

Place	Name	Club	AgeClass	Class	Time
<b>Long (15)</b>				<b>5.2 km 250 m</b>	<b>17 C</b>
1	Wright, Joseph	MAROC	M18	Long	41:57
2	Chapman, Alistair	MAROC	M18	Long	44:02
3	Gooch, Matthew	MAROC	M16	Long	44:50
4	Gooch, Daniel	MAROC	M45	Long	46:33
5	Wright, Hazel	MAROC	W21	Long	48:15
6	Musgrave, Jonathan	MAROC	M55	Long	48:52
7	Young, Martin	MAROC	M21	Long	50:05
8	Tivendale, Drew	MAROC	M45	Long	54:14
9	McMurtrie, Andrew	MAROC	M50	Long	1:02:40
10	Hickling, Robert	GRAMP	M60	Long	1:06:22
11	McDonald, Dennis	GRAMP	M50	Long	1:28:27
12	Kerridge, Donald	MAROC	M50	Long	1:28:46
13	Collins, Peter	MAROC	M18	Long	1:37:45
	Yardley, Gareth	GRAMP	M50	Long	mp
	Wilson, Felix	MAROC	M18	Long	dnf
<b>Medium (26)</b>				<b>3.0 km 160 m</b>	<b>8 C</b>
1	Graham, Luke	MAROC	M18	Medium	28:00
2	Musgrave, Ewan	MAROC	M14	Medium	29:30
3	Campbell, Eilidh	MAROC	W18	Medium	32:42
4	Mather, Paul	MAROC	M40	Medium	34:02
5	Hale, Nick	MAROC	M60	Medium	37:58
6	Skinner, Rob	MAROC	M45	Medium	38:37
7	Gomersall, Sam	GRAMP	M55	Medium	39:33
8	Collins, Nick	MAROC	M50	Medium	44:57
9	Green, Nick	GRAMP		Medium	47:37
10	Chapman, Paul	MAROC	M45	Medium	47:56
11	McIntyre, Ian	INT	M55	Medium	49:17
12	Hamilton, Ian	GRAMP	M55	Medium	49:51
13	Campbell, Kirsty	MAROC	W18	Medium	50:02
14	Anderson, Murray	GRAMP	M50	Medium	51:03
15	Chapman, Catriona	MAROC	W14	Medium	51:38
16	Sheridan, Bob	MAROC	M50	Medium	52:03
17	Gooch, Joel	MAROC	M14	Medium	53:41
18	Wright, Denise	MAROC	W50	Medium	55:42
19	Esson, David	GRAMP	M35	Medium	55:47
20	Campbell, Phil	MAROC	M40	Medium	57:23
21	Tivendale, Andy	MAROC	M70	Medium	58:56
22	Rowlands, Helen	GRAMP	W50	Medium	59:57
23	Bennett, Ewan	MAROC	M14	Medium	1:11:57
24	Craig, Peter	MAROC	M70	Medium	1:15:10
	Graham, Amber	MAROC	W16	Medium	mp
	Graham, Patricia	MAROC	W50	Medium	mp