

| Place              | Name               | Club  | AgeClass | Class                    | Time    |
|--------------------|--------------------|-------|----------|--------------------------|---------|
|                    |                    |       |          | <b>4.2 km 165 m 15 C</b> |         |
| <b>Long (12)</b>   |                    |       |          |                          |         |
| 1                  | Wilson, Felix      | MAROC | M18      | Long                     | 31:01   |
| 2                  | Wright, Joseph     | MAROC | M18      | Long                     | 31:14   |
| 3                  | Chapman, Alistair  | MAROC | M18      | Long                     | 35:48   |
| 4                  | Musgrave, Jonathan | MAROC | M55      | Long                     | 38:40   |
| 5                  | Tivendale, Drew    | MAROC | M45      | Long                     | 40:26   |
| 6                  | Wright, Hazel      | MAROC | W21      | Long                     | 43:01   |
| 7                  | McMurtrie, Andrew  | MAROC | M50      | Long                     | 46:34   |
| 8                  | Young, Martin      | MAROC |          | Long                     | 48:48   |
| 9                  | Dunn, Sarah        | MAROC | W50      | Long                     | 50:27   |
| 10                 | Gooch, Matthew     | MAROC | M16      | Long                     | 51:50   |
| 11                 | McDonald, Dennis   | GRAMP | M50      | Long                     | 54:47   |
| 12                 | Yardley, Gareth    | GRAMP | M50      | Long                     | 1:04:15 |
|                    |                    |       |          | <b>2.8 km 105 m 11 C</b> |         |
| <b>Medium (28)</b> |                    |       |          |                          |         |
| 1                  | Gooch, Joel        | MAROC | M14      | Medium                   | 26:36   |
| 2                  | Musgrave, Ewan     | MAROC | M14      | Medium                   | 26:54   |
| 3                  | Graham, Luke       | MAROC | M18      | Medium                   | 30:21   |
| 4                  | Campbell, Kirsty   | MAROC | W18      | Medium                   | 31:05   |
| 5                  | Campbell, Eilidh   | MAROC | W18      | Medium                   | 32:12   |
| 6                  | Hale, Nick         | MAROC | M60      | Medium                   | 35:15   |
| 7                  | Low, Chris         | MAROC | M55      | Medium                   | 35:34   |
| 8                  | Bennett, Alan      | MAROC | M50      | Medium                   | 36:26   |
| 9                  | Mather, Paul       | MAROC | M40      | Medium                   | 39:08   |
| 10                 | Lawrence, Pete     | GRAMP | M55      | Medium                   | 40:34   |
| 11                 | Lang, John         | GRAMP | M50      | Medium                   | 41:26   |
| 12                 | Skinner, Rob       | MAROC |          | Medium                   | 42:00   |
| 13                 | Campbell, Phil     | GRAMP |          | Medium                   | 42:55   |
| 14                 | Green, Nick        | GRAMP |          | Medium                   | 42:59   |
| 15                 | Sheridan, Bob      | MAROC | M50      | Medium                   | 44:02   |
| 16                 | Hamilton, Ian      | GRAMP | M55      | Medium                   | 46:02   |
| 17                 | McIntyre, Ian      | INT   | M55      | Medium                   | 48:14   |
| 18                 | Esson, David       | GRAMP | M35      | Medium                   | 48:56   |
| 19                 | Gomersall, Sam     | GRAMP | M55      | Medium                   | 50:28   |
| 20                 | Zak, Estra         | GRAMP |          | Medium                   | 50:39   |
| 21                 | Rowlands, Helen    | GRAMP | W50      | Medium                   | 51:22   |
| 22                 | Kirk, David        | MAROC |          | Medium                   | 57:10   |
| 23                 | Craig, Peter       | MAROC | M70      | Medium                   | 1:02:56 |
| 24                 | Chapman, Catriona  | MAROC | W14      | Medium                   | 1:04:22 |
| 25                 | Bennett, Ewan      | MAROC | M14      | Medium                   | 1:04:46 |
| 26                 | Wright, Denise     | MAROC | W50      | Medium                   | 1:15:29 |
|                    | Anderson, Murray   | GRAMP | M50      | Medium                   | mp      |
|                    | Graham, Patricia   | MAROC | W50      | Medium                   | mp      |