

PI	Name	Time														
M10A (3)		2.9 km 140 m 16 C 1(147) 2(142) 3(201) 4(194) 5(203) 6(232) 7(124) 8(233) 9(207) 10(204) 11(191) 12(195) 13(119) 14(200) 15(206) 16(218) Finish														
1	Angus Laird INVOC	34:08	3:42 32:30 2:20	6:41 33:25 0:55	9:12 34:08 0:43	10:40 1:28	13:12 2:32	14:49 1:37	16:23 1:34	18:26 2:03	20:50 2:24	23:42 2:52	25:45 2:03	26:58 1:13	28:28 1:30	30:10 1:42
2	David Ivory INT	39:42	3:06 3:06 37:48 2:24	5:31 2:25 38:55 1:07	9:34 4:03 39:42 0:47	10:35 1:01 16:43	12:34 1:59 19:51	14:40 2:06	16:04 1:24 21:20	22:27 6:23	25:03 2:36	28:58 3:55	31:00 2:02	32:23 1:23	33:56 1:33	35:24 1:28
3	Finlay Jenkins MAROC	47:12	4:28 44:50 2:37	12:55 46:29 1:39	15:19 2:24 47:12 0:43	16:43 1:24	19:51 3:08	21:20 1:29	22:58 1:38	24:52 1:54	27:52 3:00	33:22 5:30	36:01 2:39	37:52 1:51	40:11 2:19	42:13 2:02
M10B (8)		2.2 km 60 m 13 C 1(148) 2(147) 3(223) 4(142) 5(192) 6(194) 7(191) 8(195) 9(119) 10(200) 11(224) 12(206) 13(218) Finish														
1	Finlay McLuckie MOR	17:57	0:46 0:46	2:38 1:52	4:13 1:35	4:56 0:43	5:56 1:00	7:08 1:12	8:32 1:24	9:33 1:01	10:44 1:11	11:56 1:12	3:16 1:04	16:16 0:59	17:15 0:42	17:57 0:42
2	Ben Ross INT	20:05	1:00 1:00	3:06 2:06	5:15 2:09	6:14 0:59	7:27 1:13	8:52 1:25	10:40 1:48	11:49 1:09	13:54 2:05	15:20 1:26	17:06 1:46	18:12 1:06	19:23 1:11	20:05 0:42
3	Calum Robertson ESOC	23:18	1:18 1:18	4:26 3:08	6:39 2:13	7:37 0:58	9:10 1:33	10:54 1:44	12:58 2:04	15:16 2:18	16:57 1:41	18:45 1:48	20:02 1:17	21:31 1:29	22:31 1:00	23:18 0:47
4	Noah Griffin GRAMP	25:30	1:08 1:08	3:50 2:42	6:20 2:30	7:33 1:13	9:22 1:49	11:24 2:02	14:09 2:45	16:05 1:56	17:53 1:48	19:33 1:40	21:03 1:30	23:21 2:18	24:41 1:20	25:30 0:49
5	Oliver Robertson GRAMP	26:43	1:27 1:27	4:56 3:29	7:20 2:24	8:22 1:02	10:00 1:38	11:54 1:54	14:23 2:29	16:41 2:18	18:44 2:03	20:31 1:47	22:26 1:55	24:05 1:39	25:39 1:34	26:43 1:04
6	Yann Newey MAROC	27:39	1:06 1:06	3:38 2:32	5:41 2:03	6:46 1:05	8:01 1:15	13:00 4:59	18:31 5:31	19:47 1:16	21:41 1:54	23:10 1:29	24:28 1:18	26:02 1:34	27:02 1:00	27:39 0:37
7	Rowan Lawlor ESOC	30:20	0:57 0:57	3:11 2:14	9:39 6:28	11:05 1:26	13:02 1:57	18:25 5:23	20:06 1:41	21:32 1:26	23:58 2:26	25:45 1:47	26:59 1:14	28:26 1:27	29:43 1:17	30:20 0:37
8	Robert Main MOR	34:00	0:57 0:57	11:48 10:51	13:58 2:10	15:01 1:03	16:54 1:53	22:20 5:26	24:13 1:53	25:32 1:19	27:59 2:27	29:35 1:36	30:50 1:15	32:21 1:31	33:39 1:18	34:18 0:39
M12A (16)		3.2 km 95 m 11 C 1(222) 2(125) 3(201) 4(203) 5(221) 6(122) 7(233) 8(204) 9(195) 10(129) 11(218) Finish														
1	Ewan Musgrave MAROC	27:58	3:13 3:13	6:02 2:49	7:12 1:10	9:23 2:11	11:27 2:04	13:21 1:54	17:11 3:50	19:06 1:55	22:56 3:50	26:13 3:17	27:28 1:15	27:58 0:30		
2	Joel Gooch MAROC	29:29	3:04 3:04	6:21 3:17	7:32 1:11	10:14 2:42	12:48 2:34	15:12 2:24	19:56 4:44	22:07 2:11	24:27 2:20	28:03 3:36	28:59 0:56	29:29 0:30		
3	Finlay Raynor INVOC	32:00	3:41 3:41	6:54 3:13	8:34 1:40	11:37 3:03	14:25 2:48	17:06 2:41	22:12 5:06	24:24 2:12	26:41 2:17	30:27 3:46	31:27 1:00	32:03 0:36		
3	Sam Griffin GRAMP	32:00	3:18 3:18	6:06 2:48	7:27 1:21	9:58 2:31	11:50 1:52	14:59 3:09	19:43 4:44	22:08 2:25	24:17 2:09	30:25 6:08	31:28 1:03	32:01 0:33		
5	Jamie Goddard FVO	34:38	3:17 4:20	6:18 2:40	7:43 3:14	10:18 2:31	12:44 2:01	16:25 3:24	21:31 5:26	23:56 2:35	26:45 2:25	32:38 5:53	33:56 1:18	34:38 0:42		
6	David Spencer MOR	35:03	4:20 4:20	7:00 2:40	10:14 3:14	12:45 2:31	14:46 2:01	18:10 3:24	23:36 5:26	26:11 2:35	28:36 2:25	33:18 4:42	34:31 1:13	35:03 0:32		
7	Benjamin Squire NOC	41:01	3:32 3:32	7:49 4:17	13:56 6:07	16:45 2:49	19:00 2:15	25:32 6:32	31:05 5:33	33:09 2:04	35:32 2:23	39:21 3:49	40:24 1:03	41:01 0:37		
8	Oscar Shepherd INVOC	41:03	9:56 9:56	13:20 3:24	14:54 1:34	17:17 2:23	19:52 2:35	23:10 3:18	28:36 5:26	31:28 2:52	33:55 2:27	40:30 5:00	41:03 1:35	41:03 0:33		
9	Bruce Evans MOR	46:59	5:37 5:37	10:06 4:29	11:38 1:32	21:23 9:45	24:38 3:15	31:51 7:13	36:56 5:05	39:20 2:24	41:31 2:11	45:29 3:58	46:26 0:57	46:59 0:33		
10	Joseph Jackson LOC	49:53	8:20 8:20	13:56 5:36	15:27 1:31	21:11 5:44	23:43 2:32	27:34 3:51	33:44 6:10	38:41 4:57	43:04 4:23	48:01 4:57	49:18 1:17	49:53 0:35		
11	Angus Ivory INT	54:15	3:35 3:35	8:56 5:21	10:40 1:44	13:40 3:00	16:22 2:42	30:00 13:38	35:47 5:47	38:42 2:55	41:28 2:46	51:54 10:26	53:42 1:48	54:15 0:33		
12	Sam Bartlett INT	57:04	3:45 3:45	7:27 3:42	12:20 4:53	15:47 3:27	18:14 2:27	27:27 9:13	34:41 7:14	42:30 7:49	49:44 7:14	55:06 5:22	56:24 1:18	57:04 0:40		
13	Robin Purves FVO	59:35	9:47 9:47	14:08 4:21	15:45 1:37	18:07 2:22	20:45 2:38	24:14 3:29	33:59 9:45	39:22 5:23	45:17 5:55	57:27 12:10	58:52 1:25	59:35 0:43		
14	Angus Thom SOLWAY	1:10:03	6:21 6:21	12:42 6:21	14:53 2:11	19:24 4:31	24:06 4:42	34:24 10:18	45:08 10:44	53:46 8:38	1:00:30 6:44	1:07:26 6:56	1:09:21 1:55	1:10:03 0:42		
15	Alexander Niland BASOC	1:18:00	6:26 6:26	14:56 8:30	17:15 2:19	21:11 3:56	25:18 4:07	40:02 14:44	58:10 18:08	1:00:51 2:41	1:04:38 3:47	1:16:08 11:30	1:18:10 2:02	1:18:53 0:43		
	Adam Barrie MAROC	mp	23:58 23:58	28:06 4:08	30:12 2:06	35:37 5:25	39:33 3:56	----- 1:02:50	1:07:39 23:17	1:11:37 4:49	1:13:37 3:58	1:20:14 8:37	1:23:01 2:47	1:23:55 0:54		
M12B (10)		2.9 km 140 m 16 C 1(147) 2(142) 3(201) 4(194) 5(203) 6(232) 7(124) 8(233) 9(207) 10(204) 11(191) 12(195) 13(119) 14(200) 15(206) 16(218) Finish														
1	Thomas Ross INT	27:00	3:02 3:02 25:33 2:05	5:47 2:45 26:20 0:47	7:43 1:56 27:00 0:40	8:55 1:12	11:03 2:08	12:08 1:05	12:45 0:37	13:49 1:04	15:27 1:38	18:18 2:51	19:58 1:40	20:51 0:53	22:11 1:20	23:28 1:17

Pl	Name	Time														
M12B (10)			2.9 km		140 m		16 C		<i>(cont.)</i>							
			1(147) 15(206)	2(142) 16(218)	3(201) Finish	4(194)	5(203)	6(232)	7(124)	8(233)	9(207)	10(204)	11(191)	12(195)	13(119)	14(200)
2	Jonas Newey MAROC	28:24	2:40 2:40 26:34 2:14	5:05 2:25 27:43 1:09	7:07 2:02 28:24 0:41	8:15 1:08	10:15 2:00	11:27 1:12	12:28 1:01	13:36 1:08	15:27 1:51	18:21 2:54	20:16 1:55	21:21 1:05	22:51 1:30	24:20 1:29
3	Adam Clark ESOC	29:16	3:00 3:00 27:36 2:08	5:41 2:41 28:38 1:02	7:27 1:46 29:16 0:38	8:36 1:09	10:26 1:50	11:43 1:17	12:40 0:57	13:57 1:17	16:03 2:06	19:02 2:59	21:33 2:31	22:27 0:54	23:58 1:31	25:28 1:30
4	Craig Smith MAROC	29:21	2:59 2:59 27:57 2:00	5:00 2:01 0:50	6:52 1:52 0:34	7:55 1:03	10:53 2:58	12:49 1:56	13:58 1:09	16:02 2:04	17:47 1:45	20:25 2:38	22:03 1:38	23:24 1:21	24:33 1:09	25:57 1:24
5	Calum Smith MAROC	31:00	3:08 3:08 30:08 2:06	5:41 2:33 30:56 0:48	7:32 1:51 31:37 0:41	8:49 1:17	13:05 4:16	14:45 1:40	15:40 0:55	17:15 1:35	19:23 2:08	21:44 2:21	23:53 2:09	25:08 1:15	26:39 1:31	28:02 1:23
6	Ewen Bennett MAROC	38:15	3:55 3:55 36:22 3:49	6:53 2:58 37:32 1:10	10:24 3:31 38:15 0:43	12:03 1:39	14:46 2:43	16:34 1:48	18:36 2:02	20:26 1:50	22:47 2:21	25:30 2:43	27:54 2:24	29:02 1:08	30:52 1:50	32:33 1:41
7	Piotr Weychan MAROC	42:37	3:38 3:38 40:46 3:21	6:38 3:00 41:54 1:08	9:19 2:41 42:37 0:43	10:30 1:11	13:33 3:03	15:10 1:37	16:25 1:15	18:21 1:56	20:52 2:31	24:37 3:45	32:02 7:25	33:21 1:19	35:26 2:05	37:25 1:59
8	Gregor Mailer ECKO	45:58	3:12 3:12 44:06 2:33	6:38 3:26 45:16 1:10	9:53 3:15 45:58 0:42	11:26 1:33	14:34 3:08	16:40 2:06	18:20 1:40	20:51 2:31	25:23 4:32	28:09 2:46	36:22 8:13	37:52 1:30	39:36 1:44	41:33 1:57
	Joseph Lawlor ESOC	mp	3:00 3:00 29:26 2:02	5:30 2:30 30:15 0:49	7:32 2:02 31:02 0:47	8:36 1:04	13:59 5:23	15:14 1:15	16:07 0:53	17:13 1:06	----- 20:59 3:46	23:03 2:04	24:15 1:12	25:44 1:29	27:24 1:40	
	Connor Whitelaw GRAMP	mp	3:27 3:27 44:30 2:04	6:36 3:09 45:30 1:00	19:22 12:46 46:16 0:46	21:16 1:54	26:06 4:50	28:45 2:39	30:55 2:10	32:16 1:21	----- 36:01 3:45	38:13 2:12	39:20 1:07	40:57 1:37	42:26 1:29	
M14A (16)			3.9 km		170 m		14 C									
			1(225) Finish	2(128)	3(153)	4(210)	5(116)	6(217)	7(221)	8(122)	9(123)	10(127)	11(222)	12(126)	13(143)	14(218)
1	Matthew Gooch MAROC	35:34	1:55 1:55 35:34 0:31	4:31 2:36	6:20 1:49	9:27 3:07	12:34 3:07	15:04 2:30	16:30 1:26	18:16 1:46	22:52 4:36	26:08 3:16	27:29 1:21	32:15 4:46	33:58 1:43	35:03 1:05
2	Louis Macmillan ECKO	45:00	2:09 2:09 45:13 0:41	4:51 2:42 2:02	6:53 3:01	9:54 5:31	15:25 3:17	18:42 3:12	21:54 1:58	23:52 4:34	28:26 3:06	31:32 1:27	32:59 7:28	40:27 2:51	43:18 1:14	44:32 1:14
3	Peter Molloy FVO	46:41	2:10 2:10 46:41 0:31	5:16 3:06	7:25 2:09	10:50 3:25	16:36 5:46	19:16 2:40	21:16 2:00	23:12 1:56	27:33 4:21	33:05 5:32	34:21 1:16	42:18 7:57	44:49 2:31	46:10 1:21
4	Daniel Campbell MOR	50:16	6:08 6:08 50:16 0:39	9:39 3:31	13:48 4:09	17:41 3:53	22:17 4:36	25:38 3:21	27:18 1:40	29:34 2:16	34:31 4:57	37:56 3:25	39:25 1:29	45:45 6:20	48:24 2:39	49:37 1:13
5	Pierre Lardet FVO	56:08	2:55 2:55 56:08 0:39	6:53 3:58	9:22 2:29	13:47 4:25	19:09 5:22	23:07 3:58	25:27 2:20	29:05 3:38	35:43 6:38	40:40 4:57	42:48 2:08	50:34 7:46	53:52 3:18	55:29 1:37
6	Ronan Blackwood INVOC	1:02:21	5:29 5:29 1:02:21 0:44	9:49 4:20	12:31 2:42	19:58 7:27	28:09 8:11	32:27 4:18	35:36 3:09	38:04 2:28	43:55 5:51	47:30 3:35	49:26 1:56	55:18 5:52	1:00:24 5:06	1:01:37 1:13
7	Eric Todd INVOC	1:09:16	4:28 4:28 1:09:16 0:33	8:42 4:14	12:47 4:05	19:23 6:36	31:41 12:18	35:55 4:14	38:30 2:35	42:08 3:38	50:06 7:58	54:42 4:36	56:58 2:16	1:03:22 6:24	1:07:15 3:53	1:08:43 1:28
8	David Hall INVOC	1:18:33	2:21 2:21 1:18:33 0:32	10:55 8:34	25:03 14:08	29:57 4:54	36:42 6:45	42:27 5:45	47:19 4:52	50:07 2:48	56:00 5:53	1:01:02 5:02	1:03:28 2:26	1:11:56 8:28	1:16:10 4:14	1:18:01 1:51
9	Ben Dempsey MDOC	1:24:19	3:11 3:11 1:24:19 0:32	6:39 3:28	10:49 4:10	33:27 22:38	39:14 5:47	42:44 3:30	45:27 2:43	55:39 10:12	1:02:29 6:50	1:06:16 3:47	1:09:39 3:23	1:15:09 5:30	1:22:06 6:57	1:23:47 1:41

Pl	Name	Time														
M14A (16)			3.9 km 170 m				14 C				<i>(cont.)</i>					
			1(225) Finish	2(128)	3(153)	4(210)	5(116)	6(217)	7(221)	8(122)	9(123)	10(127)	11(222)	12(126)	13(143)	14(218)
10	Matthew Haddow LOC	1:27:07	3:09 3:09 1:27:07 0:36	8:23 5:14	11:51 3:28	18:48 6:57	30:19 11:31	35:32 5:13	37:51 2:19	48:26 10:35	58:43 10:17	1:04:33 5:50	1:11:26 6:53	1:20:29 9:03	1:24:05 3:36	1:26:31 2:26
11	Harry O'Donovan LOC	1:29:12	3:21 3:21 1:29:12 0:38	8:10 4:49	14:30 6:20	24:01 9:31	48:03 24:02	52:08 4:05	54:46 2:38	1:01:29 6:43	1:10:09 8:40	1:14:37 4:28	1:16:40 2:03	1:24:10 7:30	1:27:08 2:58	1:28:34 1:26
12	Aidan McCann INVOC	1:39:09	17:19 17:19 1:39:09 0:31	26:43 9:24	31:14 4:31	37:18 6:04	49:17 11:59	1:03:35 14:18	1:06:54 3:19	1:09:46 2:52	1:18:10 8:24	1:24:50 6:40	1:26:58 2:08	1:33:15 6:17	1:37:15 4:00	1:38:38 1:23
13	Matthew Ross INT	2:14:50	13:20 13:20 2:14:50 0:40	20:34 7:14	28:09 7:35	44:19 16:10	56:36 12:17	1:02:24 5:48	1:06:23 3:59	1:09:22 2:59	1:18:06 8:44	1:23:59 5:53	1:26:50 2:51	1:59:54 33:04	2:10:54 11:00	2:14:10 3:16
	Ellis Hunter ECKO	mp	4:00 4:00 44:35 0:35	----- -----	----- 7:25 *127	----- 10:18 *211	----- 15:47 *213	19:30 15:30 36:43 *125	21:44 2:14 43:09 *129	24:28 2:44	----- -----	----- -----	40:00 15:32	----- -----	44:00 4:00	
	Ewan Purves FVO	mp	2:45 2:45 1:14:56 0:37	7:23 4:38	10:45 3:22	15:43 4:58	23:50 8:07	29:38 5:48	31:54 2:16	34:30 2:36	44:00 9:30	49:24 5:24	51:42 2:18	----- -----	1:12:18 20:36	1:14:19 2:01
	Sorley Todd INVOC	dnf	31:29 31:29	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
M14B (7)			3.2 km 95 m				11 C									
			1(222)	2(125)	3(201)	4(203)	5(221)	6(122)	7(233)	8(204)	9(195)	10(129)	11(218)	Finish		
1	Ben McMorran INVOC	49:08	5:21 5:21	8:58 3:37	11:32 2:34	15:05 3:33	20:10 5:05	26:05 5:55	34:31 8:26	37:54 3:23	41:26 3:32	46:29 5:03	48:35 2:06	49:08 0:33		
2	Logan Mailer ECKO	54:45	4:39 4:39	9:22 4:43	11:22 2:00	14:51 3:29	18:12 3:21	21:41 3:29	39:05 17:24	42:55 3:50	46:16 3:21	52:10 5:54	54:04 1:54	54:45 0:41		
3	Liam Woodend LOC	1:00:29	4:07 4:07	8:11 4:04	9:40 1:29	21:45 12:05	24:44 2:59	28:25 3:41	41:50 13:25	46:59 5:09	51:18 4:19	58:12 6:54	59:48 1:36	1:00:29 0:41		
4	Toby Cody LOC	1:02:46	7:43 7:43	14:42 6:59	17:07 2:25	24:37 7:30	28:03 3:26	34:35 6:32	44:04 9:29	47:28 3:24	50:35 3:07	1:00:51 10:16	1:02:12 1:21	1:02:46 0:34		
5	Fenton Wilson LOC	1:18:36	5:59 5:59	16:01 10:02	17:18 1:17	34:53 17:35	38:04 3:11	56:27 18:23	1:04:22 7:55	1:07:33 3:11	1:10:38 3:05	1:16:39 6:01	1:18:02 1:23	1:18:36 0:34		
	Sean Glendinning MAROC	mp	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	16:59 *225
	Jamie Lawlor ESOC	dnf	11:17 11:17	18:08 6:51	22:51 4:43	34:14 11:23	41:43 7:29	----- -----	----- -----	----- -----	----- -----	----- -----	1:32:55 51:12	1:34:46 1:51		
M16A (13)			6.0 km 320 m				17 C									
			1(205) 15(146)	2(112) 16(149)	3(193) 17(218)	4(190) Finish	5(113)	6(196)	7(197)	8(144)	9(210)	10(122)	11(217)	12(213)	13(214)	14(114)
1	Alastair Thomas WCOC	48:04	2:28 2:28 44:31 0:46	4:35 2:07 46:51 2:20	9:39 5:04 47:31 0:40	11:22 1:43 48:04 0:33	12:34 1:12	16:06 3:32	17:55 1:49	20:16 2:21	26:49 6:33	33:11 6:22	36:33 3:22	39:03 2:30	40:14 1:11	43:45 3:31
2	Jake Chapman MAROC	53:02	3:05 3:05 49:56 0:39	7:00 3:55 51:55 1:59	12:26 5:26 52:34 0:39	14:08 1:42 53:02 0:28	15:33 1:25	19:04 3:31	21:53 2:49	24:00 2:07	31:03 7:03	37:56 6:53	41:51 3:55	44:09 2:18	45:36 1:27	49:17 3:41
3	Alistair Chapman MAROC	1:02:57	8:34 8:34 59:50 0:35	13:09 4:35 1:01:53 2:03	18:51 5:42 1:02:28 0:35	20:52 2:01 1:02:57 0:29	23:53 3:01	27:33 3:40	29:39 2:06	31:56 2:17	40:13 8:17	47:24 7:11	51:17 3:53	54:09 2:52	55:40 1:31	59:15 3:35
4	Benjamin Parkinso FVO	1:16:42	3:03 3:03 1:12:21 0:59	7:39 4:36 1:15:30 3:09	15:01 7:22 1:16:06 0:36	16:56 1:55 1:16:42 0:36	21:44 4:48	26:05 4:21	30:49 4:44	34:35 3:46	43:52 9:17	54:25 10:33	59:26 5:01	1:03:12 3:46	1:05:06 1:54	1:11:22 6:16
5	John Getliff MAROC	1:28:51	8:33 8:33 1:24:26 0:38	11:13 2:40 1:27:45 3:19	23:47 12:34 1:28:23 0:38	28:54 5:07 1:28:51 0:28	30:46 1:52	36:22 5:36	39:39 3:17	42:47 3:08	53:52 11:05	1:03:38 9:46	1:09:45 6:07	1:14:23 4:38	1:16:38 2:15	1:23:48 7:10
6	Alasdair Raynor INVOC	1:33:32	3:24 3:24 1:28:18 1:20	7:27 4:03 1:32:11 3:53	17:52 10:25 1:33:00 0:49	20:23 2:31 1:33:32 0:32	27:28 7:05	33:22 5:54	37:17 3:55	41:36 4:19	54:28 12:52	1:06:30 12:02	1:13:26 6:56	1:17:11 3:45	1:19:27 2:16	1:26:58 7:31

