:20 5:05	13:22 4:02	15:49 2:27	26:38 10:49	33:05 6:27	35:12 2:07	37:26 2:14	41:39 4:13	48:18 6:39	49:41 1:23	51:13 1:32	51:36 0:23
15	217	Chris Redmond MAROC	51:57	3:07 3:07	4:26 1:19	13:59 9:33	16:06 2:07	22:41 6:35	27:40 4:59	32:30 4:50	34:25 1:55	36:50 2:25	41:34 4:44	48:35 7:01	49:58 1:23	51:33 1:35	51:57 0:24
16	136	Scott Perry MOR	52:15	3:56 3:56	4:37 0:41	14:30 9:53	18:58 4:28	21:52 2:54	26:04 4:12	35:19 9:15	37:03 1:44	39:13 2:10	43:42 4:29	49:25 5:43	50:21 0:56	52:00 1:39	52:15 0:15
17	114	Callum Hudson INVOC	52:18	2:40 2:40	3:38 0:58	13:16 9:38	17:35 4:19	20:07 2:32	24:58 4:51	34:42 9:44	35:57 1:15	38:07 2:10	42:41 4:34	49:20 6:39	50:37 1:17	51:58 1:21	52:18 0:20
18	139	Ewan McCartney CLYDE	53:44	3:04 3:04	7:58 4:54	12:22 4:24	17:07 4:45	22:14 5:07	28:48 6:34	35:33 6:45	37:29 1:56	39:16 1:47	42:48 3:32	49:36 6:48	50:44 1:08	53:21 2:37	53:44 0:23
19	232	Heidi Elise Eik Max FVO	55:03	3:07 3:07	6:08 3:01	11:44 5:36	15:09 3:25	19:27 4:18	25:14 5:47	31:27 6:13	33:53 2:26	36:50 2:57	41:28 4:38	48:55 7:27	52:38 3:43	54:43 2:05	55:03 0:20

Pl	tno	Name	Time														
Light Green (58)				3.5 km 130 m			13 C			<i>(cont.)</i>							
				1(142)	2(115)	3(193)	4(116)	5(195)	6(203)	7(196)	8(197)	9(125)	10(202)	11(147)	12(118)	13(200)	Finish
20	90	Maja Robertson ESOC	56:48	3:16	4:49	13:47	15:50	18:28	32:22	41:17	43:03	44:56	47:34	54:09	55:09	56:27	56:48
				3:16	1:33	8:58	2:03	2:38	13:54	8:55	1:46	1:53	2:38	6:35	1:00	1:18	0:21
21	250	Stuart Berrill AUOC	56:54	3:44	6:36	11:59	18:47	21:58	30:32	37:36	39:58	42:33	47:44	53:32	55:02	56:31	56:54
				3:44	2:52	5:23	6:48	3:11	8:34	7:04	2:22	2:35	5:11	5:48	1:30	1:29	0:23
22	3	Joel Atkinson ELO	56:59	3:41	5:00	11:15	15:33	17:47	24:18	36:04	38:30	40:45	46:02	53:56	55:07	56:32	56:59
				3:41	1:19	6:15	4:18	2:14	6:31	11:46	2:26	2:15	5:17	7:54	1:11	1:25	0:27
23	224	Eilidh Simpson INVOC	57:31	2:52	4:12	16:10	18:53	22:39	31:02	37:10	39:22	42:51	46:35	54:14	55:23	57:07	57:31
				2:52	1:20	11:58	2:43	3:46	8:23	6:08	2:12	3:29	3:44	7:39	1:09	1:44	0:24
24	227	Anita Spurway TAY	58:34	4:18	5:45	11:30	16:30	19:55	28:24	35:18	37:37	40:09	46:02	54:08	56:12	58:02	58:34
				4:18	1:27	5:45	5:00	3:25	8:29	6:54	2:19	2:32	5:53	8:06	2:04	1:50	0:32
25	112	Daisy May McNamar AYROC	58:40	2:49	3:46	8:14	14:33	23:59	33:42	39:21	41:47	44:43	48:14	55:32	56:46	58:18	58:40
				2:49	0:57	4:28	6:19	9:26	9:43	5:39	2:26	2:56	3:31	7:18	1:14	1:32	0:22
26	99	Beryl Seaman INVOC	1:00:33	2:52	3:48	12:36	15:56	18:41	26:45	34:37	36:33	40:23	46:02	57:14	58:42	1:00:16	1:00:33
