

Place	Name	Club	AgeClass	Course	Time
Short (25)				3.1 km 100 m	9 C
1	Ewan Musgrave	MAROC	M14	Short	26:50
2	Joel Gooch	MAROC	M14	Short	31:01
3	Andy Tivendale	MAROC	M70	Short	34:48
4	Nick Green	INT		Short	36:48
5	Iain McLeod	GRAMP	M55	Short	36:51
6	Roger Coombs	MAROC	M60	Short	37:51
7	Chris Low	MAROC	M55	Short	38:59
8	Amber Graham	MAROC	W14	Short	39:11
9	John Lang	GRAMP	M50	Short	41:57
10	Dennis McDonald	GRAMP	M50	Short	42:40
11	Sam Gomersall	GRAMP	M55	Short	43:25
12	Robin Skinner	MAROC	M55	Short	46:21
13	Ian McIntyre	INT	M50	Short	46:50
14	Murray Anderson	GRAMP	M50	Short	47:14
15	David Esson	GRAMP	M35	Short	51:56
16	Sarah Wallace	GRAMP	W21	Short	51:58
17	Denise Wright	MAROC	M50	Short	55:14
18	Alan Bennett	MAROC	M50	Short	57:03
19	Aileen Salway	MAROC	W45	Short	1:01:52
20	Keith Roberts	MAROC	M55	Short	1:03:40
21	Peter Craig	MAROC	M70	Short	1:10:39
22	Paul Mather	INT		Short	1:14:02
23	Bob Sheridan	GRAMP	M50	Short	1:15:23
24	Claire Tunaley	MAROC	W21	Short	1:17:39
25	Patricia Graham	MAROC	W50	Short	1:22:28
Long (19)				4.7 km 165 m	15 C
1	Joseph Wright	MAROC	M18	Long	35:43
2	Alistair Chapman	MAROC	M16	Long	43:06
3	Matthew Gooch	MAROC	M16	Long	45:15
4	Martin Young	MAROC	M21	Long	45:43
5	Daniel Gooch	MAROC	M45	Long	46:09
6	Jonathan Musgrave	MAROC	M55	Long	46:15
7	Felix Wilson	MAROC	M18	Long	48:35
8	Joe Taunton	NOC	M21	Long	50:44
9	Hazel Wright	MAROC	W21	Long	53:12
10	Drew Tivendale	MAROC	M40	Long	58:17
11	Sarah Dunn	MAROC	W45	Long	58:38
12	Eilidh Campbell	MAROC	W16	Long	59:55
13	Andrew McMurtrie	MAROC	M45	Long	1:12:19
14	Ian Hamilton	GRAMP	M55	Long	1:20:59
15	Donald Kerridge	GRAMP		Long	1:27:34
16	Phil Campbell	GRAMP	M21	Long	1:52:57
	William Rigg	EUOC	M21	Long	mp
	Katrina McLeod	LUUOC	W21	Long	mp
	Gareth Yardley	GRAMP	M50	Long	mp