Pl	Name	Time	6.0 km 320 m				17 C				(cont.)					
			1(205) 15(146)	2(112) 16(149)	3(193) 17(218)	4(190) Finish	5(113)	6(196)	7(197)	8(144)	9(210)	10(122)	11(217)	12(213)	13(214)	14(114)
M16A (13)																
7	Ewan Shearer ECKO	1:49:00	2:08 2:08 1:44:21 0:57	5:19 3:11 1:47:46 3:25	13:35 8:16 1:48:56 1:10	17:49 4:14 1:49:30 0:34	20:36 2:47	28:04 7:28	46:17 18:13	49:34 3:17	1:06:54 17:20	1:19:04 12:10	1:27:09 8:05	1:31:41 4:32	1:36:43 5:02	1:43:24 6:41
8	Alasdair Lilley ECKO	1:50:45	6:06 6:06 1:46:06 0:55	13:15 7:09 1:49:16 3:10	21:55 8:40 1:50:13 0:57	24:30 2:35 1:50:45 0:32	28:09 3:39	34:32 6:23	44:06 9:34	48:05 3:59	59:31 11:26	1:12:00 12:29	1:20:10 8:10	1:23:56 3:46	1:25:43 1:47	1:45:11 19:28
	Joseph Wright MAROC	mp	1:45 1:45 49:00 0:43	3:47 2:02 50:38 1:38	9:46 5:59 51:13 0:35	11:25 1:39 51:40 0:27	12:31 1:06	16:11 3:40 27:17 *209	18:24 2:13	20:35 2:11	----- 15:01	35:36 4:12	39:48 3:10	42:58 3:10	44:12 1:14	48:17 4:05
	Luke Graham MAROC	mp	9:48 9:48 1:35:15 0:51	15:57 6:09 1:38:25 3:10	26:20 10:23 1:39:11 0:46	28:57 2:37 1:39:42 0:31	30:45 1:48	36:24 5:39 *209	48:47 12:23	51:51 3:04	----- 23:51	1:15:42 6:22	1:22:04 4:05	1:26:09 2:53	1:29:02 2:53	1:34:24 5:22
	Fraser Haig MOR	mp	11:41 11:41 ----- 21:13	15:02 3:21 1:58:27 0:56	23:00 7:58 1:59:23 0:28	26:14 3:14 1:59:51 0:28	36:23 10:09	42:21 5:58	55:50 13:29	59:38 3:48	1:11:58 12:20	1:24:43 12:45	1:31:49 7:06	1:37:14 5:25	----- -----	----- -----
	Max Provan MOR	dnf	11:41 11:41 ----- 24:06	15:09 3:28 1:47:32 1:06	24:04 8:55 1:48:38 1:06	29:22 5:18 1:49:17 0:39	41:50 12:28	----- -----	----- -----	1:23:26 41:36	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
	Peter Collins MAROC	dnf	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
M16B (4)																
			1(225) Finish	2(128)	3(153)	4(210)	5(116)	6(217)	7(221)	8(122)	9(123)	10(127)	11(222)	12(126)	13(143)	14(218)
1	Logan McIntyre INT	56:42	5:01 5:01 56:42 0:31	10:05 5:04	12:41 2:36	16:39 3:58	23:27 6:48	26:49 3:22	29:55 3:06	32:57 3:02	41:04 8:07	44:29 3:25	46:05 1:36	51:21 5:16	54:25 3:04	56:11 1:46
2	Lachlan Kirk GRAMP	1:04:40	3:32 3:32 1:04:40 0:30	17:08 13:36 2:36	19:44 2:36 4:21	24:05 4:21 10:43	34:48 10:43 3:13	38:01 2:05	40:06 2:05	43:01 2:55	48:53 5:52	52:43 3:50	54:52 2:09	1:00:25 5:33	1:02:38 2:13	1:04:10 1:32
3	Ben Brown ESOC	1:47:55	12:52 12:52 1:47:55 0:36	21:37 8:45	28:03 6:26	36:36 8:33	49:14 12:38	56:54 7:40	1:00:36 3:42	1:06:03 5:27	1:16:43 10:40	1:23:26 6:43	1:26:24 2:58	1:38:51 12:27	1:44:53 6:02	1:47:19 2:26
4	Joseph Bartlett INT	1:56:25	4:54 4:54 1:56:25 0:29	27:34 22:40	33:17 5:43	40:43 7:26	48:30 7:47	53:28 4:58	56:00 2:32	59:48 3:48	1:24:09 24:21	1:31:00 6:51	1:34:47 3:47	1:45:36 10:49	1:54:10 8:34	1:55:56 1:46
M18E (11)																
			1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
1	Harrison McCartney OD	59:28	2:46 2:46 53:32 3:30	6:48 4:02 55:53 2:21	9:34 2:46 58:34 2:41	10:50 1:16 59:03 0:29	15:51 5:01 59:28 0:25	18:44 2:53	23:53 5:09	28:25 4:32	33:57 5:32	35:29 1:32	37:32 2:03	40:11 2:39	42:32 2:21	50:02 7:30
2	Tom Lines ECKO	1:06:00	2:48 2:48 1:01:44 3:37	7:26 4:38 1:04:12 2:28	10:28 3:02 1:05:51 1:39	11:44 1:16 1:06:22 0:31	17:38 5:54 1:06:52 0:30	20:41 3:03	26:58 6:17	32:16 5:18	39:24 7:08	41:11 1:47	44:19 3:08	46:42 2:23	48:42 2:00	58:07 9:25
3	Aidan Rigby CLOK	1:06:55	4:01 4:01 1:01:23 3:04	9:10 5:09 1:04:01 2:38	12:03 2:53 1:05:53 1:52	13:23 1:20 1:06:24 0:31	18:53 5:30 1:06:55 0:31	21:57 3:04	28:00 6:03	33:21 5:21	39:28 6:07	41:20 1:52	43:43 2:23	46:20 2:37	49:04 2:44	58:19 9:15
4	Matthew Fellbaum MDOC	1:08:13	3:18 3:18 1:02:32 3:41	8:43 5:25 1:05:29 2:57	11:41 2:58 1:07:16 1:47	13:06 1:25 1:07:45 0:29	19:02 5:56 1:08:13 0:28	22:10 3:08	28:27 6:17	33:22 4:55	40:30 7:08	41:56 1:26	44:30 2:34	47:51 3:21	50:09 2:18	58:51 8:42
5	Ewan McMillan MAROC	1:11:00	3:44 3:44 1:06:01 4:09	8:17 4:33 1:08:48 2:47	11:38 3:21 1:10:48 1:10:48	12:57 1:19 1:11:20 0:32	19:36 6:39 1:11:47 0:27	23:15 3:39	28:58 5:43	36:35 7:37	42:54 6:19	44:32 1:38	47:10 2:38	49:55 2:45	52:34 2:39	1:01:52 9:18
6	Freddie Carcas INT	1:13:00	3:06 3:06 1:08:38 3:48	7:55 4:49 1:11:03 2:25	11:18 3:23 1:12:44 1:41	12:36 1:18 1:13:11 0:27	18:15 5:39 1:13:38 0:27	21:54 3:39	28:11 6:17	32:45 4:34	39:12 6:27	41:21 2:09	49:09 7:48	53:18 4:09	55:43 2:25	1:04:50 9:07

Pl	Name	Time														
M18E (11)			8.2 km 460 m					18 C (cont.)								
			1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
7	James Ackland INT	1:16:00	4:42 4:42 1:10:59	10:42 6:00 1:13:28	13:53 3:11 1:15:24	15:24 1:31 1:15:55	21:48 6:24 1:16:25	24:57 3:09	32:14 7:17	38:39 6:25	46:03 7:24	48:54 2:51	51:45 2:51	55:14 3:29	58:33 3:19	1:07:41 9:08
8	Finlay Todd INVOC	1:19:00	5:27 5:27 1:13:23	13:09 7:42 1:16:18	16:23 3:14 1:18:38	17:46 1:23 1:19:13	23:23 5:37 1:19:43	26:27 3:04	32:27 6:00	37:23 4:56	45:01 7:38	46:51 1:50	52:59 6:08	56:01 3:02	58:34 2:33	1:08:11 9:37
9	Alex Carcas INT	1:20:00	5:12 5:39 5:39 1:14:09	2:55 10:27 4:48 1:17:25	2:20 13:33 3:06 1:19:32	0:35 14:45 1:12 1:20:09	19:50 5:05 0:25	22:45 2:55	30:00 7:15	36:07 6:07	44:42 8:35	46:54 2:12	52:43 5:49	56:18 3:35	58:57 2:39	1:09:56 10:59
10	Callum Hunter ECKO	1:29:00	4:13 3:19 3:19 1:22:14	3:16 9:05 5:46 1:25:28	2:07 12:30 3:25 1:28:08	0:37 13:58 1:28 1:28:40	0:37 21:42 7:44 1:29:11	25:33 3:51	35:08 9:35	41:45 6:37	51:11 9:26	54:23 3:12	57:54 3:31	1:01:25 3:31	1:03:39 2:14	1:16:49 13:10
	Samuel Galloway INT	mp	5:38 5:38 -----	----- 55:39 50:01	----- 58:12 2:33	----- 58:53 0:41	----- 59:37 0:44	-----	-----	-----	-----	-----	-----	-----	-----	-----
M18L (1)			6.6 km 340 m					18 C								
			1(197) 15(228)	2(193) 16(114)	3(190) 17(146)	4(113) 18(218)	5(205) Finish	6(209)	7(116)	8(213)	9(110)	10(220)	11(118)	12(145)	13(226)	14(123)
1	Tom Nichol AYROC	1:29:00	5:06 5:06 1:15:51	11:18 6:12 1:25:22	14:15 2:57 1:26:00	15:49 1:34 1:28:24	20:36 4:47 1:28:58	29:31 8:55	35:42 6:11	37:26 1:44	47:38 10:12	50:39 3:01	52:44 2:05	58:57 6:13	1:08:14 9:17	1:14:35 6:21
			1:16	9:31	0:38	2:24	0:34									
M18S (1)			4.8 km 240 m					12 C								
			1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish	
1	Fergus Smith AYROC	1:12:11	3:42 3:42	10:58 7:16	24:28 13:30	26:10 1:42	35:35 9:25	37:09 1:34	40:42 3:33	46:16 5:34	1:02:38 16:22	1:07:19 4:41	1:10:07 2:48	1:11:41 1:34	1:12:11 0:30	
M20E (12)			8.2 km 460 m					18 C								
			1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
1	Alexander Chepelin EUOC	1:01:22	3:45 3:45 53:58	7:47 4:02 58:46	10:32 2:45 1:00:24	11:39 1:07 1:00:53	16:53 5:14 1:01:22	19:48 2:55	25:14 5:26	29:37 4:23	34:59 5:22	36:20 1:21	38:22 2:02	40:26 2:04	42:42 2:16	51:08 8:26
2	William Rigg EUOC	1:02:08	3:11 3:11 56:34	8:14 5:03 59:22	11:03 2:49 1:01:10	12:18 1:15 1:01:40	17:55 5:37 1:02:08	21:08 3:13	27:13 6:05	31:40 4:27	37:08 5:28	38:26 1:18	40:24 1:58	42:32 2:08	44:45 2:13	53:33 8:48
3	Michael Adams EUOC	1:08:00	3:01 3:42 1:02:00	2:48 4:59 1:05:12	1:48 2:55 1:07:06	0:30 1:24 1:07:41	0:28 5:51 1:08:11	3:38 3:10	3:12 5:51	1:54 4:54	0:30 6:31	0:30 2:31	0:30 2:18	0:30 2:31	0:30 2:38	0:30 9:07
4	Tim Morgan EUOC	1:08:51	3:43 2:53 2:53 1:03:39	2:32 7:46 4:53 1:06:11	1:40 12:27 4:41 1:07:51	0:30 1:15 5:52 1:08:21	0:30 5:52 1:08:51	3:43 2:55	2:32 5:34	1:40 5:08	0:30 6:32	0:30 1:54	0:30 2:16	0:30 3:02	0:30 2:23	0:30 9:33
5	Alistair Masson EUOC	1:10:43	3:07 3:07 1:05:37	7:27 4:20 1:07:59	12:30 5:03 1:09:45	13:43 1:13 1:10:15	19:04 5:21 1:10:43	21:59 2:55	27:33 5:34	32:41 5:08	38:33 5:52	40:05 1:32	46:31 6:26	50:56 4:25	52:54 1:58	1:02:17 9:23
6	Thomas Wilson EUOC	1:11:00	3:20 7:42 7:42 1:05:35	2:22 13:08 5:26 1:08:10	1:46 16:16 3:08 1:10:15	0:30 1:11 1:10:47	0:28 23:51 6:24 1:11:16	3:43 2:54	2:32 6:08	1:40 5:17	0:30 6:45	0:30 1:30	0:30 2:16	0:30 2:58	0:30 2:30	0:30 8:25
7	Andrew Barr MOR	1:15:00	3:01 4:20 1:09:35	2:35 9:20 1:12:50	2:05 13:17 1:14:49	0:32 14:36 1:15:24	0:29 21:02 1:15:49	3:51 3:29	3:15 7:00	1:59 5:24	0:35 6:26	0:25 6:26	0:25 7:38	0:25 2:52	0:25 3:32	0:25 10:02
8	Matthew Galloway INT	1:17:00	3:51 3:17 1:10:52	3:15 7:52 1:13:48	1:59 11:30 1:16:05	0:35 13:03 1:16:41	0:25 19:08 1:17:09	23:14 4:06	29:20 6:06	36:33 7:13	43:09 6:36	45:18 2:09	51:36 6:18	54:25 2:49	57:19 2:54	1:06:20 9:01
9	Alistair Walker MAROC	1:24:00	4:32 5:29 5:29 1:16:35	2:56 11:06 5:37 1:20:09	2:17 14:59 3:53 1:23:27	0:36 23:35 1:40 1:24:22	0:28 23:35 6:56 1:24:50	29:22 5:47	36:13 6:51	41:54 5:41	49:11 7:17	51:39 2:28	55:14 3:35	58:28 3:14	1:01:38 3:10	1:12:12 10:34

PI Name	Time														
M20E (12)		8.2 km 460 m				18 C				<i>(cont.)</i>					
		1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
Callum White EUOC	dnf	4:17 4:17 -----	14:05 9:48 -----	17:31 3:26 46:28	18:58 1:27 47:18	25:49 6:51 48:02	29:17 3:28	-----	-----	-----	-----	-----	-----	-----	-----
Daniel Stansfield FVO	dnf	3:30 3:30 43:57	9:32 6:02 47:40	12:54 3:22 49:53	14:18 1:24 50:33	20:39 6:21 50:58	23:59 3:20	31:06 7:07	38:24 7:18	-----	-----	-----	-----	-----	39:40 1:16
Dane Blomquist BAOC	dnf	4:17 ----- -----	3:43 ----- -----	2:13 ----- -----	0:40 ----- -----	0:25 ----- -----	-----	-----	-----	-----	-----	-----	-----	-----	-----
M21E (16)		12.2 km 610 m				34 C									
		1(230) 15(117) 29(145)	2(197) 16(118) 30(231)	3(107) 17(227) 31(226)	4(113) 18(121) 32(126)	5(150) 19(220) 33(143)	6(132) 20(141) 34(218)	7(133) 21(127) Finish	8(202)	9(205)	10(210)	11(211)	12(215)	13(219)	14(115) 28(216)
1 Marcus Pinker FVO	1:41:00	2:49 2:49 47:10 2:55 1:28:50 1:40	4:08 1:19 50:41 3:31 1:32:46 3:56	9:16 5:08 53:03 2:22 1:35:45 2:59	11:11 1:55 55:07 2:04 1:38:19 2:34	14:10 2:59 58:23 3:16 1:40:11 1:52	16:02 1:52 1:00:33 2:10 1:41:05 0:54	18:04 2:02 1:09:19 8:46 1:41:38 0:33	21:15 3:11 1:12:10 2:51 22:03	24:04 2:49 1:13:38 1:28 26:21	31:27 7:23 1:17:09 3:31 1:20:33	32:47 1:20 1:20:33 3:24 1:21:59	35:42 2:55 1:21:59 1:26 38:07	42:49 7:07 1:24:32 2:33 44:31	44:15 1:26 1:27:10 2:38 46:17
2 Anthony Squire NOC	1:47:59	3:02 3:02 48:23 2:06 1:32:43	4:29 1:27 52:01 3:38 1:38:37	9:09 4:40 54:41 2:40 1:41:55	11:42 2:33 56:50 2:09 1:44:35	14:45 3:03 1:00:17 3:27 1:46:22	16:45 2:00 1:02:22 2:05 1:47:22	18:50 2:05 1:11:28 9:06 1:47:59	22:03 3:13 1:14:44 3:16 2:11:21	26:21 4:18 1:16:27 1:43 2:12:05	33:11 6:50 1:20:05 3:49 2:14:05	34:57 1:46 1:23:54 3:49 2:15:59	38:07 3:10 1:25:31 1:37 2:17:36	44:31 6:24 1:28:08 2:37 2:19:53	46:17 1:46 1:30:54 2:46 2:21:40
3 Andrew Lindsay EUOC	2:11:00	1:23 1:23 56:12 2:27 1:53:28	3:07 1:44 1:01:10 4:58 2:00:07	8:08 5:01 1:03:52 2:42 2:04:21	10:59 2:51 1:06:29 2:37 2:07:34	17:11 6:12 1:11:25 4:56 2:09:50	19:10 1:59 1:13:29 2:04 2:10:57	21:41 2:31 1:24:46 11:17 2:11:21	25:26 3:45 1:29:09 4:23 2:15:52	29:10 3:44 1:31:19 5:26 2:20:02	39:03 9:53 1:36:45 5:12 2:25:17	40:37 1:34 1:41:57 5:12 2:30:29	44:27 3:50 1:44:16 2:19 2:34:48	51:39 7:12 1:47:46 3:30 2:38:18	53:45 2:06 1:51:32 3:46 2:42:04
4 Andrew Llewellyn NOC	2:11:31	1:56 1:35 1:35 1:01:57 3:17 1:53:51	6:39 3:08 1:33 1:06:25 4:28 1:59:38	8:14 8:09 5:01 1:09:03 2:38 2:04:14	9:54 10:54 2:45 1:11:25 2:22 2:07:12	18:26 20:45 7:32 1:15:23 3:58 2:09:31	20:45 23:30 2:19 1:17:25 2:02 2:10:41	23:30 2:16 2:45 1:28:02 10:37 2:11:31	30:47 23:30 7:17 1:31:21 3:19 2:15:40	35:52 44:45 5:05 1:32:59 1:38 2:18:28	44:45 46:20 8:53 1:37:46 4:47 2:23:15	46:20 1:35 1:42:41 4:55 2:28:10	49:56 3:36 1:44:35 1:54 2:32:04	56:46 6:50 1:47:25 2:50 2:36:54	58:40 1:54 1:51:13 3:48 2:40:02
5 Simon Gardner CLYDE	2:12:00	1:38 1:38 53:18 2:34 1:53:26	3:27 1:49 58:18 5:00 2:00:17	8:17 4:50 1:01:31 3:13 2:04:40	11:05 2:48 1:04:15 2:44 2:08:09	15:26 4:21 1:10:40 6:25 2:10:31	17:36 2:10 1:13:16 2:36 2:11:44	19:52 2:16 1:26:38 13:22 2:12:17	23:30 3:38 1:31:17 4:39 2:15:40	26:29 2:59 1:33:18 2:01 2:18:09	35:27 8:58 1:38:24 5:06 2:23:15	37:05 1:38 1:43:11 4:47 2:27:02	41:16 4:11 1:44:54 1:43 2:31:19	48:35 7:19 1:47:51 2:57 2:34:16	50:44 2:09 1:51:38 3:47 2:38:03
6 Calum McLeod EUOC	2:15:00	6:32 6:32 56:31 2:17 1:59:10	7:57 1:25 1:00:52 4:21 2:04:27	13:17 5:20 1:03:43 2:51 2:08:41	15:32 2:15 1:06:09 2:26 2:12:02	20:11 4:39 1:19:05 12:56 2:14:11	22:13 2:02 1:21:10 2:05 2:15:17	24:30 2:17 1:32:34 11:24 2:15:40	28:39 4:09 1:36:31 3:57 2:19:28	31:17 2:38 1:38:53 2:22 2:21:50	39:05 7:48 1:44:11 5:18 2:26:08	40:55 1:50 1:49:20 5:09 2:31:17	44:15 3:20 1:50:57 1:37 2:32:54	52:22 8:07 1:54:07 3:10 2:35:04	54:14 1:52 1:57:15 3:08 2:38:12
7 Joe Taunton NOC	2:20:00	5:57 5:57 1:09:57 7:31 2:02:47	8:18 2:21 1:14:08 4:11 2:08:05	13:07 4:49 1:17:17 3:09 2:12:20	15:29 2:22 1:19:39 2:22 2:15:34	25:51 10:22 1:23:29 3:50 2:18:07	27:53 2:02 1:25:31 2:02 2:19:29	32:34 4:41 1:36:39 11:08 2:20:10	36:44 4:10 1:40:09 3:30 2:23:40	39:42 2:58 1:42:23 2:14 2:26:04	47:13 7:31 1:47:35 5:12 2:31:16	49:00 1:47 1:52:03 4:28 2:35:44	53:02 4:02 1:53:54 1:51 2:37:35	1:00:30 7:28 1:57:08 3:14 2:40:49	1:02:26 1:56 2:00:58 3:50 2:44:39
8 Janne Heikkinen AUOC	2:26:49	6:49 6:49 1:04:59 6:29 2:07:03	8:07 1:18 1:10:28 5:29 2:13:18	13:01 4:54 1:13:20 2:52 2:17:28	16:31 3:30 1:16:00 2:40 2:22:16	20:53 4:22 1:20:34 4:34 2:25:12	22:58 2:05 1:23:18 2:44 2:26:15	25:50 2:52 1:37:26 14:08 2:26:49	29:30 3:40 1:43:29 6:03 2:30:29	34:56 5:26 1:45:49 2:20 2:35:49	42:53 7:57 1:51:56 6:07 2:41:46	44:39 1:46 1:56:33 4:37 2:46:23	48:13 3:34 1:58:44 2:11 2:50:34	56:39 8:26 2:01:59 3:15 2:53:49	58:30 1:51 2:05:14 3:15 2:56:59
9 Tim Gomersall GRAMP	2:32:00	4:32 4:32 1:06:56 3:09 2:12:01	6:03 1:31 1:12:09 5:13 2:18:15	10:49 4:46 1:14:34 2:25 2:23:10	13:33 2:44 1:17:12 2:38 2:28:00	26:51 13:18 1:21:34 4:22 2:30:21	28:54 2:03 1:23:55 2:21 2:31:35	31:24 2:30 1:36:51 12:56 2:32:12	35:43 4:19 1:41:44 4:53 2:36:37	39:20 3:37 1:44:30 2:46 2:40:03	48:12 8:52 1:51:14 6:44 2:46:47	49:52 1:40 1:57:05 5:51 2:52:38	54:16 4:24 2:00:44 3:39 2:56:07	1:01:46 7:30 2:04:32 3:48 2:59:55	1:03:47 2:01 2:09:34 5:02 3:04:36
10 Clement Claret EUOC	2:33:00	3:37 3:37 1:07:34 3:38 2:12:47	5:24 1:47 1:12:19 4:45 2:19:21	11:10 5:46 1:15:02 2:43 2:25:03	17:06 5:56 1:18:12 3:10 2:28:52	22:59 5:53 1:24:48 6:36 2:31:29	24:48 1:49 1:29:47 4:59 2:32:36	30:11 5:23 1:40:34 10:47 2:33:10	34:37 4:26 1:45:24 4:50 2:37:44	37:48 3:11 1:47:48 2:24 2:40:08	46:47 8:59 1:55:08 5:16 2:45:24	49:11 2:24 2:00:24 3:10 2:48:34	52:36 3:25 2:03:34 3:10 2:51:44	1:01:03 8:27 2:06:59 3:25 2:55:09	1:03:56 2:53 2:10:59 4:00 2:59:09

