

Pl	tno	Name	Time														
Brown (10)																	
				7.4 km 355 m							21 C						
				1(201)	2(213)	3(207)	4(192)	5(217)	6(215)	7(145)	8(200)	9(144)	10(204)	11(148)	12(132)	13(211)	14(202)
				15(212)	16(194)	17(141)	18(133)	19(206)	20(190)	21(197)	Finish						
1	13	Gooch, Matthew MAROC	48:17	2:17	2:59	4:12	5:48	9:29	15:20	18:34	23:45	26:47	32:54	34:53	36:54	37:56	40:09
				2:17	0:42	1:13	1:36	3:41	5:51	3:14	5:11	3:02	6:07	1:59	2:01	1:02	2:13
				40:46	41:10	42:01	43:18	44:33	46:11	47:39	48:17						
				0:37	0:24	0:51	1:17	1:15	1:38	1:28	0:38						
2	1	Wilson, Felix MAROC	51:43	1:54	2:46	4:04	5:30	9:18	15:21	18:46	24:05	27:30	33:55	35:56	38:18	39:27	41:35
				1:54	0:52	1:18	1:26	3:48	6:03	3:25	5:19	3:25	6:25	2:01	2:22	1:09	2:08
				42:11	42:33	43:59	45:14	47:28	49:18	51:03	51:43						
				0:36	0:22	1:26	1:15	2:14	1:50	1:45	0:40						
3	80	Tivendale, Drew MAROC	1:00:35	2:05	3:13	4:35	6:12	11:07	18:41	22:43	28:22	32:21	39:56	42:39	44:55	46:01	48:21
				2:05	1:08	1:22	1:37	4:55	7:34	4:02	5:39	3:59	7:35	2:43	2:16	1:06	2:20
				48:59	50:10	52:21	53:43	55:46	58:08	59:57	1:00:35						
				0:38	1:11	2:11	1:22	2:03	2:22	1:49	0:38						
4	38	Musgrave, Jonathan MAROC	1:02:28	2:50	3:50	5:30	7:30	12:40	20:04	24:07	30:36	34:44	42:31	45:29	47:55	49:31	52:02
				2:50	1:00	1:40	2:00	5:10	7:24	4:03	6:29	4:08	7:47	2:58	2:26	1:36	2:31
				52:47	53:17	54:14	55:46	57:37	59:48	1:01:42	1:02:28						
				0:45	0:30	0:57	1:32	1:51	2:11	1:54	0:46						
5	33	Griffin, Tim GRAMP	1:03:33	2:43	4:21	5:58	8:00	13:22	21:06	24:45	30:59	34:59	42:48	45:29	47:59	49:33	52:19
				2:43	1:38	1:37	2:02	5:22	7:44	3:39	6:14	4:00	7:49	2:41	2:30	1:34	2:46
				53:06	53:45	54:51	56:31	58:40	1:00:50	1:02:41	1:03:33						
				0:47	0:39	1:06	1:40	2:09	2:10	1:51	0:52						
6	56	Hoad, James	1:10:06	2:27	3:43	10:42	12:40	17:45	24:57	28:23	34:17	37:42	44:30	46:52	49:17	51:20	54:52
				2:27	1:16	6:59	1:58	5:05	7:12	3:26	5:54	3:25	6:48	2:22	2:25	2:03	3:32
				55:40	56:11	1:00:53	1:03:47	1:05:37	1:07:43	1:09:19	1:10:06						
				0:48	0:31	4:42	2:54	1:50	2:06	1:36	0:47						
7	50	Collins, Nick MAROC	1:24:02	3:37	5:34	7:25	9:47	15:43	24:43	29:01	36:53	40:55	49:36	52:35	55:50	57:58	1:02:18
				3:37	1:57	1:51	2:22	5:56	9:00	4:18	7:52	4:02	8:41	2:59	3:15	2:08	4:20
