

Pl	tno	Name	Time															
Long (6)				5.0 km 115 m			16 C											
				1(146)	2(113)	3(126)	4(145)	5(125)	6(144)	7(107)	8(124)	9(150)	10(127)	11(132)	12(152)	13(147)	14(112)	
				15(151)	16(111)	Finish												
1	11	Musgrave Jonathan MAROC	46:48	2:18	3:55	6:34	9:31	11:42	15:12	17:00	20:21	23:11	28:37	29:42	31:54	34:15	39:00	
				2:18	1:37	2:39	2:57	2:11	3:30	1:48	3:21	2:50	5:26	1:05	2:12	2:21	4:45	
				43:25	45:38	46:48												
				4:25	2:13	1:10												
2	9	Musgrave Ewan MAROC	51:34	2:34	4:22	7:06	10:15	12:55	17:53	19:46	22:30	26:06	31:05	32:14	34:25	39:40	44:00	
				2:34	1:48	2:44	3:09	2:40	4:58	1:53	2:44	3:36	4:59	1:09	2:11	5:15	4:20	
				48:59	50:55	51:34												
				4:59	1:56	0:39												
3	27	Gooch Joel MAROC	54:47	2:34	4:30	7:03	9:29	11:32	17:40	19:42	21:52	25:54	30:46	31:52	33:55	36:28	45:52	
				2:34	1:56	2:33	2:26	2:03	6:08	2:02	2:10	4:02	4:52	1:06	2:03	2:33	9:24	
				51:55	53:41	54:47												
				6:03	1:46	1:06												
	7	Graham Luke MAROC	mp	2:19	3:46	6:04	8:25	10:25	13:33	----	17:17	19:45	23:55	24:53	27:16	33:17	37:00	
				2:19	1:27	2:18	2:21	2:00	3:08	----	3:44	2:28	4:10	0:58	2:23	6:01	3:43	
				41:23	43:07	43:44												
				4:23	1:44	0:37												
	4	Campbell Eilidh MAROC	mp	3:28	5:09	8:04	11:15	13:49	18:10	20:10	22:54	26:13	31:43	33:05	39:02	41:30	----	
				3:28	1:41	2:55	3:11	2:34	4:21	2:00	2:44	3:19	5:30	1:22	5:57	2:28	----	
				----	56:00	56:55												
				----	14:30	0:55												
	8	Dunn Sarah MAROC	dnf	2:56	5:00	8:36	12:14	15:06	19:51	22:17	25:25	35:09	----	----	----	----	----	
				2:56	2:04	3:36	3:38	2:52	4:45	2:26	3:08	9:44						
				----	----	42:06												
				----	----	6:57												
Medium (26)				3.3 km 95 m			11 C											
				1(113)	2(145)	3(125)	4(150)	5(127)	6(152)	7(110)	8(153)	9(151)	10(133)	11(111)	Finish			
1	25	McMurtrie Andrew MAROC	37:14	3:02	8:53	12:44	15:30	21:10	24:47	27:00	29:36	31:47	34:47	36:03	37:14			
				3:02	5:51	3:51	2:46	5:40	3:37	2:13	2:36	2:11	3:00	1:16	1:11			
2	26	Lawrence Pete GRAMP	39:48	3:35	10:00	13:41	16:23	22:37	26:05	27:55	30:31	33:07	36:40	38:32	39:48			
				3:35	6:25	3:41	2:42	6:14	3:28	1:50	2:36	2:36	3:33	1:52	1:16			
3	6	Graham Amber MAROC	42:22	3:29	13:27	15:55	19:31	26:22	29:03	31:31	34:48	36:49	39:27	41:39	42:22			
				3:29	9:58	2:28	3:36	6:51	2:41	2:28	3:17	2:01	2:38	2:12	0:43			
4	1	Coombs Roger MAROC	43:11	3:48	10:34	13:58	17:05	24:45	27:40	29:31	32:12	35:25	38:36	42:12	43:11			
				3:48	6:46	3:24	3:07	7:40	2:55	1:51	2:41	3:13	3:11	3:36	0:59			
5	15	Hale Nick MAROC	43:30	4:22	9:42	12:45	15:29	21:48	24:24	26:02	29:30	33:47	41:00	42:37	43:30			
				4:22	5:20	3:03	2:44	6:19	2:36	1:38	3:28	4:17	7:13	1:37	0:53			
6	12	Tivendale Andy MAROC	43:59	3:45	11:12	14:14	17:18	24:45	29:10	30:46	33:53	37:25	41:10	42:54	43:59			
				3:45	7:27	3:02	3:04	7:27	4:25	1:36	3:07	3:32	3:45	1:44	1:05			
7	5	Campbell Kirsty MAROC	44:18	3:32	10:47	13:24	16:35	22:06	27:46	29:18	36:56	39:09	41:35	43:29	44:18			
				3:32	7:15	2:37	3:11	5:31	5:40	1:32	7:38	2:13	2:26	1:54	0:49			
8	2	Mather Paul MAROC	44:19	3:21	9:56	13:22	16:39	23:28	26:59	28:44	35:12	38:13	41:22	43:22	44:19			
				3:21	6:35	3:26	3:17	6:49	3:31	1:45	6:28	3:01	3:09	2:00	0:57			
9	21	Hamilton Ian GRAMP	46:56	4:32	12:23	16:09	20:10	26:19	29:45	32:20	35:56	38:58	43:34	45:53	46:56			
				4:32	7:51	3:46	4:01	6:09	3:26	2:35	3:36	3:02	4:36	2:19	1:03			
10	28	McDonald Dennis GRAMP	47:05	3:45	10:06	13:03	16:09	22:52	26:03	34:02	38:17	41:39	44:53	46:08	47:05			
				3:45	6:21	2:57	3:06	6:43	3:11	7:59	4:15	3:22	3:14	1:15	0:57			
11	29	Low Chris MAROC	48:52	5:51	13:33	18:27	22:40	28:59	33:08	35:06	39:34	42:22	45:43	47:41	48:52			
				5:51	7:42	4:54	4:13	6:19	4:09	1:58	4:28	2:48	3:21	1:58	1:11			
12	10	Yardley Gareth GRAMP	50:19	4:17	12:08	16:14	20:46	29:04	32:23	34:59	38:56	43:58	47:49	49:26	50:19			
				4:17	7:51	4:06	4:32	8:18	3:19	2:36	3:57	5:02	3:51	1:37	0:53			