Pl	Name	Time														
M21V (3)			4.9 km 280 m				14 C				<i>(cont.)</i>					
			1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)
2	Colin McArthur MOR	1:15:05	5:13 5:13 1:15:05 0:33	12:12 6:59	21:27 9:15	30:53 9:26	42:19 11:26	43:32 1:13	48:18 4:46	53:51 5:33	1:00:09 6:18	1:02:18 2:09	1:03:57 1:39	1:11:40 7:43	1:13:13 1:33	1:14:32 1:19
3	Neil McMillan ELO	2:03:33	6:45 6:45 2:03:33 0:57	16:13 9:28	25:37 9:24	47:38 22:01	1:01:47 14:09	1:04:59 3:12	1:13:48 8:49	1:25:57 12:09	1:37:08 11:11	1:42:00 4:52	1:43:52 1:52	1:57:31 13:39	2:00:31 3:00	2:02:36 2:05
M35L (7)			8.2 km 460 m				18 C									
			1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
1	Will Hensman FVO	1:08:00	3:33 3:33 1:02:52 3:11	8:30 4:57 1:05:21 2:29	11:41 3:11 1:07:15 1:54	12:58 1:17 1:07:46 0:31	19:28 6:30 1:08:17 0:31	22:44 3:16	29:04 6:20	33:47 4:43	40:26 6:39	42:51 2:25	45:42 2:51	48:37 2:55	51:31 2:54	59:41 8:10
2	Steve Feltbower FVO	1:08:46	3:27 3:27 1:03:17 4:29	7:55 4:28 1:05:52 2:35	12:47 4:52 1:07:45 1:53	14:01 1:14 1:08:17 0:32	19:33 5:32 1:08:46 0:29	22:37 3:04	28:20 5:43	33:04 4:44	39:11 6:07	40:46 1:35	44:49 4:03	47:35 2:46	50:35 3:00	58:48 8:13
3	Laurence Cload INVOC	1:24:21	5:26 5:26 1:17:36 6:01	12:55 7:29 1:20:47 3:11	16:27 3:32 1:23:03 2:16	18:05 1:38 1:23:45 0:42	25:20 7:15 1:24:21 0:36	28:50 3:30	35:46 6:56	40:56 5:10	48:59 8:03	50:50 1:51	53:56 3:06	56:51 2:55	1:01:12 4:21	1:11:35 10:23
4	Mark Stockton GRAMP	1:31:00	5:10 5:10 1:23:31 5:25	13:06 7:56 1:27:07 3:36	17:39 4:33 1:29:59 2:52	19:11 1:32 1:31:00 1:01	27:00 7:49 1:31:38 0:38	31:43 4:43	39:07 7:24	46:05 6:58	55:26 9:21	57:34 2:08	1:00:21 2:47	1:04:14 3:53	1:07:20 3:06	1:18:06 10:46
5	Ross McLennan FVO	1:33:00	5:06 5:06 1:25:38 5:03	14:46 9:40 1:29:02 3:24	19:50 5:04 1:32:09 3:07	21:43 1:53 1:32:52 0:43	28:58 7:15 1:33:32 0:40	32:41 3:43	40:19 7:38	46:43 6:24	54:47 8:04	57:14 2:27	1:00:43 3:29	1:04:45 4:02	1:08:37 3:52	1:20:35 11:58
6	Gordon Urquhart GRAMP	1:35:00	4:36 4:36 1:26:48 4:18	10:58 6:22 1:30:23 3:35	16:45 5:47 1:33:56 3:33	18:27 1:42 1:34:50 0:54	27:58 9:31 1:35:29 0:39	32:08 4:10	38:55 6:47	45:05 6:10	57:06 12:01	1:00:42 3:36	1:04:44 4:02	1:08:56 4:12	1:12:35 3:39	1:22:30 9:55
	Johannes Felter BASOC	mp	6:30 6:30 1:15:58 3:36	11:37 5:07 ----- 7:28	17:44 6:07 1:23:26 0:35	19:27 1:43 1:24:01 0:28	27:18 7:51 1:24:29 0:28	30:19 3:01	36:44 6:25 1:20:36 *146	42:11 5:27	48:48 6:37	51:11 2:23	56:02 4:51	59:15 3:13	1:01:33 2:18	1:12:22 10:49
M40L (12)			8.2 km 460 m				18 C									
			1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
1	David Godfree FVO	1:07:00	3:25 3:25 1:01:42 3:14	8:05 4:40 1:04:12 2:30	11:26 3:21 1:06:38 2:26	13:02 1:36 1:07:11 0:33	19:37 6:35 1:07:42 0:31	23:21 3:44	29:12 5:51	34:01 4:49	40:00 5:59	41:57 1:57	44:56 2:59	47:38 2:42	50:27 2:49	58:28 8:01
2	Roger Goddard FVO	1:13:00	3:43 3:43 1:08:04 3:17	9:19 5:36 1:10:50 2:46	13:54 4:35 1:12:41 1:51	16:22 2:28 1:13:12 0:31	22:57 6:35 1:13:43 0:31	26:37 3:40	32:46 6:09	38:07 5:21	45:18 7:11	47:20 2:02	50:11 2:51	53:10 2:59	55:58 2:48	1:04:47 8:49
3	Drew Tivendale MAROC	1:21:00	4:17 4:17 1:14:59 4:34	10:25 6:08 1:18:19 3:20	14:33 4:08 1:20:36 2:17	16:05 1:32 1:21:16 0:40	23:25 7:20 1:21:48 0:32	26:34 3:09	34:03 7:29	39:52 5:49	47:27 7:35	49:36 2:09	52:33 2:57	56:32 3:59	59:32 3:00	1:10:25 10:53
4	Brian Corbett CORK O	1:26:00	6:44 6:44 1:19:32 4:11	12:41 5:57 1:22:36 3:04	16:03 3:22 1:24:52 2:16	17:38 1:35 1:25:31 0:39	25:11 7:33 1:26:04 0:33	28:40 3:29	35:30 6:50	42:24 6:54	49:25 7:01	51:51 2:26	58:24 6:33	1:01:42 3:18	1:04:29 2:47	1:15:21 10:52
5	Alec Keith INVOC	1:29:00	5:03 5:03 1:22:17 3:52	11:42 6:39 1:25:08 2:51	15:48 4:06 1:27:50 2:42	18:10 2:22 1:28:40 0:50	25:12 7:02 1:29:12 0:32	29:12 4:00	35:28 6:16	41:57 6:29	49:03 7:06	51:21 2:18	54:20 2:59	1:04:56 10:36	1:08:31 3:35	1:18:25 9:54
6	Gavin Miles BASOC	1:30:00	4:49 4:49 1:22:27 4:42	10:38 5:49 1:25:56 3:29	15:42 5:04 1:29:20 3:24	17:31 1:49 1:30:05 0:45	24:53 7:22 1:30:41 0:36	28:27 3:34	35:56 7:29	46:05 10:09	53:50 7:45	55:52 2:02	59:36 3:44	1:03:06 3:30	1:06:43 3:37	1:17:45 11:02
7	Graeme Ross INT	1:38:00	5:12 5:12 1:30:02 5:17	12:03 6:51 1:34:14 4:12	17:10 5:07 1:37:26 3:12	19:24 2:14 1:38:04 0:38	30:11 10:47 1:38:34 0:30	33:43 3:32	40:51 7:08	50:37 9:46	58:32 7:55	1:01:16 2:44	1:04:54 3:38	1:08:55 4:01	1:13:35 4:40	1:24:45 11:10
8	Mark Johnston FVO	1:39:00	4:09 4:09 1:32:25 10:30	10:38 6:29 1:35:45 3:20	14:38 4:00 1:38:11 2:26	17:48 3:10 1:38:52 0:41	24:35 6:47 1:39:28 0:36	27:35 3:00	34:16 6:41	42:34 8:18	49:43 7:09	51:56 2:13	1:02:06 10:10	1:06:06 4:00	1:10:36 4:30	1:21:55 11:19

Pl	Name	Time														
M40L (12)			8.2 km 460 m			18 C			<i>(cont.)</i>							
			1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
9	John McLuckie ECKO	1:49:00	4:47 4:47 1:40:08 6:48	13:12 8:25 1:43:44 3:36	17:29 4:17 1:47:54 4:10	19:30 2:01 1:48:49 0:55	28:40 9:10 1:49:27 0:38	32:57 4:17	41:31 8:34	48:31 7:00	1:00:24 11:53	1:05:19 4:55	1:14:01 8:42	1:17:47 3:46	1:21:23 3:36	1:33:20 11:57
10	Alastair Dunlop CLYDE	1:57:00	5:22 5:22 1:42:12 8:20	13:18 7:56 1:52:08 9:56	18:09 4:51 1:55:26 20:52	20:14 2:05 1:56:14 23:32	29:10 8:56 1:56:59 0:45	34:01 4:51	42:30 8:29	51:43 9:13	1:00:46 9:03	1:04:29 3:43	1:10:27 5:58	1:14:12 3:45	1:20:19 6:07	1:33:52 13:33
11	Edward Niland BASOC	2:06:00	5:54 5:54 1:56:21 7:05	15:26 9:32 2:00:51 4:30	20:52 5:26 2:05:00 4:09	23:32 2:40 2:06:02 1:02	35:14 11:42 2:06:44 0:42	40:41 5:27	50:36 9:55	1:00:11 9:35	1:13:19 13:08	1:16:54 3:35	1:23:51 6:57	1:29:08 5:17	1:34:08 5:00	1:49:16 15:08
12	Paul Hornsey ESOC	2:15:00	5:38 5:38 1:59:59 9:08	14:40 9:02 2:06:44 6:45	21:30 6:50 2:14:05 7:21	23:56 2:26 2:15:09 1:04	35:12 11:16 2:15:39 0:30	43:16 8:04	53:26 10:10	1:02:32 9:06	1:14:29 11:57	1:21:29 7:00	1:26:17 4:48	1:30:23 4:06	1:35:28 5:05	1:50:51 15:23
M40S (4)			5.0 km 300 m			14 C										
			1(153) Finish	2(116)	3(213)	4(118)	5(110)	6(117)	7(227)	8(141)	9(145)	10(226)	11(126)	12(146)	13(149)	14(218)
1	Walter Clark ESOC	1:01:00	5:10 5:10 1:01:19 0:36	11:17 6:07	13:26 2:09	23:37 10:11	27:44 4:07	30:01 2:17	33:24 3:23	36:33 3:09	41:03 4:30	51:15 10:12	55:01 3:46	57:46 2:45	1:00:03 2:17	1:00:43 0:40
2	Warwick Taylor MOR	1:10:37	6:28 6:28 1:10:37 0:29	15:34 9:06	17:13 1:39	27:41 10:28	33:56 6:15	37:28 3:32	41:48 4:20	44:50 3:02	49:33 4:43	58:21 8:48	1:03:45 5:24	1:06:20 2:35	1:09:10 2:50	1:10:08 0:58
3	Frank Popham KFO	1:18:00	7:01 7:01 1:18:18 0:32	15:17 8:16	17:24 2:07	29:16 11:52	38:39 9:23	42:00 3:21	45:58 3:58	49:11 3:13	54:24 5:13	1:05:53 11:29	1:10:04 4:11	1:13:55 3:51	1:17:13 3:18	1:17:46 0:33
4	Simon Firth ESOC	2:06:00	17:45 17:45 2:06:57 0:52	31:05 13:20	34:28 3:23	51:28 17:00	59:15 7:47	1:07:30 8:15	1:13:58 6:28	1:22:10 8:12	1:31:47 9:37	1:47:56 16:09	1:53:43 5:47	2:00:16 6:33	2:04:38 4:22	2:06:05 1:27
M45L (24)			7.2 km 365 m			16 C										
			1(229) 15(129)	2(112) 16(218)	3(193) Finish	4(113)	5(196)	6(144)	7(210)	8(213)	9(115)	10(110)	11(121)	12(227)	13(146)	14(143)
1	Patrick Walder CLYDE	1:03:43	2:03 2:03 1:02:12 1:09	3:34 1:31 1:03:10 0:58	9:26 5:52 1:03:43 0:33	13:15 3:49	16:50 3:35	20:14 3:24	27:21 7:07	32:05 4:44	39:22 7:17	41:35 2:13	43:54 2:19	46:02 2:08	59:05 13:03	1:01:03 1:58
2	Ben Stansfield FVO	1:03:53	2:13 2:13 1:02:33 1:05	3:43 1:30 1:03:20 0:47	9:32 5:49 1:03:53 0:33	12:49 3:17	17:04 4:15	20:20 3:16	27:19 6:59	32:14 4:55	39:10 6:56	41:39 2:29	43:42 2:03	46:08 2:26	59:32 13:24	1:01:28 1:56
3	Fraser Purves FVO	1:06:08	4:17 4:17 1:04:37 1:07	5:59 1:42 1:05:33 0:56	12:01 6:02 1:06:08 0:35	15:27 3:26	19:32 4:05	23:13 3:41	30:34 7:21	35:14 4:40	42:25 7:11	44:25 2:00	46:41 2:16	48:41 2:00	1:01:27 12:46	1:03:30 2:03
4	Jason Inman FVO	1:10:13	6:18 6:18 1:08:41 1:12	7:40 1:22 1:09:34 0:53	13:47 6:07 1:10:13 0:39	16:41 2:54	22:12 5:31	25:59 3:47	34:04 8:05	39:14 5:10	46:13 6:59	48:26 2:13	50:38 2:12	52:32 1:54	1:05:39 13:07	1:07:29 1:50
5	Jon Cross FVO	1:11:16	2:41 2:41 1:09:47 1:09	5:05 2:24 1:10:41 0:54	11:52 6:47 1:11:16 0:35	14:46 2:54	19:42 4:56	23:24 3:42	31:50 8:26	36:56 5:06	43:20 6:24	45:52 2:32	49:09 3:17	51:08 1:59	1:05:39 14:31	1:08:38 2:59
6	Andrew McMurtrie MAROC	1:12:44	2:27 2:27 1:11:05 1:05	4:15 1:48 1:12:07 1:02	11:05 6:50 1:12:44 0:37	14:29 3:24	18:43 4:14	22:47 4:04	30:34 7:47	35:38 5:04	43:39 8:01	46:14 2:35	48:28 2:14	50:46 2:18	1:07:55 17:09	1:10:00 2:05
7	Andy Dale ECKO	1:13:52	2:20 2:20 1:12:24 1:10	4:17 1:57 1:13:20 0:56	10:36 6:19 1:13:52 0:32	14:14 3:38	19:01 4:47	22:45 3:44	30:20 7:35	36:25 6:05	43:40 7:15	46:00 2:20	48:28 2:28	50:49 2:21	1:09:16 18:27	1:11:14 1:58
8	Kenneth Milton CLYDE	1:16:07	2:34 2:34 1:14:38 1:17	4:17 1:43 1:15:34 0:56	11:29 7:12 1:16:07 0:33	14:57 3:28	21:22 6:25	25:05 3:43	33:35 8:30	38:48 5:13	47:13 8:25	49:28 2:15	51:35 2:07	53:47 2:12	1:10:46 16:59	1:13:21 2:35
9	Ross Lilley ECKO	1:17:31	2:14 2:14 1:16:01 1:10	3:54 1:40 1:16:58 0:57	11:21 7:27 1:17:31 0:33	16:47 5:26	21:18 4:31	25:26 4:08	34:37 9:11	40:04 5:27	48:06 8:02	50:43 2:37	53:08 2:25	55:25 2:17	1:12:11 16:46	1:14:51 2:40

Pl	Name	Time														
M45L (24)		7.2 km 365 m 16 C (cont.)														
		1(229) 15(129)	2(112) 16(218)	3(193) Finish	4(113)	5(196)	6(144)	7(210)	8(213)	9(115)	10(110)	11(121)	12(227)	13(146)	14(143)	
10	Iain Smith-ward LOC	1:20:50	2:47 2:47 1:19:08 1:19	4:33 1:46 1:20:14 1:06	11:40 7:07 1:20:50 0:36	15:44 4:04	20:49 5:05	24:52 4:03	32:50 7:58	38:17 5:27	52:23 14:06	54:51 2:28	57:41 2:50	59:58 2:17	1:14:53 14:55	1:17:49 2:56
11	James Laird INVOC	1:22:02	4:13 4:13 1:20:17 1:07	6:21 2:08 1:21:20 1:03	13:25 7:04 1:22:02 0:42	18:56 5:31	23:07 4:11	27:57 4:50	36:22 8:25	42:42 6:20	51:04 8:22	57:08 6:04	59:46 2:38	1:01:47 2:01	1:17:03 15:16	1:19:10 2:07
12	Andrew Campbell MOR	1:26:38	2:17 2:17 1:25:07 1:02	3:58 1:41 1:26:07 1:00	11:28 7:30 1:26:38 0:31	15:13 3:45	21:15 6:02	25:42 4:27	37:00 11:18	42:07 5:07	55:35 13:28	57:48 2:13	1:01:50 4:02	1:04:01 2:11	1:22:05 18:04	1:24:05 2:00
13	Alan Irving WCOG	1:29:54	3:09 3:09 1:28:02 1:19	4:54 1:45 1:29:13 1:11	12:24 7:30 1:29:54 0:41	18:22 5:58	23:57 5:35	28:09 4:12	39:33 11:24	45:15 5:42	53:33 8:18	1:00:44 7:11	1:03:23 2:39	1:05:44 2:21	1:24:03 18:19	1:26:43 2:40
14	John Emeleus KFO	1:31:58	3:09 3:09 1:30:00 1:31	4:50 1:41 1:31:13 1:13	12:52 8:02 1:31:58 0:45	17:07 4:15	23:11 6:04	27:33 4:22	39:30 11:57	46:10 6:40	54:56 8:46	58:00 3:04	1:00:54 2:54	1:03:34 2:40	1:23:38 20:04	1:28:29 4:51
15	Barry Veitch RR	1:35:28	4:56 4:56 1:33:43 2:16	10:12 5:16 1:34:48 1:05	16:33 6:21 1:35:28 0:40	29:05 12:32	33:25 4:20	36:53 3:28	46:03 9:10	51:33 5:30	59:10 7:37	1:02:03 2:53	1:04:25 2:22	1:06:35 2:10	1:29:07 22:32	1:31:27 2:20
16	Nick Collins MAROC	1:40:51	3:04 3:04 1:38:55 1:53	6:48 3:44 1:40:15 1:20	14:49 8:01 1:40:51 0:36	20:56 6:07	27:53 6:57	32:34 4:41	42:53 10:19	49:17 6:24	1:03:15 13:58	1:07:20 4:05	1:11:29 4:09	1:15:01 3:32	1:34:33 19:32	1:37:02 2:29
17	Max Carcas INT	1:41:40	3:52 3:52 1:40:11 1:21	6:00 2:08 1:41:12 1:01	13:01 7:01 1:41:40 0:28	20:27 7:26	26:38 6:11	30:50 4:12	39:17 8:27	46:19 7:02	54:26 8:07	1:13:17 18:51	1:17:08 3:51	1:19:48 2:40	1:36:12 16:24	1:38:50 2:38
18	David Kirk GRAMP	1:42:41	3:45 3:45 1:40:53 1:55	6:13 2:28 1:42:04 1:11	15:13 9:00 1:42:41 0:37	21:50 6:37	29:22 7:32	35:04 5:42	45:41 10:37	53:11 7:30	1:02:09 8:58	1:05:20 3:11	1:12:11 6:51	1:15:35 3:24	1:35:29 19:54	1:38:58 3:29
19	Pat Bartlett INT	1:44:45	12:57 12:57 1:42:51 1:27	15:34 2:37 1:44:03 1:12	22:59 7:25 1:44:45 0:42	27:29 4:30	32:26 4:57	37:19 4:53	48:24 11:05	54:54 6:30	1:04:26 9:32	1:15:11 10:45	1:17:58 2:47	1:20:27 2:29	1:38:47 18:20	1:41:24 2:37
20	Andy Paterson CLYDE	1:48:24	3:48 3:48 1:46:12 1:40	6:23 2:35 1:47:34 1:22	16:41 10:18 1:48:24 0:50	22:17 5:36	30:30 8:13	35:28 4:58	50:26 14:58	58:57 8:31	1:09:15 10:18	1:13:28 4:13	1:16:54 3:26	1:19:56 3:02	1:40:38 20:42	1:44:32 3:54
21	Stuart Graham SOLWAY	1:51:09	7:03 7:03 1:49:08 1:52	9:42 2:39 1:50:26 1:18	19:01 9:19 1:51:09 0:43	24:09 5:08	31:41 7:32	37:04 5:23	48:52 11:48	58:39 9:47	1:09:01 10:22	1:12:31 3:30	1:18:32 6:01	1:22:24 3:52	1:43:31 21:07	1:47:16 3:45
22	Chris Slattery FINGAL	2:18:56	3:35 3:35 2:16:44 2:07	6:15 2:40 2:18:13 1:29	22:34 16:19 2:18:56 0:43	29:09 6:35	38:01 8:52	44:52 6:51	1:00:15 15:23	1:11:27 11:12	1:23:20 11:53	1:27:48 4:28	1:33:09 5:21	1:37:26 4:17	2:09:52 32:26	2:14:37 4:45
	David Eades INT	mp	7:29 7:29 1:43:21 1:19	15:38 8:09 1:44:18 0:57	----- ----- 1:44:58 0:40	28:12 12:34	34:10 5:58	38:09 3:59	50:53 12:44	59:04 8:11	1:07:19 8:15	1:09:59 2:40	1:12:15 2:16	1:18:16 6:01	1:39:15 20:59	1:42:02 2:47
	Kevin Holliday INVOC	disq	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
M45S (7)		4.9 km 280 m 14 C														
		1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)	
1	Brad Connor FVO	45:57	3:13 3:13 45:57 0:36	7:55 4:42	11:15 3:20 6:48	18:03 6:48	20:47 2:44	21:29 0:42	24:37 3:08	28:51 4:14	34:14 5:23	36:36 2:22	37:28 0:52	43:05 5:37	44:28 1:23	45:21 0:53
2	Paul Murgatroyd LOG	58:25	11:12 11:12 58:25 0:39	15:42 4:30 4:52	20:34 4:52	27:31 6:57	31:19 3:48	32:25 1:06	35:59 3:34	41:14 5:15	46:16 5:02	48:19 2:03	49:18 0:59	55:15 5:57	56:45 1:30	57:46 1:01
3	Pascal Lardet FVO	1:06:11	4:37 4:37 1:06:11 0:37	11:04 6:27	17:26 6:22	26:09 8:43	32:23 6:14	34:25 2:02	39:36 5:11	45:39 6:03	52:23 6:44	55:07 2:44	56:14 1:07	1:02:30 6:16	1:04:18 1:48	1:05:34 1:16

