

Pl	Stno	Name	Time														
short (19)				3.0 km 9 C													
				1(122)	2(106)	3(124)	4(110)	5(118)	6(107)	7(119)	8(121)	9(123)	F				
1		Evelyn Mason	52:42	7:14	15:20	25:30	28:11	30:23	32:58	38:43	43:13	50:58	52:42				
		MAROC		7:14	8:06	10:10	2:41	2:12	2:35	5:45	4:30	7:45	1:44				
2		Ross McMurtrie	53:11	7:27	13:38	23:20	25:16	28:11	31:16	37:04	42:05	51:12	53:11				
		MAROC		7:27	6:11	9:42	1:56	2:55	3:05	5:48	5:01	9:07	1:59				
3		Frances Wright	56:15	6:50	14:14	25:54	31:13	33:50	36:17	41:52	47:33	54:08	56:15				
		MAROC		6:50	7:24	11:40	5:19	2:37	2:27	5:35	5:41	6:35	2:07				
4		David Kirk	56:30	6:26	18:22	25:24	28:06	30:35	33:02	37:53	45:43	53:56	56:30				
		GRAMP		6:26	11:56	7:02	2:42	2:29	2:27	4:51	7:50	8:13	2:34				
5		Iain Baraclough	59:38	7:35	14:19	22:43	25:38	30:12	36:09	41:55	46:41	57:01	59:38				
		GRAMP		7:35	6:44	8:24	2:55	4:34	5:57	5:46	4:46	10:20	2:37				
6		Denise Wright	1:00:56	7:15	16:00	27:21	31:20	34:08	37:50	43:49	49:09	58:01	1:00:56				
		MAROC		7:15	8:45	11:21	3:59	2:48	3:42	5:59	5:20	8:52	2:55				
7		John Lang	1:01:07	6:22	11:23	28:21	30:54	33:54	36:47	45:17	51:06	58:37	1:01:07				
		GRAMP		6:22	5:01	16:58	2:33	3:00	2:53	8:30	5:49	7:31	2:30				
8		Iain Campbell	1:01:46	8:35	16:10	26:03	28:30	31:51	35:37	41:44	47:13	58:20	1:01:46				
		MAROC		8:35	7:35	9:53	2:27	3:21	3:46	6:07	5:29	11:07	3:26				
9		Neil McLean	1:02:13	9:43	20:25	29:59	32:26	35:27	38:33	45:08	51:01	59:00	1:02:13				
		GRAMP		9:43	10:42	9:34	2:27	3:01	3:06	6:35	5:53	7:59	3:13				
10		Andrew Campbell	1:02:24	7:03	16:38	26:04	27:54	38:32	41:08	46:00	52:57	1:00:20	1:02:24				
		MAROC		7:03	9:35	9:26	1:50	10:38	2:36	4:52	6:57	7:23	2:04				
11		Peter Craig	1:03:57	6:35	14:21	27:44	31:11	34:17	37:25	43:19	51:08	1:00:47	1:03:57				
		MAROC		6:35	7:46	13:23	3:27	3:06	3:08	5:54	7:49	9:39	3:10				
12		Nick Hale	1:07:03	9:39	17:12	29:17	31:26	33:48	37:18	48:00	52:58	1:04:52	1:07:03				
		GRAMP		9:39	7:33	12:05	2:09	2:22	3:30	10:42	4:58	11:54	2:11				
13		Keith Roberts	1:10:20	8:38	18:25	31:37	34:04	37:55	41:23	48:16	53:13	1:05:40	1:10:20				
		MAROC		8:38	9:47	13:12	2:27	3:51	3:28	6:53	4:57	12:27	4:40				
14		Lesley Gomersall	1:12:51	9:14	16:20	32:18	34:42	37:55	41:27	48:01	58:40	1:09:48	1:12:51				
		GRAMP		9:14	7:06	15:58	2:24	3:13	3:32	6:34	10:39	11:08	3:03				
15		Jessica Mason	1:13:33	23:18	30:15	42:48	45:07	47:49	50:45	57:20	1:02:31	1:11:27	1:13:33				
		MAROC		23:18	6:57	12:33	2:19	2:42	2:56	6:35	5:11	8:56	2:06				
16		Ben Preece	1:28:10	10:34	24:38	40:36	44:29	48:26	53:09	1:02:27	1:10:50	1:24:15	1:28:10				
