

Johnshaven and Lathallan Urban Event
Scottish Orienteering Urban League & UK Elite Orienteering League
Saturday 7th March 2020
In conjunction with Maroc's Birsemore Regional Event Sunday 8th March

PRELIMINARY DETAILS

Mar Orienteering Club welcome you to Johnshaven and Lathallan for the third SOUL event of 2020. We are also very pleased to welcome the UKEOL for their first event of the year. The terrain consists of intricate streets and passageways in the conservation fishing village of Johnshaven and the grounds and gardens of Lathallan School, formerly Brotherton Castle.

Johnshaven is the home of the nationally acclaimed Fish Festival which is held annually during the first two weeks of August, attracting thousands of visitors from the UK and around the world. The area is rich in maritime heritage and continues to support a successful and internationally recognised shellfish industry. Lathallan School is an independent co-educational day and boarding school offering Nursery, Junior and Secondary education with a strong emphasis on learning outside the classroom.

Event Centre: The event centre at Lathallan School, DD10 0HN. Registration, brikke collection, download and first aid are in the Sports Pavilion and toilets, changing rooms and showers are accessible at the rear. Please remove muddy and/or studded shoes before entering the building.

Train/Bus/Cycle to event: There is an hourly Stagecoach bus service, the X7 from Montrose to Stonehaven, both of which have rail links to Aberdeen, Inverness and the Central Belt. The bus stop is on the A92 at the turn to Johnshaven, from which it is a 500m walk north on the A92 to the Lathallan School entrance. The event is also on Route 1 of the National Cycle Network that can be accessed from both Montrose and Stonehaven.

For those travelling by car from the South: turn off the A90 dual carriageway at Laurencekirk and follow the B9120 (signposted to St Cyrus) south-eastwards over the Hill of Garvock for 5miles. At the A92 turn left. After 2 miles ignore the right turn into Johnshaven (also ignore your Sat Nav at this stage!) and continue 600m to the Lathallan School entrance on your right where the event will be signposted.

For those travelling by car from the North: Turn off the A90 dual carriageway at the southern Stonehaven exit for the A92. Follow this road through Inverbervie. The

entrance to Lathallan School is 3 miles after leaving Inverbervie and 1.2km after Mill of Benholm. The event will be signposted at the school entrance.

Parking is limited, please share transport wherever possible: There is a one-way traffic system in the school. The entrance is from the main A92 Montrose to Stonehaven road. Parking will be at several hard standing locations, all a very short walk from Registration. Please follow directions from parking volunteers and use the designated walking route to Registration, avoiding the competition area.

Please do not enter the village of Johnshaven before your run. Afterwards, you are invited to explore the village where the Anchor Hotel serves a full range of meals and beverages.

Courses Available:

Courses 1S and 2S are sprints as part of the UK Elite Orienteering League. Courses U2 to U7 are standard Urban courses. **All** courses qualify for the Scottish Orienteering Urban League in the age classes shown below.

Course	Classes	Length* Straight	Length* Optimum	Controls*	Discipline
1S	Men Open (M18-35)	3.1km	3.9km	20	Sprint
2S	Women Open (W18-35)	2.7km	3.5km	17	Sprint
U2	Men Vets (M40+)	5.8km	7.3km	33	Urban
U3	Womens Vets (W40+) Men Supervets (M55+)	4.8km	6.2km	30	Urban
U4	Women Supervets (W55+) Men Ultravets (M65+)	3.8km	4.6km	24	Urban
U5	Women Ultra Vets (W65+) Women Hyper Vets (W75+) Men Hyper Vets (M75+)	2.9km	3.8km	19	Urban
U6	Women Junior (W16-) Men Junior (M16-)	3.6km	4.2km	24	Urban
U7	Women Young Junior (W12-) Men Young Junior (M12-)	2.3km	2.5km	20	Urban

**Subject to final controlling*

Competitors must enter according to their age classes in order to be competitive for the SOUL and UKEOL.

Alternatively runners are free to enter the Open category for each course.

Juniors 16 and under must enter courses U6 or U7, 12 and under must enter U7.

Planner: Nick Hale (Maroc)

Organiser: Bob Sheridan (Maroc)

Controller: George Esson (GRAMP)

Event Times:

Registration: 11.30 to 13.00

Starts: 12.00 to 13.30

Courses Close: 15.00

Terrain: The competition area comprises urban streets, alleyways and parkland. Some low-level vegetation and muddy patches may be encountered but running conditions will be no different from usual Scottish Urban events at this time of year. All fields are out of bounds.

Dogs: Dogs on leads are permitted. If you bring your dog to the event, please ensure that you clean up after it.

Final event details will be available on the Mar Orienteering Club website during the week prior to the event.

Safety Information

- Care should be taken crossing all roads. The speedlimit in Johnshaven is 20mph throughout. Standard Highway Code rules apply. Look before you cross.
- Respect other users of the streets, pavements and parks; pedestrians, cyclists, dog walkers etc. In addition please exercise caution around any dogs you may encounter on your course.
- There are many narrow passageways, steps and blind corners in the area - take care when encountering them and slow down.
- Take care on steps and grassy slopes if icy or wet.
- Show courtesy to local residents

BY TAKING PART IN THIS EVENT YOU AGREE TO THE FOLLOWING:

- Registration information will be recorded on a computer.
- Photographs and/or names may appear on our website or in the media. We will seek permissions where this involves young persons.

- Competitors are responsible for their own safety and for assessing their own abilities to complete the course. Please seek advice at the registration desk on the day if you are unsure of whether the course you are entering is appropriate).
- Event results will be published in the Internet and sent to British orienteering.

Map: Surveyed and drawn by Chris Smithard (FVO) in December 2019. Pre-marked and printed on waterproof paper, scale 1:4,000 with 2.5m contours intervals.

Start: There is one start 400m from the Event Centre. Cross the playing fields westwards to the School exit, take care crossing the road and follow a narrow road 250m to the start and warm-up area. Take extra care, as there is no pavement and although traffic is very light there are occasional cars. The fields either side of the road are out of bounds. There is a small warm-up area.

There will be a punching start. Start times will only be allocated for the Sprint Courses, 1S and 2S, otherwise turn up and go. Control descriptions and blank maps will be available in the start boxes.

Spectator control: Courses 1S, 2S, U2, U3 and U4 have a spectator control visible from the finish run-in area after around 75% of their length.

Finish: There is one finish close to the Event Centre pavilion. Please remember to download.

Entry information: Pre entry is via **Fabian 4**. See the Maroc website for details. Entries close Sunday 1st March. There will be very limited entry on the day (EOD) with a small supplement, subject to map availability.

	Pre-entry:
Seniors	£10
Juniors, Students & courses U6 and U7	£5

Timing: Standard EMIT brikkes will be used (i.e. not touch-free). EMIT control units will be on lightweight stakes with EMIT unit and IOF control flag attached.

EMIT brikke hire free of charge. Collect your brikke at Registration in the Event Centre pavilion. There will be a charge of £45 for any brikkes lost.

Results: Full results, Routegadget & Winsplits will be available from www.marocscotland.org.uk as soon as possible after the event.

Acknowledgements: Many thanks to the following:

- Richard Toley, Headmaster, Lathallan School
- James Woodhouse, Head of Outdoor Education, Lathallan School
- Johnshaven Community Council
- Wairds Park committee
- Johnshaven Primary School
- Maroc Volunteers