Pl	Name	Time													
M50L (29)		7.2 km 365 m 16 C (cont.)													
		1(229) 15(129)	2(112) 16(218)	3(193) Finish	4(113)	5(196)	6(144)	7(210)	8(213)	9(115)	10(110)	11(121)	12(227)	13(146)	14(143)
15	Steve Dempsey MDOC	1:30:18	6:02 6:02 1:28:44 1:11	10:57 4:55 1:29:43 0:59	19:24 8:27 1:30:18 0:35	25:13 5:49 5:55	31:08 5:55 4:14	35:22 4:14 8:09	43:31 8:09	49:55 6:24 10:13	1:00:08 1:03:01 2:53	1:06:02 3:01	1:08:33 2:31	1:24:22 15:49	1:27:33 3:11
16	Iain Hope INVOC	1:32:12	3:40 3:40 1:30:34 1:32	9:11 5:31 1:31:34 1:00	17:01 7:50 1:32:12 0:38	20:45 3:44 5:10	25:55 4:50	30:45 4:50 9:34	40:19 8:00 8:59	48:19 8:59 2:24	59:42 2:11 2:25	1:01:53 2:11 2:25	1:04:18 2:15 2:45	1:26:03 21:45	1:29:02 2:59
17	John Lang GRAMP	1:39:45	8:00 8:00 1:37:30 2:09	10:04 2:04 1:38:58 1:28	18:06 8:02 1:39:45 0:47	22:29 4:23 6:55	29:24 6:55 5:33	34:57 5:33 9:46	44:43 9:46 6:18	51:01 6:18 9:08	1:00:09 4:15 4:08	1:04:24 4:08 3:53	1:08:32 3:53 19:21	1:12:25 1:31:46 3:35	1:35:21 3:35
18	Rupert Hornby MOR	1:40:05	6:59 6:59 1:38:07 1:30	9:43 2:44 1:39:21 1:14	19:03 9:20 1:40:05 0:44	24:44 5:41 7:20	32:04 7:20 5:54	37:58 5:54 11:03	49:01 11:03 5:56	54:57 5:56 8:10	1:03:07 3:57 4:09	1:07:04 3:57 4:09	1:11:13 4:09 2:46	1:13:59 19:42 19:42	1:36:37 2:56
19	Trevor Hindle MDOC	1:46:46	10:22 10:22 1:44:51 1:28	12:11 1:49 1:46:08 1:17	27:58 15:47 1:46:46 0:38	32:53 4:55 6:16	39:09 6:16 3:40	42:49 3:40 8:59	51:48 8:59 7:38	59:26 7:38 11:47	1:11:13 2:53 3:32	1:14:06 2:53 3:32	1:17:38 3:32 2:42	1:20:20 19:00 19:00	1:43:23 4:03
20	Keith Brown ESOC	1:47:40	15:25 15:25 1:46:22 1:12	26:14 10:49 1:47:11 0:49	36:42 10:28 1:47:40 0:29	42:36 5:54 5:40	48:16 5:40 4:08	52:24 4:08 8:12	1:00:36 8:12 6:30	1:07:06 6:30 10:15	1:17:21 2:30 3:13	1:19:51 2:30 3:13	1:23:04 2:25 17:39	1:43:08 17:39	1:45:10 2:02
21	Andy McCann INVOC	1:48:19	22:05 22:05 1:46:45 1:31	23:33 1:28 1:47:45 1:00	30:00 6:27 1:48:19 0:34	34:27 4:27 5:18	39:45 5:18 4:40	44:25 4:40 9:07	53:32 9:07 6:50	1:00:22 6:50 14:37	1:14:59 2:47 5:33	1:17:46 2:47 5:33	1:23:19 2:46 16:08	1:26:05 16:08 3:01	1:45:14 3:01
22	Donald Barrie MAROC	1:55:00	8:27 8:27 1:52:50 2:17	13:44 5:17 1:54:21 1:31	20:41 6:57 1:55:00 0:39	27:21 6:40 6:54	34:15 6:54 6:00	40:15 6:00 11:16	51:31 11:16 8:54	1:00:25 8:54 10:53	1:11:18 4:10 4:10	1:15:28 4:10 2:56	1:18:24 2:56 4:59	1:23:23 20:12 20:12	1:43:35 6:58
23	Murray Anderson GRAMP	1:57:56	17:04 17:04 1:55:48 1:38	18:35 1:31 1:57:11 1:23	26:11 7:36 1:57:56 0:45	31:34 5:23 5:35	37:09 5:35 5:01	42:10 5:01 8:40	50:50 8:40 5:16	56:06 5:16 14:47	1:10:53 2:53 11:02	1:21:55 3:29 3:29	1:25:24 3:16 21:04	1:28:40 21:04 21:04	1:54:10 4:26
24	Ian Rowland ELO	2:01:34	3:09 3:09 1:59:53 1:33	16:23 13:14 2:01:00 1:07	24:36 8:13 2:01:34 0:34	44:48 20:12 6:50	51:38 6:50 4:43	56:21 4:43 8:36	1:04:57 8:36 10:06	1:15:03 10:06 10:52	1:25:55 3:27 3:17	1:29:22 3:17 2:36	1:32:39 2:36 18:54	1:35:15 18:54 4:11	1:58:20 4:11
25	Jim Mailer ECKO	2:19:16	14:06 14:06 2:16:42 2:13	16:20 2:14 2:18:26 1:44	26:10 9:50 2:19:16 0:50	37:19 11:09 5:14	42:33 5:14 4:24	46:57 4:24 12:06	59:03 12:06 8:20	1:07:23 8:20 11:04	1:18:27 19:34 3:22	1:38:01 3:22 3:21	1:41:23 3:21 25:42	2:10:26 25:42 4:03	2:14:29 4:03
26	Tim Harding ELO	2:20:23	3:32 3:32 2:18:38 4:42	6:03 2:31 2:19:42 1:04	14:51 8:48 2:20:23 0:41	25:48 10:57 7:21	33:09 7:21 4:44	37:53 4:44 33:47	1:11:40 33:47 8:59	1:20:39 8:59 11:00	1:31:39 5:19 6:47	1:36:58 6:47 3:44	1:43:45 3:44 22:49	2:10:18 22:49 3:38	2:13:56 3:38
	Robin Skinner MAROC	mp	2:43 2:43 1:33:03 3:08	4:32 1:49 1:34:01 0:58	12:06 7:34 1:34:44 0:43	16:17 4:11 4:25	20:42 4:25 4:55	25:37 4:55 10:37	36:14 10:37 5:39	41:53 5:39 8:58	50:51 4:02 4:02	54:53 4:02 2:23	57:16 2:23 2:51	1:00:07 2:51 29:48	----- 29:48
	Julian Hall ELO	mp	6:06 6:06 1:37:08 1:33	7:54 1:48 1:38:06 0:58	16:34 8:40 2:20:23 0:41	21:35 5:01	37:32 15:57	----- 15:57	54:22 16:50	----- 16:50	----- 16:31	1:10:53 3:23	1:14:16 18:37	1:32:53 18:37	1:35:35 2:42
	David Robertson ESOC	dnf	5:04 5:04 -----	16:17 11:13 -----	28:07 11:50	34:30 6:23	49:26 14:56	1:03:03 13:37	1:21:42 18:39	1:32:22 10:40	----- -----	----- -----	----- -----	----- -----	----- -----
M50S (8)		4.8 km 240 m 12 C													
		1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish	
1	Pete Lawrence GRAMP	54:06	3:32 3:32 4:57	8:29 4:57 7:45	16:14 7:45 1:41	17:55 6:45 1:24	24:40 6:45 3:24	26:04 1:24 4:28	29:28 3:24 4:28	33:56 4:28 11:45	45:41 3:49 2:27	51:57 2:27 1:31	53:28 1:31 0:38	54:06 0:38 1:00:21	54:06 0:38 0:38
2	Phil Smith AYROC	1:00:21	3:35 3:35 5:56	9:31 5:56 9:43	19:14 9:43 1:35	20:49 1:35 7:58	28:47 7:58 1:30	30:17 1:30 2:51	33:08 2:51 5:09	38:17 5:09 12:28	50:45 4:26 3:04	55:11 4:26 3:04	58:15 3:04 1:28	59:43 1:28 0:38	1:00:21 0:38
3	Ken Daly INT	1:02:00	3:54 3:54 5:36	9:30 5:36 9:37	21:28 9:37 2:21	31:59 10:31 1:32	33:31 1:32 3:30	37:01 3:30 5:18	42:19 5:18 11:40	53:59 11:40 4:03	58:02 4:03 2:28	1:00:30 2:28 1:25	1:01:55 1:25 0:41	1:02:36 0:41	1:02:36 0:41
4	Robert Cranston RR	1:11:30	3:46 3:46 7:12	10:58 7:12 11:22	22:20 11:22 2:08	24:28 2:08 8:58	33:26 8:58 1:58	35:24 1:58 3:08	38:32 3:08 6:03	44:35 6:03 13:25	58:00 6:02 4:38	1:04:02 4:38 2:05	1:08:40 2:05 0:45	1:10:45 0:45	1:11:30 0:45
5	Ian McIntyre INT	1:12:51	4:07 4:07 7:08	11:15 7:08 10:57	22:12 10:57 2:19	24:31 2:19 9:39	34:10 9:39 1:40	35:50 1:40 4:04	39:54 4:04 6:20	46:14 6:20 14:47	1:01:01 5:44 3:34	1:06:45 3:34 1:40	1:10:19 1:40 0:52	1:11:59 0:52	1:12:51 0:52
6	Alan Bennett MAROC	1:23:02	4:38 4:38 6:10	10:48 6:10 9:05	19:53 9:05 3:04	22:57 3:04 12:53	35:50 12:53 1:48	37:38 1:48 3:28	41:06 3:28 7:01	48:07 7:01 14:06	1:02:13 7:05 11:06	1:09:18 11:06 2:01	1:20:24 2:01 0:37	1:22:25 0:37	1:23:02 0:37
7	David Anderson TAY	1:23:32	4:02 4:02 7:33	11:35 7:33 19:41	31:16 19:41 2:15	33:31 2:15 9:36	43:07 9:36 1:53	45:00 1:53 3:23	48:23 3:23 6:54	55:17 6:54 14:49	1:10:06 7:16 3:57	1:17:22 3:57 1:31	1:21:19 1:31 0:42	1:22:50 0:42	1:23:32 0:42

Pl	Name	Time														
M65L (26)			4.9 km 280 m		14 C		<i>(cont.)</i>									
		1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)	
5	Mike Godfree DVO	1:00:42	4:17 4:17 1:00:42 0:44	11:17 7:00	15:28 4:11	23:53 8:25	27:47 3:54	29:17 1:30	33:40 4:23	39:45 6:05	46:47 7:02	49:06 2:19	50:03 0:57	56:20 6:17	58:45 2:25	59:58 1:13
6	Phil Smithard KFO	1:01:00	3:52 3:52 1:01:26 0:36	10:17 6:25	14:14 3:57	22:31 8:17	30:00 7:29	31:01 1:01	35:26 4:25	41:25 5:59	48:03 6:38	50:35 2:32	51:49 1:14	58:01 6:12	59:39 1:38	1:00:50 1:11
7	Brian Johnson WIM	1:03:27	4:44 4:44 1:03:27 0:43	11:15 6:31	15:45 4:30	24:17 8:32	30:43 6:26	31:49 1:06	36:54 5:05	43:00 6:06	49:53 6:53	52:28 2:35	53:38 1:10	59:56 6:18	1:01:31 1:35	1:02:44 1:13
8	Peter Halling CLYDE	1:06:30	3:43 3:43 1:06:30 0:44	9:08 5:25	21:33 12:25	30:14 8:41	33:54 3:40	35:13 1:19	39:35 4:22	46:07 6:32	51:50 5:43	54:34 2:44	55:41 1:07	1:02:51 7:10	1:04:29 1:38	1:05:46 1:17
9	Guy Seaman INVOC	1:07:44	4:31 4:31 1:07:44 0:42	10:27 5:56	14:54 4:27	23:59 9:05	28:34 4:35	30:04 1:30	34:58 4:54	41:58 7:00	49:26 7:28	56:37 7:11	57:38 1:01	1:04:21 6:43	1:05:51 1:30	1:07:02 1:11
10	Peter Guillaume SYO	1:12:35	5:23 5:23 1:12:35 0:47	12:28 7:05	19:22 6:54	28:59 9:37	33:34 4:35	35:06 1:32	40:10 5:04	47:32 7:22	55:05 7:33	57:53 2:48	58:59 1:06	1:07:06 8:07	1:10:27 3:21	1:11:48 1:21
11	Geoffrey Hensman FVO	1:12:38	6:01 6:01 1:12:38 0:55	12:59 6:58	18:38 5:39	28:32 9:54	34:17 5:45	36:00 1:43	40:47 4:47	48:09 7:22	55:11 7:02	58:38 3:27	1:00:01 1:23	1:08:25 8:24	1:10:21 1:56	1:11:43 1:22
12	Phill Thompson MOR	1:13:01	5:06 5:06 1:13:01 0:51	14:26 9:20	19:03 4:37	29:20 10:17	34:13 4:53	35:24 1:11	40:12 4:48	46:42 6:30	57:14 10:32	1:00:23 3:09	1:01:34 1:11	1:08:51 7:17	1:10:30 1:39	1:12:10 1:40
13	John Coon ECKO	1:17:39	5:54 5:54 1:17:39 0:54	16:58 11:04	24:26 7:28	34:00 9:34	38:37 4:37	40:11 1:34	45:15 5:04	52:34 7:19	1:00:14 7:40	1:03:04 2:50	1:04:17 1:13	1:12:03 7:46	1:15:14 3:11	1:16:45 1:31
14	Dougie Condy AYROC	1:18:45	5:49 5:49 1:18:45 1:27	12:05 6:16	17:28 5:23	26:07 8:39	30:46 4:39	32:15 1:29	37:14 4:59	45:13 7:59	53:35 8:22	57:40 4:05	59:02 1:22	1:12:06 13:04	1:15:18 3:12	1:17:18 2:00
15	Alastair Lessells ESOC	1:20:20	4:39 4:39 1:20:20 0:36	17:09 12:30	32:01 14:52	40:14 8:13	44:50 4:36	45:54 1:04	51:03 5:09	57:15 6:12	1:06:00 8:45	1:08:43 2:43	1:09:33 0:50	1:17:11 7:38	1:18:38 1:27	1:19:44 1:06
15	Robin Strain ELO	1:20:20	5:11 5:11 1:20:20 0:41	12:29 7:18	21:56 9:27	31:20 9:24	38:05 6:45	40:17 2:12	45:56 5:39	54:00 8:04	1:03:14 9:14	1:06:32 3:18	1:07:52 1:20	1:16:31 8:39	1:18:12 1:41	1:19:39 1:27
17	Ian Turner SOLWAY	1:21:38	5:09 5:09 1:21:38 0:39	11:16 6:07	18:21 7:05	31:45 13:24	37:51 6:06	40:02 2:11	46:09 6:07	53:14 7:05	1:00:06 6:52	1:04:47 4:41	1:06:00 1:13	1:17:32 11:32	1:19:35 2:03	1:20:59 1:24
18	Brian Bullen FVO	1:23:00	7:18 7:18 1:23:00 1:33	16:21 9:03	23:23 7:02	34:45 11:22	40:33 5:48	42:22 1:49	47:50 5:28	55:31 7:41	1:03:47 8:16	1:07:08 3:21	1:08:23 1:15	1:16:48 8:25	1:19:29 2:41	1:21:27 1:58
19	Donald Smith TAY	1:23:51	5:41 5:41 1:23:51 0:50	13:39 7:58	19:52 6:13	30:40 10:48	35:31 4:51	36:59 1:28	44:24 7:25	55:17 10:53	1:04:20 9:03	1:07:40 3:20	1:09:11 1:31	1:19:51 10:40	1:21:39 1:48	1:23:01 1:22
20	Pat Squire INT	1:24:33	5:44 5:44 1:24:33 0:47	13:09 7:25	24:32 11:23	34:26 9:54	42:58 8:32	44:35 1:37	50:32 5:57	57:55 7:23	1:07:10 9:15	1:10:04 2:54	1:11:18 1:14	1:19:26 8:08	1:22:10 2:44	1:23:46 1:36
21	Roger Scrutton ESOC	1:24:50	5:16 5:16 1:24:50 0:52	12:59 7:43	20:42 7:43	30:24 9:42	44:39 14:15	46:05 1:26	51:12 5:07	1:00:15 9:03	1:07:30 7:15	1:10:24 2:54	1:11:36 1:12	1:20:30 8:54	1:22:30 2:00	1:23:58 1:28
22	Chris Aust GRAMP	1:26:00	5:44 5:44 1:26:00 0:43	14:16 8:32	21:38 7:22	31:26 9:48	39:29 8:03	40:51 1:22	47:04 6:13	55:52 8:48	1:04:00 8:08	1:08:11 4:11	1:09:43 1:32	1:21:34 11:51	1:23:43 2:09	1:25:17 1:34
23	John Nash LOC	1:29:25	6:04 6:04 1:29:25 0:47	17:11 11:07	25:27 8:16	36:27 11:00	43:19 6:52	44:50 1:31	50:39 5:49	59:08 8:29	1:08:04 8:56	1:12:07 4:03	1:14:17 2:10	1:25:17 11:00	1:27:18 2:01	1:28:38 1:20

PI Name	Time														
M65L (26)		4.9 km 280 m				14 C				<i>(cont.)</i>					
		1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)
24 Dave Neild LOC	1:33:02	6:12 6:12 1:33:02 0:49	24:47 18:35	37:50 13:03	47:55 10:05	54:12 6:17	55:27 1:15	1:00:51 5:24	1:11:44 10:53	1:19:09 7:25	1:21:43 2:34	1:22:57 1:14	1:29:19 6:22	1:30:52 1:33	1:32:13 1:21
25 Dick Carmichael TINTO	1:46:10	6:30 6:30 1:46:10 0:55	17:21 10:51	31:20 13:59	46:25 15:05	54:32 8:07	56:20 1:48	1:02:50 6:30	1:13:00 10:10	1:25:06 12:06	1:29:01 3:55	1:30:22 1:21	1:41:16 10:54	1:43:31 2:15	1:45:15 1:44
Bill Stevenson ESOC	mp	4:47 4:47 1:48:38 1:16	13:28 8:41	----- 26:27 *213	39:35 26:07	46:36 7:01	54:51 8:15	1:02:04 7:13	1:13:34 11:30	1:23:28 9:54	1:28:00 4:32	1:29:35 1:35	1:42:40 13:05	1:45:26 2:46	1:47:22 1:56
M65S (3)		4.1 km 180 m				10 C									
		1(128)	2(209)	3(210)	4(127)	5(116)	6(217)	7(216)	8(146)	9(119)	10(218)	Finish			
1 Jim Moffat KFO	1:14:01	6:15 6:15	14:05 7:50	17:33 3:28	24:36 7:03	33:27 8:51	38:55 5:28	47:20 8:25	1:06:11 18:51	1:09:24 3:13	1:13:11 3:47	1:14:01 0:50			
2 George Esson GRAMP	1:56:50	11:12 11:12	23:23 12:11	28:39 5:16	45:10 16:31	58:10 13:00	1:07:39 9:29	1:21:44 14:05	1:40:57 19:13	1:46:49 5:52	1:55:19 8:30	1:56:50 1:31			
3 Steve Buckley LOC	2:23:33	10:22 10:22	21:50 11:28	30:35 8:45	52:30 21:55	1:00:55 8:25	1:08:10 7:15	1:34:47 26:37	2:09:29 34:42	2:14:35 5:06	2:22:17 7:42	2:23:33 1:16			
M70L (15)		4.8 km 240 m				12 C									
		1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish	
1 Julian Lailey SROC	1:05:14	3:19 3:19	12:10 8:51	19:49 7:39	21:43 1:54	30:51 9:08	34:08 3:17	36:50 2:42	41:22 4:32	51:38 10:16	1:00:45 9:07	1:03:11 2:26	1:04:36 1:25	1:05:14 0:38	
2 Neil McLean GRAMP	1:05:29	4:09 4:09	10:10 6:01	19:38 9:28	21:35 1:57	29:45 8:10	31:25 1:40	34:33 3:08	40:05 5:32	53:54 13:49	59:04 5:10	1:03:15 4:11	1:04:45 1:30	1:05:29 0:44	
3 Richard Spendlove EPOC	1:07:50	3:11 3:11	8:41 5:30	20:01 11:20	25:57 5:56	35:11 9:14	36:42 1:31	39:31 2:49	44:09 4:38	56:16 12:07	1:02:16 6:00	1:05:49 3:33	1:07:14 1:25	1:07:50 0:36	
4 Michael Pearson WCOE	1:13:00	4:09 4:09	10:53 6:44	21:02 10:09	23:17 2:15	35:05 11:48	37:14 2:09	40:21 3:07	47:14 6:53	59:14 12:00	1:05:09 5:55	1:10:26 5:17	1:12:39 2:13	1:13:27 0:48	
5 Dave McQuillen SOLWAY	1:16:20	4:28 4:28	11:17 6:49	20:56 9:39	23:19 2:23	34:48 11:29	36:53 2:05	40:57 4:04	47:41 6:44	1:04:31 16:50	1:10:18 5:47	1:14:00 3:42	1:15:38 1:38	1:16:20 0:42	
6 Ian Pyrah ESOC	1:16:32	4:15 4:15	11:18 7:03	22:23 11:05	24:49 2:26	37:16 12:27	39:12 1:56	43:30 4:18	49:04 5:34	1:04:11 15:07	1:10:17 6:06	1:14:01 3:44	1:15:46 1:45	1:16:32 0:46	
7 Robert Philp KFO	1:16:45	4:03 4:03	10:25 6:22	19:33 9:08	21:43 2:10	31:27 9:44	33:30 2:03	36:55 3:25	42:32 5:37	55:42 13:10	1:11:28 15:46	1:14:27 2:59	1:16:04 1:37	1:16:45 0:41	
8 Tim Sowood INVOC	1:18:00	4:37 4:37	12:31 7:54	22:59 10:28	25:28 2:29	35:05 9:37	37:13 2:08	40:46 3:33	47:01 6:15	1:02:53 15:52	1:10:50 7:57	1:15:35 4:45	1:18:06 2:31	1:18:48 0:42	
9 George Reynolds INVOC	1:18:53	4:33 4:33	12:26 7:53	23:09 10:43	25:21 2:12	36:57 11:36	39:21 2:24	43:14 3:53	49:57 6:43	1:06:44 16:47	1:12:56 6:12	1:16:20 3:24	1:18:18 1:58	1:18:53 0:35	
10 Peter Craig MAROC	1:27:04	5:14 5:14	13:02 7:48	25:32 12:30	28:23 2:51	38:51 10:28	41:09 2:18	46:15 5:06	55:24 9:09	1:11:06 15:42	1:18:49 7:43	1:24:00 5:11	1:26:17 2:17	1:27:04 0:47	
11 Tony Wagg MDOC	1:32:43	5:32 5:32	15:43 10:11	29:42 13:59	33:05 3:23	44:53 11:48	47:33 2:40	52:10 4:37	59:18 7:08	1:17:42 18:24	1:25:03 7:21	1:29:22 4:19	1:31:48 2:26	1:32:43 0:55	
12 Keith Sykes EPOC	1:41:07	4:55 4:55	13:29 8:34	27:02 13:33	29:55 2:53	42:00 12:05	44:22 2:22	1:03:15 18:53	1:10:25 7:10	1:25:41 15:16	1:33:17 7:36	1:37:58 4:41	1:40:14 2:16	1:41:07 0:53	
13 Steve Burge LOC	1:42:37	5:16 5:16	16:30 11:14	30:32 14:02	35:19 4:47	48:45 13:26	51:20 2:35	1:00:02 8:42	1:08:51 8:49	1:25:41 16:50	1:33:17 7:36	1:38:48 5:31	1:41:38 2:50	1:42:37 0:59	
14 Mike Forsyth GRAMP	2:01:47	4:57 4:57	12:36 7:39	39:37 27:01	42:24 2:47	54:51 12:27	57:21 2:30	1:00:53 3:32	1:11:04 10:11	1:32:01 20:57	1:51:46 19:45	1:57:32 5:46	2:00:56 3:24	2:01:47 0:51	
15 Brian Yates ESOC	2:31:35	8:15 8:15	20:44 12:29	39:45 19:01	44:41 4:56	1:19:15 34:34	1:22:56 3:41	1:31:39 8:43	1:44:18 12:39	2:10:07 25:49	2:20:59 10:52	2:27:28 6:29	2:30:52 3:24	2:31:35 0:43	
M75L (5)		4.7 km 215 m				12 C									
		1(146)	2(127)	3(213)	4(116)	5(115)	6(117)	7(227)	8(141)	9(145)	10(216)	11(143)	12(218)	Finish	
1 Barrie Speake EBOR	1:16:27	4:46 4:46	9:30 4:44	14:47 5:17	16:23 1:36	27:39 11:16	33:08 5:29	38:56 5:48	43:26 4:30	53:24 9:58	58:17 4:53	1:12:43 14:26	1:15:16 2:33	1:16:27 1:11	
2 Dick Whitworth BL	1:26:37	5:59 5:59	12:51 6:52	24:18 11:27	27:21 3:03	40:35 13:14	47:03 6:28	53:01 5:58	57:50 4:49	1:05:28 7:38	1:09:59 4:31	1:22:54 12:55	1:25:36 2:42	1:26:37 1:01	
3 Donald Macleod FVO	1:31:50	5:50 5:50	12:19 6:29	19:43 7:24	23:08 3:25	34:54 11:46	45:28 10:34	52:23 6:55	56:24 4:01	1:03:23 6:59	1:06:52 3:29	1:26:24 19:32	1:30:51 4:27	1:31:50 0:59	
4 David Brook NN	1:32:43	8:03 8:03	13:42 5:39	22:09 8:27	24:55 2:46	42:53 17:58	50:32 7:39	56:43 6:11	1:02:47 6:04	1:11:05 8:18	1:15:24 4:19	1:29:35 14:11	1:31:44 2:09	1:32:43 0:59	
5 David Mawdsley MDOC	1:33:08	7:59 7:59	13:04 5:05	20:27 7:23	25:54 5:27	49:35 23:41	55:48 6:13	1:02:18 6:30	1:06:16 3:58	1:14:41 8:25	1:18:40 3:59	1:30:04 11:24	1:32:15 2:11	1:33:08 0:53	
M80 (2)		3.2 km 120 m				10 C									
		1(128)	2(127)	3(210)	4(116)	5(213)	6(123)	7(146)	8(126)	9(143)	10(218)	Finish			
1 Stan Johnston LOC	1:11:36	5:57 5:57	15:17 9:20	23:51 8:34	38:50 14:59	41:44 2:54	49:52 8:08	57:05 7:13	1:03:54 6:49	1:08:42 4:48	1:10:42 2:00	1:11:36 0:54			
2 Jim Clark ESOC	1:12:49	7:10 7:10	16:53 9:43	25:35 8:42	34:53 9:18	38:09 3:16	47:57 9:48	54:57 7:00	1:01:22 6:25	1:09:44 8:22	1:11:54 2:10	1:12:49 0:55			