				1:03:30	1:04:46	1:10:06	1:15:04	1:17:49	1:20:56	1:23:09	1:24:02						
				1:12	1:16	5:20	4:58	2:45	3:07	2:13	0:53						
8	59	Hamilton, Ian GRAMP	1:25:59	3:24	4:30	6:16	8:34	14:37	26:57	32:06	39:05	44:33	53:17	56:17	59:23	1:01:47	1:05:12
				3:24	1:06	1:46	2:18	6:03	12:20	5:09	6:59	5:28	8:44	3:00	3:06	2:24	3:25
				1:06:03	1:11:15	1:12:42	1:17:09	1:19:27	1:22:55	1:25:07	1:25:59						
				0:51	5:12	1:27	4:27	2:18	3:28	2:12	0:52						
9	69	Kirk, David GRAMP	1:29:10	3:37	4:52	8:05	10:49	17:34	27:06	32:57	40:53	46:01	55:38	59:02	1:02:59	1:04:54	1:08:51
				3:37	1:15	3:13	2:44	6:45	9:32	5:51	7:56	5:08	9:37	3:24	3:57	1:55	3:57
				1:10:00	1:12:44	1:15:19	1:20:03	1:22:34	1:25:36	1:28:05	1:29:10						
				1:09	2:44	2:35	4:44	2:31	3:02	2:29	1:05						
10	32	Esson, David GRAMP	1:49:50	4:07	5:32	8:07	11:12	20:09	33:38	40:53	50:50	57:36	1:11:04	1:16:09	1:21:01	1:24:17	1:29:57
				4:07	1:25	2:35	3:05	8:57	13:29	7:15	9:57	6:46	13:28	5:05	4:52	3:16	5:40
				1:31:17	1:32:23	1:34:32	1:37:18	1:40:44	1:44:53	1:48:31	1:49:50						
				1:20	1:06	2:09	2:46	3:26	4:09	3:38	1:19						
Blue (22)																	
				5.0 km 285 m							14 C						
				1(213)	2(209)	3(203)	4(215)	5(145)	6(204)	7(148)	8(211)	9(212)	10(194)	11(141)	12(133)	13(190)	14(197)
				Finish													
1	39	Musgrave, Ewan MAROC	44:02	3:12	6:42	13:56	19:46	23:54	26:19	29:14	32:55	35:39	36:02	37:17	38:42	41:27	43:15
				3:12	3:30	7:14	5:50	4:08	2:25	2:55	3:41	2:44	0:23	1:15	1:25	2:45	1:48
				44:02													
				0:47													
2	60	Graham, Luke MAROC	45:28	3:07	6:22	12:54	19:04	24:11	26:47	29:47	33:16	36:09	36:39	37:49	40:09	43:03	44:52
				3:07	3:15	6:32	6:10	5:07	2:36	3:00	3:29	2:53	0:30	1:10	2:20	2:54	1:49
				45:28													
				0:36													

PI	tno	Name	Time																		
Blue (22)				5.0 km 285 m		14 C		<i>(cont.)</i>													
				1(213) Finish	2(209)	3(203)	4(215)	5(145)	6(204)	7(148)	8(211)	9(212)	10(194)	11(141)	12(133)	13(190)	14(197)				
3	14	Gooch, Joel MAROC	46:08	3:44 3:44 46:08 0:43	7:24 3:40	14:53 7:29	20:37 5:44	24:22 3:45	26:31 2:09	29:03 2:32	33:16 4:13	36:08 2:52	36:41 0:33	37:42 1:01	40:17 2:35	43:32 3:15	45:25 1:53				
4	2	Coombs, Roger MAROC	47:41	3:49 3:49 47:41 0:50	7:27 3:38	14:03 6:36	23:04 9:01	27:17 4:13	29:48 2:31	32:33 2:45	36:00 3:27	39:08 3:08	39:36 0:28	40:22 0:46	41:50 1:28	44:49 2:59	46:51 2:02				
