

Pl	tno	Name	Time														
DNC (15)				4.7 km 0 m			16 C										
				1(113)	2(144)	3(141)	4(153)	5(118)	6(191)	7(127)	8(107)	9(147)	10(197)	11(195)	12(123)	13(152)	14(128)
				15(132)	16(194)	Finish											
1	20	Joseph Wright MAROC	38:03	1:33	4:29	6:54	10:02	10:49	12:41	14:30	16:11	17:53	20:33	24:17	26:15	31:16	33:06
				1:33	2:56	2:25	3:08	0:47	1:52	1:49	1:41	1:42	2:40	3:44	1:58	5:01	1:50
				35:03	36:31	38:03											
				1:57	1:28	1:32											
2	1	Luke Graham MAROC	42:57	2:34	5:37	8:22	12:27	13:19	15:36	17:00	19:00	20:43	23:20	26:42	29:10	34:10	36:12
				2:34	3:03	2:45	4:05	0:52	2:17	1:24	2:00	1:43	2:37	3:22	2:28	5:00	2:02
				39:24	41:57	42:57											
				3:12	2:33	1:00											
3	28	Jonathan Musgrave MAROC	44:04	1:57	5:44	8:37	12:03	13:07	15:56	17:16	19:29	21:35	24:44	28:21	30:50	35:08	37:49
				1:57	3:47	2:53	3:26	1:04	2:49	1:20	2:13	2:06	3:09	3:37	2:29	4:18	2:41
				40:31	42:32	44:04											
				2:42	2:01	1:32											
4	31	Alistair Chapman MAROC	48:28	1:51	8:32	11:50	17:03	18:04	20:32	21:49	23:59	26:23	29:53	33:48	36:08	40:58	43:08
				1:51	6:41	3:18	5:13	1:01	2:28	1:17	2:10	2:24	3:30	3:55	2:20	4:50	2:10
				45:42	47:13	48:28											
				2:34	1:31	1:15											
5	30	Jake Chapman MAROC	51:35	1:32	4:43	7:41	13:48	14:50	17:05	18:28	20:32	22:48	26:14	30:19	32:33	41:01	44:51
				1:32	3:11	2:58	6:07	1:02	2:15	1:23	2:04	2:16	3:26	4:05	2:14	8:28	3:50
				48:25	50:28	51:35											
				3:34	2:03	1:07											
6	29	Matthew Gooch MAROC	51:54	2:18	5:54	8:58	12:24	13:25	16:42	18:25	20:46	24:20	27:30	31:51	34:08	38:32	45:06
				2:18	3:36	3:04	3:26	1:01	3:17	1:43	2:21	3:34	3:10	4:21	2:17	4:24	6:34
				48:29	50:19	51:54											
				3:23	1:50	1:35											
7	34	Sarah Dunn MAROC	51:56	2:08	6:16	10:02	14:15	15:27	18:45	20:24	23:11	25:22	28:48	32:46	35:28	42:23	44:55
				2:08	4:08	3:46	4:13	1:12	3:18	1:39	2:47	2:11	3:26	3:58	2:42	6:55	2:32
				48:13	50:33	51:56											
				3:18	2:20	1:23											
8	21	Hazel Wright MAROC	52:09	1:52	6:18	9:31	13:52	14:53	18:31	21:28	24:19	27:03	30:04	34:20	37:14	42:29	44:57
				1:52	4:26	3:13	4:21	1:01	3:38	2:57	2:51	2:44	3:01	4:16	2:54	5:15	2:28
				47:56	49:50	52:09											
				2:59	1:54	2:19											
9	40	Ali Robertson GRAMP	54:09	2:01	7:52	14:04	18:05	19:03	22:15	23:33	25:46	27:52	31:01	35:06	37:57	44:34	47:17
				2:01	5:51	6:12	4:01	0:58	3:12	1:18	2:13	2:06	3:09	4:05	2:51	6:37	2:43
				50:28	52:36	54:09											
				3:11	2:08	1:33											