PI	Name	Time														
M85 (2)		2.8 km 100 m			8 C											
		1(153)	2(127)	3(215)	4(123)	5(146)	6(126)	7(129)	8(218)	Finish						
1	Adrian Hope	1:47:07	29:46	58:28	1:06:31	1:15:51	1:27:24	1:35:24	1:44:01	1:46:14	1:47:07					
	BASOC		29:46	28:42	8:03	9:20	11:33	8:00	8:37	2:13	0:53					
2	Angus Aitken	1:50:30	27:23	41:07	51:36	1:03:04	1:29:12	1:36:24	1:46:20	1:49:07	1:50:30					
	GRAMP		27:23	13:44	10:29	11:28	26:08	7:12	9:56	2:47	1:23					
W10A (7)		2.9 km 140 m			16 C											
		1(147)	2(142)	3(201)	4(194)	5(203)	6(232)	7(124)	8(233)	9(207)	10(204)	11(191)	12(195)	13(119)	14(200)	
		15(206)	16(218)	Finish												
1	Ella Rush	29:41	3:00	5:35	7:30	9:11	11:15	12:39	13:45	15:14	17:26	20:26	22:24	23:24	24:42	26:00
	INVOG		3:00	2:35	1:55	1:41	2:04	1:24	1:06	1:29	2:12	3:00	1:58	1:00	1:18	1:18
			28:07	29:00	29:41											
			2:07	0:53	0:41											
2	Maja Robertson	37:12	2:51	5:37	8:04	12:11	14:19	16:08	17:44	19:01	21:01	25:49	28:20	29:49	31:34	33:09
	ESOC		2:51	2:46	2:27	4:07	2:08	1:49	1:36	1:17	2:00	4:48	2:31	1:29	1:45	1:35
			35:36	36:32	37:12											
			2:27	0:56	0:40											
3	Kate McLuckie	44:40	2:44	5:14	7:08	12:57	22:25	23:35	24:35	26:18	29:24	34:47	37:09	37:58	39:32	41:01
	MOR		2:44	2:30	1:54	5:49	9:28	1:10	1:00	1:43	3:06	5:23	2:22	0:49	1:34	1:29
			42:57	43:58	44:40											
			1:56	1:01	0:42											
4	Megan Pekkarinen	45:08	4:39	8:39	11:14	12:50	15:45	17:21	19:08	20:56	25:04	30:42	33:07	34:27	36:17	38:52
	KFO		4:39	4:00	2:35	1:36	2:55	1:36	1:47	1:48	4:08	5:38	2:25	1:20	1:50	2:35
			42:34	44:20	45:08											
			3:42	1:46	0:48											
5	Ruth Gooch	47:33	3:35	6:46	17:16	19:00	22:10	24:20	25:45	29:21	31:34	36:18	38:41	40:00	41:39	43:39
	MAROC		3:35	3:11	10:30	1:44	3:10	2:10	1:25	3:36	2:13	4:44	2:23	1:19	1:39	2:00
			45:57	46:53	47:33											
			2:18	0:56	0:40											
6	Sophie Howard	59:26	3:18	16:15	19:25	21:04	26:55	29:04	31:00	33:33	37:34	45:36	47:48	49:31	51:04	53:15
	MOR		3:18	12:57	3:10	1:39	5:51	2:09	1:56	2:33	4:01	8:02	2:12	1:43	1:33	2:11
			57:09	58:40	59:26											
			3:54	1:31	0:46											
7	Morven Thom	1:38:43	4:10	7:14	9:49	11:22	32:50	35:24	37:18	1:17:11	1:19:49	1:24:18	1:27:33	1:29:14	1:31:26	1:33:16
	SOLWAY		4:10	3:04	2:35	1:33	21:28	2:34	1:54	39:53	2:38	4:29	3:15	1:41	2:12	1:50
			1:36:33	1:37:56	1:38:43											
			3:17	1:23	0:47											
W10B (7)		2.2 km 60 m			13 C											
		1(148)	2(147)	3(223)	4(142)	5(192)	6(194)	7(191)	8(195)	9(119)	10(200)	11(224)	12(206)	13(218)	Finish	
1	Megan Brown	21:27	1:01	3:49	6:03	7:01	8:29	10:01	12:08	13:41	15:24	17:15	18:23	19:38	20:42	21:27
	ESOC		1:01	2:48	2:14	0:58	1:28	1:32	2:07	1:33	1:43	1:51	1:08	1:15	1:04	0:45
2	Kirsten Main	27:24	1:10	3:48	6:02	7:07	8:54	14:28	16:35	18:20	20:06	22:04	23:35	25:20	26:27	27:24
	MOR		1:10	2:38	2:14	1:05	1:47	5:34	2:07	1:45	1:46	1:58	1:31	1:45	1:07	0:57
3	Jasmine Owen	29:31	1:04	3:58	6:27	7:38	9:23	12:01	14:18	15:53	17:35	20:02	24:53	26:33	28:44	29:31
	MOR		1:04	2:54	2:29	1:11	1:45	2:38	2:17	1:35	1:42	2:27	4:51	1:40	2:11	0:47
4	Lianna Owen	32:00	1:28	4:22	6:53	8:20	10:43	12:56	16:10	18:36	20:47	23:09	27:59	29:51	31:53	32:39
	MOR		1:28	2:54	2:31	1:27	2:23	2:13	3:14	2:26	2:11	2:22	4:50	1:52	2:02	0:46
5	Erica Cload	35:15	2:01	5:48	8:43	10:15	12:10	15:08	18:22	22:35	24:55	27:42	29:50	32:01	34:14	35:15
	INVOG		2:01	3:47	2:55	1:32	1:55	2:58	3:14	4:13	2:20	2:47	2:08	2:11	2:13	1:01
6	Dara Tivendale	43:35	1:55	7:15	10:53	13:31	16:01	19:52	24:57	29:05	32:01	35:20	38:47	40:38	42:18	43:35
	MAROC		1:55	5:20	3:38	2:38	2:30	3:51	5:05	4:08	2:56	3:19	3:27	1:51	1:40	1:17
7	Bee Hendry	1:20:54	0:58	3:18	12:55	13:55	15:16	17:43	1:06:10	1:08:07	1:10:36	1:12:53	1:15:12	1:17:52	1:19:49	1:20:54
	MAROC		0:58	2:20	9:37	1:00	1:21	2:27	48:27	1:57	2:29	2:17	2:19	2:40	1:57	1:05
W12A (12)		3.2 km 95 m			11 C											
		1(222)	2(125)	3(201)	4(203)	5(221)	6(122)	7(233)	8(204)	9(195)	10(129)	11(218)	Finish			
1	Hannah Kingham	33:38	3:55	7:16	8:51	11:26	13:45	17:14	21:51	25:26	27:41	31:42	33:08	33:38		
	MOR		3:55	3:21	1:35	2:35	2:19	3:29	4:37	3:35	2:15	4:01	1:26	0:30		
2	Isobel Howard	39:04	3:31	7:16	8:42	11:40	14:43	18:16	25:45	28:44	31:56	37:00	38:31	39:04		
	MOR		3:31	3:45	1:26	2:58	3:03	3:33	7:29	2:59	3:12	5:04	1:31	0:33		
3	Eva Wiseman	44:28	7:07	12:04	13:48	16:46	19:54	23:25	30:57	33:50	37:02	42:15	43:49	44:28		
	MOR		7:07	4:57	1:44	2:58	3:08	3:31	7:32	2:53	3:12	5:13	1:34	0:39		
4	Anna Cox	45:07	4:01	7:54	9:33	12:04	14:55	26:08	30:55	33:22	36:33	42:47	44:26	45:07		
	BASOC		4:01	3:53	1:39	2:31	2:51	11:13	4:47	2:27	3:11	6:14	1:39	0:41		
5	Gemma Collins	49:41	3:59	9:27	10:41	14:10	16:50	22:33	30:48	33:39	37:46	47:39	49:05	49:41		
	MAROC		3:59	5:28	1:14	3:29	2:40	5:43	8:15	2:51	4:07	9:53	1:26	0:36		
6	Fiona Eades	58:26	5:16	11:06	13:13	25:57	29:32	33:03	40:39	44:53	48:55	55:48	57:39	58:26		
	INT		5:16	5:50	2:07	12:44	3:35	3:31	7:36	4:14	4:02	6:53	1:51	0:47		
7	Iris Macmillan	1:00:16	4:29	8:32	9:46	15:57	18:25	22:56	34:22	45:36	48:47	56:41	59:36	1:00:16		
	ECKO		4:29	4:03	1:14	6:11	2:28	4:31	11:26	11:14	3:11	7:54	2:55	0:40		
8	Charlotte Reynolds	1:07:22	5:33	11:21	13:57	18:53	23:33	29:47	44:44	50:09	58:34	1:04:45	1:06:40	1:07:22		
	MAROC		5:33	5:48	2:36	4:56	4:40	6:14	14:57	5:25	8:25	6:11	1:55	0:42		
9	Kirsten Robertson	1:08:52	7:04	14:16	16:50	22:17	28:15	36:59	50:44	54:50	59:01	1:05:42	1:08:09	1:08:52		
	CLYDE		7:04	7:12	2:34	5:27	5:58	8:44	13:45	4:06	4:11	6:41	2:27	0:43		
10	Lizzie Hampshire	1:10:21	4:41	11:16	13:01	18:58	22:05	28:55	38:34	46:20	51:07	1:07:22	1:09:44	1:10:21		
	LOC		4:41	6:35	1:45	5:57	3:07	6:50	9:39	7:46	4:47	16:15	2:22	0:37		
11	Sarah Johnston	1:23:22	6:01	12:39	17:32	26:46	30:40	48:45	57:24	1:03:14	1:08:20	1:19:49	1:22:38	1:23:22		
	LOC		6:01	6:38	4:53	9:14	3:54	18:05	8:39	5:50	5:06	11:29	2:49	0:44		

Pl	Name	Time														
W12A (12)		3.2 km 95 m			11 C				<i>(cont.)</i>							
		1(222)	2(125)	3(201)	4(203)	5(221)	6(122)	7(233)	8(204)	9(195)	10(129)	11(218)	Finish			
12	Eliza Barrie MAROC	1:34:05	34:00 34:00	38:02 4:02	40:01 1:59	46:31 6:30	50:26 3:55	56:55 6:29	1:07:06 10:11	1:16:35 9:29	1:25:07 8:32	1:30:43 5:36	1:33:15 2:32	1:34:05 0:50		
W12B (4)		2.9 km 140 m			16 C											
		1(147) 15(206)	2(142) 16(218)	3(201) Finish	4(194)	5(203)	6(232)	7(124)	8(233)	9(207)	10(204)	11(191)	12(195)	13(119)	14(200)	
1	Catriona Chapman MAROC	40:21	3:18 3:18 38:48 2:24	6:26 3:08 39:45 0:57	8:45 2:19 40:21 0:36	10:41 1:56	14:35 3:54	17:29 2:54	18:57 1:28	20:52 1:55	23:57 3:05	29:10 5:13	31:33 2:23	33:03 1:30	34:49 1:46	36:24 1:35
2	Lucy Hensman FVO	44:53	3:30 3:30 42:51 3:06	6:54 3:24 44:13 1:22	10:26 3:32 44:53 0:40	13:32 3:06	16:28 2:56	18:44 2:16	20:00 1:16	22:21 2:21	26:06 3:45	31:02 4:56	34:11 3:09	35:46 1:35	37:35 1:49	39:45 2:10
3	Rebecca O'Donovan LOC	47:47	3:14 3:14 45:55 2:19	6:23 3:09 47:07 1:12	16:42 10:19 47:47 0:40	17:54 1:12	20:32 2:38	22:17 1:45	23:50 1:33	30:24 6:34	33:19 2:55	37:13 3:54	39:11 1:58	40:31 1:20	42:10 1:39	43:36 1:26
4	Iona Kellas MAROC	48:00	3:51 3:51 46:12 4:25	7:26 3:35 47:29 1:17	10:16 2:50 48:20 0:51	12:53 2:37	15:39 2:46	17:53 2:14	19:44 1:51	22:44 3:00	26:34 3:50	32:36 6:02	35:32 2:56	37:36 2:04	39:30 1:54	41:47 2:17
W14A (15)		3.4 km 210 m			11 C											
		1(225)	2(127)	3(211)	4(213)	5(217)	6(221)	7(122)	8(125)	9(126)	10(129)	11(218)	Finish			
1	Lizzie Stansfield FVO	36:53	4:30 4:30	8:02 3:32	11:04 3:02	15:12 4:08	17:45 2:33	20:05 2:20	22:25 2:20	29:08 6:43	31:59 2:51	35:12 3:13	36:16 1:04	36:53 0:37		
2	Alice Wilson CLYDE	38:02	2:26 2:26	6:06 3:40	9:07 3:01	13:50 4:43	16:38 2:48	18:20 1:42	21:32 3:12	29:02 7:30	32:30 3:28	36:15 3:45	37:24 1:09	38:02 0:38		
3	Megan Keith INVOG	44:19	9:57 9:57	13:40 3:43	17:04 3:24	21:36 4:32	24:37 3:01	26:58 2:21	28:55 1:57	36:14 7:19	39:33 3:19	42:30 2:57	43:47 1:17	44:19 0:32		
4	Isobel Cox BASOC	48:42	4:00 4:00	8:08 4:08	11:21 3:13	18:23 7:02	24:11 5:48	26:57 2:46	29:41 2:44	40:21 10:40	43:27 3:06	46:56 3:29	48:09 1:13	48:42 0:33		
5	Caitlin Irving WCOG	50:53	2:45 2:45	12:52 10:07	16:27 3:35	22:01 5:34	27:17 5:16	29:41 2:24	32:53 3:12	42:48 9:55	45:44 2:56	49:13 3:29	50:14 1:01	50:53 0:39		
6	Carys Thomas WCOG	51:32	4:04 4:04	9:24 5:20	13:30 4:06	20:53 7:23	24:48 3:55	27:02 2:14	30:13 3:11	40:48 10:35	44:32 3:44	49:32 5:00	50:52 1:20	51:32 0:40		
7	Ellie Simmonds LOC	57:21	7:08 7:08	11:57 4:49	15:55 3:58	21:33 5:38	26:07 4:34	28:32 2:25	32:00 3:28	44:42 12:42	49:46 5:04	55:44 5:58	56:47 1:03	57:21 0:34		
8	Amber Graham MAROC	59:00	5:38 5:38	18:07 12:29	21:40 3:33	26:53 5:13	31:40 4:47	33:28 1:48	35:27 1:59	44:14 8:47	53:27 9:13	57:18 3:51	58:46 1:28	59:21 0:35		
9	Rona Shearer ECKO	1:03:00	3:21 3:21	14:33 11:12	25:43 11:10	31:01 5:18	35:45 4:44	37:33 1:48	39:34 2:01	48:17 8:43	57:16 8:59	1:01:18 4:02	1:02:53 1:35	1:03:29 0:36		
9	Rachel Brown ESOC	1:03:00	4:41 4:41	9:10 4:29	12:27 3:17	18:35 6:08	23:22 4:47	26:16 2:54	28:37 2:21	44:47 16:10	58:10 13:23	1:01:53 3:43	1:02:59 1:06	1:03:32 0:33		
11	Pippa Carcas INT	1:09:00	6:15 6:15	10:07 3:52	12:51 2:44	19:00 6:09	23:04 4:04	26:29 3:25	29:13 2:44	40:51 11:38	51:03 22:20	1:03:11 4:52	1:08:03 1:01	1:09:04 0:29		
12	Holly Craig WCH	1:12:55	5:15 5:15	15:31 10:16	20:49 5:18	31:02 10:13	36:48 5:46	42:52 6:04	46:49 3:57	59:27 12:38	1:04:39 5:12	1:10:25 5:46	1:12:13 1:48	1:12:55 0:42		
13	Sophie Evans LOC	1:13:55	7:14 7:14	18:54 11:40	23:37 4:43	31:54 8:17	37:13 5:19	41:09 3:56	46:04 4:55	1:02:40 16:36	1:06:35 3:55	1:11:54 5:19	1:13:15 1:21	1:13:55 0:40		
14	Lucy Gibson LOC	1:16:33	5:13 5:13	11:48 6:35	16:23 4:35	25:08 8:45	30:08 5:00	33:35 3:27	37:56 4:21	49:45 11:49	1:09:14 19:29	1:14:35 5:21	1:15:55 1:20	1:16:33 0:38		
15	Leah Bartlett INT	1:17:01	11:13 11:13	23:19 12:06	28:04 4:45	35:37 7:33	42:33 6:56	46:26 3:53	50:49 4:23	1:03:12 12:23	1:09:18 6:06	1:14:53 5:35	1:16:21 1:28	1:17:01 0:40		
W14B (3)		3.2 km 95 m			11 C											
		1(222)	2(125)	3(201)	4(203)	5(221)	6(122)	7(233)	8(204)	9(195)	10(129)	11(218)	Finish			
1	Alice Wood LOC	46:51	4:51 4:51	11:12 6:21	12:56 1:44	17:16 4:20	20:16 3:00	24:35 4:19	30:43 6:08	35:33 4:50	40:13 4:40	44:49 4:36	46:04 1:15	46:51 0:47		
2	Fiona Smith AYROC	1:00:31	5:27 5:27	11:39 6:12	13:46 2:07	18:13 4:27	21:56 3:43	28:04 6:08	39:07 11:03	44:26 5:19	48:36 4:10	58:10 9:34	59:43 1:33	1:00:31 0:48		
3	Kirsty Owen INT	1:01:19	5:29 5:29	9:33 4:04	11:04 1:31	15:38 4:34	18:54 3:16	24:00 5:06	40:35 16:35	45:23 4:48	49:53 4:30	57:46 7:53	1:00:42 2:56	1:01:19 0:37		
W16A (15)		4.8 km 240 m			12 C											
		1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish		
1	Grace Molloy FVO	48:17	2:41 2:41	7:01 4:20	13:02 6:01	14:26 1:24	22:35 8:09	23:45 1:10	26:21 2:36	30:48 4:27	41:29 10:41	44:31 3:02	46:34 2:03	47:44 1:10	48:17 0:33	
2	Naomi Lang GRAMP	55:07	2:58 2:58	7:36 4:38	15:26 7:50	18:48 3:22	25:08 6:20	26:28 1:20	32:21 5:53	36:43 4:22	46:35 9:52	50:28 3:53	53:21 2:53	54:40 1:19	55:07 0:27	
3	Jenny Blackwood INVOG	59:50	3:14 3:14	9:59 6:45	20:07 10:08	21:45 1:38	29:03 7:18	30:31 1:28	33:12 2:41	37:30 4:18	49:23 11:53	53:51 4:28	57:55 4:04	59:11 1:16	59:50 0:39	
4	Eilidh Campbell MAROC	1:02:18	2:53 2:53	7:49 4:56	16:39 8:50	18:33 1:54	29:21 10:48	30:33 1:12	33:35 3:02	38:04 4:29	51:27 13:23	58:16 6:49	1:00:29 2:13	1:01:44 1:15	1:02:18 0:34	

Pl	Name	Time														
W16A (15)		4.8 km 240 m			12 C			<i>(cont.)</i>								
		1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish		
5	Mairi Weir	1:04:23	3:36	9:18	18:17	19:55	30:52	32:24	35:33	40:18	53:41	58:45	1:02:10	1:03:52	1:04:23	
	MOR		3:36	5:42	8:59	1:38	10:57	1:32	3:09	4:45	13:23	5:04	3:25	1:42	0:31	
6	Kirsty Campbell	1:05:55	3:20	10:58	20:36	22:17	32:49	34:39	37:44	44:27	56:42	1:01:16	1:04:01	1:05:22	1:05:55	
	MAROC		3:20	7:38	9:38	1:41	10:32	1:50	3:05	6:43	12:15	4:34	2:45	1:21	0:33	
7	Zoe Graham	1:06:53	3:38	11:59	21:32	23:14	33:40	35:31	38:45	43:58	57:20	1:02:02	1:05:07	1:06:23	1:06:53	
	SOLWAY		3:38	8:21	9:33	1:42	10:26	1:51	3:14	5:13	13:22	4:42	3:05	1:16	0:30	
8	Mairi Eades	1:09:26	3:34	10:14	23:48	26:12	34:56	36:24	39:44	45:05	58:41	1:04:24	1:07:07	1:08:49	1:09:26	
	INT		3:34	6:40	13:34	2:24	8:44	1:28	3:20	5:21	13:36	5:43	2:43	1:42	0:37	
9	Jura Macmillan	1:10:15	3:19	9:20	17:33	19:43	29:11	31:02	34:35	40:11	53:03	1:04:29	1:07:49	1:09:32	1:10:15	
	ECKO		3:19	6:01	8:13	2:10	9:28	1:51	3:33	5:36	12:52	11:26	3:20	1:43	0:43	
10	Eilidh Shearer	1:18:40	4:27	12:00	23:13	24:59	32:58	34:51	38:16	45:51	1:03:33	1:12:14	1:16:44	1:18:08	1:18:40	
	ECKO		4:27	7:33	11:13	1:46	7:59	1:53	3:25	7:35	17:42	8:41	4:30	1:24	0:32	
11	Josie Gomersall	1:19:41	3:40	16:55	24:49	26:20	34:56	39:28	42:16	46:40	57:27	1:15:18	1:17:43	1:19:07	1:19:41	
	GRAMP		3:40	13:15	7:54	1:31	8:36	4:32	2:48	4:24	10:47	17:51	2:25	1:24	0:34	
12	Kerry Wood	1:24:01	9:27	16:36	27:52	29:42	39:52	43:38	47:19	53:18	1:09:08	1:18:32	1:21:44	1:23:24	1:24:01	
	ESOC		9:27	7:09	11:16	1:50	10:10	3:46	3:41	5:59	15:50	9:24	3:12	1:40	0:37	
13	Ailsa Anderson	1:28:34	11:37	19:05	32:42	36:24	45:36	47:10	51:00	56:46	1:15:18	1:23:21	1:26:35	1:28:00	1:28:34	
	GRAMP		11:37	7:28	13:37	3:42	9:12	1:34	3:50	5:46	18:32	8:03	3:14	1:25	0:34	
14	Katrina McGougan	1:34:44	3:33	8:58	21:16	23:09	30:59	32:36	36:39	41:43	56:43	1:26:25	1:33:00	1:34:13	1:34:44	
	BASOC		3:33	5:25	12:18	1:53	7:50	1:37	4:03	5:04	15:00	29:42	6:35	1:13	0:31	
15	Jennifer Spencer	1:41:21	4:25	13:28	24:17	28:07	43:24	51:49	56:23	1:04:55	1:22:08	1:34:26	1:38:32	1:40:43	1:41:21	
	MOR		4:25	9:03	10:49	3:50	15:17	8:25	4:34	8:32	17:13	12:18	4:06	2:11	0:38	
W16B (2)		3.4 km 210 m			11 C											
		1(225)	2(127)	3(211)	4(213)	5(217)	6(221)	7(122)	8(125)	9(126)	10(129)	11(218)	Finish			
1	Eloise Lardet	1:22:40	5:10	27:56	32:47	40:30	45:49	53:19	56:56	1:09:55	1:14:39	1:20:12	1:21:49	1:22:40		
	FVO		5:10	22:46	4:51	7:43	5:19	7:30	3:37	12:59	4:44	5:33	1:37	0:51		
2	Harriet Wood	1:30:55	4:31	27:21	36:48	43:59	48:54	51:19	1:06:06	1:19:43	1:23:40	1:29:00	1:30:17	1:30:55		
	LOC		4:31	22:50	9:27	7:11	4:55	2:25	14:47	13:37	3:57	5:20	1:17	0:38		
W18E (9)		5.0 km 300 m			14 C											
		1(153)	2(116)	3(213)	4(118)	5(110)	6(117)	7(227)	8(141)	9(145)	10(226)	11(126)	12(146)	13(149)	14(218)	
		Finish														
1	Fiona Bunn	52:38	4:10	10:09	11:28	23:07	26:03	28:25	30:51	32:49	36:29	43:50	46:25	49:16	51:27	52:06
	TVOC		4:10	5:59	1:19	11:39	2:56	2:22	2:26	1:58	3:40	7:21	2:35	2:51	2:11	0:39
			52:38													
			0:32													
2	Pippa Dakin	57:09	4:56	11:49	13:18	23:36	27:07	28:47	31:22	33:48	38:22	47:59	51:46	53:44	55:49	56:34
	SYO		4:56	6:53	1:29	10:18	3:31	1:40	2:35	2:26	4:34	9:37	3:47	1:58	2:05	0:45
			57:09													
			0:35													
3	Lindsay Robertson	59:00	4:53	10:58	12:53	23:16	27:04	29:28	32:18	34:50	39:02	49:00	53:55	56:02	58:06	58:51
	CLYDE		4:53	6:05	1:55	10:23	3:48	2:24	2:50	2:32	4:12	9:58	4:55	2:07	2:04	0:45
			59:26													
			0:35													
4	Emma Wilson	59:32	4:27	10:00	11:33	22:33	26:17	28:41	31:41	34:23	38:45	46:59	53:13	55:52	58:13	58:59
	CLYDE		4:27	5:33	1:33	11:00	3:44	2:24	3:00	2:42	4:22	8:14	6:14	2:39	2:21	0:46
			59:32													
			0:33													
5	Abigail Mason	1:02:00	4:57	13:12	14:58	25:29	29:24	32:19	34:55	37:33	41:53	51:55	56:05	58:23	1:00:37	1:01:31
	MAROC		4:57	8:15	1:46	10:31	3:55	2:55	2:36	2:38	4:20	10:02	4:10	2:18	2:14	0:54
			1:02:06													
			0:35													
6	Kathryn Barr	1:05:00	5:23	11:25	13:32	23:37	27:33	29:15	33:35	36:48	41:20	52:18	59:28	1:02:03	1:04:05	1:04:49
	MOR		5:23	6:02	2:07	10:05	3:56	1:42	4:20	3:13	4:32	10:58	7:10	2:35	2:02	0:44
			1:05:22													
			0:33													
7	Clare Stansfield	1:09:00	5:08	14:17	16:25	28:09	32:29	35:00	38:06	41:21	46:36	58:57	1:03:11	1:05:25	1:07:56	1:08:38
	FVO		5:08	9:09	2:08	11:44	4:20	2:31	3:06	3:15	5:15	12:21	4:14	2:14	2:31	0:42
			1:09:16													
			0:38													
8	Roanne Lilley	1:13:00	5:12	12:36	14:29	26:42	30:58	32:50	35:52	39:46	45:16	1:02:23	1:06:15	1:09:20	1:12:03	1:12:52
	ECKO		5:12	7:24	1:53	12:13	4:16	1:52	3:02	3:54	5:30	17:07	3:52	3:05	2:43	0:49
			1:13:24													
			0:32													
9	Megan Ricketts	1:16:00	6:34	18:49	20:45	32:48	39:02	40:52	44:08	47:23	52:28	1:06:10	1:09:51	1:12:16	1:15:09	1:16:00
	MAROC		6:34	12:15	1:56	12:03	6:14	1:50	3:16	3:15	5:05	13:42	3:41	2:25	2:53	0:57
			1:16:50													
			0:44													
W18L (1)		4.8 km 240 m			12 C											
		1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish		
1	Rosie Getliff	1:43:55	4:37	18:41	30:31	35:07	45:16	49:30	53:39	59:56	1:16:55	1:37:11	1:41:00	1:43:21	1:43:55	
	MAROC		4:37	14:04	11:50	4:36	10:09	4:14	4:09	6:17	16:59	20:16	3:49	2:21	0:34	

