

Pl	tno	Name	Time	3.1 km 100 m			9 C						
				1(110)	2(121)	3(118)	4(114)	5(113)	6(119)	7(117)	8(123)	9(115)	Finish
1	6	Ewan Musgrave MAROC	26:50	2:32	5:48	7:24	8:48	12:09	14:46	19:57	23:12	25:25	26:50
				2:32	3:16	1:36	1:24	3:21	2:37	5:11	3:15	2:13	1:25
2	61	Joel Gooch MAROC	31:01	2:32	6:07	7:18	9:01	12:22	15:07	22:53	26:20	29:40	31:01
				2:32	3:35	1:11	1:43	3:21	2:45	7:46	3:27	3:20	1:21
3	17	Andy Tivendale MAROC	34:48	2:54	7:03	8:24	10:26	15:28	18:08	24:14	29:35	33:19	34:48
				2:54	4:09	1:21	2:02	5:02	2:40	6:06	5:21	3:44	1:29
4	36	Nick Green INT	36:48	2:25	7:16	8:27	10:43	15:14	18:11	25:14	30:55	35:20	36:48
				2:25	4:51	1:11	2:16	4:31	2:57	7:03	5:41	4:25	1:28
5	9	Iain McLeod GRAMP	36:51	3:25	7:55	9:24	11:35	16:08	18:48	25:22	30:09	35:03	36:51
				3:25	4:30	1:29	2:11	4:33	2:40	6:34	4:47	4:54	1:48
6	11	Roger Coombs MAROC	37:51	3:07	7:52	9:02	11:21	18:10	20:55	27:05	32:34	36:08	37:51
				3:07	4:45	1:10	2:19	6:49	2:45	6:10	5:29	3:34	1:43
7	34	Chris Low MAROC	38:59	2:58	6:49	8:20	10:35	14:32	17:41	23:19	33:11	37:21	38:59
				2:58	3:51	1:31	2:15	3:57	3:09	5:38	9:52	4:10	1:38
8	14	Amber Graham MAROC	39:11	2:48	7:33	9:00	11:17	16:49	19:37	26:21	33:44	37:32	39:11
				2:48	4:45	1:27	2:17	5:32	2:48	6:44	7:23	3:48	1:39
9	39	John Lang GRAMP	41:57	2:58	9:24	10:44	12:53	16:57	20:24	27:18	32:58	39:51	41:57
				2:58	6:26	1:20	2:09	4:04	3:27	6:54	5:40	6:53	2:06
10	28	Dennis McDonald GRAMP	42:40	2:44	8:03	9:15	11:41	17:46	21:10	27:01	32:37	41:15	42:40
				2:44	5:19	1:12	2:26	6:05	3:24	5:51	5:36	8:38	1:25
11	10	Sam Gomersall GRAMP	43:25	3:13	7:26	8:55	11:03	15:01	18:21	32:25	37:16	41:17	43:25
				3:13	4:13	1:29	2:08	3:58	3:20	14:04	4:51	4:01	2:08
12	22	Robin Skinner MAROC	46:21	2:31	10:30	11:45	13:57	18:02	20:43	32:47	41:58	45:10	46:21
				2:31	7:59	1:15	2:12	4:05	2:41	12:04	9:11	3:12	1:11
13	35	Ian McIntyre INT	46:50	3:35	10:51	12:37	15:02	20:04	24:07	32:08	39:16	44:25	46:50
				3:35	7:16	1:46	2:25	5:02	4:03	8:01	7:08	5:09	2:25
14	38	Murray Anderson GRAMP	47:14	2:21	6:29	7:56	10:24	15:20	22:49	28:46	40:25	45:20	47:14
				2:21	4:08	1:27	2:28	4:56	7:29	5:57	11:39	4:55	1:54
15	16	David Esson GRAMP	51:56	4:20	9:28	12:36	15:36	22:27	26:37	35:49	44:41	49:43	51:56
				4:20	5:08	3:08	3:00	6:51	4:10	9:12	8:52	5:02	2:13
16	15	Sarah Wallace GRAMP	51:58	4:20	9:27	12:30	15:38	22:27	26:37	35:49	44:44	49:44	51:58
				4:20	5:07	3:03	3:08	6:49	4:10	9:12	8:55	5:00	2:14
17	25	Denise Wright MAROC	55:14	4:14	10:21	12:03	14:45	20:54	24:36	35:48	47:18	52:53	55:14
				4:14	6:07	1:42	2:42	6:09	3:42	11:12	11:30	5:35	2:21
18	33	Alan Bennett MAROC	57:03	3:02	8:08	9:48	12:23	28:48	32:43	42:32	50:23	54:53	57:03
				3:02	5:06	1:40	2:35	16:25	3:55	9:49	7:51	4:30	2:10
19	32	Aileen Salway MAROC	1:01:52	5:17	21:01	22:52	25:46	33:57	37:39	46:53	54:24	59:32	1:01:52
				5:17	15:44	1:51	2:54	8:11	3:42	9:14	7:31	5:08	2:20
20	12	Keith Roberts MAROC	1:03:40	2:41	10:18	12:19	15:07	20:19	29:39	37:26	43:04	1:00:44	1:03:40
				2:41	7:37	2:01	2:48	5:12	9:20	7:47	5:38	17:40	2:56