				2:52	0:56	8:48	3:20	2:45	8:04	7:52	1:56	3:50	5:39	11:12	1:28	1:34	0:17
27	246	Marie Bernards AUOC	1:00:54	5:28	6:27	12:33	15:28	23:21	30:46	41:57	43:41	46:14	51:14	57:41	58:59	1:00:32	1:00:54
				5:28	0:59	6:06	2:55	7:53	7:25	11:11	1:44	2:33	5:00	6:27	1:18	1:33	0:22
28	254	Mike Forsyth GRAMP	1:02:03	3:36	5:02	11:12	16:38	21:17	28:31	36:27	39:09	42:55	47:32	56:42	59:31	1:01:30	1:02:03
				3:36	1:26	6:10	5:26	4:39	7:14	7:56	2:42	3:46	4:37	9:10	2:49	1:59	0:33
29	84	Oonagh Grassie GRAMP	1:02:09	4:15	5:48	12:47	18:25	23:13	30:51	37:14	39:54	42:55	48:44	57:54	59:41	1:01:41	1:02:09
				4:15	1:33	6:59	5:38	4:48	7:38	6:23	2:40	3:01	5:49	9:10	1:47	2:00	0:28
30	155	Morven Farquharso GRAMP	1:03:04	3:05	4:15	13:32	23:37	28:03	35:25	41:46	43:24	45:46	51:28	59:12	1:00:41	1:02:35	1:03:04
				3:05	1:10	9:17	10:05	4:26	7:22	6:21	1:38	2:22	5:42	7:44	1:29	1:54	0:29
31	163	Ben Coutts MOR	1:03:08	3:40	5:15	11:57	17:42	21:28	29:08	36:48	40:10	43:23	48:54	58:11	1:00:30	1:02:44	1:03:08
				3:40	1:35	6:42	5:45	3:46	7:40	7:40	3:22	3:13	5:31	9:17	2:19	2:14	0:24
32	187	Silje Solevag EUOC	1:03:22	4:51	6:11	14:17	17:28	22:17	27:48	33:51	36:21	38:52	47:48	59:13	1:00:46	1:02:45	1:03:22
				4:51	1:20	8:06	3:11	4:49	5:31	6:03	2:30	2:31	8:56	11:25	1:33	1:59	0:37
33	204	Morven Bayton BASOC	1:04:17	5:21	7:43	13:12	20:50	24:15	31:26	42:07	44:31	47:06	52:05	1:00:33	1:02:11	1:03:54	1:04:17
				5:21	2:22	5:29	7:38	3:25	7:11	10:41	2:24	2:35	4:59	8:28	1:38	1:43	0:23
34	154	Norbert Otreba INVOC	1:04:46	2:45	3:50	9:07	20:48	25:36	36:19	41:24	43:22	46:03	49:46	1:01:10	1:02:35	1:04:18	1:04:46
				2:45	1:05	5:17	11:41	4:48	10:43	5:05	1:58	2:41	3:43	11:24	1:25	1:43	0:28
35	44	Farran McLean MOR	1:05:17	3:05	5:01	11:33	14:48	19:46	26:23	40:30	42:31	45:42	50:08	1:01:22	1:03:15	1:04:52	1:05:17
				3:05	1:56	6:32	3:15	4:58	6:37	14:07	2:01	3:11	4:26	11:14	1:53	1:37	0:25
36	76	Ben Polwart FVO	1:06:51	2:39	3:47	11:49	17:51	28:52	36:16	41:17	46:41	49:22	53:24	1:00:52	1:04:44	1:06:32	1:06:51
				2:39	1:08	8:02	6:02	11:01	7:24	5:01	5:24	2:41	4:02	7:28	3:52	1:48	0:19
37	182	Thomas Corlett EUOC	1:07:03	3:22	5:30	9:46	17:12	19:39	38:40	46:43	48:15	53:12	57:50	1:03:28	1:05:03	1:06:40	1:07:03
				3:22	2:08	4:16	7:26	2:27	19:01	8:03	1:32	4:57	4:38	5:38	1:35	1:37	0:23
38	5035	Paul Rayner	1:08:02	4:43	5:57	16:08	20:57	24:55	35:11	42:50	45:16	49:49	55:15	1:04:12	1:05:52	1:07:34	1:08:02
				4:43	1:14	10:11	4:49	3:58	10:16	7:39	2:26	4:33	5:26	8:57	1:40	1:42	0:28