5	47	Getliff, John MAROC	49:44	2:58 2:58 49:44 0:42	5:38 2:40	11:51 6:13 43:35 *206	18:48 6:57	22:47 3:59	25:02 2:15	27:41 2:39	34:22 6:41	39:17 4:55	39:37 0:20	40:57 1:20	44:41 3:44	47:28 2:47	49:02 1:34				
6	15	Daly, Robert GRAMP	50:29	4:04 4:04 50:29 0:57	8:14 4:10	15:11 6:57	22:23 7:12	27:14 4:51	30:26 3:12	33:20 2:54	36:58 3:38	40:30 3:32	41:20 0:50	42:20 1:00	44:00 1:40	47:19 3:19	49:32 2:13				
7	6	Petrie, Donald CLYDE	51:26	3:56 3:56 51:26 0:54	8:02 4:06	15:10 7:08	21:35 6:25	25:33 3:58	28:45 3:12	31:45 3:00	35:37 3:52	40:33 4:56	41:21 0:48	43:35 2:14	45:36 2:01	48:38 3:02	50:32 1:54				
8	16	Mather, Paul MAROC	51:29	3:56 3:56 51:29 0:43	7:21 3:25	13:54 6:33	21:01 7:07	25:21 4:20	28:08 2:47	30:48 2:40	34:55 4:07	37:54 2:59	38:29 0:35	42:06 3:37	45:35 3:29	48:40 3:05	50:46 2:06				
9	55	MacEwan, Dougal	51:37	3:42 3:42 51:37 0:43	7:16 3:34	13:28 6:12	20:36 7:08	24:49 4:13	27:21 2:32	30:01 2:40	33:49 3:48	38:59 5:10	39:21 0:22	44:17 4:56	46:17 2:00	49:16 2:59	50:54 1:38				
10	43	Campbell, Eilidh MAROC	52:46	3:34 3:34 52:46 0:45	7:00 3:26	13:48 6:48	22:52 9:04	26:46 3:54	29:36 2:50	32:31 2:55	36:55 4:24	43:30 6:35	44:39 1:09	45:30 0:51	47:04 1:34	50:02 2:58	52:01 1:59				
11	9	Gomersall, Sam GRAMP	54:37	4:29 4:29 54:37 0:51	8:12 3:43	15:06 6:54	21:19 6:13	26:01 4:42	28:53 2:52	32:01 3:08	36:19 4:18	39:55 3:36	40:46 0:51	41:41 0:55	48:07 6:26	51:37 3:30	53:46 2:09				
12	74	Skinner, Rob MAROC	54:48	5:02 5:02 54:48 0:37	8:15 3:13	16:39 8:24	24:02 7:23	28:51 4:49	31:37 2:46	34:22 2:45	38:22 4:00	42:50 4:28	43:10 0:20	45:22 2:12	49:03 3:41	52:08 3:05	54:11 2:03				
13	44	Campbell, Kirsty MAROC	56:54	5:50 5:50 56:54 0:57	9:58 4:08	17:21 7:23	24:04 6:43	29:20 5:16	32:27 3:07	35:29 3:02	39:54 4:25	43:40 3:46	44:14 0:34	45:48 1:34	50:23 4:35	53:35 3:12	55:57 2:22				
14	40	Roberts, Keith MAROC	1:00:16	4:52 4:52 1:00:16 0:52	9:22 4:30	17:00 7:38	25:01 8:01	30:00 4:59	33:03 3:03	36:21 3:18	41:57 5:36	46:10 4:13	47:06 0:56	50:40 3:34	53:16 2:36	57:12 3:56	59:24 2:12				

Pl	tno	Name	Time														
Blue (22)				5.0 km 285 m			14 C			<i>(cont.)</i>							
				1(213) Finish	2(209)	3(203)	4(215)	5(145)	6(204)	7(148)	8(211)	9(212)	10(194)	11(141)	12(133)	13(190)	14(197)
