

Scottish Students relay championship, Potarch, Saturday 11th November

Location

The event is being held in Potarch forest which is west of Banchory on the way to Aboyne.

Parking & Assembly

People driving up that day from the south may choose to leave the A90 shortly after the Stracathro services and head for Fettercairn before climbing over Cairn o'Mount on the B974. Then while passing through Glen Dye take the Old military road through Tillygarmond and keep on this road to Potarch. This would also be useful for finding your way to Glen Dye the following day. If coming from Aberdeen, pass through Banchory on the A93 and then turn left across the bridge on the B993 and then immediately left again. Parking will be by Potarch green. The grid reference for assembly is NO606971, postcode AB31 4BE, what 3 words *destroyer.sisters.milky*

Map

The map is 1:10000.

Timetable and Start

There is a single start for both the colour coded and the relay sections of the event. Courses on offer are Light Green, Orange and Green: the relay courses are gaffled.

Course	Distance (km)	Climb (m)
Light Green	3.7	105
Orange	3.0	100
Green	4.2	110

Start, finish and assembly are all close together on Potarch Green.

11:00 First start time for people running colour coded courses.

12:00 Last start time for people running colour coded courses

13:00 Relay mass start

14:00 – 14:20 Possible mini mass starts

15:15 Courses close

Colour coded Start and finish operation

Punching starts are in use – people running colour coded courses are asked to start at least a minute behind the previous starter on that coloured course.

Maps will be collected from colour coded course participants at the finish (please use the bag(s) provided, to avoid the possibility that members of the student relay teams might gain

sight of the maps before starting. They will be available for collection once all the Green course starters in the relay event are in the handover area.

Relays

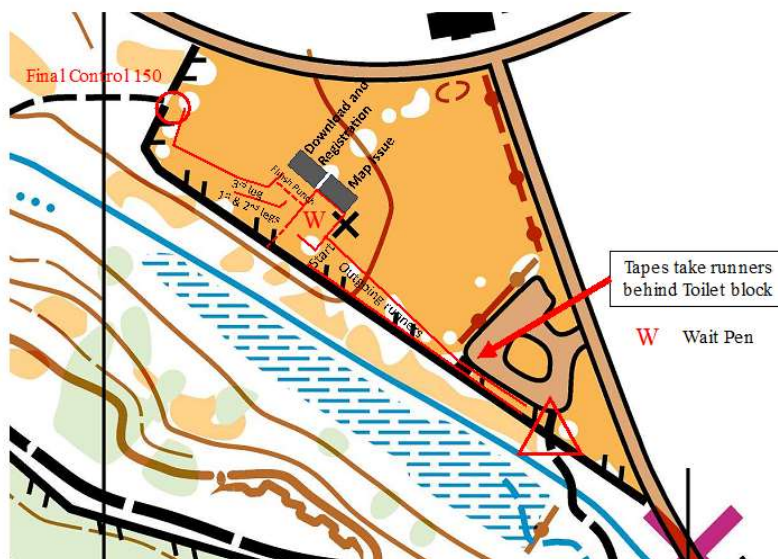
Bibs and safety pins will be in plastic bags in the assembly area – one bag per university club. The bag will contain a listing of team members and numbers. The first runner wears the red numbered bib, the second runner the white one, and the last runner for each team wears the blue coloured bib. Maps will be supplied to people entering the start/handover area and are not to be opened until either the start or a handover from a team member. Once handover occurs (by contact between the finishing and starting runners occurs) the finishing runner should then head to the finish box and download.

The relay legs are in the following order: Light Green, Orange, Green

The relay bibs provided are surplus stock from the 2013 Scottish Relay championships (as can be seen from the text on each bib) donated by a Scottish club.

Runners on all legs will be required to place their maps in the university club labelled bag. The maps can be retrieved once the last remaining third leg runner has started.

Below is the map of the start, handover, finish, assembly area.



Specific Hazards and precautions

Ticks – the unusually warm October has extended the active period for ticks: it may now be November but please check yourself for ticks after your runs.

Covid

If you think that you have Covid and are potentially infectious please do not come to the event.

Sustenance

The Potarch café is located very close to the assembly area and it will be open between 11 am and 4 pm on the day. Takeaways and sit in service are on offer – locals speak highly of it and a boost in custom from an orienteering event always enhances the local view of orienteering and orienteers.

Thanks

Maroc club members have been very helpful to AUOC over this event - both for allowing use of their area for the event and also for the great support they have provided during preparation and the running of the event. Thank you.

Isla O'Donoghue

Organiser