

Pl	Stno	Name	Time										
White (19)				1.9 km 60 m 9 C									
				1(141)	2(142)	3(143)	4(144)	5(149)	6(245)	7(150)	8(151)	9(246)	F
1	37	Chapman, Alistair MAROC	18:11	1:05	3:18	3:38	5:03	8:08	9:44	10:57	15:32	16:45	18:11
2	14	F (Sh), Joshua	21:12	1:05	2:13	0:20	1:25	3:05	1:36	1:13	4:35	1:13	1:26
3	39	Tapper, Danny MAROC	21:57	1:14	4:39	5:11	7:19	11:37	14:13	16:06	18:01	19:37	21:12
4	18	Getliff (Sh), Jon MAROC	22:00	1:14	3:25	0:32	2:08	4:18	2:36	1:53	1:55	1:36	1:35
5	17	Gooch (Sh), Joel MAROC	22:51	1:18	4:43	5:11	6:55	10:36	12:36	13:58	16:36	18:49	21:57
6	101	McConnaghy, Jack	22:59	1:18	3:25	0:28	1:44	3:41	2:00	1:22	2:38	2:13	3:08
7	16	Gooch (Sh), Matthe MAROC	23:29	1:19	5:08	5:41	7:44	11:53	14:12	16:04	18:50	20:25	22:00
8	102	Bruce, Rory	23:33	1:19	3:49	0:33	2:03	4:09	2:19	1:52	2:46	1:35	1:35
9	103	Wearden, David	24:00	1:23	5:18	6:01	7:59	12:47	15:29	17:28	19:21	21:16	22:51
10	11	Silcock (Sh), Franc MAROC	24:04	0:52	5:52	6:17	7:36	14:06	16:45	18:16	20:13	21:32	22:59
11	106	Archibald (Sh), Ros MAROC	25:31	0:52	5:00	0:25	1:19	6:30	2:39	1:31	1:57	1:19	1:27
12	31	Meldrum, Rachel	25:39	1:22	5:33	6:31	8:53	13:35	16:01	18:29	20:48	21:58	23:29
13	12	Welsh (Sh), Eilidh MAROC	26:42	1:22	4:11	0:58	2:22	4:42	2:26	2:28	2:19	1:10	1:31
14	105	Archibald (Sh), Ion MAROC	27:18	1:32	5:07	5:44	8:04	12:26	14:59	17:12	19:00	20:45	23:33
15		Campbell, Graeme MAROC	28:07	1:32	3:35	0:37	2:20	4:22	2:33	2:13	1:48	1:45	2:48
16	36	Tapper (Sh), Alistai	28:55	1:40	6:42	7:12	8:37	15:41	17:46	19:22	21:19	22:37	24:00
17	104	Wearden, Kathleer	33:17	1:40	5:02	0:30	1:25	7:04	2:05	1:36	1:57	1:18	1:23
	30	Gomersall, Josie GRAMP	mp	0:47	4:32	5:07	7:36	12:20	15:27	18:01	20:38	22:26	24:04
		Haddon, Alex	mp	0:47	3:45	0:35	2:29	4:44	3:07	2:34	2:37	1:48	1:38
				1:41	4:49	5:30	8:23	13:34	16:56	19:28	21:57	23:49	25:31
				1:41	3:08	0:41	2:53	5:11	3:22	2:32	2:29	1:52	1:42
				1:06	4:34	5:11	7:37	12:39	15:45	18:41	21:28	23:19	25:39
				1:06	3:28	0:37	2:26	5:02	3:06	2:56	2:47	1:51	2:20
				1:07	4:56	5:33	7:55	13:44	16:49	19:41	21:43	24:17	26:42
				1:07	3:49	0:37	2:22	5:49	3:05	2:52	2:02	2:34	2:25
				1:37	5:12	5:47	8:29	13:40	17:22	20:08	22:26	24:12	27:18
				1:37	3:35	0:35	2:42	5:11	3:42	2:46	2:18	1:46	3:06
				1:18	6:29	7:11	9:57	16:33	19:45	21:44	24:11	26:05	28:07
				1:18	5:11	0:42	2:46	6:36	3:12	1:59	2:27	1:54	2:02
				2:17	7:42	8:28	12:04	19:28	22:05	23:56	25:36	27:10	28:55
				2:17	5:25	0:46	3:36	7:24	2:37	1:51	1:40	1:34	1:45