39	251	Aaron Miele AUOC	1:08:24	3:32	5:01	10:35	14:41	18:50	27:47	42:06	44:23	47:24	53:26	1:03:45	1:05:59	1:07:58	1:08:24
				3:32	1:29	5:34	4:06	4:09	8:57	14:19	2:17	3:01	6:02	10:19	2:14	1:59	0:26
40	234	Richard Salway MAROC	1:08:52	4:02	5:23	11:39	16:07	21:56	28:10	42:44	44:56	47:40	54:28	1:03:39	1:05:11	1:08:23	1:08:52
				4:02	1:21	6:16	4:28	5:49	6:14	14:34	2:12	2:44	6:48	9:11	1:32	3:12	0:29
41	200	Jacqui Chapman MAROC	1:09:27	3:59	5:34	12:12	16:05	22:29	30:43	38:53	43:18	48:26	54:32	1:04:41	1:06:37	1:08:51	1:09:27
				3:59	1:35	6:38	3:53	6:24	8:14	8:10	4:25	5:08	6:06	10:09	1:56	2:14	0:36
42	5009	Anna Bichard MAROC	1:09:31	3:18	6:38	12:15	18:46	23:19	30:52	40:34	42:47	45:38	50:47	1:05:10	1:06:57	1:09:01	1:09:31
				3:18	3:20	5:37	6:31	4:33	7:33	9:42	2:13	2:51	5:09	14:23	1:47	2:04	0:30
43	5028	Dawn Goddard FVO	1:10:34	4:11	5:47	13:36	18:52	22:26	30:10	40:09	43:21	47:16	53:09	1:04:36	1:06:46	1:09:50	1:10:34
				4:11	1:36	7:49	5:16	3:34	7:44	9:59	3:12	3:55	5:53	11:27	2:10	3:04	0:44
44	236	Fergus Kenyon MOR	1:11:10	3:28	4:52	16:21	23:40	27:28	34:00	47:02	49:01	51:35	56:57	1:06:15	1:08:33	1:10:45	1:11:10
				3:28	1:24	11:29	7:19	3:48	6:32	13:02	1:59	2:34	5:22	9:18	2:18	2:12	0:25
45	156	Kirsty Farquharson GRAMP	1:11:21	6:54	8:07	21:40	31:41	36:14	43:31	50:04	51:50	53:58	59:52	1:07:26	1:08:57	1:10:54	1:11:21
				6:54	1:13	13:33	10:01	4:33	7:17	6:33	1:46	2:08	5:54	7:34	1:31	1:57	0:27
46	248	Leonard Grabow AUOC	1:12:09	4:25	5:45	15:13	30:53	33:48	42:19	49:19	51:37	57:14	1:02:13	1:08:36	1:10:01	1:11:48	1:12:09
				4:25	1:20	9:28	15:40	2:55	8:31	7:00	2:18	5:37	4:59	6:23	1:25	1:47	0:21
47	203	Shula Bayton BASOC	1:19:55	3:36	4:58	10:13	13:48	17:21	31:05	59:21	1:01:45	1:03:51	1:08:24	1:15:28	1:17:31	1:19:28	1:19:55
				3:36	1:22	5:15	3:35	3:33	13:44	28:16	2:24	2:06	4:33	7:04	2:03	1:57	0:27
48	5017	Kate Anderson GRAMP	1:33:06	3:46	5:22	22:27	27:17	43:31	50:21	1:06:12	1:09:13	1:12:28	1:18:26	1:27:32	1:29:54	1:32:41	1:33:06
				3:46	1:36	17:05	4:50	16:14	6:50	15:51	3:01	3:15	5:58	9:06	2:22	2:47	0:25
49	160	Genevieve Jones MAROC	1:36:09	5:49	8:00	22:01	30:45	35:30	48:01	59:07	1:03:24	1:08:20	1:16:57	1:29:31	1:32:18	1:35:33	1:36:09
				5:49	2:11	14:01	8:44	4:45	12:31	11:06	4:17	4:56	8:37	12:34	2:47	3:15	0:36
50	252	Martin Nedyalkov AUOC	1:37:50	3:20	4:59	19:51	29:40	34:55	47:12	1:12:44	1:15:06	1:17:55	1:24:21	1:33:34	1:35:23	1:37:22	1:37:50
				3:20	1:39	14:52	9:49	5:15	12:17	25:32	2:22	2:49	6:26	9:13	1:49	1:59	0:28
