Place	Name	Club	AgeClass	Course	Time
Short (25)				**3.3 km 0 m**	**9 C**
1	Graham Luke	MAROC	M16	Short	30:25
2	Lawrence Pete	GRAMP	M50	Short	33:41
3	Lang John	GRAMP		Short	39:31
4	Green Nick			Short	41:12
5	Tivendale Andy	MAROC	M70	Short	42:09
6	Mason Abigail	MAROC	W18	Short	43:26
7	Coombs Roger	MAROC	M60	Short	44:04
8	Musgrave Ewan	MAROC	M14	Short	44:53
9	Rowlands Helen	GRAMP	W50	Short	45:48
10	Campbell Eilidh	MAROC	W16	Short	48:19
11	Gooch Joel	MAROC	M14	Short	49:46
12	Sheridan Bob	GRAMP		Short	50:55
12	Oxlade Richard	GRAMP	M55	Short	50:55
14	Wright Francis	MAROC		Short	51:29
15	McDonald Dennis	GRAMP	M50	Short	54:30
16	Skinner Rob	MAROC		Short	54:31
17	Kirk Lachlan	GRAMP		Short	54:59
18	Wright Denise	MAROC	W50	Short	57:01
19	Kirk Dave	GRAMP		Short	58:57
20	Anderson Murray	GRAMP	M50	Short	1:00:35
21	Craig Peter	MAROC	M70	Short	1:16:30
22	Scott Rachel	GRAMP	W50	Short	1:25:57
	Graham Patricia	MAROC	W50	Short	mp
	Graham Amber	MAROC	W14	Short	mp
	Salway Graham	MAROC	M16	Short	mp
Long (12)				**5.2 km 0 m**	**13 C**
1	Gooch Matthew	MAROC	M16	Long	43:04
2	Wright Joseph	MAROC	M18	Long	47:30
3	Musgrave Jonathan	MAROC	M55	Long	47:38
4	Chapman Jake	MAROC	M18	Long	48:42
5	Robertson Ali	GRAMP		Long	50:34
6	Dunn Sarah	MAROC	W45	Long	52:17
7	Chapman Alistair	MAROC	M16	Long	58:36
8	Wilson Felix	GRAMP	M18	Long	1:00:22
9	Hamilton Ian	GRAMP	M55	Long	1:01:20
10	Nicholson William			Long	1:01:50
11	Kerridge Donald	MAROC		Long	1:03:50
12	O'Sullivan Sean	MAROC	M35	Long	1:36:11