				2:07	6:58	7:31	9:41	15:58	19:00	25:37	27:53	29:56	33:17
				2:07	4:51	0:33	2:10	6:17	3:02	6:37	2:16	2:03	3:21
				1:29	5:31	6:01	7:39	12:08	14:54	18:16	22:07	24:52	27:20
				1:29	4:02	0:30	1:38	4:29	2:46	3:22	3:51	2:45	2:28
				-----	-----	-----	-----	-----	-----	-----	-----	-----	1:05:41
													1:05:41

Yellow (23)				2.3 km 85 m 9 C									
				1(141)	2(142)	3(144)	4(149)	5(245)	6(150)	7(192)	8(193)	9(194)	F
1		Wright, Joseph MAROC	17:29	0:44	2:41	4:36	6:52	8:07	8:56	10:35	14:29	16:12	17:29
2		Chapman, Jake MAROC	18:59	0:44	1:57	1:55	2:16	1:15	0:49	1:39	3:54	1:43	1:17
3		Mason, Abigail MAROC	19:36	0:53	3:09	4:30	7:02	8:27	9:30	11:03	14:12	16:20	18:59
4	32	Johnson, Iain MAROC	20:01	0:53	2:16	1:21	2:32	1:25	1:03	1:33	3:09	2:08	2:39
5	113	Ritchie (Sh), Hamis	20:16	0:50	2:57	4:25	7:34	9:19	10:33	12:32	15:25	17:50	19:36
6		Dunn, Daniel MAROC	21:19	0:50	2:07	1:28	3:09	1:45	1:14	1:59	2:53	2:25	1:46
7	111	Davidson (Sh), Ree	21:21	0:59	3:21	5:05	8:53	10:13	11:06	12:50	15:36	17:50	20:01
8		Lenton (Sh), Harry MAROC	23:00	0:59	2:22	1:44	3:48	1:20	0:53	1:44	2:46	2:14	2:11
9		Ricketts, Megan MAROC	24:15	0:56	3:11	4:56	8:32	9:50	10:41	12:48	15:21	17:20	20:16
10		Bruce (Sh), Alistair	24:18	0:56	2:15	1:45	3:36	1:18	0:51	2:07	2:33	1:59	2:56
11	109	Bruce, Kirsty	24:19	1:02	3:30	4:51	8:45	10:00	11:03	12:40	15:34	17:22	21:19
				1:02	2:28	1:21	3:54	1:15	1:03	1:37	2:54	1:48	3:57
				1:02	3:23	5:05	8:13	9:47	10:46	12:46	15:27	17:25	21:21
				1:02	2:21	1:42	3:08	1:34	0:59	2:00	2:41	1:58	3:56
				0:48	3:11	4:57	8:48	11:09	12:23	14:28	17:51	20:52	23:00
				0:48	2:23	1:46	3:51	2:21	1:14	2:05	3:23	3:01	2:08
				1:25	4:32	6:28	10:12	12:09	13:22	15:54	19:32	22:11	24:15
				1:25	3:07	1:56	3:44	1:57	1:13	2:32	3:38	2:39	2:04
				1:00	3:10	10:54	13:36	14:57	16:04	17:49	20:00	23:08	24:18
				1:00	2:10	7:44	2:42	1:21	1:07	1:45	2:11	3:08	1:10
				0:59	3:37	6:57	10:38	12:29	14:03	15:51	18:13	21:39	24:19
				0:59	2:38	3:20	3:41	1:51	1:34	1:48	2:22	3:26	2:40

Pl	Stno	Name	Time										
Yellow (23)				2.3 km 85 m 9 C			<i>(cont.)</i>						
				1(141)	2(142)	3(144)	4(149)	5(245)	6(150)	7(192)	8(193)	9(194)	F
12	108	Mitchell, Thomas	24:24	1:04	3:41	9:51	13:33	15:14	16:19	17:46	19:51	22:26	24:24
		MAROC		1:04	2:37	6:10	3:42	1:41	1:05	1:27	2:05	2:35	1:58
13	107	Sealy, Eve	25:23	0:46	2:47	5:59	9:22	11:17	12:34	15:53	18:50	21:33	25:23
		MAROC		0:46	2:01	3:12	3:23	1:55	1:17	3:19	2:57	2:43	3:50
14	19	Kitching, Calum	27:00	1:10	4:16	6:04	10:04	11:42	13:10	15:46	19:01	22:46	27:00