51	158	Selina Estama FVO	1:37:52	2:43	9:48	24:03	29:14	34:04	39:26	1:02:50	1:04:51	1:21:08	1:25:41	1:33:10	1:35:11	1:37:2	

Pl	tno	Name	Time													
Orange (44)				2.9 km 100 m		12 C		<i>(cont.)</i>								
				1(110)	2(142)	3(107)	4(117)	5(193)	6(195)	7(152)	8(203)	9(125)	10(122)	11(147)	12(200)	Finish
	113	Rosie McNamara AYROC	dns													
	215	Marjory Craig MAROC	dns													
	92	Ranolph Whitehead MAROC	dns													
	7	Ellie Darlow RR	dns													
	42	Ayden Baird ECKO	dns													

Yellow (29)				1.9 km 55 m			9 C								
				1(110)	2(132)	3(141)	4(117)	5(144)	6(191)	7(148)	8(113)	9(200)	Finish		
1	8	Seb Darlow RR	13:12	1:10	2:42	4:15	5:06	6:43	7:40	9:29	11:32	12:47	13:12		
2	225	Sky Simpson INVOC	14:54	1:12	1:32	1:33	0:51	1:37	0:57	1:49	2:03	1:15	0:25		
3	105	Lucy Ward INT	16:17	1:12	1:29	1:25	1:13	2:38	1:19	2:18	1:57	1:03	0:20		
4	20	Matthew Inman FVO	16:47	1:18	3:02	4:51	6:00	7:54	9:59	12:05	14:35	15:53	16:17		
				1:18	1:44	1:49	1:09	1:54	2:05	2:06	2:30	1:18	0:24		
5	218	Benjamin Redmond MAROC	17:03	1:37	3:19	5:30	6:45	8:37	9:58	12:05	14:50	16:18	16:47		
				1:37	1:42	2:11	1:15	1:52	1:21	2:07	2:45	1:28	0:29		
6	110	Rachael Scott INVOC	17:18	1:24	3:29	5:19	6:38	8:34	9:39	11:52	14:26	16:22	17:03		
				1:24	2:05	1:50	1:19	1:56	1:05	2:13	2:34	1:56	0:41		
7	91	Calum Robertson ESOC	18:30	1:10	2:46	4:22	6:56	9:47	11:27	13:43	15:47	16:57	17:18		
				1:10	1:36	1:36	2:34	2:51	1:40	2:16	2:04	1:10	0:21		
8	36	Fergus Dunbar MAROC	18:37	1:20	3:04	4:49	6:41	8:43	10:44	13:51	16:40	18:08	18:30		
				1:20	1:44	1:45	1:52	2:02	2:01	3:07	2:49	1:28	0:22		
9	31	Freya Mowbray INT	19:32	1:24	3:30	5:01	6:11	7:59	9:41	14:05	17:49	19:06	19:32		
				1:24	2:06	2:09	1:21	2:15	1:21	2:42	3:16	1:38	0:25		
10	82	Lucas Provan MAROC	21:13	1:18	3:20	5:01	6:11	7:59	9:41	14:05	17:49	19:06	19:32		
				1:18	2:02	1:41	1:10	1:48	1:42	4:24	3:44	1:17	0:26		
11	6	Peter Atkinson ELO	21:27	1:56	4:09	6:16	7:13	9:34	11:23	15:18	18:45	20:44	21:13		
				1:56	2:13	2:07	0:57	2:21	1:49	3:55	3:27	1:59	0:29		
12	127	Tom Shearer FVO	21:39	1:30	3:22	5:25	7:22	11:12	13:00	15:30	19:14	20:59	21:27		
				1:30	1:52	2:03	1:57	3:50	1:48	2:30	3:44	1:45	0:28		
13	206	Thomas Pout MAROC	22:37	1:30	3:17	5:10	6:21	8:19	9:58	14:25	19:43	21:16	21:39	16:16	
				1:30	1:47	1:53	1:11	1:58	1:39	4:27	5:18	1:33	0:23	*195	
14	5008	Logan Carey-Miller MAROC	23:22	1:13	2:48	4:35	5:47	8:41	12:27	18:02	20:37	22:17	22:37		
				1:13	1:35	1:47	1:12	2:54	3:46	5:35	2:35	1:40	0:20		
