

Place	Name	Club	AgeClass	Class	Time
Forest Sprint (45)				3.0 km 125 m 14 C	
1	Joseph Wright	MAROC	M16	Forest Sprin	18:54
2	Jake Chapman	MAROC	M16	Forest Sprin	20:10
3	Ewan McMillan	MAROC	M18	Forest Sprin	20:33
3	Janne Heikkinen		M21	Forest Sprin	20:33
5	Matthew Gooch	MAROC	M14	Forest Sprin	21:01
6	Drew Tivendale	MAROC	M40	Forest Sprin	21:27
7	Joe Taunton	NOC	M21	Forest Sprin	22:03
8	Alistair Chapman	MAROC	M16	Forest Sprin	22:25
9	Angel Iliev		M21	Forest Sprin	23:33
10	Eilidh Campbell	MAROC	W16	Forest Sprin	23:51
11	Sam Gomersall	GRAMP	M55	Forest Sprin	25:33
12	Robert Daly	GRAMP	M55	Forest Sprin	25:58
13	Sarah Dunn	MAROC	W45	Forest Sprin	26:18
14	Ewan Musgrave	MAROC	M12	Forest Sprin	26:29
15	Josie Gomersall	GRAMP	W16	Forest Sprin	26:58
16	Amber Graham	MAROC	W14	Forest Sprin	28:17
17	Dennis McDonald	GRAMP	M50	Forest Sprin	28:36
18	Andy Tivendale	MAROC	M70	Forest Sprin	28:49
19	Lesley Gomersall	GRAMP	W50	Forest Sprin	30:33
20	Michaela Kolistanikova		W21	Forest Sprin	31:04
21	Joel Gooch	MAROC	M12	Forest Sprin	31:11
22	Neil McLean	GRAMP	M70	Forest Sprin	31:30
23	Murray Anderson	GRAMP	M50	Forest Sprin	31:45
24	Nicolas Wibbelmann	MAROC	M35	Forest Sprin	31:46
25	Peter Henry	MAROC	M21	Forest Sprin	32:19
26	Rory O Hara Murray	GRAMP	M21	Forest Sprin	32:50
27	John Lang	GRAMP	M50	Forest Sprin	33:25
28	Phil Campbell	GRAMP	M21	Forest Sprin	35:04
29	Ailsa Anderson	GRAMP	W16	Forest Sprin	37:16
30	Patrick Lang	GRAMP	M12	Forest Sprin	38:12
31	Nigel Robinson	GRAMP	M50	Forest Sprin	39:49
32	Estra Zak	GRAMP	W21	Forest Sprin	42:56
33	Charlotte Reynolds	MAROC	W12	Forest Sprin	44:21
34	Claire Sherry	MAROC	W21	Forest Sprin	47:13
35	Kevin Hyland	MAROC	M35	Forest Sprin	47:51
36	Katrine Black	GRAMP	W21	Forest Sprin	50:31
37	Eddy Coman	GRAMP	M50	Forest Sprin	52:33
38	Louise O Hara Murray	GRAMP	W21	Forest Sprin	53:07
39	Kate Anderson	GRAMP	W50	Forest Sprin	54:35
40	Norman Liley	GRAMP	M55	Forest Sprin	56:39
41	David Bryant	MAROC	M50	Forest Sprin	58:27
42	Ruth Gooch	MAROC	W10	Forest Sprin	1:06:58
	Luke Graham	MAROC	M16	Forest Sprin	mp
	Patricia Graham	MAROC	W50	Forest Sprin	mp
	Kut Karahasan	MAROC	M21	Forest Sprin	mp