		MAROC		1:10	3:06	1:48	4:00	1:38	1:28	2:36	3:15	3:45	4:14
15	110	Newman, Lydia	28:46	0:56	3:37	5:22	8:56	10:33	12:12	20:09	22:50	26:48	28:46
				0:56	2:41	1:45	3:34	1:37	1:39	7:57	2:41	3:58	1:58
16		Melville, Katharine	29:10	1:15	4:43	7:04	11:50	14:35	16:59	19:34	22:53	26:18	29:10
		TAY		1:15	3:28	2:21	4:46	2:45	2:24	2:35	3:19	3:25	2:52
17	28	Alhadeff, Guy	29:48	0:49	3:36	5:43	9:31	12:13	14:21	17:18	20:49	24:15	29:48
				0:49	2:47	2:07	3:48	2:42	2:08	2:57	3:31	3:26	5:33
18		Ashdown, Family	30:50	1:17	4:35	7:09	11:49	15:01	17:02	21:05	24:23	28:10	30:50
				1:17	3:18	2:34	4:40	3:12	2:01	4:03	3:18	3:47	2:40
19		Young (Sh), Calum	31:01	1:46	6:51	10:28	16:53	19:02	20:09	22:09	24:40	27:21	31:01
		MAROC		1:46	5:05	3:37	6:25	2:09	1:07	2:00	2:31	2:41	3:40
20		Reeve, Thomas	35:38	1:50	5:58	8:57	13:34	16:42	19:34	22:39	28:10	32:46	35:38
		GRAMP		1:50	4:08	2:59	4:37	3:08	2:52	3:05	5:31	4:36	2:52
21	34	Kirk (Sh), Laghan	37:47	0:55	4:26	6:13	11:17	14:53	18:29	24:55	30:58	36:12	37:47
		GRAMP		0:55	3:31	1:47	5:04	3:36	3:36	6:26	6:03	5:14	1:35
22	33	Kirk (Sh), Struan	37:50	1:44	4:27	6:20	10:56	14:06	16:57	24:45	30:38	36:10	37:50
		GRAMP		1:44	2:43	1:53	4:36	3:10	2:51	7:48	5:53	5:32	1:40
23	35	Fraser, Silvia	45:58	1:18	5:12	8:09	13:19	16:40	18:45	36:02	39:25	42:59	45:58
				1:18	3:54	2:57	5:10	3:21	2:05	17:17	3:23	3:34	2:59

Orange (15)				2.8 km 105 m 10 C										
				1(195)	2(197)	3(107)	4(125)	5(137)	6(240)	7(239)	8(192)	9(238)	10(246)	F
1	9	McMurtrie, Ross	33:14	1:03	5:08	7:42	12:20	15:21	21:24	22:58	24:50	28:56	31:36	33:14
		MAROC		1:03	4:05	2:34	4:38	3:01	6:03	1:34	1:52	4:06	2:40	1:38
2	114	Bruce, Karen	34:55	2:22	6:19	8:30	13:05	19:22	23:15	24:19	26:04	32:04	33:22	34:55
				2:22	3:57	2:11	4:35	6:17	3:53	1:04	1:45	6:00	1:18	1:33
3	5	McMillan, Ewan	39:13	1:07	4:31	6:22	9:34	24:47	29:29	30:35	32:32	36:14	38:18	39:13
		MAROC		1:07	3:24	1:51	3:12	15:13	4:42	1:06	1:57	3:42	2:04	0:55
4		Archibald, Katherir	40:52	1:36	5:55	10:31	16:15	20:30	30:44	32:07	34:11	37:13	39:12	40:52
		MAROC		1:36	4:19	4:36	5:44	4:15	10:14	1:23	2:04	3:02	1:59	1:40
5	22	Getliff, Jon	41:29	2:10	6:42	9:12	14:04	17:52	28:52	30:34	32:48	36:24	38:16	41:29
		MAROC		2:10	4:32	2:30	4:52	3:48	11:00	1:42	2:14	3:36	1:52	3:13
6	38	Chapman, Teresea	43:00	2:05	9:24	12:02	17:26	21:16	27:29	29:58	34:48	38:54	41:11	43:00
		MAROC		2:05	7:19	2:38	5:24	3:50	6:13	2:29	4:50	4:06	2:17	1:49
7	20	Getliff, Rosie	44:05	2:13	11:06	13:48	18:50	23:45	31:30	33:58	36:01	40:35	42:38	44:05