Pl	Name	Time														
W20E (6)			5.0 km 300 m 14 C													
			1(153)	2(116)	3(213)	4(118)	5(110)	6(117)	7(227)	8(141)	9(145)	10(226)	11(126)	12(146)	13(149)	14(218)
			Finish													
1	Beth Hanson EUOC	51:28	4:55 4:55 51:28 0:37	10:01 5:06	11:30 1:29 21:43	22:03 10:33	24:56 2:53	27:15 2:19	29:54 2:39	31:55 2:01	35:37 3:42	42:54 7:17	45:35 2:41	48:19 2:44	50:15 1:56	50:51 0:36
2	Fay Walsh EUOC	54:31	4:33 4:33 54:31 0:38	10:27 5:54	11:48 1:21 9:55	21:43 24:50 3:07	26:58 3:07	29:56 2:08	32:11 2:15	36:31 4:20	43:37 7:06	46:58 3:21	49:22 2:24	53:12 3:50	53:53 0:41	
3	Jennifer Ricketts EUOC	55:19	5:07 5:07 55:19 0:35	11:11 6:04	13:00 1:49 21:43 8:43	25:01 3:18	26:50 1:49	29:25 2:35	31:43 2:18	36:17 4:34	46:20 10:03	49:27 3:07	51:57 2:30	53:59 2:02	54:44 0:45	
4	Carolyn Hindle MDOC	1:16:00	6:34 6:34 1:16:46 0:35	18:45 12:11	20:46 2:01 12:14	33:00 6:47	39:47 3:13	43:00 3:35	46:35 3:34	50:09 4:57	55:06 10:55	1:06:01 4:22	1:10:23 4:22	1:12:50 2:27	1:15:12 2:22	1:16:11 0:59
5	Bronwyn Matthews MAROC	1:48:10	6:15 6:15 1:48:10 0:39	23:14 16:59	25:36 2:22 21:25	47:01 5:36	52:37 3:23	56:00 3:54	59:54 3:29	1:03:23 3:29	1:09:13 5:50	1:32:56 23:43	1:38:08 5:12	1:43:15 5:07	1:46:37 3:22	1:47:31 0:54
	Sarah Jones EUOC	dnf	5:26 5:26 33:08 0:56	13:29 8:03	14:51 1:22	-----	-----	-----	-----	-----	-----	20:49 5:58	24:47 3:58	27:18 2:31	31:13 3:55	32:12 0:59
W20L (1)			4.8 km 240 m 12 C													
			1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish	
1	Victoria Graham GUOC	1:58:58	4:36 4:36	16:12 11:36	28:38 12:26	41:41 13:03	52:15 10:34	54:26 2:11	59:12 4:46	1:08:58 9:46	1:30:28 21:30	1:50:46 20:18	1:56:00 5:14	1:58:23 2:23	1:58:58 0:35	
W20S (1)			3.2 km 120 m 10 C													
			1(128)	2(127)	3(210)	4(116)	5(213)	6(123)	7(146)	8(126)	9(143)	10(218)	Finish			
1	Rachel Hendrie FVO	54:51	5:08 5:08	12:43 7:35	20:36 7:53	27:59 7:23	30:11 2:12	37:04 6:53	44:24 7:20	47:57 3:33	52:06 4:09	54:14 2:08	54:51 0:37			
W21E (10)			8.2 km 460 m 18 C													
			1(112)	2(107)	3(152)	4(133)	5(196)	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
			15(226)	16(126)	17(149)	18(218)	Finish									
1	Charlotte Watson EUOC	1:12:46	3:54 3:54 1:06:45 3:35	9:10 5:16 1:09:29 2:44	13:13 4:03 1:11:30 2:01	14:56 1:43 1:12:12 0:42	21:18 6:22 1:12:46 0:34	24:44 3:26	31:40 6:56	36:57 5:17	44:16 7:19	46:03 1:47	48:37 2:34	51:25 2:48	54:10 2:45	1:03:10 9:00
2	Tessa Strain EUOC	1:19:00	3:57 3:57 1:13:04	8:58 5:01 1:15:55	15:33 6:35 1:18:20	17:01 1:28 1:19:00	23:53 6:52 1:19:32	28:35 4:42	35:10 6:35	41:09 5:59	48:11 7:02	50:35 2:24	53:25 2:50	56:06 2:41	59:26 3:20	1:08:52 9:26
3	Rona Lindsay ESOC	1:32:00	4:12 4:19 4:19 1:25:30	2:51 10:41 6:22 1:29:08	2:25 14:27 3:46 1:31:40	0:40 16:04 1:37 1:32:19	0:32 23:35 7:31 1:32:53	0:32 27:47 4:12	0:32 35:48 8:01	0:32 42:05 6:17	0:32 53:40 11:35	0:32 56:20 2:40	0:32 1:03:55 7:35	0:32 1:07:10 3:15	0:32 1:10:24 3:14	0:32 1:21:31 11:07
4	Chloe Haines AROS	1:35:17	3:59 4:55 1:26:58 5:04	3:38 6:55 1:30:55 3:57	2:32 4:14 1:33:45 2:50	0:39 1:34:36 0:51 0:41	0:34 1:35:17 0:41	0:34 31:33 4:56	0:34 40:03 8:30	0:34 47:14 7:11	0:34 57:41 10:27	0:34 59:58 2:17	0:34 1:03:33 3:35	0:34 1:06:58 3:25	0:34 1:10:18 3:20	0:34 1:21:54 11:36
5	Hazel Wright MAROC	1:37:00	4:09 4:09 1:29:35 5:36	11:23 7:14 1:33:25 3:50	15:50 4:27 1:35:51 2:26	17:39 1:49 1:36:35 0:44	26:56 9:17 1:37:17 0:42	31:57 5:01	40:52 8:55	49:12 8:20	59:57 10:45	1:02:13 2:16	1:05:25 3:12	1:08:44 3:19	1:12:04 3:20	1:23:59 11:55
6	Katrina McLeod EUOC	1:41:00	5:15 5:15 1:33:09 5:05	12:28 7:13 1:37:17 4:08	16:52 4:24 1:40:02 2:45	18:43 1:51 1:40:44 0:42	28:43 10:00 1:41:23 0:39	33:30 4:47	42:39 9:09	52:11 9:32	1:01:38 9:27	1:04:41 3:03	1:08:17 3:36	1:12:36 4:19	1:16:36 4:00	1:28:04 11:28
7	Rozy Shepherd EUOC	1:50:31	5:38 5:38 1:41:34 5:52	15:51 10:13 1:46:20 4:46	20:50 4:59 1:49:15 2:55	22:52 2:02 1:49:57 0:42	31:28 8:36 1:50:31 0:34	35:49 4:21	45:28 9:39	54:27 8:59	1:05:51 11:24	1:08:33 2:42	1:12:57 4:24	1:17:30 4:33	1:22:10 4:40	1:35:42 13:32
8	Jo Smith EUOC	1:56:00	6:53 6:53 1:46:05 9:33	18:35 11:42 1:50:17 4:12	24:13 5:38 1:55:16 4:59	27:46 3:33 1:55:56 0:40	37:23 9:37 1:56:26 0:30	41:09 3:46	51:35 10:26	57:59 6:24	1:08:16 10:17	1:12:26 4:10	1:16:21 3:55	1:20:01 3:40	1:24:32 4:31	1:36:32 12:00
9	Isia Simmons EUOC	1:58:00	7:04 7:04 1:48:45 5:28	18:06 11:02 1:53:23 4:38	23:48 5:42 1:56:20 2:57	25:49 2:01 1:57:08 0:48	36:26 10:37 1:57:53 0:45	42:26 6:00	52:08 9:42	59:20 7:12	1:09:28 10:08	1:12:26 2:58	1:18:47 6:21	1:23:03 4:16	1:27:00 3:57	1:43:17 16:17

PI Name	Time														
W21E (10)		8.2 km 460 m				18 C				<i>(cont.)</i>					
		1(112) 15(226)	2(107) 16(126)	3(152) 17(149)	4(133) 18(218)	5(196) Finish	6(144)	7(209)	8(215)	9(219)	10(115)	11(117)	12(220)	13(227)	14(214)
Zoe Harding EUOC	dnf	3:55 3:55 25:18 4:48	----- ----- 28:52 3:34	----- ----- 31:32 2:40	----- ----- 32:19 0:47	----- ----- 33:07 0:48	6:14 2:19	13:21 7:07	18:25 5:04	----- -----	----- -----	----- -----	----- -----	----- -----	20:30 2:05
W21L (7)		6.6 km 340 m				18 C									
		1(197) 15(228)	2(193) 16(114)	3(190) 17(146)	4(113) 18(218)	5(205) Finish	6(209)	7(116)	8(213)	9(110)	10(220)	11(118)	12(145)	13(226)	14(123)
1 Gemma Karatay BASOC	1:30:00	3:51 3:51 1:22:57 0:43	9:42 5:51 1:25:51 2:54	11:44 2:02 1:26:52 1:01	13:22 1:38 1:29:45 2:53	31:25 18:03 1:30:20 0:35	39:55 8:30	45:13 5:18	47:16 2:03	57:21 10:05	1:03:05 5:44	1:05:01 1:56	1:10:39 5:38	1:19:38 8:59	1:22:14 2:36
2 Sarah McAdam RR	1:33:00	4:26 4:26 1:23:15 0:58	11:36 7:10 1:28:03 4:48	13:59 2:23 1:28:58 0:55	16:19 2:20 1:32:24 3:26	24:26 8:07 1:33:08 0:44	33:32 9:06	44:03 10:31	45:56 1:53	56:15 10:19	58:42 2:27	1:01:02 2:20	1:09:15 8:13	1:18:55 9:40	1:22:17 3:22
3 Fiona Berrow FVO	1:38:16	4:54 4:54 1:29:21 1:11	12:39 7:45 1:32:25 3:04	15:48 3:09 1:33:24 0:59	17:36 1:48 1:37:30 4:06	24:23 6:47 1:38:16 0:46	34:49 10:26	42:03 7:14	44:29 2:26	58:44 14:15	1:03:26 4:42	1:06:16 2:50	1:14:02 7:46	1:24:59 10:57	1:28:10 3:11
4 Rachel Scott GRAMP	2:05:55	5:31 5:31 1:52:01 1:20	14:50 9:19 1:58:04 6:03	17:52 3:02 1:59:37 1:33	23:03 5:11 2:04:56 5:19	31:32 8:29 2:05:55 0:59	44:14 12:42	52:26 8:12	55:08 2:42	1:12:58 17:50	1:16:02 3:04	1:19:01 2:59	1:28:16 9:15	1:42:32 14:16	1:50:41 8:09
5 Elizabeth Loffill STAG	2:12:05	6:33 6:33 1:58:02 1:29	15:41 9:08 2:05:22 7:20	18:41 3:00 2:07:05 1:43	23:56 5:15 2:11:23 4:18	34:52 10:56 2:12:05 0:42	46:55 12:03	56:42 9:47	1:00:26 3:44	1:20:22 19:56	1:22:54 2:32	1:26:27 3:33	1:37:10 10:43	1:52:54 15:44	1:56:33 3:39
6 Michaela Kolistanik AUOC	2:31:00	4:20 4:20 2:20:21 2:51	12:41 8:21 2:24:45 4:24	15:37 2:56 2:26:30 1:45	23:21 7:44 2:31:10 4:40	36:03 12:42 2:31:49 0:39	46:49 10:46	1:00:46 13:57	1:03:06 2:20	1:19:22 16:16	1:23:23 4:01	1:48:27 25:04	1:58:25 9:58	2:10:30 12:05	2:17:30 7:00
Alison Fryer MDOC	dnf	5:59 5:59 1:19:23 1:33	15:01 9:02 1:24:19 4:56	18:45 3:44 1:25:54 1:35	23:21 4:36 1:31:01 5:07	35:49 12:28 1:32:02 1:01	49:38 13:49	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	1:17:50 28:12
W21S (3)		4.8 km 240 m				12 C									
		1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)	12(218)	Finish	
1 Kirsty McArthur MOR	1:08:20	3:30 3:30	9:50 6:20	22:39 12:49	24:41 2:02	34:09 9:28	35:31 1:22	38:37 3:06	43:00 4:23	54:56 11:56	1:03:05 8:09	1:06:11 3:06	1:07:44 1:33	1:08:20 0:36	
2 Lucy Fryer AROS	2:05:08	6:34 6:34	14:36 8:02	34:42 20:06	40:53 6:11	56:22 15:29	59:04 2:42	1:04:06 5:02	1:13:09 9:03	1:39:57 26:48	1:54:00 14:03	2:01:32 7:32	2:04:00 2:28	2:05:08 1:08	
Emma Young TINTO	mp	4:31 4:31	----- -----	30:45 26:14	34:32 3:47	49:32 15:00	52:20 2:48	56:39 4:19	1:02:33 5:54	1:19:29 16:56	1:29:58 10:29	1:34:23 4:25	1:36:36 2:13	1:37:21 0:45	
W21V (2)		3.2 km 120 m				10 C									
		1(128)	2(127)	3(210)	4(116)	5(213)	6(123)	7(146)	8(126)	9(143)	10(218)	Finish			
1 Laura Hendrie FVO	58:23	6:44 6:44	15:05 8:21	21:04 5:59	29:18 8:14	31:49 2:31	41:27 9:38	47:40 6:13	51:16 3:36	55:22 4:06	57:47 2:25	58:23 0:36			
2 Lynsey Thomson STAG	1:51:51	12:42 12:42	33:27 20:45	49:44 16:17	1:05:18 15:34	1:10:07 4:49	1:19:37 9:30	1:29:43 10:06	1:41:29 11:46	1:47:57 6:28	1:50:56 2:59	1:51:51 0:55			
W35L (2)		5.0 km 300 m				14 C									
		1(153) Finish	2(116)	3(213)	4(118)	5(110)	6(117)	7(227)	8(141)	9(145)	10(226)	11(126)	12(146)	13(149)	14(218)
1 Janine Inman FVO	59:51	5:15 5:15 59:51 0:43	14:08 8:53	15:57 1:49	25:06 9:09	28:50 3:44	30:58 2:08	34:27 3:29	37:18 2:51	41:52 4:34	50:03 8:11	53:29 3:26	55:49 2:20	58:31 2:42	59:08 0:37
2 Kathy Taylor MOR	2:03:00	20:22 20:22 2:03:15 0:41	28:01 7:39	30:21 2:20	45:25 15:04	52:58 7:33	1:07:25 14:27	1:12:03 4:38	1:16:51 4:48	1:23:13 6:22	1:43:31 20:18	1:53:42 10:11	1:56:39 2:57	2:01:29 4:50	2:02:34 1:05
W35S (2)		4.7 km 215 m				12 C									
		1(146)	2(127)	3(213)	4(116)	5(115)	6(117)	7(227)	8(141)	9(145)	10(216)	11(143)	12(218)	Finish	
1 Iryna Bogachova AYROC	1:05:12	4:05 4:05	8:55 4:50	14:45 5:50	16:37 1:52	26:06 9:29	31:30 5:24	37:17 5:47	40:36 3:19	46:56 6:20	49:52 2:56	1:02:50 12:58	1:04:32 1:42	1:05:12 0:40	
2 Tereza maria Rush BOK	1:38:03	4:45 4:45	25:33 20:48	31:33 6:00	33:22 1:49	54:47 21:25	1:03:08 8:21	1:08:37 5:29	1:11:50 3:13	1:19:04 7:14	1:22:03 2:59	1:35:35 13:32	1:37:24 1:49	1:38:03 0:39	

Pl	Name	Time															
W40L (6)				5.0 km	300 m	14 C											
			1(153) Finish	2(116)	3(213)	4(118)	5(110)	6(117)	7(227)	8(141)	9(145)	10(226)	11(126)	12(146)	13(149)	14(218)	
1	Heather Thomson ESOC	1:06:56	5:49 5:49	14:38 8:49	16:32 1:54	26:08 9:36	31:58 5:50	34:28 2:30	38:44 4:16	42:12 3:28	46:50 4:38	56:15 9:25	1:00:39 4:24	1:03:00 2:21	1:05:42 2:42	1:06:22 0:40	
2	Mary Ross INT	1:07:00	5:58 5:58	12:44 6:46	14:52 2:08	24:59 10:07	29:33 4:34	35:09 5:36	38:40 3:31	41:35 2:55	46:20 4:45	56:08 9:48	1:00:27 4:19	1:03:12 2:45	1:06:32 3:20	1:07:09 0:37	
3	Alice Bedwell BOK	1:10:00	6:02 6:02	13:53 7:51	16:05 2:12	26:41 10:36	31:34 4:53	34:26 2:52	38:54 4:28	42:13 3:19	47:53 5:40	57:45 9:52	1:02:04 4:19	1:05:40 3:36	1:08:50 3:10	1:09:56 1:06	
4	Beccy Osborn FVO	1:13:02	6:39 6:39	14:07 7:28	16:15 2:08	29:03 12:48	34:03 5:00	36:19 2:16	39:53 3:34	43:56 4:03	49:49 5:53	1:01:06 11:17	1:05:43 4:37	1:08:10 2:27	1:11:05 2:55	1:12:04 0:59	
5	Esther Gooch MAROC	1:48:00	22:58 22:58	32:39 9:41	35:45 3:06	49:58 14:13	1:01:36 11:38	1:04:29 2:53	1:10:25 5:56	1:14:19 3:54	1:21:10 6:51	1:33:27 12:17	1:38:49 5:22	1:42:45 3:56	1:46:21 3:36	1:47:11 0:50	
6	Alison Wiseman MOR	1:54:00	8:31 8:31	19:54 11:23	22:47 2:53	39:45 16:58	48:32 8:47	52:52 4:20	1:02:58 10:06	1:08:18 5:20	1:16:24 8:06	1:34:38 18:14	1:42:46 8:08	1:46:47 4:01	1:51:40 4:53	1:53:14 1:34	
W40S (5)				4.1 km	180 m	10 C											
			1(128)	2(209)	3(210)	4(127)	5(116)	6(217)	7(216)	8(146)	9(119)	10(218)	Finish				
1	Morag McLuckie MOR	59:53	5:43 5:43	14:44 9:01	17:16 2:32	23:28 6:12	29:40 6:12	33:53 4:13	41:28 7:35	52:24 10:56	55:00 2:36	59:15 4:15	59:53 0:38				
2	Nikki Howard MOR	1:03:34	5:44 5:44	12:23 6:39	14:32 2:09	23:35 9:03	30:48 7:13	34:35 3:47	42:23 7:48	54:17 11:54	58:31 4:14	1:02:49 4:18	1:03:34 0:45				
3	Anita Laidlaw KFO	1:09:45	6:07 6:07	18:24 12:17	20:41 2:17	27:55 7:14	34:19 6:24	39:21 5:02	47:48 8:27	1:02:36 14:48	1:05:13 2:37	1:08:53 3:40	1:09:45 0:52				
	Katherine Hunter ECKO	dnf	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
nc	Jane Pottie BASOC	57:59	5:25 5:25	14:37 9:12	16:53 2:16	22:30 5:37	26:40 4:10	31:10 4:30	38:45 7:35	51:11 12:26	53:52 2:41	57:16 3:24	57:59 0:43				
W45L (15)				4.9 km	280 m	14 C											
			1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)	
1	Sarah Dunn MAROC	47:14	3:13 3:13	8:06 4:53	11:35 3:29	18:47 7:12	21:52 3:05	22:48 0:56	26:19 3:31	30:59 4:40	36:03 5:04	38:40 2:37	39:27 0:47	44:26 4:59	45:35 1:09	46:40 1:05	
2	Susan Blackwood INVOC	57:34	4:32 4:32	9:18 4:46	15:45 6:27	22:55 7:10	26:41 3:46	27:46 1:05	31:33 3:47	36:35 5:02	46:03 9:28	47:59 1:56	48:59 1:00	54:52 5:53	56:07 1:15	57:03 0:56	
3	Jen Leonard FVO	1:02:32	4:05 4:05	11:23 7:18	15:50 4:27	24:30 8:40	28:43 4:13	30:08 1:25	34:58 4:50	40:36 5:38	47:14 6:38	49:50 2:36	50:56 1:06	58:16 7:20	1:00:30 2:14	1:01:48 1:18	
4	Lorna Eades INT	1:04:43	4:09 4:09	10:12 6:03	14:23 4:11	22:22 7:59	27:23 5:01	28:30 1:07	32:38 4:08	38:38 6:00	50:17 11:39	53:27 3:10	54:30 1:03	1:01:01 6:31	1:02:39 1:38	1:03:53 1:14	
5	Susannah Macmilla ECKO	1:05:42	6:02 6:02	16:28 10:26	21:12 4:44	29:04 7:52	33:36 4:32	35:07 1:31	39:38 4:31	46:40 7:02	52:15 5:35	56:31 4:16	57:28 0:57	1:02:35 5:07	1:04:06 1:31	1:05:07 1:01	
6	Josie Stansfield FVO	1:06:17	4:25 4:25	10:34 6:09	15:27 4:53	26:18 10:51	31:30 5:12	32:48 1:18	37:22 4:34	44:25 7:03	51:32 7:07	54:33 3:01	55:34 1:01	1:02:48 7:14	1:04:23 1:35	1:05:34 1:11	
7	Katy McNeil MOR	1:09:25	5:47 5:47	12:10 6:23	17:33 5:23	26:38 9:05	31:31 4:53	32:56 1:25	37:50 4:54	46:28 8:38	53:06 6:38	55:43 2:37	57:08 1:25	1:05:27 8:19	1:07:16 1:49	1:08:37 1:21	
8	Lynne Thomas WCOC	1:14:09	5:04 5:04	20:20 15:16	24:49 4:29	34:54 10:05	40:07 5:13	41:42 1:35	46:06 4:24	52:53 6:47	59:04 6:11	1:02:25 3:21	1:03:27 1:02	1:10:40 7:13	1:12:12 1:32	1:13:27 1:15	
9	Elizabeth Barr MOR	1:16:23	4:57 4:57	11:11 6:14	19:10 7:59	29:23 10:13	37:25 8:02	38:57 1:32	44:18 5:21	53:34 9:16	1:00:26 6:52	1:03:00 2:34	1:04:13 1:13	1:12:37 8:24	1:14:23 1:46	1:15:43 1:20	