10	32	Drew Tivendale MAROC	54:19	1:39	5:37	9:16	15:55	16:43	19:40	21:29	23:42	26:57	30:24	35:48	38:02	45:41	48:12
				1:39	3:58	3:39	6:39	0:48	2:57	1:49	2:13	3:15	3:27	5:24	2:14	7:39	2:31
				50:51	52:55	54:19											
				2:39	2:04	1:24											
11	52	Andrew McMurtrie MAROC	56:03	1:55	4:59	8:31	12:02	14:02	16:57	22:32	26:26	29:17	33:13	38:30	41:12	46:30	49:02
				1:55	3:04	3:32	3:31	2:00	2:55	5:35	3:54	2:51	3:56	5:17	2:42	5:18	2:32
				51:46	54:29	56:03											
				2:44	2:43	1:34											
12	35	Roger Coombs MAROC	57:53	2:10	7:50	11:02	15:14	16:33	20:12	22:35	25:34	28:16	31:41	38:12	42:10	47:23	50:40
				2:10	5:40	3:12	4:12	1:19	3:39	2:23	2:59	2:42	3:25	6:31	3:58	5:13	3:17
				54:10	56:09	57:53											
				3:30	1:59	1:44											
13	54	Donald Kerridge MAROC	1:09:16	2:08	7:18	13:36	17:42	19:39	23:19	25:52	36:13	38:46	42:33	46:42	49:54	54:42	57:39
				2:08	5:10	6:18	4:06	1:57	3:40	2:33	10:21	2:33	3:47	4:09	3:12	4:48	2:57
				1:00:36	1:07:43	1:09:16											
				2:57	7:07	1:33											

PI	tno	Name	Time															
DNC (15)				4.7 km 0 m 16 C (cont.)														
				1(113) 15(132)	2(144) 16(194)	3(141) Finish	4(153)	5(118)	6(191)	7(127)	8(107)	9(147)	10(197)	11(195)	12(123)	13(152)	14(128)	
14	41	William Nicolson INVOG	1:19:18	3:07 3:07 1:13:53 3:14	7:26 4:19 1:16:34 2:41	12:21 4:55 1:19:18 2:44	20:47 8:26	22:23 1:36	27:12 4:49	32:48 5:36	35:15 2:27	41:58 6:43	45:59 4:01	51:31 5:32	58:02 6:31	1:06:50 8:48	1:10:39 3:49	
	36	Martin Young MAROC	dnf	2:24 2:24 -----	10:33 8:09 -----	15:02 4:29	18:56 3:54	20:08 1:12	23:55 3:47	25:19 1:24	27:59 2:40	31:16 3:17	36:57 5:41	-----	-----	-----	-----	
MNC (18)				2.9 km 0 m 12 C														
				1(107)	2(147)	3(197)	4(153)	5(118)	6(123)	7(195)	8(191)	9(127)	10(115)	11(132)	12(194)	Finish		
1	2	Ewan Musgrave MAROC	28:02	2:56 2:56	5:58 3:02	8:53 2:55	10:43 1:50	11:53 1:10	13:00 1:07	15:57 2:57	17:47 1:50	20:30 2:43	23:01 2:31	24:58 1:57	26:37 1:39	28:02	1:25	
2	7	Eilidh Campbell MAROC	31:42	3:04 3:04	6:06 3:02	9:33 3:27	13:59 4:26	15:10 1:11	16:39 1:29	18:56 2:17	20:33 1:37	22:15 1:42	26:10 3:55	28:26 2:16	30:36 2:10	31:42	1:06	
3	4	Abigail Mason MAROC	32:50	3:23 3:23	5:51 2:28	9:13 3:22	13:11 3:58	14:14 1:03	15:48 1:34	18:50 3:02	20:46 1:56	22:36 1:50	26:08 3:32	28:28 2:20	31:03 2:35	32:50	1:47	
4	38	Robert Hickling GRAMP	36:38	3:09 3:09	7:49 4:40	10:58 3:09	13:41 2:43	15:28 1:47	19:09 3:41	22:03 2:54	24:10 2:07	26:33 2:23	29:24 2:51	31:59 2:35	34:49 2:50	36:38	1:49	
