

Place	Name	Club	AgeClass	Course	Time
<b>Short (31)</b>				<b>3.5 km 100 m</b>	<b>7 C</b>
1	Hale Nick	MAROC	M60	Short	37:37,0
1	McMurtrie Andrew	MAROC	M50	Short	37:37,0
3	Chapman Jake	MAROC	M20	Short	38:19,0
4	Campbell Kirsty	MAROC	W18	Short	38:26,0
5	Tivendale Andy	MAROC	M70	Short	40:26,0
6	Graham Amber	MAROC	W16	Short	41:42,0
7	Anderson Murray	GRAMP	M50	Short	43:20,0
8	Barrie Adam	MAROC	M14	Short	43:21,0
8	Barrie Donald	MAROC	M50	Short	43:21,0
10	Lang John	GRAMP	M50	Short	43:42,0
11	Bennett Alan	MAROC	M50	Short	44:30,0
12	Chapman Catriona	MAROC	W14	Short	44:43,0
13	Esson David	GRAMP	M40	Short	46:02,0
14	Clare Martin	MAROC	W55	Short	46:59,0
15	Barrie Eliza	MAROC	W16	Short	47:34,0
16	Newey Jonas	MAROC	M14	Short	48:09,0
17	Mcdonald Dennis	GRAMP	M55	Short	50:18,0
18	Low Chris	MAROC	M55	Short	50:50,0
19	Coombs Trish	MAROC	W60	Short	53:21,0
20	Barrie Sue	MAROC	W50	Short	54:46,0
21	Bennett Ewan	MAROC	M12	Short	54:56,0
22	Rowlands Helen	GRAMP	W50	Short	56:19,0
23	McIntyre Ian	INT	M55	Short	56:31,0
24	Reynolds Charlotte	MAROC	W14	Short	57:08,0
25	Salway Aileen	MAROC	W45	Short	58:19,0
26	Craig Peter	MAROC	M70	Short	60:33,0
27	Neumann Katja	MAROC	W50	Short	61:10,0
28	Campbell Alexander	MAROC	M55	Short	63:44,0
29	Graham Patricia	MAROC	W50	Short	66:54,0
30	Reynolds Scott	MAROC	M50	Short	71:17,0
	Chapman Jacqui	MAROC	W45	Short	mp
<b>Long (11)</b>				<b>5.0 km 225 m</b>	<b>11 C</b>
1	Chepelin Oleg	INT	M21	Long	45:37,0
2	Musgrave Jonathan	MAROC	M55	Long	51:44,0
3	Chapman Alistair	MAROC	M18	Long	53:10,0
4	Campbell Eilidh	MAROC	W18	Long	57:00,0
5	Graham Luke	MAROC	M18	Long	58:20,0
6	Musgrave Ewan	MAROC	M16	Long	60:09,0
7	Yardley Gareth	GRAMP	M50	Long	68:43,0
8	Hamilton Ian	GRAMP	M55	Long	72:30,0
9	Wright Fran	MAROC	W21	Long	76:16,0
10	Dunn Sarah	MAROC	W50	Long	80:24,0
11	Wright Denise	MAROC	W50	Long	95:58,0