		MAROC		10:34	14:04	15:58	3:53	3:57	4:43	9:18	8:23	13:25	3:55				
17		Helen Rowlands	1:33:05	14:33	22:58	38:32	49:05	52:27	56:26	1:04:14	1:11:57	1:28:27	1:33:05				
		GRAMP		14:33	8:25	15:34	10:33	3:22	3:59	7:48	7:43	16:30	4:38				
18		Genevieve Jones	1:45:23	16:47	36:09	55:54	59:07	1:04:04	1:08:26	1:16:40	1:28:52	1:42:32	1:45:23				
		GRAMP		16:47	19:22	19:45	3:13	4:57	4:22	8:14	12:12	13:40	2:51				
		Mathew Parks	mp	10:47	19:11	33:16	36:52	41:01	44:54	53:34	1:04:58	-----					
		MAROC		10:47	8:24	14:05	3:36	4:09	3:53	8:40	11:24						
long (21)				5.0 km 14 C													
				1(104)	2(106)	3(107)	4(110)	5(113)	6(114)	7(115)	8(117)	9(118)	10(119)	11(120)	12(121)	13(122)	14(123)
				F													
1		Jan Flaser	47:57	3:40	7:33	11:58	15:14	17:18	23:03	26:46	30:51	33:05	37:43	39:34	41:10	44:27	46:41
		MAROC		3:40	3:53	4:25	3:16	2:04	5:45	3:43	4:05	2:14	4:38	1:51	1:36	3:17	2:14
				47:57													
				1:16													
2		Christopher Smith	52:49	4:23	8:18	12:20	16:04	18:43	24:00	31:12	36:22	38:22	42:05	44:02	46:22	49:22	51:20
		DEE		4:23	3:55	4:02	3:44	2:39	5:17	7:12	5:10	2:00	3:43	1:57	2:20	3:00	1:58
				52:49													
				1:29													
3		Jonathan Musgrav	55:15	7:41	11:59	18:25	21:34	24:22	29:27	33:10	37:35	40:26	44:12	46:04	47:09	51:28	53:28
		MAROC		7:41	4:18	6:26	3:09	2:48	5:05	3:43	4:25	2:51	3:46	1:52	1:05	4:19	2:00
				55:15													
				1:47													
4		Ali Robertson	1:00:44	6:00	10:16	15:17	18:49	21:59	27:14	31:52	37:37	39:59	48:47	51:05	52:13	57:21	59:23
		GRAMP		6:00	4:16	5:01	3:32	3:10	5:15	4:38	5:45	2:22	8:48	2:18	1:08	5:08	2:02
				1:00:44													
				1:21													
5		Callum Roberts	1:02:40	4:44	11:16	17:24	21:11	24:21	31:14	36:19	41:31	44:09	48:20	53:42	54:49	58:51	1:01:33
		MAROC		4:44	6:32	6:08	3:47	3:10	6:53	5:05	5:12	2:38	4:11	5:22	1:07	4:02	2:42
				1:02:40													
				1:07													

Pl	Stno	Name	Time														
<i>long (21)</i>				5.0 km 14 C		<i>(cont.)</i>											
				1(104)	2(106)	3(107)	4(110)	5(113)	6(114)	7(115)	8(117)	9(118)	10(119)	11(120)	12(121)	13(122)	14(123)
				F													
6		Sarah Dunn MAROC	1:03:03	5:21 5:21 1:03:03	10:57 5:36	16:29 5:32	20:40 4:11	23:26 2:46	30:04 6:38	36:08 6:04	41:37 5:29	44:14 2:37	49:16 5:02	51:11 1:55	52:42 1:31	59:27 6:45	1:01:36 2:09
7		John Reeve GRAMP	1:04:38	5:46 5:46 1:04:38	11:31 5:45	18:25 6:54	23:29 5:04	26:24 2:55	33:34 7:10	38:23 4:49	43:27 5:04	45:55 2:28	50:21 4:26	52:31 2:10	54:26 1:55	1:00:27 6:01	1:03:02 2:35