5	44	Frances Wright LUUOC	37:28	4:57 4:57	9:40 4:43	13:05 3:25	15:27 2:22	16:36 1:09	18:32 1:56	21:52 3:20	23:47 1:55	25:36 1:49	29:27 3:51	32:08 2:41	35:37 3:29	37:28	1:51	
6	50	Lachlan Kirk GRAMP	39:00	2:48 2:48	11:02 8:14	13:50 2:48	15:41 1:51	17:03 1:22	21:47 4:44	24:55 3:08	26:40 1:45	28:05 1:25	31:11 3:06	33:15 2:04	36:42 3:27	39:00	2:18	
7	49	David Kirk GRAMP	42:19	3:37 3:37	7:07 3:30	14:21 7:14	18:10 3:49	22:18 4:08	24:41 2:23	27:42 3:01	29:50 2:08	31:15 1:25	34:19 3:04	36:59 2:40	40:02 3:03	42:19	2:17	
8	53	Keith Roberts MAROC	44:51	3:46 3:46	7:22 3:36	10:57 3:35	13:41 2:44	15:13 1:32	16:52 1:39	22:27 5:35	25:04 2:37	27:10 2:06	31:15 4:05	34:30 3:15	43:09 8:39	44:51	1:42	
9	8	Joel Gooch MAROC	45:50	3:24 3:24	10:10 6:46	16:13 6:03	19:56 3:43	21:15 1:19	22:51 1:36	26:50 3:59	29:48 2:58	31:56 2:08	37:23 5:27	40:48 3:25	43:15 2:27	45:50	2:35	
10	18	Ian McIntyre INT	47:29	4:27 4:27	8:39 4:12	13:19 4:40	16:33 3:14	18:47 2:14	20:45 1:58	24:43 3:58	27:26 2:43	32:33 5:07	36:20 3:47	39:33 3:13	45:20 5:47	47:29	2:09	
11	46	John Mason MAROC	48:51	3:49 3:49	9:38 5:49	15:18 5:40	18:13 2:55	19:53 1:40	21:46 1:53	28:19 6:33	31:41 3:22	34:06 2:25	40:58 6:52	44:25 3:27	46:51 2:26	48:51	2:00	
12	12	John Lang GRAMP	50:25	4:12 4:12	8:28 4:16	12:06 3:38	19:42 7:36	21:25 1:43	23:09 1:44	26:52 3:43	29:07 2:15	31:35 2:28	40:01 8:26	43:35 3:34	48:13 4:38	50:25	2:12	
12	51	nick green	50:25	4:19 4:19	7:40 3:21	12:29 4:49	15:34 3:05	17:47 2:13	21:45 3:58	28:54 7:09	31:04 2:10	33:42 2:38	41:52 8:10	45:06 3:14	47:35 2:29	50:25	2:50	
14	16	Helen Rowlands GRAMP	51:03	6:12 6:12	10:34 4:22	15:45 5:11	19:11 3:26	21:23 2:12	23:34 2:11	28:24 4:50	31:10 2:46	33:33 2:23	39:51 6:18	43:26 3:35	49:00 5:34	51:03	2:03	
15	24	Peter Craig MAROC	54:52	5:42 5:42	9:44 4:02	14:29 4:45	17:59 3:30	20:10 2:11	22:42 2:32	30:56 8:14	35:26 4:30	38:25 2:59	44:31 6:06	48:25 3:54	51:36 3:11	54:52	3:16	
16	55	Charlotte Reynolds MAROC	1:17:38	7:08 7:08	12:43 5:35	20:53 8:10	25:36 4:43	27:45 2:09	31:22 3:37	38:03 6:41	42:06 4:03	50:26 8:20	59:46 9:20	1:06:11 6:25	1:14:42 8:31	1:17:38	2:56	
17	48	Kevin Hyland GRAMP	1:18:45	5:09 5:09	10:39 5:30	25:56 15:17	32:23 6:27	36:06 3:43	40:47 4:41	47:51 7:04	51:44 3:53	55:17 3:33	1:03:02 7:45	1:09:04 6:02	1:15:41 6:37	1:18:45	3:04	
	27	Patricia Graham MAROC	mp	8:13 8:13	14:25 6:12	20:15 5:50	26:12 5:57	34:01 7:49	37:09 3:08	-----	43:44 6:35	46:09 2:25	53:55 7:46	59:23 5:28	1:02:56 3:33	1:05:57	3:01	