15	41	Emma Godfree FVO	23:25	1:43	3:37	6:17	9:38	12:02	14:44	17:32	21:02	22:56	23:22		
				1:43	1:54	2:40	3:21	2:24	2:42	2:48	3:30	1:54	0:26		
16	77	Grace Polwart FVO	23:45	1:53	4:09	6:38	9:24	13:03	14:28	18:00	21:18	23:01	23:25		
				1:53	2:16	2:29	2:46	3:39	1:25	3:32	3:18	1:43	0:24		
17	134	Alexander Hunt FVO	23:52	1:14	3:05	5:42	7:10	9:51	14:34	17:34	21:43	23:22	23:45		
				1:14	1:51	2:37	1:28	2:41	4:43	3:00	4:09	1:39	0:23		
18	108	Dara Tivendale MAROC	24:29	1:46	3:53	7:10	9:07	12:20	14:47	18:20	21:19	23:15	23:52		
				1:46	2:07	3:17	1:57	3:13	2:27	3:33	2:59	1:56	0:37		
19	5034	Emma Tivendale	24:33	1:50	4:56	7:18	9:41	13:16	15:07	18:50	22:18	24:06	24:29		
				1:50	3:06	2:22	2:23	3:35	1:51	3:43	3:28	1:48	0:23		
20	32	Eilidh Mowbray INT	26:30	1:56	5:02	7:20	9:40	13:18	15:11	18:52	22:27	24:09	24:33		
				1:56	3:06	2:18	2:20	3:38	1:53	3:41	3:35	1:42	0:24		
21	132	Sibhe Fahey ESOC	27:04	1:42	4:19	7:25	10:16	14:01	16:22	19:57	23:58	26:00	26:30		
				1:42	2:37	3:06	2:51	3:45	2:21	3:35	4:01	2:02	0:30		
22	219	Finlay Redmond MAROC	28:59	1:29	8:02	10:31	12:11	15:47	18:02	20:50	24:05	26:35	27:04		
				1:29	6:33	2:29	1:40	3:36	2:15	2:48	3:15	2:30	0:29		
23	72	Eilidh Connor FVO	30:44	2:00	4:42	8:20	12:05	16:02	18:40	22:16	26:37	28:33	28:59		
				2:00	2:42	3:38	3:45	3:57	2:38	3:36	4:21	1:56	0:26		
24	205	Finlay Bayton BASOC	32:45	1:44	4:07	6:20	8:00	17:46	21:10	25:02	28:36	30:20	30:44		
				1:44	2:23	2:13	1:40	9:46	3:24	3:52	3:34	1:44	0:24		
25	221	Rufus Turley MAROC	35:57	1:56	4:30	7:37	9:25	19:43	23:12	26:59	30:35	32:23	32:45		
				1:56	2:34	3:07	1:48	10:18	3:29	3:47	3:36	1:48	0:22		
26	38	Douglas Walmsley MAROC	38:00	1:21	3:02	5:51	7:37	12:19	16:32	21:29	33:30	35:34	35:57		
				1:21	1:41	2:49	1:46	4:42	4:13	4:57	12:01	2:04	0:23		
27	259	Anna Howard MOR	40:05	1:48	4:40	7:52	9:39	15:16	18:41	23:37	35:30	37:36	38:00		
				1:48	2:52	3:12	1:47	5:37	3:25	4:56	11:53	2:06	0:24		
	162	Audrey McQuaid FVO	mp	1:49	4:29	13:18	15:40	20:14	24:15	28:17	36:01	39:36	40:05		
				1:49	2:40	8:49	2:22	4:34	4:01	4:02	7:44	3:35	0:29		
	5010	Emily Richard MAROC	dns	1:21	-----	22:16	23:44	27:22	29:13	31:34	34:22	35:58	36:39		
				1:21		20:55	1:28	3:38	1:51	2:21	2:48	1:36	0:41		

White (15)				1.5 km 50 m			11 C								
				1(110)	2(150)	3(119)	4(144)	5(190)	6(145)	7(192)	8(148)	9(153)	10(113)	11(200)	Finish
1	5006	Tristan Wallis MAROC	13:13	1:21	2:22	3:35	4:17	5:00	5:41	6:46	8:07	9:06	11:08	12:39	13:13
				1:21	1:01	1:13	0:42	0:43	0:41	1:05	1:21	0:59	2:02	1:31	0:34