15	10	Gomersall, Lesley GRAMP	1:01:23	4:55 4:55 1:01:23 1:00	9:59 5:04	18:18 8:19	25:54 7:36	31:24 5:30	34:51 3:27	38:25 3:34	43:42 5:17	48:47 5:05	49:47 1:00	51:10 1:23	53:55 2:45	57:56 4:01	1:00:23 2:27
16	48	Tivendale, Andy MAROC	1:01:29	4:56 4:56 1:01:29 0:51	11:18 6:22	19:13 7:55	26:13 7:00	30:59 4:46	34:57 3:58	38:19 3:22	44:36 6:17	48:56 4:20	51:13 2:17	52:14 1:01	54:33 2:19	58:17 3:44	1:00:38 2:21
17	27	Sheridan, Bob MAROC	1:04:18	4:16 4:16 1:04:18 1:00	9:52 5:36	21:12 11:20	29:27 8:15	33:59 4:32	37:45 3:46	40:47 3:02	44:59 4:12	51:45 6:46	53:03 1:18	54:12 1:09	57:00 2:48	1:00:26 3:26	1:03:18 2:52
18	82	Graham, Lorna	1:05:08	5:11 5:11 1:05:08 1:05	9:31 4:20	18:03 8:32	27:00 8:57	32:55 5:55	36:46 3:51	40:09 3:23	44:50 4:41	49:11 4:21	50:05 0:54	54:14 4:09	58:05 3:51	1:01:46 3:41	1:04:03 2:17
19	57	McLeod, Iain GRAMP	1:05:39	4:09 4:09 1:05:39 0:59	8:30 4:21	16:57 8:27	24:55 7:58	30:35 5:40	33:51 3:16	37:43 3:52	43:39 5:56	48:36 4:57	49:23 0:47	50:34 1:11	58:11 7:37	1:02:11 4:00	1:04:40 2:29
20	58	McLeod, Carolyn GRAMP	1:06:59	5:29 5:29 1:06:59 1:04	11:06 5:37	19:06 8:00	27:39 8:33	32:36 4:57	36:03 3:27	39:26 3:23	45:32 6:06	50:12 4:40	50:50 0:38	52:42 1:52	1:00:33 7:51	1:03:52 3:19	1:05:55 2:03
21	46	Nicholson, Hugh GRAMP	1:10:50	5:20 5:20 1:10:50 0:52	11:19 5:59	18:07 6:48	27:45 9:38	35:49 8:04	39:19 3:30	42:24 3:05	48:52 6:28	54:57 6:05	56:08 1:11	1:01:10 5:02	1:04:07 2:57	1:07:46 3:39	1:09:58 2:12
22	68	Campbell, P GRAMP	1:21:13	3:53 3:53 1:21:13 1:24	9:37 5:44	23:11 13:34	32:41 9:30	37:49 5:08	41:22 3:33	45:17 3:55	56:07 10:50	1:04:09 8:02	1:05:20 1:11	1:10:03 4:43	1:13:26 3:23	1:17:20 3:54	1:19:49 2:29
Green (14)				3.9 km 210 m			11 C										
				1(128)	2(191)	3(151)	4(209)	5(216)	6(132)	7(194)	8(141)	9(206)	10(152)	11(197)	Finish		
1	64	Chepelin, Evgueni GRAMP	38:21	3:24 3:24	7:06 3:42	8:42 1:36	11:11 2:29	16:30 5:19	24:57 8:27	28:17 3:20	29:21 1:04	31:34 2:13	32:54 1:20	37:23 4:29	38:21	0:58	
2	8	Caffyn, Bill GRAMP	43:56	3:28 3:28	4:42 1:14	6:49 2:07	9:20 2:31	15:20 6:00	25:14 9:54	31:52 6:38	34:15 2:23	36:41 2:26	37:57 1:16	43:09 5:12	43:56	0:47	
3	31	Richmond, Will MAROC	48:42	3:52 3:52	5:57 2:05	8:27 2:30	11:40 3:13	18:04 6:24	28:02 9:58	33:27 5:25	36:31 3:04	40:28 3:57	42:24 1:56	47:25 5:01	48:42	1:17	
4	71	Erskine, Alec MAROC	52:59	4:07 4:07	6:05 1:58	8:26 2:21	11:38 3:12	18:01 6:23	28:57 10:56	33:59 5:02	39:31 5:32	44:26 4:55	46:19 1:53	52:03 5:44	52:59	0:56	