Pl	Name	Time													
W45L (15)			4.9 km 280 m			14 C			<i>(cont.)</i>						
		1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)
10	Lucy Shearer ECKO	1:17:38 6:28 6:28 1:17:38 0:51	14:14 7:46	20:01 5:47	31:01 11:00	34:52 3:51	35:51 0:59	40:13 4:22	47:48 7:35	57:02 9:14	1:01:53 4:51	1:04:41 2:48	1:13:17 8:36	1:15:01 1:44	1:16:47 1:46
11	Rachel Kirkland INT	1:18:48 6:52 6:52 1:18:48 0:37	14:16 7:24	25:26 11:10	34:32 9:06	40:22 5:50	41:40 1:18	46:55 5:15	53:49 6:54	1:02:12 8:23	1:05:16 3:04	1:06:53 1:37	1:15:17 8:24	1:16:52 1:35	1:18:11 1:19
12	Tracy Craig No club	1:23:06 5:21 5:21 1:23:06 0:45	12:22 7:01	19:12 6:50	28:46 9:34	36:47 8:01	37:56 1:09	43:31 5:35	51:44 8:13	1:05:06 13:22	1:07:43 2:37	1:08:52 1:09	1:19:08 10:16	1:20:59 1:51	1:22:21 1:22
13	Alison Matheson INVOC	1:27:57 6:53 6:53 1:27:57 0:40	14:57 8:04	21:14 6:17	33:11 11:57	39:36 6:25	41:17 1:41	49:06 7:49	57:48 8:42	1:07:17 9:29	1:11:20 4:03	1:13:05 1:45	1:22:41 9:36	1:25:11 2:30	1:27:17 2:06
14	Carol Burnapp ECKO	1:36:41 5:58 5:58 1:36:41 0:57	14:10 8:12	25:23 11:13	36:21 10:58	51:41 15:20	53:21 1:40	59:07 5:46	1:07:46 8:39	1:15:51 8:05	1:19:03 3:12	1:20:28 1:25	1:30:32 10:04	1:33:56 3:24	1:35:44 1:48
15	Jane Exley WAROC	2:41:00 43:52 43:52 2:41:23 0:48	50:05 6:13	1:19:02 28:57	1:43:08 24:06	1:54:07 10:59	1:55:08 1:01	2:01:22 6:14	2:10:54 9:32	2:21:59 11:05	2:25:17 3:18	2:26:59 1:42	2:36:31 9:32	2:38:36 2:05	2:40:35 1:59
W45S (8)			4.1 km 180 m			10 C									
		1(128)	2(209)	3(210)	4(127)	5(116)	6(217)	7(216)	8(146)	9(119)	10(218)	Finish			
1	Fiona Weir INT	1:06:26 5:17 5:17 1:06:26 0:45	11:57 6:40	14:30 2:33	22:51 8:21	34:56 12:05	39:17 4:21	46:39 7:22	1:00:33 13:54	1:02:47 2:14	1:05:41 2:54	1:06:26 0:45			
2	Judith Bell ESOC	1:08:25 5:54 5:54 1:08:25 0:45	12:09 6:15	15:46 3:37	21:54 6:08	30:47 8:53	35:21 4:34	42:58 7:37	1:00:51 17:53	1:03:59 3:08	1:07:40 3:41	1:08:25 0:45			
3	Rachel Provan MOR	1:14:48 10:09 10:09 1:14:48 0:46	17:55 7:46	21:37 3:42	28:42 7:05	36:36 7:54	43:21 6:45	52:54 9:33	1:06:29 13:35	1:09:40 3:11	1:14:02 4:22	1:14:48 0:46			
4	Julie Watson ECKO	1:24:35 7:20 7:20 1:24:35 0:54	16:02 8:42	18:36 2:34	32:19 13:43	42:09 9:50	48:17 6:08	58:03 9:46	1:15:31 17:28	1:19:16 3:45	1:23:41 4:25	1:24:35 0:54			
5	Sheila McMurtrie MAROC	1:25:46 8:47 8:47 1:25:46 0:52	16:00 7:13	19:28 3:28	29:05 9:37	41:19 12:14	46:55 5:36	58:38 11:43	1:15:57 17:19	1:21:00 5:03	1:24:54 3:54	1:25:46 0:52			
6	Leonne Hutchinson ESOC	1:43:57 6:15 6:15 1:43:57 1:04	19:39 13:24	22:14 2:35	33:58 11:44	59:41 25:43	1:06:03 6:22	1:17:09 11:06	1:33:44 16:35	1:37:22 3:38	1:42:53 5:31	1:43:57 1:04			
7	Hanne Robertson ESOC	1:54:55 10:15 10:15 1:54:55 0:44	17:03 6:48	20:54 3:51	27:19 6:25	35:55 8:36	1:08:20 32:25	1:25:16 16:56	1:39:52 14:36	1:49:24 9:32	1:54:11 4:47	1:54:55 0:44			
8	Diane Mailer ECKO	1:58:55 6:08 6:08 1:58:55 0:50	13:47 7:39	16:56 3:09	26:21 9:25	1:08:20 41:59	1:13:25 5:05	1:22:48 9:23	1:51:56 29:08	1:54:12 2:16	1:58:05 3:53	1:58:55 0:50			
W50L (22)			4.9 km 280 m			14 C									
		1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)
1	Hazel Dean FVO	52:30 3:25 3:25 52:30 0:39	8:53 5:28	12:45 3:52	20:16 7:31	23:47 3:31	24:49 1:02	28:32 3:43	33:51 5:19	39:56 6:05	42:28 2:32	43:29 1:01	48:46 5:17	50:47 2:01	51:51 1:04
2	Carolyn McLeod GRAMP	1:00:25 4:59 4:59 1:00:25 0:37	11:52 6:53	17:29 5:37	24:20 6:51	27:38 3:18	29:18 1:40	33:18 4:00	42:58 9:40	48:02 5:04	50:32 2:30	51:25 0:53	57:13 5:48	58:43 1:30	59:48 1:05
3	Alison Cunningham ESOC	1:04:43 5:09 5:09 1:04:43 0:47	11:11 6:02	16:12 5:01	24:33 8:21	29:40 5:07	30:39 0:59	34:52 4:13	40:44 5:52	48:35 7:51	51:13 2:38	53:59 2:46	1:01:16 7:17	1:02:43 1:27	1:03:56 1:13
4	Marsela McLeod INVOC	1:07:06 4:06 4:06 1:07:06 1:00	13:23 9:17	18:08 4:45	25:57 7:49	30:26 4:29	36:29 6:03	40:21 3:52	45:53 5:32	52:12 6:19	54:57 2:45	55:51 0:54	1:03:12 7:21	1:04:46 1:34	1:06:06 1:20
5	Ann Haley INT	1:07:11 4:08 4:08 1:07:11 0:45	10:10 6:02	14:46 4:36	23:27 8:41	30:32 7:05	31:33 1:01	36:28 4:55	43:10 6:42	50:04 6:54	54:10 4:06	55:21 1:11	1:03:19 7:58	1:05:07 1:48	1:06:26 1:19
6	Lesley Gomersall GRAMP	1:07:12 4:17 4:17 1:07:12 0:45	10:21 6:04	15:12 4:51	23:53 8:41	28:17 4:24	29:28 1:11	35:00 5:32	44:49 9:49	52:22 7:33	55:19 2:57	56:36 1:17	1:03:48 7:12	1:05:13 1:25	1:06:27 1:14
7	Denise Wright MAROC	1:08:51 5:13 5:13 1:08:51 0:43	11:43 6:30	16:52 5:09	25:53 9:01	30:32 4:39	31:59 1:27	37:11 5:12	44:21 7:10	51:58 7:37	55:05 3:07	56:19 1:14	1:04:34 8:15	1:06:36 2:02	1:08:08 1:32

Pl	Name	Time														
W50L (22)			4.9 km 280 m				14 C				<i>(cont.)</i>					
			1(128) Finish	2(127)	3(116)	4(115)	5(117)	6(121)	7(141)	8(122)	9(214)	10(123)	11(228)	12(143)	13(129)	14(218)
8	Jane Ackland INT	1:09:02	5:41 5:41 1:09:02	11:50 6:09	19:39 7:49	30:50 11:11	34:38 3:48	37:20 2:42	41:43 4:23	48:52 7:09	54:57 6:05	57:45 2:48	59:07 1:22	1:05:56 6:49	1:07:15 1:19	1:08:19 1:04
9	Helen Rowlands GRAMP	1:10:21	5:26 5:26 1:10:21	12:27 7:01	17:42 5:15	27:00 9:18	31:56 4:56	33:29 1:33	38:36 5:07	45:31 6:55	53:30 7:59	56:28 2:58	57:56 1:28	1:06:43 8:47	1:08:18 1:35	1:09:42 1:24
10	Denise Main MOR	1:10:31	4:11 4:11 1:10:31	19:39 15:28	24:26 4:47	32:03 7:37	36:30 4:27	42:28 5:58	46:30 4:02	51:56 5:26	57:54 5:58	1:01:08 3:14	1:01:58 0:50	1:06:59 5:01	1:08:53 1:54	1:09:58 1:05
11	Louise Longhurst FVO	1:12:00	5:02 5:02 1:12:00	11:52 6:50	17:36 5:44	26:41 9:05	34:12 7:31	35:29 1:17	40:35 5:06	48:32 7:57	55:15 6:43	58:26 3:11	59:42 1:16	1:06:59 7:17	1:09:51 2:52	1:11:13 1:22
12	Heather Fellbaum MDOC	1:16:26	5:14 5:14 1:16:26	11:51 6:37	17:00 5:09	25:03 8:03	30:20 5:17	31:30 1:10	47:46 16:16	53:42 5:56	1:00:13 6:31	1:03:10 2:57	1:04:30 1:20	1:12:35 8:05	1:14:29 1:54	1:15:46 1:17
13	Lucy Galloway INT	1:17:44	9:44 9:44 1:17:44	17:23 7:39	23:40 6:17	33:02 9:22	39:45 6:43	41:39 1:54	46:53 5:14	53:29 6:36	1:00:15 6:46	1:04:19 4:04	1:05:44 1:25	1:13:49 8:05	1:15:47 1:58	1:17:02 1:15
14	Helena Nolan ESOC	1:18:41	4:49 4:49 1:18:41	14:02 9:13	18:17 4:15	27:25 9:08	44:01 16:36	45:33 1:32	49:55 4:22	56:59 7:04	1:04:01 7:02	1:07:27 3:26	1:08:31 1:04	1:15:19 6:48	1:16:42 1:23	1:18:00 1:18
15	Roos Eisma TAY	1:20:12	6:27 6:27 1:20:12	13:54 7:27	21:47 7:53	32:00 10:13	41:57 9:57	43:16 1:19	48:41 5:25	56:00 7:19	1:04:43 8:43	1:07:40 2:57	1:08:46 1:06	1:16:14 7:28	1:18:05 1:51	1:19:32 1:27
16	Pippa Weir MOR	1:23:18	4:42 4:42 1:23:18	15:45 11:03	20:30 4:45	34:38 14:08	39:37 4:59	41:26 1:49	47:25 5:59	54:56 7:31	1:04:10 9:14	1:09:35 5:25	1:10:53 1:18	1:19:04 8:11	1:21:01 1:57	1:22:24 1:23
17	Sue Barrie MAROC	1:23:20	6:11 6:11 1:23:20	13:38 7:27	19:02 5:24	28:03 9:01	33:26 5:23	35:07 1:41	40:59 5:52	48:35 7:36	1:02:24 13:49	1:05:36 3:12	1:07:36 2:00	1:18:22 10:46	1:20:46 2:24	1:22:30 1:44
18	Rachel Wilson CLYDE	1:23:58	5:14 5:14 1:23:58	23:05 17:51	28:28 5:23	38:32 10:04	43:34 5:02	44:52 1:18	50:26 5:34	58:37 8:11	1:07:30 8:53	1:11:14 3:44	1:12:54 1:40	1:19:54 7:00	1:21:43 1:49	1:23:10 1:27
19	Jane Anderson TAY	1:33:09	6:58 6:58 1:33:09	15:58 9:00	21:40 5:42	34:07 12:27	39:49 5:42	41:39 1:50	47:58 6:19	58:42 10:44	1:08:44 10:02	1:13:11 4:27	1:14:47 1:36	1:27:53 13:06	1:30:23 2:30	1:32:15 1:52
20	Carol Graham SOLWAY	1:36:46	8:08 8:08 1:36:46	19:56 11:48	26:38 6:42	38:27 11:49	50:03 11:36	51:29 1:26	58:43 7:14	1:08:33 9:50	1:16:40 8:07	1:19:55 3:15	1:21:17 1:22	1:32:20 11:03	1:34:21 2:01	1:35:59 1:38
21	Frances Getliff MAROC	1:38:07	6:08 6:08 1:38:07	12:26 6:18	35:06 22:40	51:16 16:10	1:00:14 8:58	1:01:27 1:13	1:06:34 5:07	1:13:54 7:20	1:20:40 6:46	1:23:38 2:58	1:24:48 1:10	1:34:25 9:37	1:35:58 1:33	1:37:21 1:23
22	Angela Dixon TAY	1:46:14	6:07 6:07 1:46:14	22:36 16:29	29:21 6:45	41:00 11:39	49:00 8:00	51:32 2:32	1:00:45 9:13	1:12:23 11:38	1:22:11 9:48	1:27:09 4:58	1:28:36 1:27	1:40:23 11:47	1:43:21 2:58	1:45:13 1:52
W50S (7)																
			1(128)	2(209)	4.1 km 180 m		10 C									
1	Clare Martin MAROC	1:06:00	5:54 5:54	13:30 7:36	15:59 2:29	22:16 6:17	29:06 6:50	34:29 5:23	47:21 12:52	59:37 12:16	1:02:09 2:32	1:05:57 3:48	1:06:39 0:42			
2	Shona Spencer MOR	1:18:54	8:08 8:08	18:22 10:14	24:05 5:43	31:59 7:54	39:10 7:11	45:43 6:33	54:37 8:54	1:10:15 15:38	1:13:38 3:23	1:17:59 4:21	1:18:54 0:55			
3	Jane Carcas INT	1:23:27	6:55 6:55	14:44 7:49	18:30 3:46	27:42 9:12	37:03 9:21	43:10 6:07	56:23 13:13	1:15:47 19:24	1:18:39 2:52	1:22:29 3:50	1:23:27 0:58			
4	Margaret McMillan MAROC	1:23:57	6:31 6:31	17:01 10:30	19:54 2:53	32:15 12:21	39:45 7:30	45:00 5:15	57:40 12:40	1:14:22 16:42	1:19:05 4:43	1:23:11 4:06	1:23:57 0:46			
5	Andrea Lines ECKO	1:52:17	6:50 6:50	23:01 16:11	25:39 2:38	35:25 9:46	58:16 22:51	1:05:09 6:53	1:17:46 12:37	1:38:51 21:05	1:43:51 5:00	1:51:22 7:31	1:52:17 0:55			
6	Catherine Todd INVOC	2:05:16	12:32 12:32	26:14 13:42	30:49 4:35	44:29 13:40	1:11:06 26:37	1:18:39 7:33	1:30:49 12:10	1:52:18 21:29	1:57:01 4:43	2:04:23 7:22	2:05:16 0:53			
	Caroline Hornby MOR	mp	7:49 7:49	15:34 7:45	20:05 4:31	28:39 8:34	37:58 9:19	43:53 5:55	53:25 9:32	-----	-----	-----				

PI Name	Time												Finish	
		1(146)	2(153)	3(213)	4(221)	5(120)	6(227)	7(141)	8(145)	9(228)	10(126)	11(143)		12(218)
W55L (14)														
		4.8 km 240 m			12 C									
1 Lindsey Bayles LOC	1:07:29	3:43	13:07	22:52	25:05	32:39	34:52	38:59	44:54	56:00	1:00:59	1:05:37	1:06:55	1:07:29
2 Jane Halliday MOR	1:10:43	3:38	11:51	25:05	27:23	36:25	38:06	41:26	45:55	57:30	1:06:08	1:08:42	1:10:09	1:10:43
3 Judy Burge LOC	1:16:48	4:40	12:07	23:42	25:42	36:35	38:41	42:07	48:36	1:05:21	1:11:10	1:14:13	1:16:02	1:16:48
4 Fran Loots TAY	1:20:24	3:49	10:42	34:31	36:40	45:29	47:07	50:32	55:45	1:07:55	1:13:16	1:16:30	1:19:34	1:20:24
5 Sonia Armitage GRAMP	1:23:22	9:40	16:22	24:40	27:36	36:43	38:50	42:39	48:48	1:03:27	1:14:55	1:21:08	1:22:48	1:23:22
6 Anne Burbidge WCOG	1:23:53	9:40	6:42	8:18	2:56	9:07	2:07	3:49	6:09	14:39	11:28	6:13	1:40	0:34
7 Elizabeth Deane CORK O	1:31:22	4:52	12:52	31:08	33:42	46:53	48:44	52:45	1:00:12	1:17:45	1:24:03	1:28:15	1:30:38	1:31:22
8 Marcia Bradbury SYO	1:32:57	4:13	13:59	26:24	28:54	44:33	47:11	50:56	57:42	1:13:46	1:25:41	1:30:07	1:32:12	1:32:57
9 Morag McIntyre INT	1:40:32	4:37	17:56	28:49	31:31	43:20	45:26	50:59	59:01	1:16:24	1:32:49	1:37:08	1:39:37	1:40:32
10 Jacky Dakin SYO	1:52:32	16:55	25:51	39:15	43:07	55:06	57:49	1:01:57	1:12:29	1:35:13	1:43:06	1:49:06	1:51:35	1:52:32
11 Judy Leslie MOR	2:03:41	5:39	32:57	48:39	52:53	1:08:34	1:11:01	1:17:23	1:25:18	1:42:55	1:53:21	2:00:54	2:03:01	2:03:41
12 Fiona Johnston RR	2:07:14	5:41	15:48	33:01	36:35	50:23	53:22	57:41	1:09:10	1:28:17	1:55:36	2:02:39	2:06:03	2:07:14
Gill Sharp SN	mp	6:11	20:03	33:51	37:14	----	----	47:29	58:01	1:32:17	1:41:28	1:47:16	1:49:57	1:51:04
nc Janet Cronk WAOO	1:25:03	4:34	11:42	25:36	27:53	38:30	41:08	44:22	50:51	1:05:43	1:19:03	1:22:27	1:24:25	1:25:03

PI Name	Time												Finish
		1(128)	2(127)	3(210)	4(116)	5(213)	6(123)	7(146)	8(126)	9(143)	10(218)		
W55S (6)													
		3.2 km 120 m			10 C								
1 Penelope Smirthwai MOR	58:03	5:41	13:31	21:51	28:21	31:04	41:45	47:46	51:22	55:13	57:18	58:03	
2 Fiona Hendrie FVO	1:01:19	5:19	13:05	18:57	26:10	29:08	37:15	44:14	52:48	58:24	1:00:29	1:01:19	
3 Sheelagh Nichol AYROC	1:20:04	7:18	30:10	38:03	47:25	50:09	59:56	1:05:55	1:11:23	1:16:41	1:19:10	1:20:04	
4 Sue Harding SROC	1:20:24	6:38	17:45	30:31	39:05	42:32	53:59	1:02:47	1:09:07	1:15:45	1:19:01	1:20:24	
5 Anne Hoy GRAMP	1:30:33	8:19	23:52	32:25	41:45	45:08	54:24	1:04:24	1:20:07	1:26:10	1:29:30	1:30:33	
6 Lorna Young TINTO	1:35:11	7:43	30:37	45:24	57:02	1:01:12	1:10:03	1:18:58	1:23:50	1:31:05	1:34:01	1:35:11	

PI Name	Time												Finish	
		1(146)	2(127)	3(213)	4(116)	5(115)	6(117)	7(227)	8(141)	9(145)	10(216)	11(143)		12(218)
W60L (12)														
		4.7 km 215 m			12 C									
1 Pauline McAdam RR	58:29	4:21	8:37	14:01	15:38	24:29	29:39	34:20	37:34	43:34	46:32	56:06	57:48	58:29
2 Gill Berrow ECKO	59:45	4:11	8:20	13:52	15:43	24:42	30:30	34:49	37:58	44:20	47:03	57:21	59:08	59:45
3 Alison Simmons BOK	1:03:11	3:41	8:16	16:10	18:12	26:10	38:33	43:10	46:28	51:40	54:06	1:01:25	1:02:34	1:03:11
4 Amelia Petrie CLYDE	1:03:56	4:19	8:48	14:36	18:08	27:03	34:37	41:36	44:38	50:49	53:40	1:01:56	1:03:17	1:03:56
5 Val Belton CLYDE	1:05:17	4:34	9:33	15:03	21:14	30:30	35:40	40:29	43:59	49:49	52:58	1:02:21	1:04:25	1:05:17
6 Hilary Quick BASOC	1:05:40	4:17	9:52	14:53	16:48	26:20	34:25	39:23	42:51	50:11	53:30	1:02:59	1:04:56	1:05:40
7 Janice Nisbet ESOC	1:13:00	4:40	9:12	15:07	17:37	27:06	41:10	45:57	49:44	56:46	1:00:14	1:10:27	1:12:13	1:13:00
8 Joyce Brunton INVOC	1:20:41	6:14	11:44	19:22	21:49	32:52	38:49	45:17	49:37	59:34	1:03:59	1:18:16	1:20:03	1:20:41
9 Sally Lindsay ESOC	1:20:59	5:16	11:23	17:46	20:09	33:16	42:23	48:00	57:07	1:04:13	1:07:41	1:18:15	1:20:19	1:20:59
10 Anne Hickling GRAMP	1:21:33	5:10	11:21	19:57	23:14	36:15	42:43	48:44	53:05	1:02:03	1:05:55	1:18:01	1:20:39	1:21:33
11 Hilary Scott BASOC	1:25:24	5:40	11:26	18:34	21:56	35:24	43:29	49:57	54:29	1:05:04	1:10:03	1:22:50	1:24:43	1:25:24
12 Elizabeth Furness MOR	1:36:37	8:37	16:58	24:32	27:24	40:46	47:59	53:48	58:46	1:07:38	1:19:22	1:33:45	1:35:43	1:36:37

PI Name	Time												Finish
		1(128)	2(127)	3(210)	4(116)	5(213)	6(123)	7(146)	8(126)	9(143)	10(218)		
W60S (6)													
		3.2 km 120 m			10 C								
1 Oonagh Grassie GRAMP	57:46	6:40	14:18	24:05	30:47	33:21	40:02	45:57	50:16	54:48	56:58	57:46	
2 Lynne Walker BASOC	59:39	5:55	14:25	21:07	28:07	32:06	38:03	44:32	48:58	55:50	58:28	59:39	

Pl	Name	Time	1(128)	2(127)	3(210)	4(116)	5(213)	6(123)	7(146)	8(126)	9(143)	10(218)	Finish
W60S (6)			3.2 km 120 m			10 C			<i>(cont.)</i>				
3	Pauline Smithard DEE	1:09:57	6:04	14:59	27:07	34:27	37:02	46:24	56:44	1:01:09	1:05:48	1:09:10	1:09:57
4	Judith Guillaume SYO	1:14:19	7:13	18:07	27:10	38:16	41:33	50:31	58:59	1:03:45	1:09:41	1:12:38	1:14:19
5	Annette Milburn WCOE	1:48:45	11:47	22:26	32:42	48:32	51:53	1:13:24	1:24:27	1:33:10	1:43:38	1:47:36	1:48:45
	Jayne Macgregor GRAMP	dnf	11:54	34:11	-----	-----	-----	-----	-----	-----	-----	56:27	58:31
			11:54	22:17								22:16	2:04