		MAROC		2:13	8:53	2:42	5:02	4:55	7:45	2:28	2:03	4:34	2:03	1:27
8		Aust, Margaret	46:06	1:43	8:06	14:27	21:07	25:05	31:59	34:02	36:45	40:47	43:12	46:06
		GRAMP		1:43	6:23	6:21	6:40	3:58	6:54	2:03	2:43	4:02	2:25	2:54
9	116	Sealey, Alistair	47:57	2:28	9:33	14:19	20:55	27:06	33:21	35:55	38:54	43:14	45:36	47:57
		MAROC		2:28	7:05	4:46	6:36	6:11	6:15	2:34	2:59	4:20	2:22	2:21
10	117	Kitching, Dale	48:07	1:40	6:36	10:46	19:05	23:59	32:17	33:57	40:25	44:58	46:46	48:07
		MAROC		1:40	4:56	4:10	8:19	4:54	8:18	1:40	6:28	4:33	1:48	1:21
11		Howard, Elin	50:45	1:58	7:28	15:58	22:24	26:49	37:04	38:51	41:31	46:26	49:05	50:45
		MAROC		1:58	5:30	8:30	6:26	4:25	10:15	1:47	2:40	4:55	2:39	1:40
12		Campbell, Iain	53:19	1:20	5:31	10:25	16:11	38:57	42:44	43:53	45:49	49:37	51:56	53:19
		MAROC		1:20	4:11	4:54	5:46	22:46	3:47	1:09	1:56	3:48	2:19	1:23
13	21	Kitching, Isla	58:32	2:46	11:02	14:50	23:30	28:52	36:17	41:03	44:25	52:19	56:21	58:32
		MAROC		2:46	8:16	3:48	8:40	5:22	7:25	4:46	3:22	7:54	4:02	2:11
14	118	Collins (Sh), Peter	1:25:59	3:51	16:16	25:05	37:56	51:41	1:03:59	1:06:49	1:10:20	1:16:34	1:21:30	1:25:59
		MAROC		3:51	12:25	8:49	12:51	13:45	12:18	2:50	3:31	6:14	4:56	4:29
		Dunn, Zoe	mp	2:17	7:16	15:42	----	37:19	44:30	46:56	50:11	55:12	57:59	1:00:56
		MAROC		2:17	4:59	8:26		21:37	7:11	2:26	3:15	5:01	2:47	2:57

Pl	Stno	Name	Time												F		
Light Green (24)				3.1 km	125 m	11 C											
				1(195)	2(196)	3(197)	4(146)	5(107)	6(147)	7(137)	8(240)	9(239)	10(238)	11(241)			
1	29	kitching, J	37:20	1:57	5:15	7:36	9:36	11:57	16:17	22:12	26:07	27:21	31:48	36:09	37:20		
				1:57	3:18	2:21	2:00	2:21	4:20	5:55	3:55	1:14	4:27	4:21	1:11		
2		Mason, Evelyn	39:09	0:53	3:36	6:01	8:03	10:39	16:07	25:15	28:20	29:14	33:20	38:13	39:09		
				MAROC	0:53	2:43	2:25	2:02	2:36	5:28	9:08	3:05	0:54	4:06	4:53	0:56	
3		Sealy, Alan	41:19	1:20	4:36	6:22	8:56	11:02	14:49	29:15	32:29	33:43	37:05	40:29	41:19		
				MAROC	1:20	3:16	1:46	2:34	2:06	3:47	14:26	3:14	1:14	3:22	3:24	0:50	
4		Ricketts, Jennifer	42:58	1:09	8:20	10:50	13:00	15:00	20:31	27:52	30:40	32:05	36:17	41:54	42:58		
				MAROC	1:09	7:11	2:30	2:10	2:00	5:31	7:21	2:48	1:25	4:12	5:37	1:04	
5	42	Robertson, Kate	43:13	1:09	4:30	7:13	9:08	11:02	16:58	25:49	30:28	32:05	37:07	41:57	43:13		
				GRAMP	1:09	3:21	2:43	1:55	1:54	5:56	8:51	4:39	1:37	5:02	4:50	1:16	
6	121	Lenton, Jane	44:10	2:35	8:08	10:18	12:02	13:32	21:09	28:11	31:57	32:57	37:23	43:04	44:10		
				MAROC	2:35	5:33	2:10	1:44	1:30	7:37	7:02	3:46	1:00	4:26	5:41	1:06	