21	1	Peter Craig MAROC	1:10:39	8:00	15:35	18:26	22:18	31:53	41:13	51:48	1:00:20	1:07:11	1:10:39
				8:00	7:35	2:51	3:52	9:35	9:20	10:35	8:32	6:51	3:28
22	60	Paul Mather INT	1:14:02	3:37	17:43	19:15	22:00	41:47	45:05	51:49	1:06:43	1:11:57	1:14:02
				3:37	14:06	1:32	2:45	19:47	3:18	6:44	14:54	5:14	2:05
23	3	Bob Sheridan GRAMP	1:15:23	3:07	12:46	16:38	19:48	24:39	32:33	54:35	1:03:33	1:07:17	1:15:23
				3:07	9:39	3:52	3:10	4:51	7:54	22:02	8:58	3:44	8:06
24	44	Claire Tunaley MAROC	1:17:39	3:49	17:17	19:29	24:05	30:47	44:15	57:23	1:08:32	1:15:02	1:17:39
				3:49	13:28	2:12	4:36	6:42	13:28	13:08	11:09	6:30	2:37
25	13	Patricia Graham MAROC	1:22:28	5:06	13:16	16:15	22:22	31:19	37:32	58:38	1:14:15	1:19:55	1:22:28
				5:06	8:10	2:59	6:07	8:57	6:13	21:06	15:37	5:40	2:33

Pl	tno	Name	Time															
Long (19)				4.7 km		165 m		15 C										
				1(111)	2(116)	3(121)	4(118)	5(122)	6(120)	7(114)	8(113)	9(110)	10(119)	11(117)	12(112)	13(124)	14(123)	
				15(115)	Finish													
1	66	Joseph Wright MAROC	35:43	4:07	6:58	8:47	9:36	11:16	14:06	16:11	18:45	19:52	21:13	25:07	26:08	29:28	32:44	
				4:07	2:51	1:49	0:49	1:40	2:50	2:05	2:34	1:07	1:21	3:54	1:01	3:20	3:16	
				34:38	35:43													
				1:54	1:05													
2	26	Alistair Chapman MAROC	43:06	4:32	7:49	10:20	11:20	13:34	17:06	20:09	23:43	25:02	26:37	31:36	32:56	36:32	39:01	
				4:32	3:17	2:31	1:00	2:14	3:32	3:03	3:34	1:19	1:35	4:59	1:20	3:36	2:29	
				41:45	43:06													
				2:44	1:21													
3	64	Matthew Gooch MAROC	45:15	4:35	7:27	10:13	11:25	13:35	16:55	19:33	22:55	24:37	26:41	31:53	33:12	37:27	40:56	
				4:35	2:52	2:46	1:12	2:10	3:20	2:38	3:22	1:42	2:04	5:12	1:19	4:15	3:29	
				43:55	45:15													
				2:59	1:20													
4	23	Martin Young MAROC	45:43	6:19	9:27	11:40	13:18	15:44	19:03	22:53	25:41	27:09	28:47	33:42	34:53	38:41	41:06	
				6:19	3:08	2:13	1:38	2:26	3:19	3:50	2:48	1:28	1:38	4:55	1:11	3:48	2:25	
				44:08	45:43													
				3:02	1:35													
5	19	Daniel Gooch MAROC	46:09	5:06	8:39	10:49	12:32	14:16	17:26	19:54	23:10	24:37	29:04	33:51	35:07	39:02	41:53	
				5:06	3:33	2:10	1:43	1:44	3:10	2:28	3:16	1:27	4:27	4:47	1:16	3:55	2:51	
				44:43	46:09													
				2:50	1:26													
6	4	Jonathan Musgrave MAROC	46:15	5:40	9:04	11:30	12:40	14:53	18:49	21:30	24:52	26:27	28:16	33:50	35:51	39:51	42:15	
				5:40	3:24	2:26	1:10	2:13	3:56	2:41	3:22	1:35	1:49	5:34	2:01	4:00	2:24	
				44:51	46:15													
				2:36	1:24													
7	63	Felix Wilson MAROC	48:35	6:04	14:50	17:03	18:04	19:58	23:29	25:39	28:45	31:48	33:28	38:14	39:25	42:56	44:59	
				6:04	8:46	2:13	1:01	1:54	3:31	2:10	3:06	3:03	1:40	4:46	1:11	3:31	2:03	
				47:23	48:35													
				2:24	1:12													
8	29	Joe Taunton NOC	50:44	5:29	9:05	11:14	12:11	14:34	19:38	22:22	25:38	27:09	29:08	35:29	36:35	42:40	45:36	
				5:29	3:36	2:09	0:57	2:23	5:04	2:44	3:16	1:31	1:59	6:21	1:06	6:05	2:56	
				49:20	50:44													
				3:44	1:24													