Pl	Name	Time	1(128)	2(209)	3(210)	4(127)	5(116)	6(217)	7(216)	8(146)	9(119)	10(218)	Finish
W65L (19)			4.1 km 180 m			10 C							
1	Miriam Rosen SROC	1:04:23	6:04	12:55	15:21	22:27	29:26	35:00	43:41	57:46	1:00:06	1:03:40	1:04:23
2	Mary Williams ESOC	1:07:45	5:32	12:28	15:00	21:06	29:03	33:49	43:07	1:00:35	1:02:54	1:06:49	1:07:45
3	Joan Noble INVOC	1:08:54	5:48	12:51	15:24	23:15	29:30	35:15	44:35	1:01:24	1:04:18	1:08:01	1:08:54
4	Sheila Strain ELO	1:15:21	5:06	11:55	16:43	22:41	28:03	33:08	42:57	1:08:13	1:10:58	1:14:29	1:15:21
5	Lindsey Hensman FVO	1:16:33	7:01	15:33	18:36	26:20	32:28	38:37	47:42	1:07:55	1:11:04	1:15:39	1:16:33
6	Trish Carmichael TINTO	1:20:28	7:11	14:50	18:15	25:43	33:30	41:29	53:51	1:11:06	1:14:43	1:19:25	1:20:28
7	Liz Godfree DVO	1:21:37	5:49	17:20	19:39	26:45	38:51	44:07	51:14	1:16:06	1:18:21	1:20:54	1:21:37
8	Margaret Dearman MOR	1:23:04	7:03	17:15	22:44	31:14	38:21	45:17	56:53	1:13:41	1:17:35	1:22:01	1:23:04
9	Trina Rogerson ELO	1:24:52	6:12	16:53	19:17	26:58	37:14	43:31	53:24	1:15:43	1:19:29	1:23:58	1:24:52
10	Janet Nash LOC	1:26:44	6:56	19:01	21:33	37:22	48:15	53:08	1:00:34	1:19:20	1:22:03	1:25:46	1:26:44
11	Marcella McLennan TINTO	1:28:18	7:37	17:56	21:08	29:52	40:56	48:02	59:57	1:16:54	1:20:16	1:27:20	1:28:18
12	Anne Stevenson ESOC	1:30:10	6:07	13:21	18:24	28:43	35:43	40:55	50:25	1:19:08	1:23:28	1:29:20	1:30:10
13	Valerie Springett INVOC	1:33:10	8:59	19:47	23:26	33:36	43:02	50:51	1:00:26	1:23:25	1:27:31	1:32:13	1:33:10
14	Margaret Fraser MAROC	1:40:59	7:25	20:28	25:11	34:28	42:05	50:01	1:03:30	1:29:18	1:34:24	1:39:44	1:40:59
15	Maureen Brown ESOC	1:41:20	14:10	24:07	29:41	39:44	47:02	54:39	1:06:28	1:30:24	1:34:31	1:40:19	1:41:20
16	Helen Neild LOC	1:47:43	6:23	17:24	20:18	28:16	44:21	49:41	58:46	1:38:11	1:41:03	1:46:46	1:47:43
17	Katy Lessells ESOC	1:50:41	16:17	26:36	32:19	43:09	57:49	1:04:52	1:19:32	1:38:29	1:43:12	1:49:36	1:50:41
18	Anne Thom ESOC	1:56:04	8:31	21:20	28:28	38:28	1:05:18	1:13:41	1:25:16	1:43:41	1:47:54	1:54:58	1:56:04
	Beryl Seaman INVOC	mp	-----	-----	-----	-----	-----	-----	-----	-----	-----	45:48	47:32
												45:48	1:44

Pl	Name	Time	1(153)	2(127)	3(215)	4(123)	5(146)	6(126)	7(129)	8(218)	Finish
W65S (5)			2.8 km 100 m			8 C					
1	Chris Wood FVO	1:00:27	9:33	17:53	25:44	36:14	45:50	50:18	57:32	59:27	1:00:27
2	Margaret Aust GRAMP	1:10:56	14:31	26:27	33:16	41:19	52:01	58:00	1:07:07	1:09:54	1:10:56
3	Audrey Wilson hay GRAMP	1:17:00	10:44	21:27	29:05	40:38	50:45	58:26	1:13:37	1:16:09	1:17:28
4	Susan Coon ECKO	1:17:33	15:51	27:11	35:14	45:17	55:14	1:03:57	1:13:45	1:16:24	1:17:33
	Patricia McLaughlin STAG	mp	-----	-----	-----	-----	-----	-----	-----	-----	-----

Pl	Name	Time	1(128)	2(209)	3(210)	4(127)	5(116)	6(217)	7(216)	8(146)	9(119)	10(218)	Finish
W70L (6)			4.1 km 180 m			10 C							
1	Carol McNeill LOC	59:56	5:17	11:43	14:07	21:20	26:37	31:41	40:17	53:20	55:52	59:04	59:56
2	Eleanor Pyrah ESOC	1:14:48	6:35	14:35	17:58	25:33	34:16	39:49	49:32	1:06:33	1:09:59	1:13:58	1:14:48
3	Marion Maccormick BASOC	1:16:40	7:32	16:36	20:59	28:26	35:49	42:04	52:27	1:08:13	1:11:24	1:15:47	1:16:40
4	Karen Blackburn BL	1:19:27	7:23	18:49	21:39	32:07	40:28	46:53	56:53	1:11:07	1:14:17	1:18:38	1:19:27
5	Jo Cumming BASOC	2:08:34	9:07	48:55	55:30	1:08:01	1:16:21	1:22:44	1:35:57	1:55:45	2:01:00	2:07:14	2:08:34
			9:07	39:48	6:35	12:31	8:20	6:23	13:13	19:48	5:15	6:14	1:20

Pl	Name	Time												
W70L (6)														
			4.1 km 180 m				10 C				<i>(cont.)</i>			
		1(128)	2(209)	3(210)	4(127)	5(116)	6(217)	7(216)	8(146)	9(119)	10(218)	11(218)	12(218)	Finish
6	Angela Whitworth BL	2:09:32	13:49 13:49	30:18 16:29	37:21 7:03	51:04 13:43	1:10:09 19:05	1:17:26 7:17	1:32:12 14:46	1:56:03 23:51	2:01:15 5:12	2:08:16 7:01	2:09:32 1:16	
W70S (5)														
		1(153)	2(127)	3(215)	4(123)	5(146)	6(126)	7(129)	8(218)	9(128)	10(218)	11(218)	12(218)	Finish
1	Adrienne Sowood INVOC	1:08:14	10:52 10:52	20:06 9:14	29:09 9:03	39:13 10:04	51:27 12:14	58:33 7:06	1:05:25 6:52	1:07:18 1:53	1:08:14 0:56			
2	Katharine Melville TAY	1:29:41	17:21 17:21	30:20 12:59	45:31 15:11	52:50 7:19	1:07:03 14:13	1:16:57 9:54	1:25:50 8:53	1:28:35 2:45	1:29:41 1:06			
3	Jane McQuillen SOLWAY	1:31:48	15:42 15:42	40:53 25:11	49:09 8:16	1:00:53 11:44	1:12:28 11:35	1:18:06 5:38	1:28:15 10:09	1:30:43 2:28	1:31:48 1:05			
4	Marjory Craig MAROC	1:43:27	37:32 37:32	49:57 12:25	58:24 8:27	1:10:51 12:27	1:26:35 15:44	1:32:18 5:43	1:39:41 7:23	1:42:22 2:41	1:43:27 1:05			
	Rosie Pye MOR	mp	36:14 36:14	52:36 16:22	1:05:54 13:18	1:22:18 16:24	----- -----	1:49:48 27:30	2:00:46 10:58	2:05:18 4:32	2:07:27 2:09			
W75 (3)														
		1(128)	2(127)	3(210)	4(116)	5(213)	6(123)	7(146)	8(126)	9(143)	10(218)	11(218)	12(218)	Finish
1	Janet Clark ESOC	1:39:28	9:20 9:20	19:42 10:22	39:31 19:49	52:52 13:21	55:59 3:07	1:06:20 10:21	1:17:18 10:58	1:22:02 4:44	1:34:55 12:53	1:38:34 3:39	1:39:28 0:54	
2	Sue Birkinshaw MDOC	1:48:13	10:58 10:58	27:40 16:42	41:47 14:07	59:30 17:43	1:05:18 5:48	1:16:39 11:21	1:29:22 12:43	1:36:03 6:41	1:43:05 7:02	1:46:36 3:31	1:48:13 1:37	
3	Lucile Macleod FVO	1:56:07	10:40 10:40	26:58 16:18	43:07 16:06	55:25 12:21	1:00:16 4:51	1:12:36 12:20	1:36:26 23:50	1:43:59 7:33	1:50:46 6:47	1:54:44 3:58	1:56:07 1:23	
W80 (1)														
		1(153)	2(127)	3(215)	4(123)	5(146)	6(126)	7(129)	8(218)	9(128)	10(218)	11(218)	12(218)	Finish
1	Verena Johnston LOC	1:17:07	11:44 11:44	22:55 11:11	31:17 8:22	49:15 17:58	1:00:14 10:59	1:05:47 5:33	1:12:57 7:10	1:15:56 2:59	1:17:07 1:11			
Lt Green (18)														
		1(225)	2(127)	3(211)	4(213)	5(217)	6(221)	7(122)	8(125)	9(126)	10(129)	11(218)	12(218)	Finish
1	Grant McMurtrie MAROC	45:00	3:10 3:10	7:18 4:08	12:15 4:57	18:17 6:02	22:19 4:02	24:20 2:01	26:20 2:00	35:10 8:50	38:13 3:03	42:50 4:37	44:28 1:38	44:59 0:31
2	Nicholas Barr MOR	48:23	3:03 3:03	7:01 3:58	10:26 3:25	15:33 5:07	18:57 3:24	20:53 1:56	23:29 2:36	39:10 15:41	42:59 3:49	46:50 3:51	47:52 1:02	48:23 0:31
3	Kate Robertson GRAMP	49:55	4:40 4:40	10:23 5:43	13:49 3:26	20:15 6:26	24:18 4:03	26:45 2:27	29:39 2:54	39:41 10:02	43:38 3:57	47:38 4:00	49:08 1:30	49:55 0:47
4	Peggy Purves FVO	50:52	4:14 4:14	9:30 5:16	13:14 3:44	18:46 5:32	22:56 4:10	25:12 2:16	29:41 4:29	39:16 9:35	44:06 4:50	48:39 4:33	50:01 1:22	50:52 0:51
5	William Ivory INT	58:44	3:48 3:48	8:33 4:45	11:47 3:14	17:35 5:48	21:27 3:52	25:47 4:20	28:57 3:10	37:34 8:37	52:30 14:56	56:45 4:15	58:07 1:22	58:44 0:37
6	Siobhan Evans MOR	59:21	5:25 5:25	10:09 4:44	14:52 4:43	21:11 6:19	26:47 5:36	29:09 2:22	31:54 2:45	42:04 10:10	53:49 11:45	57:36 3:47	58:45 1:09	59:21 0:36
7	Elaine Gillies TAY	1:11:26	10:13 10:13	15:01 4:48	27:32 12:31	32:45 5:13	36:32 3:47	43:10 6:38	48:18 5:08	58:28 10:10	1:04:42 6:14	1:09:32 4:50	1:10:51 1:19	1:11:26 0:35
8	Elizabeth Campbell MOR	1:14:15	4:12 4:12	10:22 6:10	16:57 6:35	26:31 9:34	32:55 6:24	40:00 7:05	45:21 5:21	58:19 12:58	1:04:12 5:53	1:11:42 7:30	1:13:23 1:41	1:14:15 0:52
9	Carolyn Cload INVOC	1:18:18	6:04 6:04	11:23 5:19	19:26 8:03	27:57 8:31	33:28 5:31	41:30 8:02	47:52 6:22	58:27 10:35	1:09:51 11:24	1:15:26 5:35	1:17:33 2:07	1:18:18 0:45
10	Bill Melville TAY	1:20:33	9:15 9:15	15:23 6:08	21:02 5:39	28:59 7:57	34:03 5:04	37:32 3:29	45:18 7:46	1:05:31 20:13	1:11:55 6:24	1:18:05 6:10	1:19:38 1:33	1:20:33 0:55
11	Kate Anderson GRAMP	1:21:08	5:07 5:07	11:59 6:52	20:31 8:32	32:57 12:26	39:59 7:02	42:58 2:59	46:53 3:55	1:04:56 18:03	1:12:25 7:29	1:18:50 6:25	1:20:26 1:36	1:21:08 0:42
12	Heather Martin No club	1:28:51	4:53 4:53	11:29 6:36	16:08 4:39	30:44 14:36	36:53 6:09	39:59 3:06	44:25 4:26	1:14:11 29:46	1:19:48 5:37	1:26:15 6:27	1:28:07 1:52	1:28:51 0:44
13	Callum Tyler FVO	1:31:21	26:45 26:45	32:46 6:01	37:04 4:18	47:34 10:30	52:14 4:40	55:03 2:49	58:41 3:38	1:17:18 18:37	1:22:33 5:15	1:28:54 6:21	1:30:24 1:30	1:31:21 0:57
14	Jane Cox BASOC	1:59:11	12:06 12:06	20:47 8:41	48:42 27:55	59:21 10:39	1:08:53 9:32	1:13:04 4:11	1:20:58 7:54	1:36:03 15:05	1:43:31 7:28	1:54:07 10:36	1:58:10 4:03	1:59:11 1:01
15	Paul Lawlor ESOC	2:03:14	28:10 28:10	33:52 5:42	42:48 8:56	52:16 9:28	57:26 5:10	1:18:31 21:05	1:30:31 12:00	1:47:17 16:46	1:53:46 6:29	2:00:20 6:34	2:02:20 2:00	2:03:14 0:54
16	Su Tissell INT	2:18:01	9:17 9:17	16:29 7:12	22:34 6:05	39:41 17:07	46:30 6:49	50:41 4:11	55:12 4:31	1:43:09 47:57	2:09:19 26:10	2:15:36 6:17	2:17:11 1:35	2:18:01 0:50
	Katja Neumann MAROC	mp	10:56 10:56	35:25 24:29	40:43 5:18	46:37 5:54	53:06 6:29	56:19 3:13	----- 3:13	1:16:59 20:40	1:22:02 5:03	1:28:38 6:36	1:30:08 1:30	1:30:57 0:49
	Peter McLuckie MOR	mp	7:36 7:36	13:01 5:25	40:35 27:34	46:07 5:32	49:34 3:27	51:52 2:18	56:57 5:05	1:05:24 8:27	----- -----	1:36:58 31:34	1:38:28 1:30	1:39:13 0:45
Orange (11)														
		1(222)	2(125)	3(201)	4(203)	5(221)	6(122)	7(233)	8(204)	9(195)	10(129)	11(218)	12(218)	Finish
1	Paul Chapman MAROC	42:19	4:28 4:28	8:14 3:46	10:06 1:52	13:21 3:15	16:40 3:19	20:58 4:18	26:47 5:49	30:01 3:14	33:26 3:25	39:50 6:24	41:31 1:41	42:19 0:48

Pl	Name	Time												Finish		
Orange (11)			3.2 km 95 m				11 C				<i>(cont.)</i>					
			1(222)	2(125)	3(201)	4(203)	5(221)	6(122)	7(233)	8(204)	9(195)	10(129)	11(218)	Finish		
2	Katherine Ivory INT	45:02	3:49 3:49	7:34 3:45	9:07 1:33	13:44 4:37	16:25 2:41	21:40 5:15	29:01 7:21	33:28 4:27	36:35 3:07	42:20 5:45	44:14 1:54	45:02 0:48		
3	Steven Owen No club	51:55	3:46 3:46	8:17 4:31	10:10 1:53	16:57 6:47	20:40 3:07	25:07 5:03	34:49 9:42	39:05 4:16	43:20 4:15	48:58 5:38	51:13 2:15	51:55 0:42		
4	Scott Newey MAROC	56:38	5:13 5:13	9:43 4:30	14:06 4:23	19:40 5:34	23:27 3:47	30:18 6:51	37:27 7:09	41:15 3:48	47:19 6:04	54:11 6:52	55:58 1:47	56:38 0:40		
5	Emily Hunter ECKO	57:52	5:27 5:27	11:40 6:13	14:28 2:48	19:56 5:28	24:14 4:18	31:02 6:48	40:22 9:20	43:54 3:32	47:53 3:59	54:46 6:53	57:08 2:22	57:52 0:44		
6	Judy Smith AYROC	1:14:44	10:34 10:34	16:02 5:28	21:28 5:26	28:53 7:25	36:46 7:53	44:10 7:24	54:20 10:10	58:21 4:01	1:03:29 5:08	1:11:00 7:31	1:13:36 2:36	1:14:44 1:08		
7	Hazel Clark ESOC	1:38:07	5:58 5:58	20:01 14:03	39:02 19:01	43:27 4:25	47:37 4:10	53:58 6:21	1:13:48 19:50	1:19:45 5:57	1:28:03 8:18	1:34:43 6:40	1:37:17 2:34	1:38:07 0:50		
8	Callum McIntyre INT	1:59:29	11:31 11:31	22:26 10:55	30:40 8:14	38:30 7:50	49:44 11:14	1:17:05 27:21	1:30:20 13:15	1:39:05 8:45	1:44:14 5:09	1:53:48 9:34	1:57:11 3:23	1:59:29 2:18		
9	Aileen Holliday FVO	2:45:53	10:30 10:30	58:51 48:21	1:05:14 6:23	1:15:09 9:55	1:22:37 7:28	1:35:20 12:43	1:58:52 23:32	2:07:58 9:06	2:21:28 13:30	2:40:32 19:04	2:44:09 3:37	2:45:53 1:44		
	Patrick Lang GRAMP	mp	4:02 4:02	7:36 3:34	11:03 3:27	14:35 3:32	18:28 3:53	29:55 11:27	35:51 5:56	39:22 3:31	42:59 3:37	----- 7:34	50:33 7:34	51:13 0:40	48:23 *149	
	Jacqueline Chapma MAROC	mp	----- 9:03	9:03 9:03	15:52 6:49	20:27 4:35	24:23 3:56	39:18 14:55	51:57 12:39	57:00 5:03	1:01:50 4:50	1:10:55 9:05	1:13:12 2:17	1:14:13 1:01		
Yellow (6)			2.9 km 140 m				16 C									
			1(147) 15(206)	2(142) 16(218)	3(201) Finish	4(194)	5(203)	6(232)	7(124)	8(233)	9(207)	10(204)	11(191)	12(195)	13(119)	14(200)
1	Rosie Brown No club	46:24	3:51 3:51 43:29	7:03 3:12 45:17	11:43 4:40 46:24	13:46 2:03	16:38 2:52	20:22 3:44	22:18 1:56	24:01 1:43	27:22 3:21	31:30 4:08	34:58 3:28	36:57 1:59	38:41 1:44	40:48 2:07
2	Owen Baxendale LOC	52:11	5:10 5:10 50:24	9:00 3:50 51:33	12:21 3:21 52:11	14:31 2:10	18:03 3:32	20:59 2:56	23:26 2:27	26:34 3:08	30:44 4:10	36:47 6:03	39:52 3:05	42:51 2:59	45:00 2:09	46:43 1:43
3	Michael Lyman No club	53:50	3:54 3:54 50:34	7:46 3:52 52:18	13:11 5:25 53:50	15:15 2:04	19:41 4:26	22:28 2:47	26:09 3:41	29:56 3:47	32:57 3:01	36:00 3:03	38:40 2:40	40:45 2:05	43:29 2:44	46:03 2:34
4	Thomas Owen INT	59:34	4:38 4:38 55:45	9:19 4:41 58:49	13:57 4:38 59:34	16:04 2:07	21:01 4:57	24:15 3:14	26:48 2:33	29:15 2:27	32:37 3:22	38:35 5:58	41:58 3:23	44:28 2:30	47:20 2:52	50:09 2:49
5	Ian Hall No club	1:23:53	5:36 5:36 1:18:33	10:49 5:13 1:21:01	17:29 6:40 1:23:53	20:16 2:47	25:11 4:55	29:09 3:58	32:19 3:10	36:19 4:00	40:54 4:35	50:16 9:22	55:26 5:10	1:04:06 8:40	1:08:17 4:11	1:11:29 3:12
	Alan Macgregor GRAMP	dnf	7:42 7:42 44:41	14:14 6:32 47:03	19:06 4:52 49:32	----- 2:29	-----	-----	-----	-----	-----	-----	-----	-----	-----	38:38 19:32
White (12)			2.2 km 60 m				13 C									
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1	Felice Evans FVO	23:52	1:04 1:04	3:32 2:28	5:45 2:13	6:36 0:51	8:08 1:32	10:13 2:05	12:25 2:12	14:33 2:08	16:46 2:13	18:21 1:35	19:41 1:20	21:03 1:22	22:40 1:37	23:52 1:12
2	Zoe+1 Clark ESOC	25:32	1:01 1:01	4:27 3:26	6:56 2:29	8:14 1:18	9:56 1:42	11:34 1:38	14:03 2:29	16:48 2:45	19:14 2:26	20:55 1:41	22:14 1:19	23:33 1:19	24:42 1:09	25:32 0:50
3	Eilidh Connor FVO	30:30	1:43 1:43	5:46 4:03	8:39 2:53	10:15 1:36	12:33 2:18	14:50 2:17	17:14 2:24	19:12 1:58	21:49 2:37	24:11 2:22	25:38 1:27	27:18 1:40	29:24 2:06	30:30 1:06
4	Jamie Connor FVO	31:04	2:06 2:06	5:51 3:45	9:18 3:27	11:08 1:50	13:38 2:30	17:19 3:41	19:46 2:27	21:15 1:29	23:13 1:58	25:55 2:42	27:05 1:10	28:39 1:34	30:13 1:34	31:04 0:51
5	Hanna Brindley FVO	31:27	1:46 1:46	5:41 3:55	8:59 3:18	10:17 1:18	11:55 1:38	14:06 2:11	17:51 3:45	20:50 2:59	22:47 1:57	24:49 2:02	26:35 1:46	28:30 1:55	30:10 1:40	31:27 1:17
6	Cameron Stuart MAROC	31:49	1:17 1:17	5:25 4:08	8:21 2:56	9:24 1:03	11:37 2:13	14:07 2:30	17:10 3:03	20:02 2:52	22:33 2:31	24:48 2:15	27:15 2:27	29:19 2:04	30:50 1:31	31:49 0:59
7	Florence Bond Butl No club	32:27	1:18 1:18	4:43 3:25	7:47 3:04	9:45 1:58	13:06 3:21	15:33 2:27	19:23 3:50	21:52 2:29	24:16 2:24	26:29 2:13	28:17 1:48	29:56 1:39	31:20 1:24	32:27 1:07
8	Hazel Cload INVOC	32:52	2:05 2:05	5:55 3:50	9:13 3:18	10:40 1:27	12:41 2:01	15:25 2:44	18:18 2:53	21:38 3:20	23:50 2:12	25:38 1:48	27:54 2:16	29:56 2:02	31:47 1:51	32:52 1:05
9	Anna Howard MOR	34:23	1:43 1:43	5:25 3:42	8:32 3:07	10:13 1:41	12:17 2:04	14:46 2:29	18:41 3:55	22:15 3:34	24:38 2:23	27:01 2:23	29:01 2:00	31:08 2:07	32:56 1:48	34:23 1:27
nc	Hannah Wiseman MOR	29:11	1:25 1:25	4:15 2:50	7:04 2:49	8:22 1:18	10:28 2:06	12:48 2:20	15:24 2:36	18:39 3:15	21:09 2:30	23:26 2:17	25:23 1:57	26:53 1:30	28:12 1:19	29:11 0:59
nc	Andrew Popham KFO	30:10	1:25 1:25	5:22 3:57	8:54 3:32	10:11 1:17	13:14 3:03	16:26 3:12	18:44 2:18	20:14 1:30	22:32 2:18	25:18 2:46	26:29 1:11	27:50 1:21	29:23 1:33	30:10 0:47
nc	Tom O'Donoghue ESOC	45:51	1:54 1:54	19:25 17:31	22:06 2:41	23:22 1:16	25:31 2:09	27:52 2:21	31:07 3:15	34:42 3:35	37:08 2:26	39:45 2:37	41:09 1:24	43:07 1:58	44:34 1:27	45:51 1:17