PI	tno	Name	Time												
<i>White (15)</i>				<i>1.5 km 50 m</i>			<i>11 C</i>		<i>(cont.)</i>						
				1(110)	2(150)	3(119)	4(144)	5(190)	6(145)	7(192)	8(148)	9(153)	10(113)	11(200)	Finish
2	83	Page Provan MAROC	15:13	1:45	2:55	4:25	5:14	6:33	7:26	8:48	10:08	11:13	13:00	14:23	15:13
				1:45	1:10	1:30	0:49	1:19	0:53	1:22	1:20	1:05	1:47	1:23	0:50
3	150	Carl Selmer Duguid TAY	16:22	1:34	3:09	4:33	5:15	5:58	6:47	10:12	11:32	12:32	14:23	15:57	16:22
				1:34	1:35	1:24	0:42	0:43	0:49	3:25	1:20	1:00	1:51	1:34	0:25
4	56	Cameron Cormack MAROC	16:38	1:20	5:31	6:40	7:21	8:19	9:15	10:29	11:47	12:51	14:50	16:10	16:38
				1:20	4:11	1:09	0:41	0:58	0:56	1:14	1:18	1:04	1:59	1:20	0:28
5	5026	Hannah Will GRAMP	18:32	1:48	3:34	5:10	6:05	6:48	7:38	8:48	10:53	12:20	15:45	18:06	18:32
				1:48	1:46	1:36	0:55	0:43	0:50	1:10	2:05	1:27	3:25	2:21	0:26
6	243	Emily Fraser MOR	20:56	2:19	4:10	5:56	7:14	8:08	9:23	11:05	13:12	14:41	17:27	20:06	20:56
				2:19	1:51	1:46	1:18	0:54	1:15	1:42	2:07	1:29	2:46	2:39	0:50
7	11	Guy Gibbons-Wood MAROC	23:33	1:33	2:43	3:58	4:47	14:32	15:16	16:18	17:38	18:47	21:30	23:07	23:33
				1:33	1:10	1:15	0:49	9:45	0:44	1:02	1:20	1:09	2:43	1:37	0:26
8	202	Jamie Chapman MAROC	26:17	1:58	3:16	4:55	6:04	6:37	7:46	9:46	16:53	18:41	22:38	25:45	26:17
				1:58	1:18	1:39	1:09	0:33	1:09	2:00	7:07	1:48	3:57	3:07	0:32
9	93	Beau Whitehead MAROC	30:54	2:43	4:59	6:55	8:15	9:18	10:36	12:42	16:28	18:58	25:44	29:50	30:54
				2:43	2:16	1:56	1:20	1:03	1:18	2:06	3:46	2:30	6:46	4:06	1:04
10	5029	Anna Tayler	31:42	2:37	5:02	7:13	9:24	11:28	12:27	14:12	18:40	20:33	29:04	31:07	31:42
				2:37	2:25	2:11	2:11	2:04	0:59	1:45	4:28	1:53	8:31	2:03	0:35
11	5030	Katie Tayler	31:43	3:01	3:02	2:28	1:59	1:46	1:46	2:33	3:59	2:38	5:41	2:06	0:44
				3:01	6:03	8:31	10:30	12:16	14:02	16:35	20:34	23:12	28:53	30:59	31:43
12	244	Patrick Fraser MOR	38:58	4:05	6:45	9:29	11:01	12:52	15:25	19:04	23:13	26:06	32:05	37:36	38:58
				4:05	2:40	2:44	1:32	1:51	2:33	3:39	4:09	2:53	5:59	5:31	1:22
13	5031	Louise Ryan	40:20	7:20	12:11	14:38	16:18	17:47	19:12	21:42	25:17	28:02	32:57	37:20	40:20
				7:20	4:51	2:27	1:40	1:29	1:25	2:30	3:35	2:45	4:55	4:23	3:00
14	5037	Maria O'Hara Sh ESOC	53:27	4:32	7:59	11:43	13:29	26:18	28:58	32:12	36:12	40:21	45:30	50:38	53:27
				4:32	3:27	3:44	1:46	12:49	2:40	3:14	4:00	4:09	5:09	5:08	2:49
15	5038	Grace O'Hara ESOC	56:14	5:43	8:52	12:39	17:16	26:14	28:57	32:08	38:03	42:14	48:13	54:39	56:14
				5:43	3:09	3:47	4:37	8:58	2:43	3:11	5:55	4:11	5:59	6:26	1:35