7		Wright, Frances	45:09	1:14	9:38	11:50	13:30	15:11	20:43	29:47	32:55	33:48	38:44	44:21	45:09		
				MAROC	1:14	8:24	2:12	1:40	1:41	5:32	9:04	3:08	0:53	4:56	5:37	0:48	
8		Matthews, Bronwyn	47:10	1:07	11:18	13:41	15:24	16:54	23:54	31:27	35:19	36:30	40:36	46:20	47:10		
				MAROC	1:07	10:11	2:23	1:43	1:30	7:00	7:33	3:52	1:11	4:06	5:44	0:50	
9	40	Howard, Stian	53:57	1:31	4:41	6:41	9:17	11:13	19:44	34:01	38:39	40:33	45:14	53:10	53:57		
				MAROC	1:31	3:10	2:00	2:36	1:56	8:31	14:17	4:38	1:54	4:41	7:56	0:47	
10		Campbell, Tessa	56:38	1:38	5:24	7:54	10:21	13:21	19:09	32:55	40:51	42:15	47:45	55:16	56:38		
				MAROC	1:38	3:46	2:30	2:27	3:00	5:48	13:46	7:56	1:24	5:30	7:31	1:22	
11	119	Davidson, Eileen	57:00	2:21	7:34	10:13	12:58	15:34	24:00	36:15	42:54	44:29	48:48	55:14	57:00		
				GRAMP	2:21	5:13	2:39	2:45	2:36	8:26	12:15	6:39	1:35	4:19	6:26	1:46	
12		Steele, Debbie	57:08	2:16	7:32	10:12	13:07	15:45	24:10	36:26	43:02	44:37	48:56	55:21	57:08		
				MAROC	2:16	5:16	2:40	2:55	2:38	8:25	12:16	6:36	1:35	4:19	6:25	1:47	
13		Reeve, Susan	1:00:17	1:44	7:05	10:58	14:15	17:30	24:23	38:12	43:10	45:21	52:37	58:56	1:00:17		
				GRAMP	1:44	5:21	3:53	3:17	3:15	6:53	13:49	4:58	2:11	7:16	6:19	1:21	
14		Campbell, Andrew	1:00:53	1:55	5:51	8:16	10:08	13:17	19:42	41:51	45:46	46:51	52:55	59:51	1:00:53		
				MAROC	1:55	3:56	2:25	1:52	3:09	6:25	22:09	3:55	1:05	6:04	6:56	1:02	
15	13	Walker, Catriona	1:05:46	1:09	4:39	7:00	10:01	12:22	17:26	48:31	52:37	53:37	58:28	1:04:47	1:05:46		
				MAROC	1:09	3:30	2:21	3:01	2:21	5:04	31:05	4:06	1:00	4:51	6:19	0:59	
16		Aitken, Angus	1:06:07	2:04	7:34	10:50	14:30	18:39	28:14	41:54	48:26	50:12	57:12	1:04:09	1:06:07		
				GRAMP	2:04	5:30	3:16	3:40	4:09	9:35	13:40	6:32	1:46	7:00	6:57	1:58	
17	23	Getliff, Fran	1:06:33	1:47	8:04	10:36	12:39	14:56	22:15	47:01	52:39	54:16	58:39	1:05:01	1:06:33		
				MAROC	1:47	6:17	2:32	2:03	2:17	7:19	24:46	5:38	1:37	4:23	6:22	1:32	
18		Matthews, Margit	1:10:12	1:39	15:07	17:55	19:52	22:55	29:07	36:28	41:58	43:13	51:57	1:08:54	1:10:12		
				MAROC	1:39	13:28	2:48	1:57	3:03	6:12	7:21	5:30	1:15	8:44	16:57	1:18	
19	41	Greenwood, Helen	1:10:56	2:27	8:45	12:19	15:49	19:35	28:32	46:59	53:31	55:16	1:02:28	1:09:09	1:10:56		
				GRAMP	2:27	6:18	3:34	3:30	3:46	8:57	18:27	6:32	1:45	7:12	6:41	1:47	
20		McMillan, Margare	1:16:59	1:44	19:52	22:51	25:10	27:36	39:58	53:49	59:32	1:04:32	1:09:30	1:15:46	1:16:59		
				MAROC	1:44	18:08	2:59	2:19	2:26	12:22	13:51	5:43	5:00	4:58	6:16	1:13	