5	25	Barrie, Adam MAROC	53:10	3:36 3:36	4:44 1:08	6:58 2:14	9:49 2:51	15:17 5:28	35:52 20:35	41:03 5:11	43:13 2:10	45:53 2:40	47:09 1:16	52:16 5:07	53:10	0:54	
6	7	Petrie, Amelia CLYDE	53:22	4:34 4:34	6:14 1:40	8:46 2:32	13:59 5:13	21:28 7:29	34:36 13:08	39:12 4:36	41:03 1:51	44:03 3:00	46:10 2:07	52:19 6:09	53:22	1:03	
7	11	Grassie, Donald MOR	1:03:34	4:10 4:10	7:00 2:50	9:36 2:36	14:10 4:34	25:42 11:32	39:51 14:09	46:24 6:33	52:34 6:10	55:18 2:44	56:57 1:39	1:02:31 5:34	1:03:34	1:03	
8	24	Barrie, Sue MAROC	1:04:14	4:34 4:34	6:59 2:25	11:33 4:34	16:27 4:54	25:32 9:05	40:03 14:31	46:53 6:50	49:57 3:04	54:01 4:04	56:26 2:25	1:02:44 6:18	1:04:14	1:30	

Pl	tno	Name	Time													
Green (14)				3.9 km 210 m			11 C			<i>(cont.)</i>						
				1(128)	2(191)	3(151)	4(209)	5(216)	6(132)	7(194)	8(141)	9(206)	10(152)	11(197)	Finish	
9	45	Nicholson, Rosslyn GRAMP	1:04:20	4:50 4:50	7:57 3:07	10:45 2:48	14:38 3:53	23:30 8:52	38:22 14:52	43:32 5:10	44:49 1:17	53:14 8:25	55:33 2:19	1:03:07 7:34	1:04:20 1:13	
10	3	Coombs, Trish MAROC	1:05:32	4:48 4:48	6:29 1:41	9:22 2:53	13:07 3:45	23:05 9:58	37:54 14:49	46:47 8:53	49:06 2:19	55:00 5:54	56:57 1:57	1:04:10 7:13	1:05:32 1:22	
11	54	Smith, Lynn GRAMP	1:08:41	4:48 4:48	6:47 1:59	10:03 3:16	14:51 4:48	21:25 6:34	34:39 13:14	46:49 12:10	50:16 3:27	54:05 3:49	56:04 1:59	1:07:12 11:08	1:08:41 1:29	
12	75	Reynolds, Scott MAROC	1:08:42	4:59 4:59	6:47 1:48	9:28 2:41	13:02 3:34	20:52 7:50	35:22 14:30	42:29 7:07	53:17 10:48	57:34 4:17	59:36 2:02	1:07:31 7:55	1:08:42 1:11	
13	17	Mather, Rachel MAROC	1:23:23	6:25 6:25	8:26 2:01	12:04 3:38	19:22 7:18	33:53 14:31	51:53 18:00	1:00:08 8:15	1:05:05 4:57	1:10:14 5:09	1:12:59 2:45	1:21:51 8:52	1:23:23 1:32	
14	61	Graham, Patricia MAROC	1:28:54	5:18 5:18	9:03 3:45	12:30 3:27	18:44 6:14	31:15 12:31	-----	1:02:21 31:06	1:12:42 10:21	1:16:27 3:45	1:20:03 3:36	1:27:26 7:23	1:28:54 1:28	
Light Green (9)				3.6 km 160 m			12 C									
				1(191)	2(146)	3(192)	4(210)	5(217)	6(203)	7(132)	8(202)	9(212)	10(141)	11(196)	12(153)	Finish
1	36	Newey, Jonas MAROC	54:54	4:28 4:28	9:33 5:05	13:32 3:59	18:08 4:36	23:01 4:53	26:05 3:04	35:10 9:05	38:48 3:38	40:01 1:13	44:21 4:20	46:57 2:36	53:10 6:13	54:54 1:44