8		Frode Nebell GRAMP	1:04:59	4:53 4:53 1:04:59	10:20 5:27	15:10 4:50	19:08 3:58	26:56 7:48	33:04 6:08	38:57 5:53	43:47 4:50	46:27 2:40	51:32 5:05	54:01 2:29	55:29 1:28	1:00:07 4:38	1:02:43 2:36
9		Joshua Dudley MAROC	1:05:49	5:29 5:29 1:05:49	11:27 5:58	16:10 4:43	20:23 4:13	25:08 4:45	31:24 6:16	37:24 6:00	42:20 4:56	45:02 2:42	49:37 4:35	53:10 3:33	54:30 1:20	1:00:15 5:45	1:04:16 4:01
10		Alastair Marshall MAROC	1:07:47	6:59 6:59 1:07:47	12:20 5:21	19:29 7:09	24:48 5:19	27:50 3:02	34:18 6:28	38:27 4:09	44:51 6:24	47:36 2:45	53:38 6:02	57:11 3:33	58:40 1:29	1:03:35 4:55	1:06:24 2:49
11		Richard Oxlade GRAMP	1:08:41	5:33 5:33 1:08:41	10:18 4:45	22:05 11:47	26:20 4:15	29:41 3:21	36:08 6:27	40:23 4:15	45:57 5:34	48:25 2:28	53:25 5:00	57:33 4:08	59:29 1:56	1:03:48 4:19	1:06:33 2:45
12		Andrew McMurtrie MAROC	1:09:03	4:54 4:54 1:09:03	15:08 10:14	21:57 6:49	25:51 3:54	28:56 3:05	36:57 8:01	41:02 4:05	46:13 5:11	48:43 2:30	53:03 4:20	58:13 5:10	59:29 1:16	1:04:18 4:49	1:07:26 3:08
13		Sam Gomersall GRAMP	1:09:25	10:42 10:42 1:09:25	16:49 6:07	21:41 4:52	25:45 4:04	29:41 3:56	36:39 6:58	42:02 5:23	47:31 5:29	50:22 2:51	55:49 5:27	58:25 2:36	1:00:29 2:04	1:05:53 5:24	1:07:53 2:00
14		Jack Gomersall GRAMP	1:11:03	5:21 5:21 1:11:03	12:59 7:38	17:40 4:41	21:43 4:03	25:55 4:12	31:46 5:51	36:25 4:39	42:04 5:39	44:26 2:22	54:06 9:40	59:20 5:14	1:01:11 1:51	1:07:02 5:51	1:09:22 2:20
15		Chris Low MAROC	1:12:03	6:46 6:46 1:12:03	11:56 5:10	20:14 8:18	28:25 8:11	30:55 2:30	37:22 6:27	42:24 5:02	47:34 5:10	52:02 4:28	56:37 4:35	1:00:26 3:49	1:02:07 1:41	1:06:07 4:00	1:10:31 4:24
16		Donald Kerridge MAROC	1:13:48	6:45 6:45 1:13:48	11:25 4:40	16:27 5:02	21:59 5:32	30:29 8:30	36:37 6:08	45:42 9:05	50:39 4:57	53:13 2:34	59:32 6:19	1:01:44 2:12	1:04:08 2:24	1:08:27 4:19	1:12:16 3:49
17		Ian Hamilton GRAMP	1:17:27	7:35 7:35 1:17:27	13:57 6:22	19:24 5:27	24:18 4:54	28:16 3:58	35:43 7:27	42:11 6:28	48:20 6:09	51:59 3:39	58:16 6:17	1:01:47 3:31	1:04:29 2:42	1:11:44 7:15	1:15:21 3:37
18		John Mason MAROC	1:20:24	5:52 5:52 1:20:24	13:57 8:05	24:45 10:48	29:06 4:21	33:40 4:34	41:06 7:26	47:20 6:14	55:00 7:40	58:10 3:10	1:03:46 5:36	1:06:42 2:56	1:08:31 1:49	1:14:15 5:44	1:17:42 3:27
19		David Hirst MAROC	1:23:35	22:03 22:03 1:23:35	28:15 6:12	34:48 6:33	39:44 4:56	42:44 3:00	49:43 6:59	54:16 4:33	59:48 5:32	1:04:12 4:24	1:08:56 4:44	1:13:39 4:43	1:15:10 1:31	1:19:49 4:39	1:22:10 2:21
20		Gary Morrison GRAMP	1:28:35	9:47 9:47 1:28:35	16:17 6:30	22:25 6:08	26:58 4:33	38:38 11:40	45:46 7:08	56:42 10:56	1:01:41 4:59	1:04:26 2:45	1:12:51 8:25	1:19:39 6:48	1:20:43 1:04	1:24:51 4:08	1:27:13 2:22

