

Further information will be posted for each individual competition prior the specific event!!!

1. Events and dates:

- a. Hillhead, 31.1. - Sprint
- b. Queensferry, 7.2. - SSC
- c. Glen Dye, 14.2.
- d. Bristol, 20.2. - BUCS
- e. Crathes, 28.2.
- f. Elibank, 6.3. – SOL 1 & SUC
- g. Balgownie, 13.3. - Sprint
- h. Scolty, 20.3.

Parking at:

- North Hillhead car park
- Car park at the junction
- Southern car park
- Tesco car park
- Normal car park

2. Categories:

- a. Long, student
- b. Long, non-student
 - i. Long = TD long green
- c. Short, student
- d. Short, non-student
 - i. Short = TD orange
- e. For Sprints (Hillhead & Balgownie) one course! But points counted as category suggests.

3. Fees and payment:

- a. Pre-entry:
 - i. These fees account only for the 5 competitions held by AUOC!
 - ii. Student/Junior £10
 - iii. Non student £15
- b. Single competition:
 - i. These fees account for the 5 competitions held by AUOC!
 - ii. Student/Junior £2.50
 - iii. Non student £4
- c. Payment:
 - i. To AUOC: Account number 00506693, sort code: 80-12-15.
 - ii. Pre-enteries by 29th January 2016 midnight.

- iii. After you have made the payment, send an email to jannematias@yahoo.com with an attached confirmation of your payment. Remember to mention your full name and the category you wish to run/participate in.
- iv. On the day payment can be done at the registration by the minibus.
- d. Payment for Scottish Sprint Championships, British Uni Champs and SOL 1 will be done individually at the correct website provided by the allocated club.

4. Point system:

- a. The best 5/8 competitions for students and the best 3/5 competitions for non-students count towards the overall score.
 - i. 30 points –winner
 - ii. 27 – second
 - iii. 24 – third
 - iv. 21 – fourth
 - v. 20 –fifth and after that, one point less.
- b. If non students enter SSC, BUCS or SOL 1, this should be mentioned for us as well, so we can count that competition towards the AUOCup overall score. This is done automatically for AUOC – members who wish to enter these competitions.

5. The general protocol:

- a. Perforating punching system.
- b. For each AUOC event, the registration is open from 1pm to 1.30pm (13.00 – 13.30) unless stated otherwise in the separate competition information sheet prior the event. First start is at 1.30pm (13.30). The finish will close at 3pm (15.00).
- c. Registration is done at the blue minibus (unless stated otherwise in the competition info sheet). If pre-entered, simply state name. If not pre-entered, payment is made at the minibus. You will be given a punching card, with your name on it at the registration.
- d. Follow the red ribbons to the start.
- e. At the start, a starting time will be added to your punching card. You may choose any time after 1.30pm (13.30). For sprints, the starting interval is 1min. For others the interval is 2min.
- f. Controls are marked with a standard BOF sized orienteering kites. Hanging from the kite is one perforator to use for the punching.
- g. At the start and finish, punching is not needed. You do need to touch the start and finish kites.
- h. Once you finish, an official will mark your finishing time to your punching card and your card will be collected at the finish.
- i. Results will be published on our Facebook page and where necessary also at the Gramp web page latest next day.

6. Prizes:

- a. The top two will be awarded from each category.
- b. The time and date for the prize giving ceremony will be announced after the last event in Scolty, 20.3. and also later online.

7. Safety and first aid:

- a. Each competitor is responsible for their own safety.
- b. In case of an emergency, first aid personnel (Janne and Angel) are located at the start, at the finish and/or at registration.
- c. Red markings to the start should be followed for safety.
- d. Each competitor should take caution from other uses of the area such as walkers and bikers

8. Contacts:

- a. Janne Heikkinen (AUOC president, organizer, controller and planner) 07507154604
- b. Angel Iliev (AUOC coach and controller) 07599375812
- c. Lion Budrass (AUOC treasurer, payments & fees) 07562959293
- d. Email – jannematias@yahoo.com
- e. Follow us on our Facebook page at Aberdeen University Orienteering Club!

AUOC WELCOMES YOU!!

Do you have what it takes to be the best?