2	4	Whitehead, Ranolp MAROC	55:05	4:33 4:33	7:18 2:45	10:49 3:31	14:44 3:55	19:24 4:40	24:56 5:32	32:55 7:59	36:03 3:08	37:09 1:06	46:04 8:55	49:38 3:34	53:22 3:44	55:05 1:43
3	5	Glendinning, Sean MAROC	59:10	4:20 4:20	7:22 3:02	10:57 3:35	16:10 5:13	20:55 4:45	24:03 3:08	35:42 11:39	42:48 7:06	44:25 1:37	50:20 5:55	53:42 3:22	57:33 3:51	59:10 1:37
4	12	Grassie, Oonagh GRAMP	1:01:47	5:20 5:20	9:02 3:42	14:10 5:08	19:09 4:59	23:57 4:48	26:47 2:50	36:33 9:46	41:36 5:03	46:08 4:32	51:13 5:05	55:38 4:25	59:55 4:17	1:01:47 1:52
5	42	Garrett, Eilidh MAROC	1:03:58	5:20 5:20	8:29 3:09	11:30 3:01	20:05 8:35	26:20 6:15	30:05 3:45	44:10 14:05	47:20 3:10	51:21 4:01	55:25 4:04	57:54 2:29	1:02:02 4:08	1:03:58 1:56
6	66	Bennett, Ewan MAROC	1:05:09	7:08 7:08	10:13 3:05	13:36 3:23	17:47 4:11	23:32 5:45	26:33 3:01	36:04 9:31	39:23 3:19	49:42 10:19	52:27 2:45	58:49 6:22	1:02:55 4:06	1:05:09 2:14
7	26	Barrie, Eliza MAROC	1:12:57	7:53 7:53	11:25 3:32	15:00 3:35	21:46 6:46	33:31 11:45	38:07 4:36	48:27 10:20	53:03 4:36	54:20 1:17	1:03:22 9:02	1:07:49 4:27	1:11:38 3:49	1:12:57 1:19
8	35	Newey, Scott MAROC	1:39:55	16:12 16:12	19:35 3:23	31:13 11:38	40:21 9:08	46:05 5:44	49:03 2:58	1:10:26 21:23	1:15:21 4:55	1:17:03 1:42	1:30:12 13:09	1:34:47 4:35	1:38:36 3:49	1:39:55 1:19
	62	Graham, Bruce MAROC	mp	8:00 8:00	12:41 4:41	19:51 7:10	26:47 6:56	34:10 7:23	37:53 3:43	53:36 15:43	58:40 5:04	1:08:54 10:14	-----	1:38:53 29:59	1:44:15 5:22	1:45:54 1:39
Orange (6)				2.8 km 115 m			10 C									
				1(218)	2(128)	3(151)	4(192)	5(143)	6(152)	7(202)	8(208)	9(133)	10(153)	Finish		
1	41	Garrett, Blair MAROC	40:06	2:28 2:28	7:17 4:49	9:03 1:46	11:32 2:29	15:18 3:46	18:15 2:57	23:03 4:48	27:53 4:50	32:36 4:43	38:13 5:37	40:06 1:53		
2	72	Brotchie, Rosemary MAROC	54:13	4:50 4:50	9:37 4:47	11:27 1:50	24:49 13:22	28:24 3:35	31:53 3:29	36:14 4:21	40:30 4:16	46:49 6:19	52:39 5:50	54:13 1:34		
3	37	Newey, Yann MAROC	55:22	4:19 4:19	11:39 7:20	14:21 2:42	19:54 5:33	24:07 4:13	30:23 6:16	35:38 5:15	39:19 3:41	47:47 8:28	53:26 5:39	55:22 1:56		
4	81	Hodge, M	1:05:47	2:59 2:59	10:03 7:04	13:40 3:37	18:17 4:37	23:14 4:57	32:27 9:13	38:23 5:56	43:51 5:28	54:58 11:07	1:03:06 8:08	1:05:47 2:41		
5	65	Athrur, Emily GRAMP	1:56:25	5:55 5:55	17:08 11:13	20:49 3:41	29:41 8:52	40:29 10:48	59:28 18:59	1:12:00 12:32	1:23:47 11:47	1:33:13 9:26	1:52:05 18:52	1:56:25 4:20		