21	15	Walker, Alistair	1:19:24	1:40	6:00	9:39	20:36	23:08	36:26	58:43	1:05:16	1:06:37	1:11:29	1:17:54	1:19:24		
				MAROC	1:40	4:20	3:39	10:57	2:32	13:18	22:17	6:33	1:21	4:52	6:25	1:30	
22		Howard, Robert	1:26:31	2:25	7:09	10:05	13:15	16:35	38:36	1:01:30	1:08:54	1:10:45	1:17:51	1:24:22	1:26:31		
				MAROC	2:25	4:44	2:56	3:10	3:20	22:01	22:54	7:24	1:51	7:06	6:31	2:09	
				Bryant, David	mp	1:53	24:02	27:10	30:33	44:10	55:50	----	1:51:44	1:53:40	----	----	1:28:19
				MAROC	1:53	22:09	3:08	3:23	13:37	11:40	----	55:54	1:56	----	----	----	*116
				Reeve, Daniel	mp	1:19	5:20	7:58	10:17	12:25	17:37	----	----	----	----	----	----
				GRAMP	1:19	4:01	2:38	2:19	2:08	5:12	----	----	----	----	----	----	----

Green (27)				4.0 km	175 m	13 C											F	
				1(242)	2(243)	3(146)	4(113)	5(114)	6(147)	7(129)	8(115)	9(116)	10(240)	11(239)	12(238)	13(241)		
1		Wright, Hazel	40:06	1:33	3:33	8:30	12:44	15:37	19:13	25:52	29:29	30:11	31:57	32:47	35:44	39:30	40:06	
				MAROC	1:33	2:00	4:57	4:14	2:53	3:36	6:39	3:37	0:42	1:46	0:50	2:57	3:46	0:36
2	7	Chepelin, Alexander	50:04	1:53	4:03	10:27	16:27	19:15	25:09	32:16	36:46	37:55	40:16	41:17	45:11	49:12	50:04	
				GRAMP	1:53	2:10	6:24	6:00	2:48	5:54	7:07	4:30	1:09	2:21	1:01	3:54	4:01	0:52
3		Nicholl, Jonquil	1:02:37	2:21	5:27	14:07	21:31	25:40	31:10	41:26	45:55	46:57	49:54	51:15	56:13	1:01:39	1:02:37	
				MAROC	2:21	3:06	8:40	7:24	4:09	5:30	10:16	4:29	1:02	2:57	1:21	4:58	5:26	0:58
4		McLeod, Calum	1:05:01	2:04	4:13	11:04	17:04	22:06	28:33	43:14	49:51	50:50	53:01	54:16	58:44	1:04:11	1:05:01	
				GRAMP	2:04	2:09	6:51	6:00	5:02	6:27	14:41	6:37	0:59	2:11	1:15	4:28	5:27	0:50
5	122	Yardley, Gareth	1:09:49	2:47	7:37	14:07	23:11	26:40	35:24	52:32	56:49	57:41	1:00:18	1:01:35	1:05:09	1:08:56	1:09:49	
				GRAMP	2:47	4:50	6:30	9:04	3:29	8:44	17:08	4:17	0:52	2:37	1:17	3:34	3:47	0:53
6		Robertson, Stewart	1:10:50	2:40	5:41	12:50	23:49	31:03	36:51	46:31	50:11	54:25	57:47	58:58	1:03:13	1:09:43	1:10:50	
				INVOC	2:40	3:01	7:09	10:59	7:14	5:48	9:40	3:40	4:14	3:22	1:11	4:15	6:30	1:07

Pl	Stno	Name	Time														F
Green (27)				4.0 km 175 m 13 C			<i>(cont.)</i>										
				1(242)	2(243)	3(146)	4(113)	5(114)	6(147)	7(129)	8(115)	9(116)	10(240)	11(239)	12(238)	13(241)	
7		Coombs, Tricia MAROC	1:11:51	1:56	5:22	16:55	24:45	28:18	35:10	53:42	57:27	58:11	1:00:39	1:01:33	1:05:48	1:10:21	1:11:51
				1:56	3:26	11:33	7:50	3:33	6:52	18:32	3:45	0:44	2:28	0:54	4:15	4:33	1:30
