

Mar Orienteering Club



Introduction to Orienteering

Sundays Feb 3rd, 17th, 24th, Mar 10th 2019 10:30-12:30

Orienteering is an exciting outdoor adventure sport which involves navigating around a course using a detailed map and, sometimes, a compass. The aim is to navigate in sequence between a set of control points and decide the best route to complete the course in the quickest time.

Mar Orienteering Club plan to run a block of introductory orienteering sessions aimed at family participation with full coaching provided. The sessions are recommended for families with at least one child P5 or older. Both juniors and adults can participate at the same time, at levels appropriate to their age and experience. However, adults would be expected to “shadow” younger children.

Feb 3rd: Introduction to basics, Carlogie by Potarch
Feb 17th: Skills coaching, Bellwood Aboyne
Feb 24th: Event introduction, Nirsemore by Aboyne
Mar 10th: Further skills coaching, Torphantrick by Cambus o’ May

Please note that at least one adult is expected to stay for the duration of each session. It is preferable that you attend all 4 sessions but please get in touch if you can only make some of the dates.

Fees £15 per child, £30 per participating adult, family (1 adult, 2 children) £52 to include coaching and event entry fees; membership of Mar OC, British Orienteering and Scottish Orienteering Association valid to Dec 2019.

Details of the venues are still being finalised, but if you are interested please contact sarah@scottish-orienteering.org to receive more information and an application form.

Have you got kids with a sense of adventure? Who love to learn new skills, make new friends and have fun in the fresh air?

Do you want a sport the whole family can enjoy together? Where you can all progress at your own pace and enjoy a unique sense of achievement?

Then orienteering is the sport for you.

For further details about orienteering, take a look at the following websites:-

<http://www.marocscotland.org.uk/home/>
<http://www.scottish-orienteering.org/>
<http://www.britishorienteering.org.uk/>

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Registration Form

Please complete the details below and return to sarah@scottish-orienteering.org . Payment should be made by bank transfer to Mar Orienteering Club, Acc no. 00637125, Sort Code 80-06-19 with a ref to “introductory sessions”. Or else send a cheque to Sarah Dunn, Gardens Cottage, Dess, Aboyne, AB34 5BA. Application forms must be received by Friday 1st Feb 2019.

Further details will be emailed to participants prior to the first coaching session.

Email address of parent / guardian and contact number

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Names of participating children and age

1. Age
2. Age
3. Age

Names of parent(s) / guardian(s)

1.
participating / non-participating*
2.
participating / non-participating*

*Please delete as appropriate

For further details please contact Sarah Dunn, sarah@scottish-orienteering.org

In becoming a member of Maroc, we will collect certain information which will be held and processed by the British Orienteering Federation and or Scottish Orienteering. This will include your name, date of birth, gender, URN (Membership Number) number, email address, address, telephone number, name of the BOF affiliated Association and club that you are a member of and details of any coaching or officiating licenses you hold and results (Membership Data). We will also use and process certain information about you obtained from you directly and or the British Orienteering Federation and or Scottish Orienteering to allow effective communication and operation of the club. This will include your name, date of birth, gender, email address, and telephone number. The Maroc privacy notice can be viewed here: <https://www.marocscotland.org.uk/privacy-policy> The Scottish Orienteering Privacy Notice can be viewed here: <https://www.scottish-orienteering.org/soa/page/soa-privacy-notice>

The British Orienteering Federation Privacy Policy can be viewed here: https://www.britishorienteering.org.uk/document/57190d34f71d5bf9a4682e8addc047ab/governance_british_orienteering_policies_v1.5.pdf