6	77	Kellas, Iona MAROC	2:16:46	2:34 2:34	9:25 6:51	11:49 2:24	38:46 26:57	48:12 9:26	53:39 5:27	1:08:41 15:02	1:49:17 40:36	2:05:17 16:00	2:14:28 9:11	2:16:46 2:18		

Pl	tno	Name	Time											
Yellow (8)				2.1 km 65 m		10 C								
				1(205)	2(214)	3(147)	4(220)	5(127)	6(143)	7(219)	8(195)	9(142)	10(149)	Finish
1	29	Richmond, Bea MAROC	28:10	1:17	5:51	9:46	11:47	13:18	16:23	19:53	21:43	23:11	27:00	28:10
				1:17	4:34	3:55	2:01	1:31	3:05	3:30	1:50	1:28	3:49	1:10
2	79	Pain, Fraser	40:53	2:42	8:32	14:01	16:38	20:38	25:29	29:43	32:34	34:55	39:26	40:53
				2:42	5:50	5:29	2:37	4:00	4:51	4:14	2:51	2:21	4:31	1:27
3	19	Kellett, Harry (S)	54:39	1:40	7:22	17:45	20:47	26:56	33:14	39:46	44:08	47:43	53:23	54:39
				1:40	5:42	10:23	3:02	6:09	6:18	6:32	4:22	3:35	5:40	1:16
4	20	Kellett, Ben (S)	59:34	2:22	9:20	19:15	22:31	30:31	36:32	43:33	47:29	50:32	56:14	59:34
				2:22	6:58	9:55	3:16	8:00	6:01	7:01	3:56	3:03	5:42	3:20
5	70	Chapman, Jamie (S) MAROC	59:42	2:35	9:35	19:29	22:54	30:24	36:46	43:56	47:37	50:48	56:14	59:42
				2:35	7:00	9:54	3:25	7:30	6:22	7:10	3:41	3:11	5:26	3:28
6	18	Mather, Dougal (S) MAROC	1:26:23	3:09	14:07	23:06	29:05	34:41	46:10	59:31	1:09:48	1:16:06	1:23:44	1:26:23
				3:09	10:58	8:59	5:59	5:36	11:29	13:21	10:17	6:18	7:38	2:39
	73	Brotchie, Harriet MAROC	mp	0:55	8:22	12:20	-----	16:10	19:25	23:38	25:15	26:59	29:42	30:59
				0:55	7:27	3:58		3:50	3:15	4:13	1:37	1:44	2:43	1:17
	34	Griffin, Noah GRAMP	mp	2:01	-----	23:15	25:43	48:16	51:48	57:02	59:01	1:00:55	1:06:04	1:08:25
				2:01		21:14	2:28	22:33	3:32	5:14	1:59	1:54	5:09	2:21
White (4)				1.7 km 45 m		9 C								
				1(205)	2(129)	3(150)	4(147)	5(220)	6(193)	7(142)	8(126)	9(149)	Finish	
1	53	McManamon, Brook	35:57	1:57	4:52	12:43	15:48	19:48	23:05	26:21	28:21	33:39	35:57	
				1:57	2:55	7:51	3:05	4:00	3:17	3:16	2:00	5:18	2:18	
2	67	Whitehead, Clare a MAROC	40:29	2:27	7:26	14:45	18:17	22:26	26:50	29:31	32:41	36:22	40:29	
				2:27	4:59	7:19	3:32	4:09	4:24	2:41	3:10	3:41	4:07	
3	78	Pain, Jack	57:25	4:36	13:40	22:49	27:52	31:56	37:43	41:03	46:00	50:57	57:25	
				4:36	9:04	9:09	5:03	4:04	5:47	3:20	4:57	4:57	6:28	
	76	Kellas, Romily MAROC	mp	1:23	4:56	10:25	13:34	18:20	-----	22:52	23:53	26:19	28:00	
				1:23	3:33	5:29	3:09	4:46		4:32	1:01	2:26	1:41	