8		Aust, Chris GRAMP	1:14:14	4:14	7:41	14:34	21:23	25:29	36:43	47:26	51:12	57:42	1:01:18	1:02:40	1:07:46	1:12:55	1:14:14
				4:14	3:27	6:53	6:49	4:06	11:14	10:43	3:46	6:30	3:36	1:22	5:06	5:09	1:19
9		Dickens, Jeff MAROC	1:15:06	3:08	7:08	17:17	24:17	31:17	37:34	52:31	57:46	58:55	1:02:33	1:03:58	1:08:47	1:13:48	1:15:06
				3:08	4:00	10:09	7:00	7:00	6:17	14:57	5:15	1:09	3:38	1:25	4:49	5:01	1:18
10		Wright, Denise MAROC	1:16:22	3:31	6:46	14:57	24:01	29:32	38:39	48:52	57:47	59:40	1:03:20	1:04:22	1:09:42	1:15:06	1:16:22
				3:31	3:15	8:11	9:04	5:31	9:07	10:13	8:55	1:53	3:40	1:02	5:20	5:24	1:16
11		Gomersall, Jack GRAMP	1:18:47	6:02	8:39	17:19	25:06	28:50	40:14	55:24	1:00:05	1:01:09	1:04:45	1:06:11	1:12:15	1:17:23	1:18:47
				6:02	2:37	8:40	7:47	3:44	11:24	15:10	4:41	1:04	3:36	1:26	6:04	5:08	1:24
12		Collins, Lynn MAROC	1:19:45	3:06	6:42	15:27	22:45	27:34	36:38	55:23	1:01:16	1:02:34	1:05:56	1:07:31	1:12:12	1:18:44	1:19:45
				3:06	3:36	8:45	7:18	4:49	9:04	18:45	5:53	1:18	3:22	1:35	4:41	6:32	1:01
13		Hickling, Anne GRAMP	1:21:28	2:38	6:51	17:08	25:08	30:18	39:18	53:33	58:31	1:00:43	1:04:46	1:06:30	1:12:23	1:19:50	1:21:28
				2:38	4:13	10:17	8:00	5:10	9:00	14:15	4:58	2:12	4:03	1:44	5:53	7:27	1:38
14	124	Rowlands, Helen	1:23:15	5:29	8:45	18:44	26:10	31:29	41:33	55:35	1:03:46	1:05:16	1:08:44	1:10:44	1:15:56	1:21:55	1:23:15
				5:29	3:16	9:59	7:26	5:19	10:04	14:02	8:11	1:30	3:28	2:00	5:12	5:59	1:20
				1:17:55 *246													
15	4	Foster, Foss GRAMP	1:23:24	3:29	6:34	23:04	30:39	34:47	43:38	56:58	1:02:14	1:03:44	1:07:40	1:09:04	1:14:51	1:21:25	1:23:24
				3:29	3:05	16:30	7:35	4:08	8:51	13:20	5:16	1:30	3:56	1:24	5:47	6:34	1:59
16		Howard, Siv MAROC	1:24:11	3:11	7:37	15:47	23:40	28:04	35:44	53:26	58:35	1:07:50	1:11:10	1:12:22	1:17:50	1:23:04	1:24:11
				3:11	4:26	8:10	7:53	4:24	7:40	17:42	5:09	9:15	3:20	1:12	5:28	5:14	1:07
17	125	Fraser, Mark	1:28:15	2:58	6:06	15:31	23:41	27:59	38:17	1:03:25	1:07:18	1:11:22	1:14:20	1:15:29	1:21:16	1:27:02	1:28:15
				2:58	3:08	9:25	8:10	4:18	10:18	25:08	3:53	4:04	2:58	1:09	5:47	5:46	1:13
18		Dickens, David MAROC	1:40:30	12:19	16:32	28:24	36:43	43:44	52:30	1:11:01	1:19:03	1:20:21	1:24:16	1:26:23	1:32:25	1:39:02	1:40:30
				12:19	4:13	11:52	8:19	7:01	8:46	18:31	8:02	1:18	3:55	2:07	6:02	6:37	1:28
19		Dickens, Althea MAROC	1:40:35	11:54	16:07	27:53	36:39	43:06	52:03	1:11:14	1:18:16	1:20:05	1:24:06	1:26:15	1:32:30	1:38:48	1:40:35
				11:54	4:13	11:46	8:46	6:27	8:57	19:11	7:02	1:49	4:01	2:09	6:15	6:18	1:47