9	24	Hazel Wright MAROC	53:12	5:30	9:48	12:22	13:29	17:17	21:09	24:20	27:51	29:17	31:35	36:56	38:25	42:32	47:24	
				5:30	4:18	2:34	1:07	3:48	3:52	3:11	3:31	1:26	2:18	5:21	1:29	4:07	4:52	
				51:47	53:12													
				4:23	1:25													
10	18	Drew Tivendale MAROC	58:17	5:19	11:27	14:56	15:53	20:32	24:15	26:27	30:11	31:55	34:16	41:25	42:49	50:16	53:46	
				5:19	6:08	3:29	0:57	4:39	3:43	2:12	3:44	1:44	2:21	7:09	1:24	7:27	3:30	
				56:38	58:17													
				2:52	1:39													
11	5	Sarah Dunn MAROC	58:38	6:20	10:26	13:21	14:38	17:17	22:03	25:19	29:36	31:22	37:30	44:07	46:11	50:42	53:54	
				6:20	4:06	2:55	1:17	2:39	4:46	3:16	4:17	1:46	6:08	6:37	2:04	4:31	3:12	
				57:06	58:38													
				3:12	1:32													
12	31	Eilidh Campbell MAROC	59:55	5:36	8:59	13:17	14:37	17:10	22:31	27:42	34:03	35:59	38:14	45:30	47:40	51:41	54:54	
				5:36	3:23	4:18	1:20	2:33	5:21	5:11	6:21	1:56	2:15	7:16	2:10	4:01	3:13	
				58:18	59:55													
				3:24	1:37													
13	65	Andrew McMurtrie MAROC	1:12:19	6:26	9:59	14:11	16:25	21:07	25:23	29:00	32:59	37:14	40:17	46:27	48:27	58:59	1:07:29	
				6:26	3:33	4:12	2:14	4:42	4:16	3:37	3:59	4:15	3:03	6:10	2:00	10:32	8:30	
				1:10:45	1:12:19													
				3:16	1:34													

PI	tno	Name	Time																	
<b>Long (19)</b>					<b>4.7 km 165 m</b>		<b>15 C</b>		<i>(cont.)</i>											
					1(111)	2(116)	3(121)	4(118)	5(122)	6(120)	7(114)	8(113)	9(110)	10(119)	11(117)	12(112)	13(124)	14(123)		
					15(115)	Finish														
14	7	Ian Hamilton	1:20:59	9:13	15:38	19:48	21:30	25:05	30:28	35:20	40:34	43:08	46:25	56:05	58:14	1:05:22	1:12:33			
		GRAMP		9:13	6:25	4:10	1:42	3:35	5:23	4:52	5:14	2:34	3:17	9:40	2:09	7:08	7:11			
				1:18:55	1:20:59															
				6:22	2:04															
15	42	Donald Kerridge	1:27:34	12:18	17:03	20:57	22:57	28:47	34:39	40:08	44:49	47:16	50:02	56:55	59:16	1:11:59	1:20:46			
		GRAMP		12:18	4:45	3:54	2:00	5:50	5:52	5:29	4:41	2:27	2:46	6:53	2:21	12:43	8:47			
				1:25:31	1:27:34															
				4:45	2:03															
16	2	Phil Campbell	1:52:57	9:07	16:02	21:16	24:02	28:44	34:51	43:54	50:24	54:00	57:36	1:08:30	1:11:37	1:19:28	1:44:42			
		GRAMP		9:07	6:55	5:14	2:46	4:42	6:07	9:03	6:30	3:36	3:36	10:54	3:07	7:51	25:14			
				1:50:30	1:52:57															
				5:48	2:27															
	43	William Rigg	mp	4:52	8:04	9:55	-----	12:48	15:54	18:31	21:32	22:43	24:23	28:52	30:06	33:34	37:30			
		EUOC		4:52	3:12	1:51		2:53	3:06	2:37	3:01	1:11	1:40	4:29	1:14	3:28	3:56			
				39:51	40:59															
				2:21	1:08															
	8	Katrina McLeod	mp	13:54	-----	-----	-----	-----	-----	-----	-----	30:49	35:26	-----	-----	-----	46:41			
		LUUOC		13:54								16:55	4:37				11:15			
				52:02	54:31															
				5:21	2:29															
41	Gareth Yardley	mp	17:03	22:05	25:01	27:30	30:55	37:42	41:42	46:44	48:59	51:53	-----	-----	-----	-----				
		GRAMP		17:03	5:02	2:56	2:29	3:25	6:47	4:00	5:02	2:15	2:54							
				-----	1:11:54															
					20:01															