20		Smith, Anne MOR	1:43:58	1:56	4:44	10:47	17:30	21:04	26:43	58:22	1:26:49	1:27:51	1:30:43	1:32:05	1:36:16	1:43:03	1:43:58
				1:56	2:48	6:03	6:43	3:34	5:39	31:39	28:27	1:02	2:52	1:22	4:11	6:47	0:55
21		Davey, Patrick MAROC	1:52:26	5:43	10:31	20:56	29:55	34:46	47:44	1:09:39	1:23:40	1:26:07	1:32:59	1:35:26	1:42:25	1:50:01	1:52:26
				5:43	4:48	10:25	8:59	4:51	12:58	21:55	14:01	2:27	6:52	2:27	6:59	7:36	2:25
22		Marston, Pat SYO	1:52:55	7:17	11:33	24:18	36:05	42:45	54:08	1:19:49	1:27:45	1:29:30	1:34:46	1:37:00	1:44:19	1:51:01	1:52:55
				7:17	4:16	12:45	11:47	6:40	11:23	25:41	7:56	1:45	5:16	2:14	7:19	6:42	1:54
23	123	Jones, G GRAMP	2:03:33	6:15	14:47	29:21	43:51	51:48	1:00:42	1:27:22	1:34:22	1:36:10	1:41:36	1:43:19	1:50:08	2:02:06	2:03:33
				6:15	8:32	14:34	14:30	7:57	8:54	26:40	7:00	1:48	5:26	1:43	6:49	11:58	1:27
24		Verra, Cathy MAROC	2:05:56	3:54	8:15	21:29	31:58	37:00	50:08	1:12:00	1:23:59	1:25:39	1:45:49	1:47:44	1:55:16	2:03:57	2:05:56
				3:54	4:21	13:14	10:29	5:02	13:08	21:52	11:59	1:40	20:10	1:55	7:32	8:41	1:59
25	44	Smith, Ann MAROC	2:09:23	7:13	13:16	22:48	29:55	37:47	49:37	1:35:10	1:41:44	1:44:38	1:50:14	1:52:52	1:59:51	2:07:07	2:09:23
				7:13	6:03	9:32	7:07	7:52	11:50	45:33	6:34	2:54	5:36	2:38	6:59	7:16	2:16
	3	Van Der Kam, Erik GRAMP	mp	5:48	9:55	20:48	28:47	33:20	41:16	----	1:10:06	1:11:36	1:15:37	1:17:36	1:24:31	1:29:45	1:31:39
				5:48	4:07	10:53	7:59	4:33	7:56	28:50	1:30	4:01	1:59	6:55	5:14	1:54	
		Coombs, Kirsty MAROC	mp	1:41	3:55	9:14	14:52	17:39	21:27	----	----	----	----	----	----	45:40	
				1:41	2:14	5:19	5:38	2:47	3:48							24:13	

Blue (17)				6.2 km 260 m 15 C													
				1(244)	2(243)	3(147)	4(114)	5(117)	6(118)	7(119)	8(120)	9(121)	10(122)	11(183)	12(115)	13(116)	14(240)
				15(241) F													
1		Chapman, Craig MAROC	1:14:25	2:57	4:30	11:13	25:21	28:54	36:38	38:57	44:43	53:03	56:35	59:53	1:01:53	1:02:50	1:05:14
				2:57	1:33	6:43	14:08	3:33	7:44	2:19	5:46	8:20	3:32	3:18	2:00	0:57	2:24
				1:13:33 1:14:25 8:19 0:52													
2		Gomersall, Sam GRAMP	1:15:42	3:49	5:46	14:04	19:22	22:24	30:50	33:13	41:08	51:26	55:15	59:47	1:02:09	1:03:19	1:05:35
				3:49	1:57	8:18	5:18	3:02	8:26	2:23	7:55	10:18	3:49	4:32	2:22	1:10	1:06
				1:14:43 1:15:42 9:08 0:59													
3		Shepherd, Joanna INVOC	1:16:38	2:59	4:25	14:25	21:42	27:06	36:48	39:11	46:03	56:02	59:30	1:02:39	1:04:28	1:05:03	1:06:58
				2:59	1:26	10:00	7:17	5:24	9:42	2:23	6:52	9:59	3:28	3:09	1:49	0:35	1:55
				1:15:41 1:16:38 8:43 0:57													

